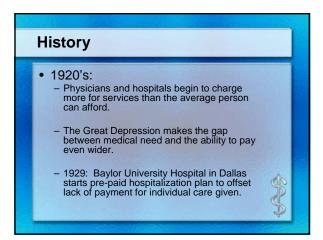
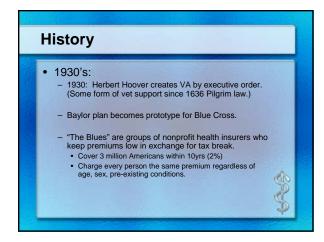
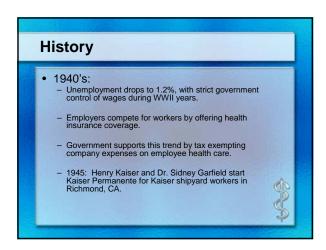
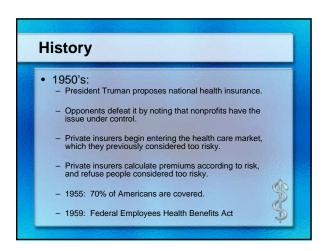


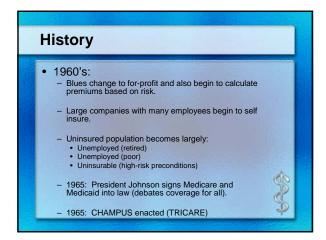
Outline Brief history of health care legislation in the United States Why should we change anything? The current proposal How might changes affect doctors and patients? Your input and discussion

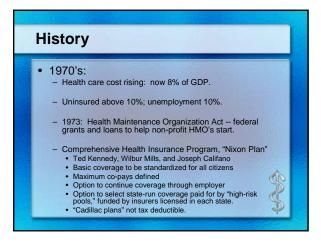


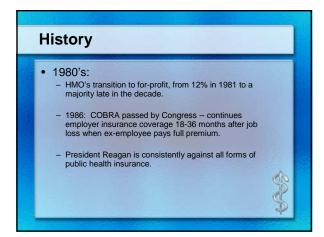


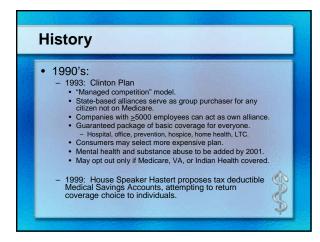










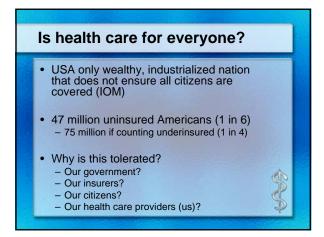


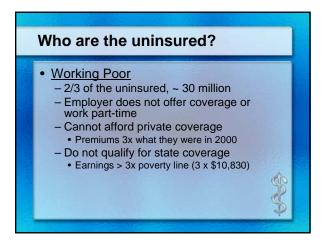
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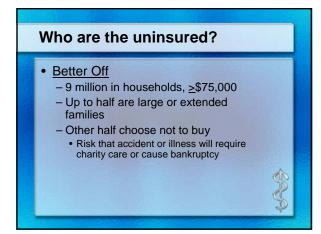
 2000's:
 − 2003: Medicare Prescription Drug Improvement and Modernization Act, signed by President Bush.
 • Priced at \$400 billion to garner conservative support
 • After passage, cost re-estimate \$1.2 rillion
 • Subsidizes employers for retiree prescription coverage
 • Federal gov't may not negotiate drug costs
 • Federal gov't may not have a formulary
 • Pays high premiums to private insurers (≥\$800/month) to enroll Medicare patients

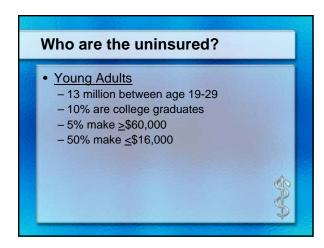
 − 2008: All candidate platforms contain health care reform.
 − 2009: Health care cost rising: >16% GDP.
 − 2009: Uninsured above 16%; unemployment 9.5%.

