

18th Annual Natural Supplements: An Evidence-Based Update

January 26-29, 2023 at the Hyatt Regency La Jolla at Aventine

Virtual Poster Submission Instructions

The call for abstracts offers researchers, scientists, clinicians and students the opportunity to showcase the latest research in nutritional supplements, nutrition science and integrative medicine. Interested parties are asked to submit abstracts of original work dealing with Natural Supplements including, but not limited to: their background, mechanism of action, utilization demographics, efficacy, risk/benefit ratio, patient education, marketing, and regulation. We especially encourage students, early-career clinicians, and early-career scientists to apply!

Submission of original works (including works or projects in progress) will be accepted in three categories:

- I. Original Clinical Research
- II. Basic Sciences / Review / Case Studies
- III. Student/Fellow/Resident

Submitted abstracts will be reviewed for scientific content, objectivity, originality, study design, interpretation, and relevance of the subject matter. The decision to accept or reject an abstract rests with the conference program organizers. Submitting a poster does not preclude subsequent presentations at other conferences.

Accepted virtual posters during will feature an electronic poster and the option for a short audio recording (up to 5 minutes) from the poster presenter in a pre-recorded presentation.

To submit your online abstract, visit [Scripps.org/NaturalSupplements](https://scripps.org/NaturalSupplements). All abstracts must be submitted online. Faxed, emailed, or mailed abstracts are not acceptable.

The submission deadline is Jan. 6, 2023 at 11:59pm PST. In fairness to all applicants, no proposals will be accepted after this date. **You will be notified of the committee's decision by Jan. 13, 2023.**

KEY DATES

- Jan. 6, 2023: Call for abstracts closes at 11:59pm PST
- Jan. 13, 2023: Submitters to be notified of the committee's decision
- Jan. 20, 2023: Virtual poster presentation + PDF due

Examples of Acceptable Abstracts:

We have been asked for examples of acceptable abstract submissions for the conference. What follows are several previously published abstracts which follow the general requirements of our call for abstracts. Additional abstracts in pertinent categories can be found by searching PUBMED with the terms "herbal medicine".

<http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?CMD=Search&DB=PubMed>

Category I: Original Clinical Research Examples:

- [Clinical trial](#)
- [Randomized Controlled Trials \(RCT\)](#)

Category II: Basic Sciences / Review / Case Studies Examples:

- [Prevalence study](#)
- [Review/meta-analysis](#)
- [Case-study](#)
- [Basic sciences](#)

- [CARE Case Report guidelines](#) (Tip: If you present a Case Report using the CARE standards and guidelines you can easily turn your poster into a publication submission!)

Category III: Student/Fellow/Resident Examples:

- Best student papers from category I or II

Virtual Poster Presentation Guidelines + FAQs

Do I need to also register for the conference?

Yes. All accepted virtual poster presenters must also register for the conference. To register online visit: [Scripps.org/NaturalSupplements](https://scripps.org/NaturalSupplements) All accepted poster presenters are eligible to receive a 15% discount on registration and will be sent a discount code to register if accepted.

Does Scripps cover travel and hotel expenses of accepted virtual poster presenters?

No. Virtual poster presenters are responsible for all travel/lodging expenses associated with attending the conference.

Do you have any tips and/or guidelines for preparing a poster?

The Poster should focus on:

- Introduction
- Objectives or Hypothesis
- Methods/Materials
- Results/Discussion
- Summary or Conclusions
- Literature Cited/References
- Disclosure/Acknowledgements

Contact Information: Please clearly print 1 email address on your poster for attendees to refer to should they have any questions or comments. If you do not wish to print your own email address, please list another email address for an appropriate contact person for your abstract.

Special Note on Use of Commercial Materials: Scripps is committed to minimizing commercial bias in poster presentations. Disclosure of all potential conflicts of interest (employer, research support, speaker's bureau, etc.) is required and should be clearly indicated on the poster.

While we don't have a specific template, there are several companies that offer free templates to assist you in creating your Poster PDF.

Sample Poster Templates

- [Free poster templates from MakeSigns](#)
- [Poster Templates from Microsoft Office](#)
- [GeniGraphics](#)
- [PosterPresentations.com](#)

If accepted, what will I need to provide to present my poster virtually?

You will need to submit your electronic poster and 3-minute pre-recorded poster preview video Twohy.Meredith@scrippshealth.org by Jan. 20, 2023.

Virtual posters will have a dedicated webpage that will include a 3-minute pre-recorded poster preview video and electronic copy of the poster. The three-minute video must include a PowerPoint as accompaniment, which is ideally limited to no more than four slides. This webpage will be accessible to both the in-person and virtual attendees.

Format & file type of electronic posters: All Posters should be in LANDSCAPE (horizontal) format and saved as a PDF, PPTX, PPT, JPEG or PNG file. There are no required dimensions or size limit due to the virtual nature of the poster.

Format & file type of pre-recorded poster preview presentation video: Please submit an MP4 video file of your poster presentation video recording. This is best accomplished by:

- *Option 1 - Zoom (PREFERRED FORMAT): Record audio and video synced with a PowerPoint presentation*
- *Option 2 - Microsoft PowerPoint: Record audio to a presentation in Microsoft PowerPoint*

For Questions Contact:

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