

21st Annual Primary Care in Paradise

*Medical Specialties
from the Primary Care Perspective*

April 4–7, 2016

Hyatt Regency Maui • Lahaina – Maui, Hawaii

Featuring an interactive dermoscopy workshop!

Course Information

Course Overview

Scripps Health's Primary Care in Paradise conference was designed by primary care physicians for primary care physicians and will present content from their unique perspective. This important CME conference will educate and promote improved patient outcomes in a broad range of therapeutic areas commonly encountered in the busy primary care practice. In addition to an overview of the history and current science of a variety of specialty areas, content will be presented in a very practical, patient-focused manner relevant to the specific primary care setting and challenges.

Conference Highlights

- Presentation of a wide variety of therapeutic areas commonly encountered in primary and urgent care settings
- Practical and useful content, including pearls, additional resources, course materials, and recordings for later reference
- Dynamic and interactive formats including case studies, audience response system, and ample opportunities for Q&A
- Optional interactive two-part dermoscopy workshop featuring real-life cases
- Half-day schedule at one of Hawaii's most popular vacation destinations allowing time for learning and relaxation

Educational Objectives

After attending this activity, participants should be able to:

- Discuss the history, science and evidence of commonly encountered therapeutic areas.
- Integrate current trends in preventive health care into patient care strategies.
- Diagnose frequently encountered medical conditions using office examinations and formal diagnostic techniques.
- Formulate a comprehensive treatment program for various health issues, coordinating other team members within the practice to support the patient care strategy.
- Manage the specialist referral process: assess when to refer, recognize what the specialized treatment will consist of, and determine the role of the primary care physician in cohesive care and follow-up.
- Identify common overlapping or related conditions.
- Access and/or recommend resources for both physicians and patients to acquire additional information pertinent to a range of therapeutic areas.
- Effectively discuss with patients their personal responsibilities in prevention and treatment.

