

Neurology for the Non-Neurologist

SATURDAY, OCTOBER 9, 2010

SCHAETZEL CENTER, SCRIPPS MEMORIAL HOSPITAL LA JOLLA

SAN DIEGO, CALIFORNIA



COURSE INTRODUCTION

Overview

It is estimated that nearly twenty percent of patients seen by a primary care physician manifest neurological complaints such as headaches, dementia, carpal tunnel syndrome, MS, Parkinson's disease, etc. However, only a small portion of the clinical office practice is directed to the evaluation and management of diseases of the nervous system. While primary care physicians are faced with various neurological disorders suffered by their patients, many feel they are not entirely prepared and appropriately educated in the clinical neurosciences to initiate proper care or referral. With this in mind, a team of neurological specialists and primary care physicians designed the Neurology for the Non-Neurologist conference. The goal of this CME course is to assist primary care physicians in making the appropriate diagnosis, providing effective treatment, and determining the need for referral or follow-up care for patients with neurological complaints which in turn will lead to improved patient outcomes.

Educational Objectives

After attending this course, participants should be able to:

- Discuss the history, science and evidence of commonly encountered neurological disorders.
- Integrate current trends in preventive health care into patient care strategies.
- Diagnose typically encountered neurological disorders: from common patient complaints, to office examination and formal diagnostic strategies.
- Formulate a comprehensive treatment program and coordinate other team members within the practice to support the patient care strategy.
- Manage the specialist referral process: assess when to refer, recognize what specialized treatment will be needed, and determine the role of the primary care physician in cohesive care and follow up.
- Identify common overlapping or related conditions.
- Access and/or recommend resources for both physicians and patients to acquire additional information pertinent to a range of therapeutic areas.
- Effectively discuss with patients their personal responsibilities in prevention and treatment.

About Scripps

Scripps Health, a nonprofit health care system based in San Diego, California, includes more than 2,600 affiliated physicians and 12,000 employees at five acute-care hospital campuses, home health care services and a network of clinics, physician offices and outpatient centers. Scripps is committed to contributing to the future of medicine through its clinical research trials and graduate medical education programs. More information can be found at www.scripps.org.

Scripps Conference Services & CME, which offers more than 40 nationally recognized annual conferences in over 15 specialty areas, is committed to providing exceptional educational courses for physicians and other health care professionals. More information and conference brochure downloads are available at www.scripps.org/conferenceservices.

About Scripps Memorial Hospital Encinitas

Scripps Memorial Hospital Encinitas has served the growing communities of San Diego's coastal North County since 1978, and is one of five acute-care hospital campuses in the Scripps Health system. With 138 beds, more than 1,000 employees, 550 physicians and 250 volunteers, we offer a wide range of specialty services and programs on the hospital campus, including North County's first certified Primary Stroke Center; the only CARF-accredited Brain Injury Program in San Diego, Imperial and Riverside counties; the county's first World Health Organization-designated Baby-Friendly birth pavilion; a state-of-the-art surgery center and comprehensive rehabilitative care at our regionally recognized rehabilitation center. More information can be found at www.scripps.org.

Accreditation

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this educational activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Documentation of awarded credit is provided for registered attendees in exchange for completed activity evaluation. Certificates of attendance are available, upon request, at the end of the course.

American Academy of Family Physicians (AAFP)

This activity has been reviewed and is acceptable for up to 7.00 Prescribed credits by the American Academy of Family Physicians.

California State Board of Registered Nurses (BRN)

The California State Board of Registered Nurses (BRN) accepts *AMA PRA Category 1 Credit(s)*[™] as meeting continuing education requirements for license renewal. Most state Board of Registered Nurses accept *AMA PRA Category 1 Credit(s)*[™] as meeting continuing education requirements for license renewal. Nurses should contact their state board regarding use of CME credit.

