

November 3-7, 2013

Transform Your Practice

& The Future of Medicine

14TH ANNUAL

The Science & Clinical Application of Integrative Holistic Medicine

Vinoy Renaissance St. Petersburg Resort, St. Petersburg, Florida

November 2: Pre-Conference

- Bringing Integrative Medicine to Your Practice and Health Care System
Led by Mimi Guarneri, MD, FACC, ABIHM
- Nutritional Medicine with Alan R. Gaby, MD, ABIHM

November 8

- ABIHM Board Certification Exam
- AHMA Post-Conference Workshop/Retreat: The Healer Within: Cultivating
Your Resiliency in Health Care with Daniel Friedland, MD, ABIHM



Mimi Guarneri, MD
“Every year I renew my
practice and my spirit.”



Joe Pizzorno, ND
“This is the premiere event
in integrative medicine.”



Alan Gaby, MD
“Evidence based information
delivered with heart.”



Wendy Warner, MD
“The ABIHM helped me
transform the way
I practice medicine.”



Scott Shannon, MD
“This event reminds me of
the rejuvenating power
of fellowship.”

Course Overview

Integrative holistic medicine embraces conventional and complementary therapies that are based in science. It focuses on the whole person: mind, body, and spirit, with a strong emphasis on the physician-patient partnership. Integrative holistic medicine is based on the following principles:

- Health is more than the absence of disease.
- A person is more than his/her symptoms, and healing requires a whole-person approach.
- Empowered patients make long-term and lasting changes that support healing and optimal health.

Research has demonstrated that nearly one in three Americans seek out complementary and alternative medicine to supplement conventional care. Patients are now asking their physicians about the medical value of these therapies. Since these approaches have not become routinely incorporated into most medical school curricula, health care providers are seeking trusted sources for learning about these techniques. The course was created with these needs in mind, and sets reasonable standards for the application of integrative holistic medicine.

Target Audience

This educational course is for health care professionals who are seeking to expand their clinical competencies to include a mind-body-spirit approach to healing. Credits are available for many health care professionals: physicians, nurses, dietitians, acupuncturists, pharmacists, physician assistants and more.

2013 Conference Highlights

- Comprehensive week-long educational course
- Evidence-based integrative holistic medicine presented by leading experts
- Interactive educational formats including: case studies, experiential demonstrations, and Q&A panel discussions
- Pre-Conference Seminars and Focused Track Sessions
- Main Conference materials available via mobile app and conference website
- Meaningful daily opportunities to interact with faculty and fellow attendees to establish a network of like-minded professionals
- Waterfront resort providing a natural and idyllic setting with close access to walking/jogging trails, restaurants and shopping

Educational Objectives

After attending this activity, participants should be able to:

- Discuss the importance of treating the whole person, mind-body-spirit;
- Assess the value of a physician/patient partnership in improving health;
- Evaluate the role of evidence-based integrative holistic medicine in the treatment and prevention of common medical conditions and chronic illnesses;
- Incorporate integrative holistic medicine treatments into patient care, referring to specialists as necessary;
- Utilize tools and resources provided to incorporate integrative holistic medicine into their practices/organizations; and
- Establish a network of like-minded practitioners from various disciplines and geographic areas.

Join Us!

Join Scripps Center for Integrative Medicine and the American Board of Integrative Holistic Medicine for a unique educational experience that includes a current review of the art and science of integrative holistic medicine as well as an opportunity for personal renewal and meaningful connection with other participants. The course format includes lectures, morning and afternoon question and answer panel discussions, focused track sessions and experiential morning programs. Faculty are renowned experts in integrative holistic medicine with experience in providing practical summaries on a wide range of mind-body-spirit topics.

About Us

Scripps Center for Integrative Medicine blends conventional care with evidence-based complementary treatments and therapies. Our health care providers take a holistic approach to health and wellness by prescribing a treatment plan that enables you to achieve a cohesive balance of mind, body and soul. The Center, located in San Diego, California, is the largest and most comprehensive hospital-based integrative medicine center in the United States and has been featured on many local and national media outlets, such as the Today Show and PBS. For more information visit scrippsintegrativemedicine.org.

The American Board of Integrative Holistic Medicine (ABIHM)

The ABIHM was founded in 1996, with a vision to transform medicine through the incorporation of the art and science of a whole person approach to health care. Since 2000, the ABIHM has set a recognized standard for knowledge by MD's and DO's in integrative holistic medicine, and by the end of 2013, will have certified over 2000 Diplomates. The ABIHM Community is growing rapidly as the field of integrative medicine expands. See www.abihm.org for important information about the future of Integrative Medicine and the ABIHM.