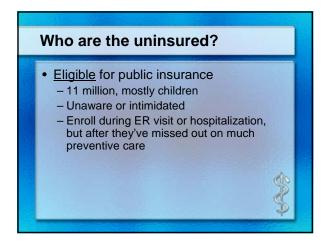


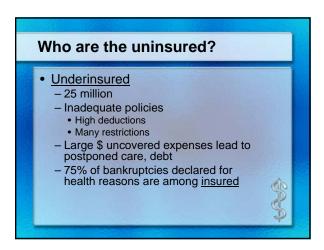












Is this your patient?

N.S. is a 55 yo woman who left her job with a major university to contract privately to teach her subject at several different schools. She bought COBRA. During the COBRA period, she was diagnosed with stage II breast cancer. Surgery and initial chemo were covered. At the end of the COBRA period, she could not buy health insurance due to her pre-existing condition, and she has been informed that she is uninsurable for 10 years.

Is this your patient?

P.B. is a 54 yo male informed last fall he would be laid off from his tech industry job. COBRA would cost \$1000 per month. He and his wife had full physicals, and when no major problems were discovered, declined COBRA in order to afford their mortgage and other expenses. A month later, R-sided pain and sepsis lead to discovery of an impacted gallstone with complex abscesses. I.R. placed two external drains. Cholecystectomy, now elective, was denied due to lack of coverage. P.B. was attempting to find a new job while carrying around 2 external biliary drains, until he was finally approved for surgery through Scripps benevolence funding.

Inequities: Career Choice

- L.I. has worked for a large corporate law firm since 1991 and pays \$50/month pretax for her health coverage.
- J.L. has worked since 1982 for a small law practice that does not offer a health care benefit. He had private health insurance until the late 1990's and now drives to Tijuana to buy the medications prescribed at his last MD visit years ago.

Inequities: Self-Employment

- N.L. is an employee at a large medical/research institute and pays \$58 pretax per paycheck for full health and dental coverage for himself and his spouse. Additional expenses include some office co-pays and a \$50 deductible for any non-prevention dental work.
- His sister runs a B&B and small organic farm. She pays \$301 monthly for one "well visit" per year for her and her husband, not including any testing ordered. They must spend an annual deductible of \$5000 before any additional coverage kicks in, thereafter having 30-80% co-insurance depending on the service required. They have no dental coverage.

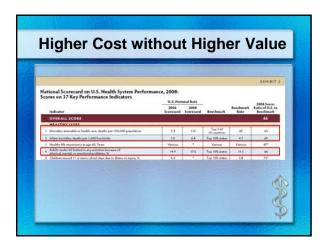
Inequities: US versus Canada

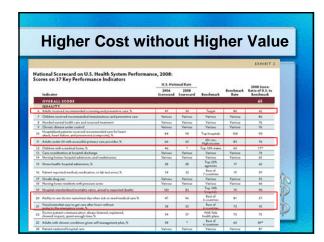
- Kim was our whitewater guide on the Green River in CO and UT. While moving a boat, her foot wedged between 2 boulders, and she had a crush injury and loss of a nail on her L great toe. I bandaged and padded it and advised an orthopedic visit and tetanus shot. She said she had no coverage and that her mother had long been nagging her to get "a real job with benefits."
- Drew was our whitewater guide on the white mile in BC.
 While attempting to secure a boat in fast water, he
 dislocated his R shoulder. I lamented his lack of coverage
 and his need for orthopedic attention, when he reminded
 me of his Canadian citizenship and free access to care.

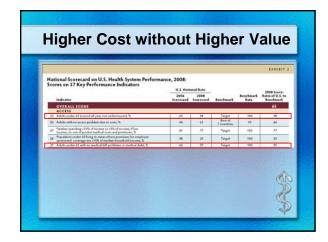
Inequities: Coverage Choices

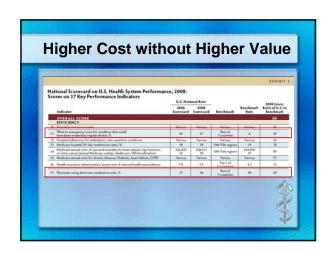
- For most people, insurance plan options (provider and hospital options) are decided upon and changed at will by employer.
- Completely free choices from amongst all doctors and hospitals are available only to the wealthy and healthy.