American Academy of Physician Assistants (AAPA)

The American Academy of Physician Assistants accepts Category I credit from *AMA Category I CME* organizations accredited by the Accreditation Council for Continuing Medical Education (ACCME).

Commercial Support

This course is supported, in part, by educational grants from industry, in accordance with ACCME Standards. At the time of printing, a complete listing of commercial supporters was not available. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

Cultural and Linguistic Competency

This activity is in compliance with California Assembly Bill 1195 which requires that all CME activities comprising a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. Cultural and linguistic competency was incorporated into the planning of this activity.

PROGRAM

Saturday, October 9, 2010

- 7:30 a.m. Registration, Continental Breakfast & View Exhibits
- 8 a.m. Welcome and Educational Overview
Benjamin M. Frishberg, MD
- 8:15 a.m. **Parkinson's Disease: New Hope for An Old Disease**
Irene J. Oh, MD
- 9 a.m. **Controversies in Stroke: Case-Based Learning**
Thomas J. Chippendale, MD, PhD
- 9:45 a.m. **Syncope vs. Seizure: A Dialogue between the Heart and the Head**
Kalyani Korabathina, MD and Ali R. Hamzei, MD, PhD
- 10:30 a.m. Break & View Exhibits
- 11 a.m. **Memory Loss: Is It Dementia?**
Michael A. Lobatz, MD
- 11:45 a.m. **Multiple Sclerosis – The Great Mimic**
Benjamin M. Frishberg, MD
- 12:30 p.m. Lunch
- 1:30 p.m. **Headache for Primary Care: A Debate**
Andrew M. Blumenfeld, MD and Jack D. Schim, MD
- 2:15 p.m. **Back and Neck Pain: The Insiders View**
Sohaib Kureshi, MD and Timothy A. Peppers, MD
- 3 p.m. **Sleep Disorders and Their Neurologic Sequellae**
Jana R. Cooke, MD
- 3:45 p.m. Break & View Exhibits
- 4 p.m. **Short Topics (20 minutes each)**
- Managed Care**
Louis H. Hogrefe, MD
- Carpal Tunnel Syndrome**
Gregory A. Sahagian, MD
- How to Order a Neuroimaging Study**
Robert R. Varney, MD
- 5 p.m. Adjourn



FACULTY

Course Director

Benjamin M. Frishberg, MD
Associate Clinical Professor of Neuroscience
(Voluntary)
University of California, San Diego
Senior Partner
The Neurology Center of Southern California
Encinitas, California

Faculty Disclosure

In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the educational activity commencement.

Conference Faculty

Andrew M. Blumenfeld, MD
Director, The Headache Center
The Neurology Center of Southern California
Encinitas, California

Thomas J. Chippendale, MD, PhD
Assistant Clinical Professor of Neuroscience (Voluntary)
University of California, San Diego
The Neurology Center of Southern California
Encinitas, California

Jana R. Cooke, MD
Medical Director
The Sleep Center of Southern California
Encinitas, California

Ali R. Hamzei, MD, PhD
Electrophysiologist
San Diego Cardiovascular Associates
La Jolla, California

Louis H. Hogrefe, MD
Medical Director
Scripps Coastal Medical Center
Oceanside, California

Kalyani Korabathina, MD
The Neurology Center of Southern California
Encinitas, California

Sohaib Kureshi, MD
Neurosurgical Medical Clinic, Inc.
San Diego, California

Irene J. Oh, MD
The Neurology Center of Southern California
Encinitas, California

Michael A. Lobatz, MD
Assistant Clinical Professor of Neuroscience (Voluntary)
University of California, San Diego
Medical Director, Scripps Rehabilitation Center
Scripps Memorial Hospital Encinitas
The Neurology Center of Southern California
Encinitas, California

Timothy A. Peppers, MD
Orthopedic Surgeon
CORE Orthopaedic
Encinitas, California

Gregory A. Sahagian, MD
Assistant Clinical Professor of Neuroscience (Voluntary)
University of California, San Diego
The Neurology Center of Southern California
Encinitas, California