Scripps Conference Services & CME, which offers nationally recognized annual conferences in various specialty areas, is committed to improving the quality of health care and advancing the practice of medicine by providing exceptional educational courses for physicians and other health care professionals. More information and conference brochure downloads are available at scripps.org/conferenceservices.

Exhibit & Support Opportunities

This event is expected to sell out. Connect with hundreds of health professionals. For information on exhibit and support opportunities during this and many other Scripps educational conferences, please contact:

Scripps Conference Services & CME
858-652-5400
med.edu@scrippshealth.org
www.scripps.org/conferenceservices



The lectures were informative; the speakers were talented presenters whom were passionate about their topics. I gained valuable resources that I was able to use immediately. The food offered was healthy and delicious. The morning activities were a great addition. All around an excellent conference. ”

— 2012 Conference Attendee

Planning Committee

Carol Bowman, MD, ABIHM
Father Martins Ashley
Director
Pain Recovery Program
Havre de Grace, Maryland

Mimi Guarneri, MD, FACC, ABIHM
President, ABIHM
Founder
Scripps Center for
Integrative Medicine
San Diego, California

Daphne Goldberg, MD, ABIHM
ABIHM Board of Directors
Merion Station, Pennsylvania

Rauni Prittinen King, RN, BSN, MIH, HNB-BC, CHTP/I
Co-Founder
Scripps Center for
Integrative Medicine
President, Holistic & Integrative
Medicine Resources, Inc.
San Diego, California

Scott Shannon, MD, ABIHM
Past-President, ABIHM
Assistant Clinical Professor
Department of Psychiatry
University of Colorado
Denver, Colorado

Nancy Sudak, MD, ABIHM
Executive Director, ABIHM
Duluth, Minnesota

Wendy Warner, MD, FACOG, ABIHM
Active ABIHM Emeritus Member
Founder, Medicine in Balance, LLC
Langhorne, Pennsylvania

Faculty Disclosure

In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the educational activity commencement.

ABIHM & Scripps Faculty

Daniel Asimus, MD, MEd, ABIHM
ABIHM Secretary
Life Fitness Center
Pasadena, California and Maui, Hawaii

Robert Alan Bonakdar, MD, FAAFP, ABIHM
Director of Pain Management
Scripps Center for Integrative Medicine
La Jolla, California

Russell Faust, PhD, MD, FAAP, ABIHM
ABIHM Board of Directors
Chief, Pediatric Otolaryngology
St. John Health System
Pediatric ENT Center
Guest Faculty
Oakland University School of Business
Executive MBA Program in Healthcare
Chief Medical Officer, Anicca Media
Novi, Michigan

Daniel Friedland, MD, ABIHM
ABIHM President-Elect
Assistant Clinical Professor of Medicine
University of California, San Francisco
Founder and CEO
SuperSmartHealth
San Diego, California

Patrick Hanaway, MD, ABIHM
ABIHM Board of Directors
Director of Medical Education
Institute for Functional Medicine
Asheville, North Carolina

F. Nicholas Jacobs
ABIHM Treasurer
International Director
Sun Stone Management Resources
Harrisburg, Pennsylvania

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ABIHM Board of Directors
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Ellen Stiefler, Esq
ABIHM Board of Directors
Stiefler Law Group
San Diego, California

Rob Wyse
ABIHM Board of Directors
Media First Public Relations
New York, New York



New!
ABIHM E-Learning
Videos • Audio • Text
AMA Category One CME
Credit™ Courses
Sample available at:
www.abihm.org/education-and-training

Guest Faculty

Donald Abrams, MD
Professor of Clinical Medicine
University of California, San Francisco
Chief of Hematology/Oncology
San Francisco General Hospital
San Francisco, California

David Becker, MD, MPH
Assistant Clinical Professor
University of California, San Francisco
Department of Pediatrics
San Francisco, California

Kenneth H. Cohn, MD, MBA, FACS
CEO, Healthcare Collaboration
Amesbury, Massachusetts

Alan R. Gaby, MD, ABIHM
Past President, AHMA
Author, *Nutritional Medicine*
Concord, New Hampshire

Jamie Harvie, P. E.
Executive Director
Institute for a Sustainable Future
Duluth, Minnesota

Wayne B. Jonas, MD
President and Chief Executive Officer
Samueli Institute
Professor of Family Medicine
Georgetown University
Associate Professor, Uniformed Services
University of the Health Sciences
Alexandria, Virginia

Edward (Lev) Linkner, MD, ABIHM
ABIHM Emeritus Member
Clinical Associate Professor
Department of Family Medicine
University of Michigan Medical School
Solo Private Practice
Ann Arbor, Michigan

David Perlmutter, MD, FASN, ABIHM
President, Perlmutter Health Center
Naples, Florida

Joseph Pizzorno, ND
Founding President
Bastyr University
Editor-in-Chief
Integrative Medicine
A Clinician's Journal
Seattle, Washington

David Riley, MD
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Global Advances in Health
and Medicine
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National Director
Maharishi AyurVeda
Association of America
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Professor
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Jacob Teitelbaum, MD, ABIHM
Director, Fatigue & Fibromyalgia
Practitioner Co-Op
Kailua Kona, Hawaii

Allan Warshowsky, MD, FACOG, ABIHM
ABIHM Emeritus Member
Private Practice
Rye, New York

Save the Dates!

