

# 2024 Updates in Diabetes Management

**September 21, 2024**

**Coronado Island Marriott  
Coronado, California**

*Join us in-person or via our live virtual stream!*

# Course Introduction

## Conference Overview

Scripps Whittier Diabetes Institute's 2024 Updates in Diabetes Management program will highlight the latest concepts in the diagnosis and treatment of both type 1 and type 2 diabetes. Recent advances in medications, nutrition, surgical interventions, and diabetes technology will also be discussed. The course will be taught by renowned experts who are active in both patient care and clinical trials related to the management of diabetes. Attendees will be provided with necessary context to integrate relevant information into their practice to improve the quality of life for patients afflicted with diabetes.

## Educational Objectives

**After attending this live activity, participants should be able to:**

- Describe considerations and precautions necessary when treating diabetes with comorbid renal and/or cardiac disease.
- Demonstrate the use of glucose monitoring technologies to effectively track patient blood glucose levels.
- Review evidence-based approaches to weight loss including dietary interventions, medications, and surgical options.
- Integrate new practice recommendations for the treatment of patients with diabetes from a PCP and specialist perspective.
- Identify and address health disparities that could negatively impact patient care within the clinical encounter.

## Target Audience

- Primary Care Physicians
- Physician Assistants
- Nurse Practitioners
- Pharmacists
- Certified Diabetes Educators
- Dietitians
- Other Allied Health Professionals

## Accreditation & Disclosure

### Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Nurses and Nurse Practitioners

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit(s)*<sup>™</sup> issued by organizations accredited by the ACCME.

The American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept *AMA PRA Category 1 Credit(s)*<sup>™</sup> from organizations accredited by the ACCME.

### Physician Assistants

PAs may claim a maximum of 7 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit(s)*<sup>™</sup> from organizations accredited by the ACCME.

### Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit(s)*<sup>™</sup>.

### Commission on Dietetic Registration (CDR)

Registered Dietitians (RD) and Registered Dietitian Nutritionists (RDN) may claim a maximum of 7 Category 1 credits for completing this activity. The Commission on Dietetic Registration (CDR) accepts *AMA PRA Category 1 Credit(s)*<sup>™</sup> issued by organizations accredited by the ACCME.

### ABIM Maintenance of Certification

Successful completion of this CME activity, **which includes participation in the evaluation component**, enables the participant to earn up to 7 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### Commercial Support

This course is supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: [www.accme.org/standards](http://www.accme.org/standards).



# Conference Agenda

September 21, 2024

7 a.m. Registration, Breakfast & View Exhibits

7:50 a.m. **Welcome & Educational Overview**

Athena Philis-Tsimikas, MD

Samantha Harris, MD

## BACK TO BASICS

8 a.m. **Updates in Standards of Care & Medications**

Vanita Aroda, MD

8:45 a.m. **Diabetes: Matters of the Heart**

Michael Wilkinson, MD

9:15 a.m. **Renal Health & Diabetes**

Connie Rhee, MD

9:45 a.m. **Panel Discussion/Q&A**

10 a.m. Break & View Exhibits

## OBESITY & DIABETES

10:30 a.m. **Metabolic Surgery vs. Pharmacotherapy for Weight Loss**

Samantha Harris, MD

11 a.m. **Nutritional Challenges in Diabetes: The Great Debates**

Ken Fujioka, MD

11:30 a.m. **Spotlight on Liver Disease: MASLD & MASH**

Julio Gutierrez, MD

12 p.m. **Panel Discussion/Q&A**

12:15 p.m. *Non-CME Lunch Symposium Hosted by Eli Lilly*

## ADVANCED DIABETES CARE FOR SPECIAL POPULATIONS

1:15 p.m. **Optimizing Insulin Management:**

**Once-weekly Insulins, Connected Insulin Pens and Pumps with Real Cases**

Athena Philis-Tsimikas, MD

1:45 p.m. **Gestational Diabetes**

Sean Daneshmand, MD

2:15 p.m. **Inpatient Diabetes Management**

Lauren Vincent, MD

2:45 p.m. **Panel Discussion/Q&A**

3 p.m. Break & View Exhibits

## GETTING UP CLOSE & PERSONAL WITH DIABETES

3:15 p.m. **Mental Health Approaches to Reduce Diabetes Distress in T1D**

Susan Guzman, PhD

3:45 p.m. **Real Patients Get Real**

4:15 p.m. **Artificial Intelligence for Diabetes Management**

David Kerr, MBChB

4:45 p.m. Adjourn

*Topics, times and speakers are subject to change*

# Conference Location & Hotel Information

Coronado Island Marriott · 2000 2nd Street · Coronado, CA 92118

## Rates and Reservations

Please make your own hotel reservations and request the Scripps conference reduced rate of \$289 per night (plus tax).

