

# Inflammatory Bowel Disease

September 7-8, 2013

Hilton San Diego Resort • San Diego, California

### CONFERENCE HIGHLIGHTS

- Plenary talks from industry leading experts
- Extended question and answer time with expert faculty
- Interactive case presentations and discussion
- New nursing and patient education track
- A mobile app will provide you with access to conference course materials from the convenience of your mobile device or computer



### COURSE INFORMATION

### **OVERVIEW**

Crohn's disease and ulcerative colitis, collectively known as Inflammatory Bowel Disease (IBD), are considered chronic and lifelong conditions that are characterized by alternating periods of active symptomatic disease and periods of remission. IBD is one of the five most prevalent gastrointestinal disease burdens in the United States, with an overall health care cost of more than \$1.7 billion and it is estimated that more than one million people in the United States are affected by the disease. Because IBD is a lifelong condition, the importance of establishing and maintaining symptom control and remission is critical to minimizing complications. The treatment of active IBD has improved considerably, but a high rate of relapse is still associated with the disease, and maintaining remission can prove challenging to providers.

The New Advances in Inflammatory Bowel Disease conference will highlight the latest concepts in the diagnosis and treatment of IBD. Disease complications, social and psychological side effects, special population considerations, and surgical options will also be discussed. The course will be taught by nationally known experts who are actively involved in clinical trials and studies related to the management of Crohn's and colitis. Physicians will be provided with the necessary context to integrate the relevant information into their practices to improve the quality of life for their afflicted patients.

### TARGET AUDIENCE

This course is designed for gastroenterologists, gastroenterology nurses, internists, colorectal surgeons and allied health professionals involved in the care of patients with Inflammatory Bowel Disease (IBD).

### EDUCATIONAL OBJECTIVES

### After attending this activity, participants should be able to:

- Summarize recent clinical trial data regarding the next generation of therapies in inflammatory bowel disease
- Incorporate new diagnostic methods into practice for inflammatory bowel disease
- Evaluate current and future treatment and therapy options for inflammatory bowel disease
- Assess surgical options for the treatment of inflammatory bowel disease
- Appraise the role of biologics in the treatment of inflammatory bowel disease
- Recognize the various social and psychological side effects of patients and utilize psychosocial tools in the management of inflammatory bowel disease

### ACCREDITATION & DISCLOSURE



#### Accreditation

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 11.25 AMA PRA Category 1 Credit(s) ™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

#### California State Board of Registered Nurses

Provider approved by the California Board of Registered Nursing, Provider Number CEP15030 for 13.5 contact hours. Contact hours will be provided by Scripps Health.

### American Academy of Physician Assistants (AAPA)

The American Academy of Physician Assistants accepts Category 1 credit from AMA PRA Category 1 CME organizations accredited by ACCME.

#### American Association of Nurse Practitioners (AANP)

This program is approved for 11.25 contact hours of continuing education by the American Association of Nurse Practitioners. Program ID: 1305220. This program was planned in accordance with AANP CE Standard and Policies and AANP Commercial Support Standards.

#### Commercial Support

This course is supported, in part, by educational grants from industry, in accordance with ACCME accreditation Standards for Commercial Support. At the time of printing, a complete listing of commercial supporters was not available. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

### **Cultural and Linguistic Competency**

This activity is in compliance with California Assembly Bill 1195 which requires that all CME activities comprising a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. Cultural and linguistic competency was incorporated into the planning of this activity.

#### Exhibit and Support Opportunities

For information on exhibit and support opportunities during this and many other Scripps educational conferences, please contact: Scripps Conference Services & CME 858-652-5400

med.edu@scrippshealth.org www.scripps.org/conferenceservices

### NEW PATIENT EDUCATION TRACK

This two hour comprehensive educational program for patients and families will provide you with the most current medical and surgical approaches to IBD, presented by leading experts.

### WHO SHOULD ATTEND THE PATIENT EDUCATION TRACK?

This activity has been planned for patients and family members affected by inflammatory bowel disease as well as other persons in the healthcare community with an interest in the treatment and management of patients with IBD.

### ABOUT SCRIPPS

Scripps Health, a nonprofit health care system based in San Diego, California, includes more than 2,600 affiliated physicians and over 13,000 employees at five acute-care hospital campuses, home health care services and a network of clinics, physician offices and outpatient centers. Scripps is committed to contributing to the future of medicine through its clinical research trials, graduate medical education and continuing medical education programs. More information can be found at www.scripps.org.

Scripps Conference Services & CME, which offers nationally recognized live conferences in a variety of specialty areas, is committed to improving the quality of health care and advancing the practice of medicine by providing exceptional educational courses for physicians and other health care professionals. More information and conference brochure downloads are available at www.scripps.org/conferenceservices.