11th Annual

Natural Supplements: An Evidence-Based Update

January 29 - February 1, 2014
Hilton San Diego Resort, San Diego, California

5th Annual

Integrative and Holistic Nursing Conference: Bringing Healing to You and Your Patients

April 25 - 26, 2014
Paradise Point Resort, San Diego, California

15th Annual

The Science and Clinical Application of Integrative Holistic Medicine

October 25 - 30, 2014
Paradise Point Resort, San Diego, California

16th Annual

The Science and Clinical Application of Integrative Holistic Medicine

October 24 - 29, 2015
Paradise Point Resort, San Diego, California



Saturday, November 2

Bringing Integrative Medicine to Your Practice and Health Care System

This innovative course is designed for health care providers and administrators looking to improve or introduce integrative holistic medicine to their practices and systems. Scripps Center for Integrative Medicine co-founders Mimi Guarneri, MD, Rauni Prittinen King, RN and recognized experts will share the knowledge behind their success in an intimate and hands-on learning environment. Health care professionals in both traditional and complementary therapies will find this important seminar a valuable resource!

- 7:30 a.m. Registration & Breakfast
- 8 a.m. Welcome and Introduction
- 8:15 a.m. Overview: Integrative Medicine in North America
Mimi Guarneri, MD
- 9:15 a.m. The Business of Integrative Medicine: How to write a Business Plan, Mission and Vision Statement
Kenneth Cohn, MD
- 10:30 a.m. Break
- 11 a.m. Choosing the Right Integrative Medicine Model for Your Practice
Kenneth Cohn, MD
- 11:30 a.m. Best Practices-Integrative Medicine Models: Specialty Model Scripps Center for Integrative Medicine
Rauni Prittinen King, RN
- 12:15 p.m. Concierge Family Practice Model
Daphne Goldberg, MD
- 1 p.m. Lunch
- 2 p.m. Legal and Risk Management Issues
Ellen Stiefler, Esq
- 2:45 p.m. Utilizing Digital and Social Media
Russell Faust PhD, MD
- 3:15 p.m. Maximizing Your Referrals
Robert Wyse
- 3:45 p.m. Q & A
- 4:15 p.m. Closing Remarks
Mimi Guarneri, MD
- 4:30 p.m. Adjourn

Nutritional Medicine with Alan R. Gaby, MD, ABIHM

This workshop will review published research and the presenter's clinical experience on the use of dietary modifications and nutritional supplements for the prevention and treatment of a wide range of clinical conditions.

- 8 a.m. Registration & Breakfast
- 8:30 a.m. Welcome and Introduction
- Basic Principles:
Diet, Health and Disease
- Rationale for the Use of
Nutritional Supplements
- Hidden Food Allergy/Sensitivity as a
Common Cause of Chronic Illness
- 10:30 a.m. Break
- 11 a.m. Therapeutic Use of Nutritional Supplements: Indications, Interactions, Adverse Effects, Preparations, Dosage and Administration
- 1 p.m. Lunch
- 2 p.m. Nutritional Approach to the Treatment of Common Medical Conditions including: Cardiovascular Disease, Gastrointestinal Disorders, Psychiatric Disorders, Dermatological Conditions and Rheumatological Disorders
- 3:45 p.m. Q & A
- 4:15 p.m. Adjourn



Sunday, November 3

- 6:30 - Morning Renewal
- 7:30 a.m. (Yoga/Meditation and Tai-Chi)
- 7:30 a.m. Registration, Breakfast & View Exhibits
- 7:55 a.m. Welcome, Introduction & Opening Ceremony
- 8:30 a.m. Science of Connection
Mimi Guarneri, MD
- 9:30 a.m. Placebo and the Healing Power of Intention
Wayne Jonas, MD
- 10:30 a.m. Break & View Exhibits
- 11 a.m. Ecology & Medicine
Scott Shannon, MD
Jamie Harvie, P. Eng
- Noon Q & A Panel
Morning Speakers
- 12:30 p.m. Lunch
- 2 p.m. Botanical Medicine
Wendy Warner, MD
- 3 p.m. Break & View Exhibits
- 3:30 p.m. Healthy Sleep
Dan Asimus, MD
- 4 p.m. Nutritional Medicine
Alan Gaby, MD
- 5:30 p.m. Q & A Panel
Afternoon Speakers
- 6 p.m. Adjourn
- 6 - 7:30 p.m.