Jack D. Schim, MD
Assistant Clinical Professor of Neuroscience (Voluntary)
University of California, San Diego
The Neurology Center of Southern California
Encinitas, California

Robert R. Varney, MD
Radiologist
La Jolla Radiology Medical Group
La Jolla, California

CONFERENCE LOCATION

Conference Location

Schaetzel Center
9890 Genesee Avenue
La Jolla, California 92037
Phone: 858-626-7311

The conference will be held at the Schaetzel Center on the campus of Scripps Memorial Hospital in La Jolla, California. Nestled on the northern edge of San Diego is La Jolla. La Jolla means "The Jewel" in Spanish and it is the jewel of San Diego. Located just 15 minutes from downtown, it is known throughout the world for its beautiful beaches and year-round temperate weather. La Jolla is an exquisite combination of a southern European resort atmosphere and Southern California fun. In addition to fine restaurants, it is unique in that it maintains its quaint village atmosphere within a sophisticated cosmopolitan environment offering a varied selection of hotels, shopping, dining, events and attractions.

Suggested Hotel Accommodations

Hilton La Jolla Torrey Pines
10950 North Torrey Pines Road
La Jolla, California 92037
Hotel Direct: 858-558-1500
Fax: 858-450-4584
www.hilton.com

San Diego Marriott La Jolla
4240 La Jolla Village Drive
La Jolla, California 92037
Hotel Direct: 858-587-1414
Fax: 858-546-8518
www.marriott.com

Please make your own hotel reservations.

Attendees are responsible for the cost of their own hotel accommodations and transportation to and from the Schaetzel Center for the conference.

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CONFERENCE REGISTRATION FEES

	Thru Sept. 10	Sept. 11- Oct. 6	After Oct. 6
Physicians	\$225	\$250	\$275
Nurses/Fellows/ Residents/Others	\$150	\$175	\$200

The full registration fee includes the course tuition, breakfast, breaks, lunch and the course materials.

FIRST, MI, LAST NAME _____ DEGREE (MD, DO, PHD, etc) _____

AFFILIATION / HOSPITAL / COMPANY SPECIALTY _____

STREET ADDRESS _____

CITY _____ STATE / PROVINCE _____ ZIP CODE _____

OFFICE TELEPHONE _____ FAX _____

EMAIL _____



Dietary Restrictions/ Special Needs

Please indicate any special needs (including dietary restrictions). Special requests will be considered and accommodated in full compliance with the Americans with Disabilities Act (ADA).

OFFICE USE ONLY

DATE RECEIVED	CHECK NO / APPROVAL CD	AMOUNT	CONFIRMATION SENT	INITIALS
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CREDIT CARD BILLING ADDRESS (IF DIFFERENT FROM ABOVE) _____

Four Easy Ways to Register

Online www.scripps.org/conferenceservices

Fax 858-652-5565

Phone 858-652-5400

Mail Scripps Conference Services & CME
Neurology Conference
11025 North Torrey Pines Road
Suite 200, Mail drop: SCRC200
La Jolla, California 92037

Registration Confirmation

A confirmation letter will be e-mailed or mailed to you upon receipt of the conference registration form and payment. If you have not received it within two weeks, please contact the Scripps Conference Services & CME office.

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$75 processing fee, if your cancellation is received in writing no later than Friday, October 1, 2010. Attendee substitutions are allowed, but notification must be made in writing by Friday, October 1. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows."

Guest Attendance

All conference activities (including educational sessions, meal functions, exhibit hall, etc.) are exclusively reserved for conference attendees. Non-registered guests (including children, family members, colleagues, etc.) are not allowed in the conference areas. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Recording and Photography

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.



Scripps Memorial
Hospital Encinitas

Scripps Conference Services & CME
11025 N. Torrey Pines Road
Suite 200, Maildrop: SCRC 200
La Jolla, California 92037

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