### UC SAN DIEGO HEALTH SYSTEM-INFLAMMATORY BOWEL DISEASE CENTER

The multidisciplinary specialists in our Inflammatory Bowel Disease Center diagnose and treat people with inflammatory bowel disease (IBD) from around the world. Our vision is to continue building and improving our center of learning, while treating inflammatory bowel disease through clinical care, education, and clinical and laboratory research. Our leadership in IBD research means that you have access to clinical trials for the newest therapies and advanced surgical techniques for the treatment of this challenging condition. More information is available at www.health.ucsd.edu/ibd.

### **FACULTY**

### COURSE DIRECTORS

Walter J. Coyle, MD

Gastroenterology Division Head Scripps Clinic La Jolla, California

Barrett Levesque, MD

Assistant Professor of Clinical Medicine University of California, San Diego La Jolla, California

William J. Sandborn, MD, FACG

Chief, Division of Gastroenterology Director of IBD Center Professor of Clinical Medicine Principal Investigator for IBD Clinical Trials University of California, San Diego La Jolla, California

M. Jonathan Worsey, MD, FRCS (eng.), FACS

Colon and Rectal Surgeon Advanced Surgical Associates of San Diego La Jolla, California

### HONORARY COURSE DIRECTOR

David M. Roseman, MD, FACP, AGAF Former Chief of Staff

Scripps Memorial Hospital La Jolla La Jolla, California

Faculty Disclosure: In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the educational activity commencement.

#### GUEST FACULTY

David W. Dietz, MD

Vice Chair Department for Colorectal Surgery Cleveland Clinic Cleveland, Ohio

Elisabeth Evans, MSN, FNP-BC

Nurse Practitioner University of California, San Diego La Jolla, California

Cheryl Garnica, RN, WOCN

Wound/Ostomy Educator University of California, San Diego La Jolla, California

Subrata Ghosh, MD, FRCP, FRCPC, FRCPE, FCAHS

Professor of Medicine Chairman, Department of Medicine University of Calgary Alberta, Canada

Diana Gonsalves, RN

Scripps Clinic Torrey Pines
Division of Gastroenterology and Hepatology La Jolla, California

Suresh Pola, MD

Gastroenterology Inflammatory Bowel Disease Sub-Specialty Kaiser Permanente San Diego, California

Sonia Ramamoorthy, MD, FACS, FASCRS

Assistant Professor of Surgery Chief of Colon and Rectal Surgery University of California, San Diego La Jolla, California

Marci Reiss, LCSW

Founder & President IBD Support Foundation Los Angeles, California

David Rubin, MD, FACG, AGAF

Professor of Medicine Associate Section Chief for Educational Programs Co-Director, Inflammatory Bowel Disease Center The University of Chicago Chicago, Illinois

Bruce E. Sands, MD, MS

Chief of the Dr. Henry D. Janowitz Division of Gastroenterology Dr. Burrill B. Crohn Professor of Medicine Icahn School of Medicine at Mount Sinai New York, New York

Cynthia Santillan, MD

Associate Clinical Professor Vice Chief of Body Imaging Chief of Body CT University of California, San Diego La Jolla, California

David Schwartz, MD, FACG, AGAF

Associate Professor of Medicine Director, Inflammatory Bowel Disease Center Vanderbilt Digestive Disease Center Nashville, Tennessee

Corey Siegel, MD Associate Professor of Medicine The Dartmouth Institute for Health Policy and Clinical Practice Director, Dartmouth-Hitchcock Inflammatory Bowel Disease Center Lebanon, New Hampshire

Mark Silverberg, MD, PhD, FRCPC

Associate Professor of Medicine University of Toronto Division of Gastroenterology Mount Sinai Hospital Toronto, Ontario, Canada

**Gert Van Assche, MD, PhD** Division of Gastroenterology

Mount Sinai Hospital Toronto, Ontario, Canada

Gary W. Williams, MD, PhD, FACR

Chairman, Department of Medicine Vice President Medicine Services, Scripps Clinic Executive Medical Director Information Services Scripps Clinic La Jolla, California

### CONFERENCE LOCATION & HOTEL INFORMATION

### HILTON SAN DIEGO RESORT

1775 E. Mission Bay Drive Reservations: 800-445-8667 San Diego, California 92109 Hotel Direct: 619-276-4010

The Hilton San Diego Resort offers impeccably appointed rooms on an 18-acre bay front park. Enjoy lush gardens, rolling lawns and sandy bay fronts just steps from your door. Conveniently located within easy access of popular attractions such as the San Diego Bay, historic Old Town, the bustling Gaslamp District downtown, the aquatic marvels of Sea World and the world renowned San Diego Zoo, the Hilton San Diego Resort offers visitors a perfect taste of San Diego.