Welcome & Networking Reception

AHMA Post-Conference Workshop/Retreat

Friday, November 8 - 8 a.m. - 4 p.m.

The Healer Within: Cultivating Your Resiliency in Health Care

with Daniel Friedland, MD, ABIHM, President Elect of ABIHM



Recent research highlights an epidemic of stress and burnout in healthcare providers. In this workshop, Dr. Daniel Friedland will share with you a 4-step Framework that integrates brain science, cognitive behavioral therapy, positive psychology and mindfulness practice to empower you with skills and practices to effectively navigate stress, and experience greater meaning and joy in caring for your patients, your loved ones and yourself. *Spouses / partners and other mature family members (16 and older) are encouraged to attend.*

Register: www.holisticmedicine.org/friedland2013

Objectives:

After attending this activity, participants should be able to:

1. Recognize the factors that put you at risk for burnout
2. Identify the key skills and practices that promote your resiliency
3. Apply 4 Steps to cultivate resiliency and enhance your health, relationships and sense of meaning and fulfillment in your medical life

Approved for a maximum of 6.5 AMA PRA Category 1 Credits™



Prices:

- Thru Sept 13
- \$425 non-members / \$325 members*
- Sept 13- Oct 28
- \$525 non-members / \$425 members*
- On-site after Oct 28
- \$550 non-members / \$450 members*
- * AHMA members & ABIHM diplomates Spouse / Partner: \$225

ABIHM Board

Friday, November 8

The ABIHM Certification Exam (for MD's and DO's exclusively) establishes a standard of excellence and accountability for the application of integrative holistic medicine. By meeting the ABIHM requirements for certification, you will join the nearly 2000 physician Diplomates who have undergone the only comprehensive, peer reviewed, psychometrically validated standard for MD's and DO's practicing integrative holistic medicine to date within the USA and Canada. Integrative medicine is a specialty undergoing transition; please see www.abihm.org for more information.

After November 2013, only one final opportunity to become a Diplomate of the ABIHM remains before a new standard in integrative medicine is developed.

See www.abihm.org/physicians/board-certification for details.

MAIN CONFERENCE PROGRAM

Monday, November 4

- 6:30 – Morning Renewal
- 7:30 a.m. (Yoga/Meditation and Tai-Chi)
- 7:30 a.m. Registration, Breakfast & View Exhibits
- 8:15 a.m. Daily Welcome & Experiential
- 8:30 a.m. Functional Medicine
Patrick Hanaway, MD
- 9:30 a.m. Fundamentals of Detoxification
Joe Pizzorno, ND
- 10:45 a.m. Break & View Exhibits
- 11:15 a.m. Mind Body Medicine/Personal Resiliency
Mimi Guarneri, MD
- Noon Q & A Panel
Morning Speakers
- 12:30 p.m. Lunch
- 2 p.m. Homeopathy
Daphne Goldberg, MD
- 2:45 p.m. Special Topics in Men's Health
Lev Linkner, MD
- 3:30 p.m. Break & View Exhibits
- 4 p.m. Manual Medicine
Malik Slosberg, DC, MS
- 4:45 p.m. Ayurvedic Medicine
Stuart Rothenberg, MD
- 5:30 p.m. Q & A Panel
Afternoon Speakers
- 6 p.m. Adjourn

Monday, November 4 – Focused Track

Advanced Topics in Integrative Medicine: The Epigenetics of Detoxification; Diet-Induced Acidosis—Substantial Research Support and Clinical Relevance; and Mitochondrial Dysfunction and Restoration—Underlying Most Chronic Disease
Joe Pizzorno, ND

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|---------------------------------|-----------------|
| 2 p.m. Part I | 4 p.m. Part II |
| 3:30 p.m. Break & View Exhibits | 5:30 p.m. Q & A |
| | 6 p.m. Adjourn |