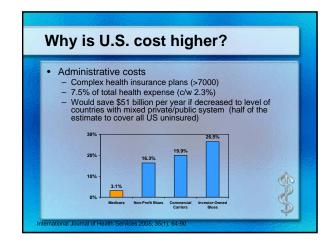


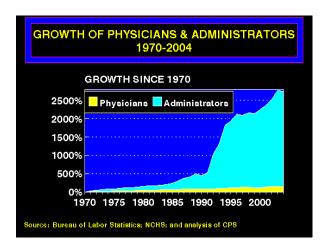






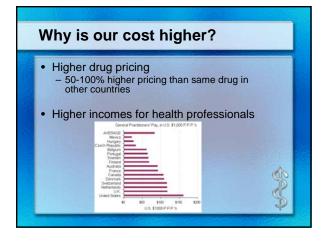






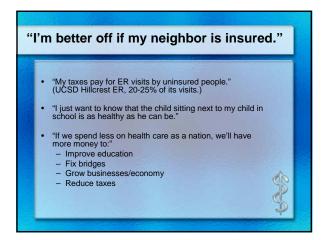


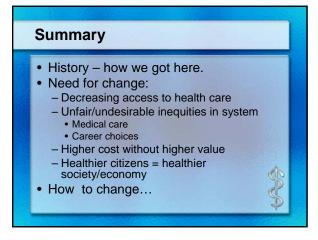


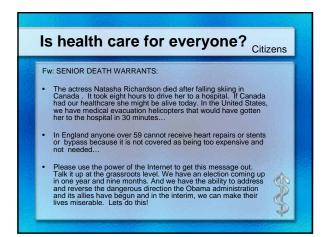


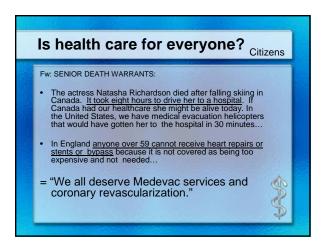


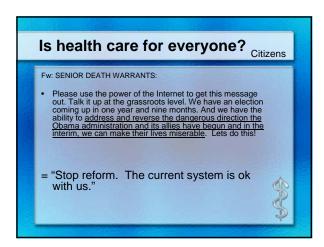


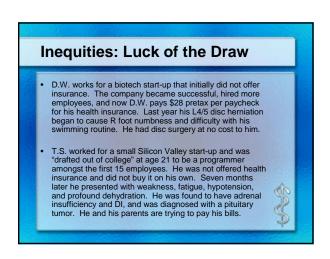
















Why do we Need Reform?

- (1) We don't cover everyone
 14,000 Americans/day losing insurance
 46 million uninsured (6.7 mill in California)
- (2) We think we can do a better job
 Payment structure values quantity over quality
 Focus on Prevention and Wellness
 Physician dissatisfaction defensive medicine
- (3) We pay too much for health care
 Avg cost of health care/family = \$16,771
 Half of bankruptcies due to medical expenses
 Slowing Economic growth

What are Some Advantages to Having Everyone Covered?

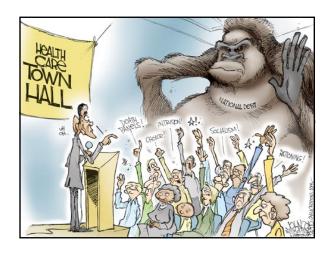
- Decreases per/person cost of health care.
- Uninsured show up disproportionately to ER, often in late stages of disease.
- Lost wages and free medical care estimated to cost \$100 billion/year.
- Public Health i.e. Swine Flu
- Limits bankruptcies from illness
- Focus on Prevention