We are fortunate to have obtained special low rates at the hotel starting at \$209 per night (plus tax).

This low rate also includes:

- No resort fee
- Complimentary daytime parking
- Discounted overnight parking at the rate of \$20
- Complimentary questroom internet service
- Complimentary use of the fitness center



Make your reservations early! A block of rooms is being held for Scripps until Friday, August 16, 2013. After Friday, August 16, 2013 reservations will be accepted on a space and rate availability basis only. Please make your own reservations and be sure to mention the Scripps IBD conference to receive the reduced rate and conference amenities listed above.

Please note: Attendees who book their room through an online, third-party service (Hotels.com©, Expedia.com©, Priceline.com©, etc.) are not eligible to receive the amenities listed above.

### **PROGRAM**

### SATURDAY, SEPTEMBER 7, 2013

- 7 a.m. Registration, Continental Breakfast & View Exhibits
- 7:55 a.m. Welcome & Introductions
  - 8 a.m. Practical Translational Science Update: Interleukins, Chemokines, JAK Pathway, and Integrins Subrata Ghosh, MD, FRCPC, FRCP(E)
- 8:30 a.m. Mild to Moderate Ulcerative Colitis: Treatments and Targets Barrett Levesque, MD
  - 9 a.m. Treating Ulcerative Colitis with New Biologic Therapies
    Bruce E. Sands, MD, MS
- 9:30 a.m. Q&A / Panel Discussion
- 9:45 a.m. Break & View Exhibits
- 10:15 a.m. Assessing Risk of Disease Progression and Risk of Therapy in Crohn's Disease Corey Siegel, MD
- 10:45 a.m. Treating to Radiographic and Endoscopic Targets in Crohn's Disease

  Gert Van Assche, MD, PhD
- 11:15 a.m. Surveillance in Ulcerative Colitis:

  Dysplasia, DALMS, and ALMS

  David Rubin, MD, FACG, AGAF
- 11:45 a.m. Q&A / Panel Discussion
  - Noon Lunch
  - 1 p.m. Endoscopic Video Learning Session: Surveillance In UC, Primary Sclerosing Cholangitis in Ulcerative Colitis David Rubin, MD, FACG, AGAF
- 1:30 p.m. Endoscopic Video Learning Session:
  Pouchoscopy, Management of Pouch
  Strictures
  Suresh Pola, MD
  William Sandborn, MD, FACG
  - 2 p.m. Endoscopic Video Learning Session:
    Post-Operative Crohn's Disease Assessment
    Barrett Levesque, MD
- 2:30 p.m. Endoscopic Video Learning Session:
  Gastroduodenal Crohn's disease
  Suresh Pola, MD
  William Sandborn, MD, FACG
  - 3 p.m. Break & View Exhibits
- 3:15 p.m. MRI Enterography in Crohn's Disease:
  A Radiologist's Perspective
  Cynthia Santillan, MD
- 3:45 p.m. Case Presentations
  Walter Coyle, MD
  M. Jonathan Worsey, MD, FRCS (eng.), FACS
- 4:45 p.m. Adjourn

### **Inflammatory Bowel Disease Nursing Education Track**

- 1 p.m. Inflammatory Bowel Disease Nursing: Current and Future Needs Elisabeth Evans, MSN, FNP-BC
- 1:30 p.m. **Stoma Management** *Cheryl Garnica, RN, WOCN* 
  - 2 p.m. Navigating Insurance Authorizations and Awareness of Patient Assistance Programs Diana Gonsalves, RN
- 2:30 p.m. Q&A / Panel Discussion
  - 3 p.m. Inflammatory Bowel Disease Nursing Perspective Track Adjournment

### **Inflammatory Bowel Disease Patient Education Track**

- 1 p.m. **Biologics 101**Bruce E. Sands, MD, MS
- 1:30 p.m. Understanding the Side-Effects of IBD Medications
  Corey Siegel, MD
  - 2 p.m. **Fistula 101** *Gert Van Assche, MD, PhD*
- 2:30 p.m. O&A / Panel Discussion
  - 3 p.m. Inflammatory Bowel Disease Patient Perspective Track Adjournment

#### SUNDAY SEPTEMBER 8 2012

- 7:30 a.m. Continental Breakfast & View Exhibits
  - 8 a.m. Arthralgias and Arthritis in Inflammatory Bowel Disease: A Rheumatologist's Perspective Gary W. Williams, MD, PhD, FACR
- 8:30 a.m. **Drug Monitoring in Inflammatory Bowel Disease Therapy: Case Based Approach** *Mark Silverberg, MD, PhD, FRCPC* 
  - 9 a.m. What are the Other Causes of Symptoms in Patients with Crohn's Disease and How Do We Diagnose and Treat Them?