Tuesday, November 5

- 6:30 – Morning Renewal
- 7:30 a.m. (Yoga/Meditation and Tai-Chi)
- 7:30 a.m. Registration, Breakfast & View Exhibits
- 8:15 a.m. Important Announcement: ABIHM's Transformation
- 8:30 a.m. ASCVD and CHF
Mimi Guarneri, MD
- 9:30 a.m. Integrative Holistic Cancer Care
Donald Abrams, MD
- 10:30 a.m. Break & View Exhibits
- 11 a.m. Gastrointestinal Conditions
Patrick Hanaway, MD
- 11:45 a.m. Hot Topics in Integrative Medicine 2013: Making Good Use of the Literature
Daniel Friedland, MD
- 12:15 p.m. Q & A Panel
Morning Speakers
- 12:45 p.m. Lunch
- 2 p.m. Acupuncture
Robert Bonakdar, MD
- 2:45 p.m. Effective Treatment of Chronic Fatigue & Fibromyalgia
Jacob Teitelbaum, MD
- 3:30 p.m. Break & View Exhibits
- 4 p.m. Chronic Pain
Robert Bonakdar, MD
- 5 p.m. Q & A Panel
Afternoon Speakers
- 5:30 - 6 p.m. Traditional Shamanism and Energetic Healing
Patrick Hanaway, MD
- 6 p.m. Adjourn

Tuesday, November 5 – Focused Track

Integrative Strategies for Cancer
Donald Abrams, MD

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|---------------------------------|-------------------|
| 2 p.m. Part I | 4 p.m. Part II |
| 3:30 p.m. Break & View Exhibits | 5 p.m. Q & A |
| | 5:30 p.m. Adjourn |

Wednesday, November 6

- 6:30 – Morning Renewal
- 7:30 a.m. (Yoga/Meditation and Tai-Chi)
- 7:30 a.m. Registration, Breakfast & View Exhibits
- 8:15 a.m. Daily Welcome & Experiential
- 8:20 a.m. Metabolic Syndrome/Diabetes
Lev Linkner, MD
- 9:15 a.m. Hormone Dysfunction I
Allan Warshowsky, MD
- 10 a.m. Break & View Exhibits
- 10:30 a.m. Hormone Dysfunction II
Allan Warshowsky, MD
- 11:15 a.m. Menopause: A Powerful Transition
Wendy Warner, MD
- Noon Q & A Panel
Morning Speakers
- 12:30 p.m. Lunch
- 2 p.m. Integrative Holistic Approach to Enhancing Immunity
Wendy Warner, MD

Wednesday (continued)

- 2:30 p.m. Adult Psychiatry
Scott Shannon, MD
- 3:30 p.m. Break & View Exhibits
- 4 p.m. Spirituality & Medicine
Jeff Sollins, MD
- 4:45 p.m. Biofield Therapy
Carol Bowman, MD
- 5:30 p.m. Q & A Panel
Afternoon Speakers
- 6 p.m. Adjourn
- 7:30 – 10:30 p.m. **Celebration and Dance**

Wednesday, November 6 – Focused Track

Mind-Body-Spirit Medicine
Mimi Guarneri, MD

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|-------------------------------|--------------------|
| 8:20 a.m. Part I | 10:30 a.m. Part II |
| 10 a.m. Break & View Exhibits | noon Q & A |
| | 12:30 p.m. Lunch |

Thursday, November 7

- 6:30 – Morning Renewal
- 7:30 a.m. (Yoga/Meditation and Tai-Chi)
- 7:30 a.m. Registration, Breakfast & View Exhibits
- 8:15 a.m. Daily Welcome & Experiential
- 8:30 a.m. Pediatric Overview
David Becker, MD
- 10 a.m. Break & View Exhibits
- 10:30 a.m. Child Psychiatry and Autism
Scott Shannon, MD
- 11:30 a.m. Vaccines: A Critical Conversation
Patrick Hanaway, MD
- Noon Q & A Panel
Morning Speakers
- 12:30 p.m. Lunch
- 2 p.m. Hot Legal Topics in Integrative Medicine
Ellen Stiefler, Esq
- 2:45 p.m. When the Stars and Planets Align for ABIHM Physicians
F. Nicholas Jacobs
- 3:30 p.m. Break & View Exhibits
- 4 p.m. Integrative Holistic Neurology
David Perlmutter, MD
- 5:15 p.m. Q & A Panel
Afternoon Speakers
- 5:45 p.m. Closing Remarks & Ceremony
- 6 p.m. Adjournment

Thursday, November 7 – Focused Track

- 8:30 a.m. Case Reports – Stewardship of the Evidence
David Riley, MD
- 10 a.m. Q & A
- 10:15 a.m. Break & View Exhibits
- 10:45 a.m. Nutrition Principles and Specific Supplements for Optimum Health: An Overview
Sandy Levy, MD
- 12:15 p.m. Q & A
- 12:30 p.m. Lunch

Topics and times subject to change.

Certification Exam

Benefits of certification:

- You will have enhanced credibility for the practice of integrative holistic medicine.
- Your patients will benefit from your expanded knowledge.
- You will partially qualify for a fellowship waiver by the emerging American Board of Integrative Medicine (ABoIM.org).
- You will be identified as a member of a recognized group with peer-reviewed, acknowledged standards and scientific basis.
- You will become a leader in the field of integrative holistic medicine.
- You will qualify for the Diplomate discount rate on our online educational products.