White House: Goals of Health Care Reform

- Reduce long-term growth of costs
- Protect families from bankruptcy or debt
- Affordable, quality coverage for all Americans
- Maintain coverage when you change/lose jobs
- End barriers to coverage for pre-existing conditions
- Guarantee choice of doctors and plans
- Invest in prevention and wellness
- Improve patient safety and quality of care

Health Care Reform - Politics

- Senate: 2 bills from HELP committee (Health, Education, Labor, Pension) and Finance Committee (bi-partisan bill, unlikely to include public option). Senate needs to merge bills and vote.
- House: 3 committees (Ways & Means, Education & Labor, Commerce) – HR 3200
 must still vote on and pass bill (slated for September)
- After bills finalized, house and senate conference, merge bills, vote again before it gets to Obama.



Health Care Reform – HR 3200

- How does it increase coverage and access to care?
- How does it reform the insurance industry?
 - Health Insurance Exchange
 - Public Option
 - Medicare Reforms

How do we pay for it?

How does this affect health care providers?

Getting Everyone Covered

- Getting health insurance is mandatory Individual and employer fines
- Medicaid is expanded to 133% poverty level
- Subsidized insurance for those who qualify
- Estimated 97% of non elderly would be covered vs. current 81%
- Half of those uninsured are illegal immigrants

How Does HR3200 Improve Access to Medical Care?

- Expands primary care workforce
 Allied Health Provider's roles may expand
- Increases funding for National Health Service Corp
- Invests in Community Health Centers
- Invests in efforts to address racial/ethnic and regional health disparities

We Need More Primary Care Practitioners

- Increased training
 - Increase in ambulatory care training in community/non hospital settings
 - Unfilled GME residency spots preferentially to those interested in training in primary care
- Financial Incentives
 - Attempts to enhance primary care workforce by increasing payments through Medicare and Medicaid and by providing loan forgiveness to those working in underserved areas.
 - New Models to enhance primary care income

Insurance Reforms in HR 3200

- Limits out of pocket spending for health insurance and preventive services
- Health plans would be required to spend a certain amount of premiums on health related expenses rather than overhead and profits. (85%)
- No denial based on pre-existing conditions.
- Forbids insurance rating based on gender or health status
- No lifetime/annual cap on benefits.
- Guaranteed renewability

Health Insurance Exchange

- A government regulated market place for people to buy public or private coverage in a region that meets minimum criteria
- Regulated by Advisory Committee of experts and commissioner that recommend basic services that need to be included in both public and private plans in exchange.

Who Takes Part in the Exchange

- Initially limited to uninsured and small business employees who don't qualify for Medicaid, and people who can't afford their employer offered health plan
 - -Likely 30 million participants
- Subsidies for individuals/families making up to 400 % of poverty
 - Annual caps on cost sharing
- Eventual inclusion of larger employers



The Public Option

- Available only within the Health Exchange
- Basic services to be decided by panel
- Premiums based on local market
- Initially linked to Medicare rates
 Primary providers paid 5% +
- Can see out of network providers

How Does the Public Plan Help with Insurance Affordability?

- Large pool of patients could help control premiums
- Give a choice to patients vs private insurance in locations previously lacking competition
- Lower administrative costs
- Public option could compete for lower prescription drug rates due to size

Will Public Plan lead to the elimination of private plans?

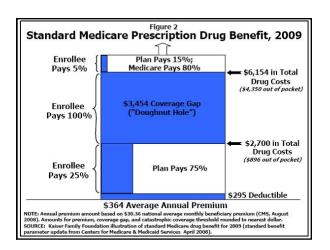
- Level playing field same rules
- Limited to Health Exchange Participants
- Physicians need not participate
 Reimbursements need to be competitive.
- Financially self-sustaining, repay start up costs.
- Protects competition and choice
 Not single payer
- Experts conclude only 10 million participants

Massachusetts Experiment How is it working?