    William Sandborn, MD, FACG
- 9:30 a.m. O&A / Panel Discussion
- 9:45 a.m. Break & View Exhibits
  - 10 a.m. What a Colorectal Surgeon Wants the Gastroenterologist to Know about Inflammatory Bowel Disease

    David W. Dietz. MD
- 10:30 a.m. **Fistulous Crohn's Disease: A Case Based Approach**David Schwartz, MD, FACG, AGAF
  - 11 a.m. Psychosocial Support in Inflammatory Bowel Disease Marci Reiss, LCSW
- 11:30 a.m. Gastroenterology/Colorectal Surgeon Case Presentations & Panel
  - Dilation in Crohn's Disease: Endoscopic Video Learning
  - Fistulous Crohn's Disease
  - Severe Inpatient Ulcerative Colitis
  - Walter Coyle, MD
  - M. Jonathan Worsey, MD, FRCS (eng.), FAC Sonia Ramamoorthy, MD, FACS, FASCRS
- 12:30 p.m. Final Adjournment

## New Advances in Inflammatory Bowel Disease

### September 7 - 8, 2013 • Hilton San Diego Resort • San Diego, California

### **CONFERENCE FEES**

Space is limited, so register early!

Included: Course tuition, access to conference materials (via mobile app or conference website) breakfast: breaks and lunch (Saturday Only).

Not Included: Travel costs, lodging, parking, and dinners

Please note there will NOT be a printed syllabus available at the conference. All materials will be accessible through the conference app or conference website.

### **Main Conference**

	Thru June 30	July 1 - Sept 4	On-site After Sept 4
Physicians	\$255	\$280	\$305
Nurses/Nurse Practitioners/ Physician Assistants/ Allied Health Professionals	\$195	\$220	\$245
Fellows & Residents	\$135	\$160	\$185
Patient Education Track	\$10 □ Ye	s. I would like to attend in	ust the Patient Education Track

**Please note:** There are no day rates available for this conference.

By completing this registration form and returning it to Scripps you are acknowledging compliance with all attendance policies.

### Would you like to receive the Scripps Conference Services & CME Email Newsletter? \_\_\_Yes \_\_\_\_No

<b>Please print clearly.</b> Should we have any corplease provide your direct contact information	nference communications or updates n.
FIRST, MI, LAST NAME	DEGREE (MD, DO, PHD, RN, ETC)
AFFILIATION/HOSPITAL/COMPANY	SPECIALTY
DIRECT MAILING ADDRESS	
CITY/STATE/ZIP	
DIRECT TELEPHONE	FAX

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### PLEASE INDICATE ANY SPECIAL NEEDS (INCLUDING DIETARY RESTRICTIONS):

Special requests will be considered and accommodated in full compliance with the Americans with Disabilities Act (ADA).

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SECURITY CODE ON CARD (Required)

### Four Easy Ways to Register

 Online
 scripps.org/IBDCME

 Fax
 858-652-5565

 Phone
 858-652-5400

Mail Scripps Conference Services & CME

IBD Conference

11025 North Torrey Pines Rd. Suite 200, Maildrop: SCRC 200 La Jolla, California 92037

#### Questions

Contact Scripps Conference Services & CME

Phone 858-652-5400

**Email** med.edu@scrippshealth.org

### **Attendance Policies**

### Registration Confirmation

A confirmation letter will be e-mailed or mailed to you upon receipt of the conference registration form and payment. If you have not received it within two weeks, please contact the Scripps Conference Services & CME office.

### Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$75 processing fee (\$50 for Fellows/Residents), and \$5 for the Patient Track, if your cancellation is received in writing no later than Friday, August 30, 2013. Attendee substitutions are allowed, but notification must be made in writing by Friday, August 30, 2013. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows."

### **Guest Attendance Policy**

All conference activities (including educational sessions, meal functions, exhibit hall, etc.) are exclusively reserved for conference attendees. Non-registered guests (including children, family members, colleagues, etc.) are not allowed in the conference areas. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

### Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

### **Recording and Photography Clause**

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.







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Inflammatory Bowel Disease





New Advances in

# Inflammatory Bowel Disease

September 7-8, 2013

Hilton San Diego Resort • San Diego, California

### Save the Date!

New Advances in Inflammatory Bowel Disease

September 6-7, 2014 Hilton San Diego Resort, San Diego, California