- | |
|---------------------------------|
| 7 a.m. Registration & Breakfast |
| 8 a.m. Exam |
| Noon Adjourn |

Accreditation & Disclosure

Physicians (MD, DO): This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Scripps Health and The American Board of Integrative Holistic Medicine. Scripps Health is accredited by the ACCME to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of **42.25 AMA PRA Category 1 Credit(s)TM**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Documentation of awarded credit is provided for registered attendees in] exchange for completed activity evaluation. Certificates of attendance are available, upon request, at the end of the course.

Credit Breakdown:

Bringing Integrative Medicine to Your Practice and Health Care System (Sat) = 6.5

Nutritional Medicine with Alan R. Gaby, MD (Sat) = 6.25

Main Conference (Sun-Thurs) = 35.75

| | | | | | |
|-----------|------|----------|------|---------|------|
| Sunday | 7 | Monday | 7.25 | Tuesday | 7.25 |
| Wednesday | 7.25 | Thursday | 7 | | |

Acupuncturists: This educational program has been approved by the California Acupuncture Board (Provider No. CEP 657) for 40.75 CE hours.

Chiropractors: The California State Board of Chiropractic Examiners accepts AMA PRA Category 1 Credit(s)TM from organizations accredited by the ACCME. This activity has been approved for a maximum of 42.25 AMA PRA Category 1 Credit(s)TM.

Dietitians: The main conference has been approved by the Commission on Dietetic Registration for 35.75 CPE hours. Pre-Conference Seminar: Nutritional Medicine has been approved by the Commission on Dietetic Registration for 6.5 CPE hours.

Family Physicians (AAFP): This live activity, 14th Annual Science & Clinical Application of Integrative Medicine, with a beginning date of 11/02/2013, has been reviewed and is acceptable for up to 41.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Naturopathic Doctors: The California Bureau of Naturopathic Doctors accepts AMA PRA Category 1 Credit(s)TM.

Nurses: The California State Board of Registered Nurses (BRN) accepts AMA PRA Category 1 Credit(s)TM as meeting continuing education requirements for license renewal. Most state Boards of Registered Nurses accept AMA PRA Category 1 Credit(s)TM as meeting continuing education requirements for license renewal. Nurses should check with their state board regarding use of CME credit.

Nurse Midwives: The American College of Nurse Midwives accepts AMA PRA Category 1 Credit(s)TM.

Physician Assistants: The American Academy of Physician Assistants accepts Category 1 credit from AMA Category 1 CME organizations accredited by ACCME.

Pharmacists: This conference meets CE Standards for Pharmacists by the California State Board of Pharmacy.

Psychologists: As of January 1, 2006 the Board of Psychology accepts AMA PRA Category 1 Credit(s)TM for license renewal.

Disclosure

Commercial Support: This course is supported, in part, by educational grants from industry, in accordance with ACCME accreditation Standards for Commercial Support. At the time of printing, a complete listing of commercial supporters was not available. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

Cultural and Linguistic Competency: This activity is in compliance with California Assembly Bill 1195 which requires that all CME activities comprising a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. Cultural and linguistic competency was incorporated into the planning of this activity.

Vinoy Renaissance St. Petersburg Resort

501 5th Avenue NE, St. Petersburg, Florida 33701

Reservations: 888-303-4430

Hotel Direct: 727-894-1000

Web: marriott.com

The Vinoy Renaissance St. Petersburg Resort & Golf Club, featuring a newly renovated lobby, library, café, resort shop and Promenade bar, is the only luxury hotel on the West Coast of Florida with the combination of a private marina, 18-hole golf course & 12-court tennis complex. Ideally located on Tampa Bay and just minutes from the excitement of St. Pete Beach, guests of the Vinoy Resort in St. Petersburg, Florida are near everything. A fine example of 1920s Mediterranean Revival architecture, the Vinoy has earned a National Register of Historic Places designation.

Rates & Reservations

Please make your own hotel reservations and request **the Scripps Health reduced rate of \$197/night**. A block of rooms is being held for us until **October 10, 2013**.

After this date, reservations will be accepted on a space and rate available basis only.

Amenities included in Scripps Health room rate:

- Complimentary use of the fitness center
- Complimentary high-speed internet access in guest rooms
- 20% discount on all recreational activities/rentals (Vinoy Salon & Day Spa, bike rentals, tennis, golf)
- Reduced overnight and day self-parking of \$8
- Healthy menu items each evening at Marchand's and Alfresco's

Please note: Attendees who book their room through an online, third-party service (Hotels.com®, Expedia.com®, Priceline.com®, etc.) may not be eligible to receive the amenities listed above.