This low rate also includes:

- Reduced resort fee
- Discounted daily and overnight self-parking
- Complimentary guestroom internet service
- Discounted spa services

**Make your reservations early!** A block of rooms is being held for us at the special rate of \$289 per night **until August 30, 2024 or until the room block fills, whichever comes first.** After this date, reservations will be accepted on a space and rate availability basis only. Be sure to mention that you are attending the Scripps diabetes conference when making your reservations to receive the reduced rate.

**Please note:** Attendees who book their room through an online third-party service (Hotels.com®, Expedia.com®, Priceline.com®, etc.) are not eligible to receive the amenities listed above.

**Register Online:** [www.scripps.org/diabetescme](http://www.scripps.org/diabetescme)

## Conference Fees & Registration

Space is limited, so register early!

**In-Person Included:** Course tuition, breakfast, breaks, lunch, internet access, electronic course materials, and course recordings

**Not Included:** Travel costs, lodging, parking, and dinners

**Virtual Included:** Course tuition, live stream, electronic course materials, and course recordings

### In-Person Registration Rates

	Thru July 29	July 30–Sept 18	After Sept 18
Physicians (MD, DO, MBBS)	\$300	\$350	\$400
RN, NP, PA, Other	\$225	\$275	\$325
Scripps Employee	\$175	\$225	\$275
Students, Residents, Fellows	\$100	\$150	\$200

### Virtual Registration Rates

	Thru Sept 18	After Sept 18
	\$350	\$400
	\$275	\$325
	\$225	\$275
	\$150	\$200

## CGM Device (Limited Quantity)

Thru Sept 6
\$50

Scan here for conference changes, updates and additions!



## Attendance Policies

### Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$100 processing fee (MD, DO, RN, PA, NP) or a \$50 processing fee (Fellow, Resident, Student), if your cancellation is received in writing no later than **Friday, September 6, 2024.** Attendee substitutions are allowed, but notification must be made in writing by **Friday, September 6, 2024.** After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows." No refunds shall be made for cancellations due to inclement weather.

### Registration Changes

All registration changes (virtual to in-person or in-person to virtual) are subject to a \$50 change fee when received within two weeks of the conference.

### Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. Attendees who purchase non-refundable airline tickets do so at their own risk. Scripps encourages the purchase of travel insurance as we are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

### Family/Guest Attendance Policy

All conference activities and meals are exclusively reserved for paid conference attendees. Children and family members are not allowed to attend meal functions or permitted in the meeting space.

### Health and Safety Waiver and Assumption of Risk

By completion and submission of the online registration form, participants certify they have read and fully understand the Health and Safety Waiver and Assumption of Risk Agreement.

### Recording and Photography Clause

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.

# Faculty

## Course Directors

### **Athena Philis-Tsimikas, MD**

Corporate Vice President  
Scripps Whittier Diabetes Institute  
La Jolla, California

### **Samantha Harris, MD**

Endocrinologist, Scripps Clinic  
Center for Weight Management  
Scripps Whittier Diabetes Institute  
La Jolla, California

## Conference Planning Committee

### **Kelly Barger, RDN, CDCES**

Manager, Clinical Programs  
Scripps Whittier Diabetes Institute  
La Jolla, California

## Conference Faculty

### **Vanita Aroda, MD**

Professor of Medicine  
Harvard Medical School  
Director of Diabetes Clinical Research  
Brigham and Women's Hospital  
Boston, Massachusetts

### **Sean Daneshmand, MD**

Medical Director  
Maternal-Fetal Medicine Program  
Scripps Clinic  
La Jolla, California

### **Ken Fujioka, MD**

Director, Nutrition and Metabolic Research Center  
Scripps Clinic  
Del Mar, California

### **Julio Gutierrez, MD**

Director of Care Pathway  
Clinical Associate Professor  
Transplant Hepatology  
Organ Transplant, Scripps Clinic  
Scripps Cancer Center  
La Jolla, California

### **Susan Guzman, PhD**

Director of Clinical Education  
Behavioral Diabetes Institute  
San Diego, California

### **David Kerr, MBChB, DM, FRCP, FRCPE**

Senior Investigator, Diabetes Research  
and Digital Health Equity  
Sutter Health  
Walnut Creek, California

### **Connie Rhee, MD, MSc**

Professor of Medicine  
David Geffen School of Medicine at UCLA  
Chief of Nephrology  
VA Greater Los Angeles Healthcare System  
Los Angeles, California

### **Lauren Vincent, MD**

Endocrinologist  
Scripps Health Inpatient Providers Medical Group  
Scripps Whittier Diabetes Institute  
San Diego, California

### **Michael Wilkinson, MD**

Cardiologist  
Assistant Professor of Medicine  
University of California San Diego  
La Jolla, California

## Faculty Disclosure

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated.

*A complete listing of faculty disclosures associated with this program can be found on the conference website:*

[www.scripps.org/diabetescme](http://www.scripps.org/diabetescme).








**Scripps Conference Services & CME**

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