



# You've Been Diagnosed with Cancer. What's Next?

It's natural to have questions after a cancer diagnosis. Scripps Cancer Center is here to help.

## 1. Build Your Support Team



It's important to have a strong support team to help you through your cancer journey. Scripps Cancer Center may pair you with a **nurse navigator** who can guide and support you. Family members, friends and cancer support groups can also be valuable members of your team.



## 2. Get to Know Your Care Team

Depending on your individual needs, your care team may include:

- ✓ **medical oncologists**
- ✓ **surgeons**
- ✓ **radiation oncologists**
- ✓ **cancer care professionals**

## 3. Learn About Your Treatment Options

Your care team will explain the treatment options available to you and personalize your treatment plan based on your diagnosis, your general health and other factors.



## 4. Coordinate Your Care



Your **nurse navigator** can help coordinate care, schedule initial appointments, and assist with support services and other needs, so you can focus on getting back to your life.



Our goal is to help you through your cancer journey into survivorship.

Call us at 1-800-SCRIPPS (727-4777) to become a patient.