Nearest Airports

- Tampa International Airport – TPA (19.5 miles from Vinoy)
- St. Petersburg-Clearwater International Airport – PIE (12 miles from Vinoy)

Transportation to/from the Airport Super Shuttle

Tampa Airport

- \$23.00 per person one way and \$39.00 round trip

St. Petersburg-Clearwater Airport

- \$35.00 per person one way

To make your Super Shuttle reservations:

Go Online: www.SuperShuttle.com

Call: 800-258-3826, however there is a \$2.00 reservation fee for using this method

Group Discount Code: U25Z3

Hotel name: Renaissance Vinoy

Taxi

- Estimated taxi fare to/from TPA: \$45 (one way)
- Estimated taxi fare to/from PIE: \$24 (one way)



The Science & Clinical Application of Integrative Holistic Medicine

November 3-7, 2013 • Vinoy Renaissance St. Petersburg Resort

CONFERENCE FEES & REGISTRATION

1. PRE-CONFERENCE SEMINARS

Included: Course tuition and materials, breakfast, breaks and lunch.

| | Thru Sept 13 | Sept 14 – Oct 28 | On-site After Oct 28 |
|---|-----------------|---------------------|-------------------------|
| Bringing Integrative Medicine to Your Practice and Health Care System | \$500 | \$600 | \$625 |
| Nutritional Medicine with Alan R. Gaby, MD, ABIHM | \$350 | \$450 | \$475 |

2. MAIN CONFERENCE

Included: Course tuition, access to conference materials (via mobile app and conference website) internet in meeting space, breakfasts, breaks, lunches and the Sun and Wed evening functions.

| | Thru Sept 13 | Sept 14 – Oct 28 | On-site After Oct 28 |
|---|-----------------|---------------------|-------------------------|
| Physicians | \$1125 | \$1225 | \$1250 |
| ABIHM Diplomate /AHMA Member | \$1025 | \$1125 | \$1150 |
| Nurses/PA/Allied Health Professionals | \$875 | \$975 | \$1000 |
| Students/Residents/Fellows/Community Members | \$575 | \$675 | \$700 |
| Day Rate(s) Please circle: Sun – Mon – Tues – Wed – Thurs | \$325 | \$375 | \$400 |

3. SUNDAY WELCOME & NETWORKING RECEPTION AND WEDNESDAY CELEBRATION & DANCE

(included in the cost of main conference registration fee)

| | | |
|---|---|--------------------------|
| Sunday Welcome & Networking Reception | Yes, I will attend: | <input type="checkbox"/> |
| I would like to purchase extra tickets. | Indicate the number of tickets (\$20/each): | |
| Wednesday Celebration & Dance | Yes, I will attend: | <input type="checkbox"/> |
| I would like to purchase extra tickets. | Indicate the number of tickets (\$20/each): | |

4. MAIN CONFERENCE FOCUSED TRACKS Included in the cost of main conference registration fee. The focused tracks are limited by capacity and are ideal for previous Annual Conference attendees, experienced integrative holistic providers, and ABIHM Diplomates. Physicians who are preparing for the ABIHM exam or who are new to the Annual Conference content are advised to attend the general conference program.

- Monday Afternoon:** Advanced Topics in Integrative Medicine with Joe Pizzorno, ND
- Tuesday Afternoon:** Integrative Strategies for Cancer with Donald Abrams, MD
- Wednesday Morning:** Mind-Body-Spirit Medicine with Mimi Guarneri, MD
- Thursday Morning:** Case Reports - Stewardship of the Evidence - David Riley, MD

5. GUEST MEAL BADGES (note: meals are included in Pre and Main conferences, this is for guests of the main conference). Included: Breakfasts, breaks, lunches and evening functions.

Guest Meal Badge _____ \$450

6. MAIN CONFERENCE PRINTED SYLLABUS Main conference materials will be available via mobile app and conference website. You are able to download, save and/or print these presentations from the mobile app and conference website onto your tablet, laptop, or smart phone. Attendees will receive an email prior to the conference with directions on how to access the mobile app and conference website and how to download the presentations. You will also want to bring your tablet, laptop or smart phone with you to the conference. If you would like a pre-printed version you must pre-order it here (limited supply available).

Printed Syllabus _____ \$100

Would you like to receive the Scripps Conference Services & CME Email Newsletter? ___Yes ___No

By completing this registration form and returning it to Scripps you are acknowledging compliance with all attendance policies.

