

# Cultural and Linguistic Competency Resource Guide

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**Cultural competency** is defined as a set of integrated attitudes, knowledge, and skills that enables health care professionals or organizations to care effectively for patients from diverse cultures, groups, and communities.

**Linguistic competency** is defined as the ability to provide patients who do not speak English or who have limited ability to speak English, direct communication in the patient's primary language.

This activity is in compliance with California Assembly Bill 1195, which requires that all CME activities comprising a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. The planners, speakers and authors of this CME activity have been encouraged to address issues relevant in their topic area. A variety of resources are available that address cultural and linguistic competency, some of which can be found below.

# **Major Resources**

### **California Department of Health Care Services**

http://www.familypact.org/Providers/cultural-competency/2012-07 CulturalCompetencyToolkitADA.pdf

### The Office of Minority Health

http://minorityhealth.hhs.gov/

### **Centers for Disease Control and Prevention**

https://www.cdc.gov/healthliteracy/culture.html

#### Agency for Healthcare Research and Quality

http://www.ahrq.gov/professionals/systems/primary-care/cultural-competence-mco/planclas.html

# **National Quality Forum**

http://www.qualityforum.org/projects/Healthcare Disparities and Cultural Competency.aspx

### **National Health Care for the Homeless Council**

https://www.nhchc.org/wp-content/uploads/2011/10/CulturalCompetence0406.pdf

# **Hospital Care**

National Association of Public Hospitals and Health Systems. "Serving Diverse Communities in Safety Net Hospitals and Health Systems," The Safety Net 2003; 17(3): Fall.

https://apha.confex.com/apha/132am/techprogram/paper 87055.htm

### **Robert Wood Johnson Foundation**

https://www.rwjf.org/en/blog/2018/06/practicing-cultural-humility-to-transform-healthcare.html

https://www.rwjf.org/en/blog/2013/05/cultural competency.html

https://www.rwjf.org/en/library/research/2014/03/responding-to-culture--beyond-cultural-competence-training.html

https://www.rwjf.org/en/blog/2014/04/how to advance minor3.html

# **America's Essential Hospitals**

https://essentialhospitals.org/

# Agency for Healthcare Research and Quality

http://www.ahrq.gov/sites/default/files/wysiwyg/cahps/quality-improvement/improvement-guide/6-strategies-for-improving/communication/strategy 6k.pdf