- Mandated health insurance
 - Only 2% uninsured
- Commonwealth plans subsidized for low income people
- Cost dramatically increased with higher than expected consumption
 - limited cost savings and insurance reforms
- Access difficulties with primary care shortage

Medicare Reforms in HR3200

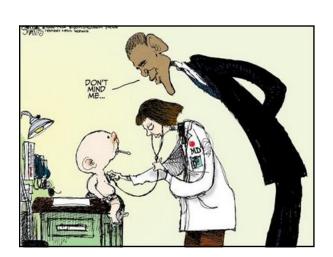
- Prohibits co-pays for preventive services
- Closing the doughnut hole for Medicare part D while increasing premiums
- Pilots for efficient and cost effective coordinated care programs
 - accountable care organizations
 - -patient centered medical homes
 - bundling of acute and post-acute provider payments.
- End of life counseling stricken from bill now



Fiscal Impact on Medicare

- Without reform, Medicare on course for bankruptcy in 8 yrs.
- Erases existing SGR (Sustainable Growth Rate) debt – \$229 billion
- Cuts in Medicare moving forward:
 - Decrease in updates for reimbursements
 Payment incentives for "provestable" readm
 - Payment incentives for "preventable" readmissions to hospital and decreased hospital reimbursements
 - Administrative simplification and efficiency
 - Levels Medicare Advantage payments

| Cost or Revenue Source | 2019 | 2010-2019 |
|--|---------------------|-----------|
| | billions of dollars | |
| HR 3200 | | |
| Spending increases to boost coverage | +230 | +1,182 |
| Net from taxes on and transfers to businesses to encourage private coverage | -28 | -140 |
| Outlay reductions (roughly half from cuts in annual updates in Medicare payments to providers) | -50 | -219 |
| Tax increases (mostly income surtax on high-income filers) | -86 | -583 |
| Total net increase in the deficit | 65 | 239 |
| Administration proposals ("reserve for health care reform") | | |
| Medicare and Medicaid savings | -88 | -619 |
| Capping value of itemized deductions | -39 | -269 |
| Other tax-increase options | | |
| Capping exclusion of employer-financed health insurance premiums | | |
| From income and payroll tax at 50th percentile, unindexed | -232 | -1,142 |
| From income tax only at 75th percentile, indexed according to the consumer price index | -101 | -456 |
| From income tax only at 75th percentile, indexed according to medical prices | -9 | -62 |
| Increasing alcohol taxes to \$16 per proof gallon | -6 | -61 |
| Taxing sweetened beverages 3 cents per 12-oz can | -5 | -50 |
| Collecting a 1% value-added tax† | -97 | -1,001 |



How will reform affect physicians' income?

- Increase in Insured Patients Likely Influx of Patients
- Increases primary care providers' reimbursement.
 - Looking at new models of care.
- May adversely affect specialists' salaries and reimbursements for procedures/imaging
- Medicare cuts

Issues for us in California

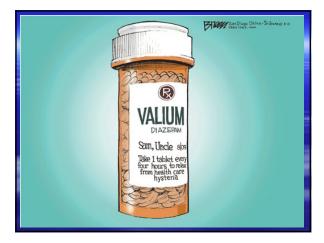
- Aging workforce
 - 48% physicians > 50 yo
- Difficult practice environment
- Severe primary care shortage
- California Medicare payment locality boundary to match Metropolitan Statistical Areas

Changing the Practice of Medicine?

- Quality vs Quantity
 - Funding for comparative effectiveness research and PORI
- Coordination of Care
- Less Fee for Service, more Pay for Performance
- Focus on Prevention
- No Liability Reform in Bill.
 - Obama has stated he expects liability reform to be part of health care reform.
 - No caps on malpractice at present

Unanswered Questions Open for Discussion

- Can we cover everyone and control costs?
- Is Medicare an efficient model on which to base a national strategy of increased government influence?
- How much money can we save by changing our billing system?
- How do we approach end of life care?
- What are Americans' expectations from their health care system? Will we eventually "ration" health care?



Websites

- www.HealthReform.GOV
- CBO Health Reform
- NEJM Health Care Reform 2009
- www.drsforamerica.org
- AMA and ACP websites

Thanks to Laura Nicholson, Dan Dworsky, Ken Serio and Steve Poceta