Please Print Clearly. Your Badge Will Read as Follows:

| | | | | | |
|---------------------------------------|--|-------|---------------------------|--------|--|
| FIRST NAME, MIDDLE INITIAL, LAST NAME | | | DEGREE (MD, DO, RN, ETC.) | | |
| AFFILIATION / HOSPITAL / COMPANY | | | SPECIALTY | | |
| MAILING ADDRESS | | | | | |
| CITY | | STATE | | ZIP | |
| PHONE | | FAX | | E-MAIL | |



PLEASE INDICATE ANY SPECIAL NEEDS (INCLUDING DIETARY RESTRICTIONS)
Special requests will be considered and accommodated in full compliance with the Americans with Disabilities Act (ADA).

Office use only: _____ DATE RECEIVED _____ CHECK NO / APPROVAL CD _____ AMOUNT _____ CONFIRMATION SENT _____ INITIALS _____

Payment Method

If paying by check, please make check payable to Scripps (in U.S. dollars only)

If paying by credit card, please fill out the information below

CHECK M/C VISA AMEX DISCOVER

| | | | | | |
|---|--|----------------------------------|--------------------|-----------|--|
| NAME ON CARD | | | CREDIT CARD NUMBER | | |
| EXPIRATION DATE | | SECURITY CODE ON CARD (REQUIRED) | | SIGNATURE | |
| BILLING ADDRESS IF DIFFERENT FROM ABOVE | | | | | |

How to Register for the Pre and Main Conference

Online: scripps.org/conferenceservices

Fax: 858-652-5565

Mail: Scripps Conference Services & CME
11025 North Torrey Pines Road
Suite 200, Maildrop: SCRC 200
La Jolla, California 92037

Questions About the Conference?

Contact Scripps Conference Services & CME

Phone: 858-652-5400

Email: med.edu@scrippshealth.org

How to Register for the Exam

Online: abihm.org

Questions About the Exam? ABIHM E-Learning?

Contact Nancy Sudak, MD, ABIHM

Executive Director, ABIHM

Phone: 218-525-5651

Email: admin@abihm.org

How to Register for the Post Conference

Online: holisticmedicine.org/friedland2013

Questions About the Post Conference?

Contact American Holistic Medicine Association

Phone: 216-292-6644

Email: admin@holisticmedicine.org

RECEIVE UP TO 20% OFF YOUR REGISTRATION

For past attendees of this conference: register, refer a friend that has never attended and you will both receive 15% off of your registration fees. Register two friends that have never attended and you will all receive 20% off.

Past Conference Attendee

New Conference Attendee

New Conference Attendee

Please note: there is no limit to the number that you refer, however the most you can receive off of your registration is 20%. This offer only applies to those that pay the main conference fee (day rates not included). This offer cannot be combined with any other offer.

Attendance Policies

Registration Confirmation

A confirmation letter will be e-mailed to you upon receipt of the conference registration form and payment. If you have not received it within two weeks, please contact the Scripps Conference Services & CME office.

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$100 processing fee for the Pre-Conference Seminar(s) and Day Rate(s) and a \$150 processing fee for the Main Conference, if your cancellation is received in writing no later than October 25, 2013. Attendee substitutions are allowed, but notification must be made in writing by October 25, 2013. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows."

Guest Attendance Policy

All conference activities (including educational sessions, meal functions, exhibit hall, etc.) are exclusively reserved for conference attendees. Non-registered guests (including children, family members, colleagues, etc.) are not allowed in the conference areas. Badges provided at registration are required for entrance into all functions and will be strictly enforced. Guest meal badges are available for purchase.

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Recording and Photography Clause

Scripps and the ABIHM reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.

Scripps Conference Services & CME
11025 North Torrey Pines Road
Suite 200, Maildrop SCRC 200
La Jolla, California 92037

November 3-7, 2013

Transform Your Practice

& The Future of Medicine

14TH ANNUAL

The Science & Clinical Application of Integrative Holistic Medicine

Vinoy Renaissance St. Petersburg Resort, St. Petersburg, Florida



858-652-5400
www.scripps.org/conferenceservices

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14TH ANNUAL

The Science & Clinical Application of Integrative Holistic Medicine

Vinoy Renaissance St. Petersburg Resort, St. Petersburg, Florida

November 2: Pre-Conference

- Bringing Integrative Medicine to Your Practice and Health Care System
Led by *Mimi Guarneri, MD, FACC, ABIHM*
- Nutritional Medicine with
Alan R. Gaby, MD, ABIHM

November 8

- ABIHM Board Certification Exam
- AHMA Post-Conference Workshop/Retreat: The Healer Within: Cultivating Your Resiliency in Health Care with
Daniel Friedland, MD, ABIHM



Mimi Guarneri, MD

David Perlmutter, MD

Tieraona Low Dog, MD

Alan Gaby, MD

Joe Pizzorno, ND

Donald Abrams, MD

Patrick Hanaway, MD

Wendy Warner, MD

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