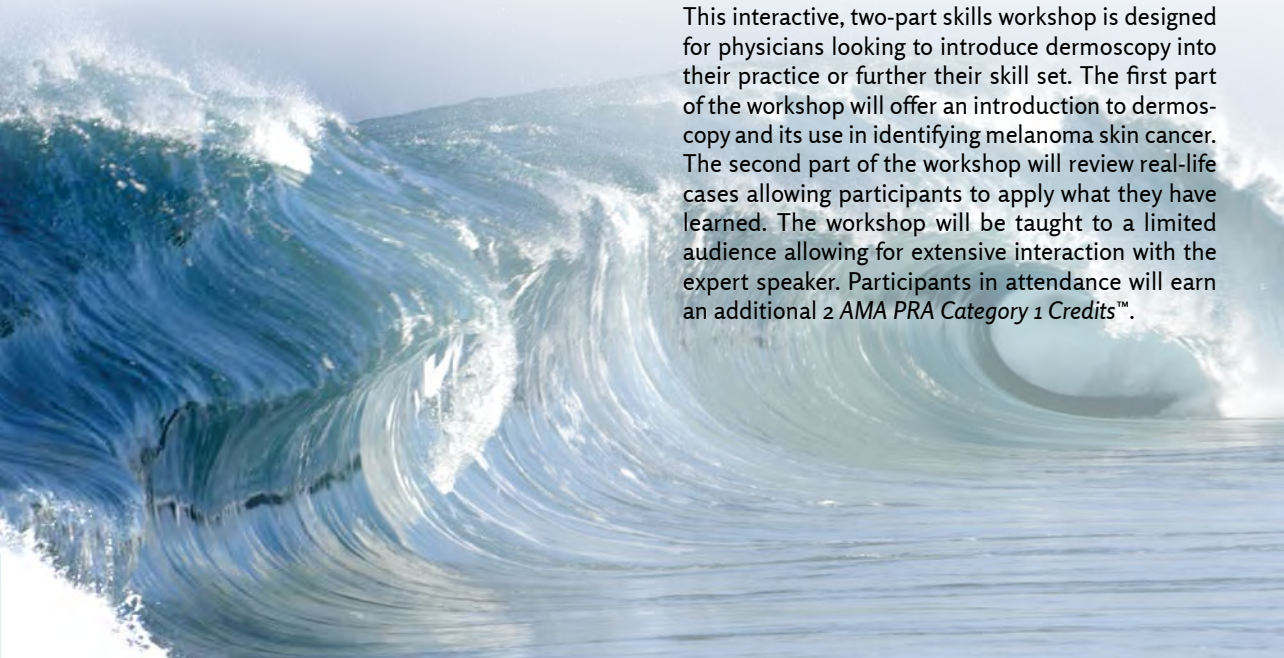
Target Audience

- Family Medicine
- Internal Medicine
- Urgent Care
- General Practitioners

Dermoscopy Workshop

Additional fee

This interactive, two-part skills workshop is designed for physicians looking to introduce dermoscopy into their practice or further their skill set. The first part of the workshop will offer an introduction to dermoscopy and its use in identifying melanoma skin cancer. The second part of the workshop will review real-life cases allowing participants to apply what they have learned. The workshop will be taught to a limited audience allowing for extensive interaction with the expert speaker. Participants in attendance will earn an additional 2 AMA PRA Category 1 Credits™.



Conference Faculty

Course Director

Michael L. Van Buskirk, MD, ABFM
Chairman, Department of Family
Medicine
Scripps Clinic
Site Medical Director,
Scripps Clinic Encinitas
Voluntary Clinical Professor
Family and Preventive Medicine
University of California, San Diego
Encinitas, California



Conference Faculty

Robert A. Bonakdar, MD, FAAFP, ABIHM
Director of Pain Management
Scripps Center for Integrative
Medicine
La Jolla, California

Joel C. Diamant, MD, FACP
Executive Vice President, Scripps
Clinic Medical Group
Director, Internal Medicine Residency
Scripps Clinic
La Jolla, California

Carol Kashefi, MD
Urologist
Scripps Clinic
La Jolla, California

Gregory I. Ostrow, MD, FAAO, FAAP
Director
Pediatric Ophthalmology and Adult
Strabismus
Scripps Clinic
La Jolla, California

John D. Rogers, MD, FACC
Director
Cardiac Pacing and Tachyarrhythmia
Device Therapy
Scripps Clinic
La Jolla, California

Jack D. Schim, MD
Voluntary Assistant Clinical Professor
of Neuroscience
University of California, San Diego
Chief, Neurology Section
Scripps Memorial Hospital Encinitas
Encinitas, California

Luigi Simone, MD, ABFM
Family Medicine
Scripps Clinic
Encinitas, California

Gary W. Williams, MD, PhD
Chairman, Department of Medicine
Scripps Clinic Medical Group
Vice President of Medicine Services
Scripps Clinic
La Jolla, California

Faculty Disclosure

In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the educational activity commencement.



Course Agenda

Sunday, April 3, 2016

4–5:30 p.m. **Pre-Registration**

Monday, April 4, 2016

- 7 a.m. **Registration, Continental Breakfast & View Exhibits**
- 7:25 a.m. **Welcome and Educational Overview**
Michael L. Van Buskirk, MD
- 7:30 a.m. **Primary Care News: The Year's Literature in 60 Minutes**
Joel C. Diamant, MD
- 8:30 a.m. **Strategies for Osteoporosis Management in Primary Care**
Gary W. Williams, MD, PhD
- 9:30 a.m. **Break & View Exhibits**
- 10 a.m. **Update on Male Urologic Diseases**
Carol Kashefi, MD
- 11 a.m. **All Headache Pain Is Not the Same: Diagnostic and Treatment Pearls**
Jack D. Schim, MD
- Noon **Adjourn**

Tuesday, April 5, 2016

- 6:30 a.m.–7:30 a.m. **Pre-conference Workshop Part I
Melanoma/Dermoscopy:
What Is It? Why Do It?**
Michael L. Van Buskirk, MD
- 7 a.m. **Breakfast with the Experts & View Exhibits**
- 7:30 a.m. **Diagnostic Work-Up of the Syncope Patient**
John D. Rogers, MD
- 8:30 a.m. **Stress and Burnout: Understanding the Epidemic and Your Personal Risk**
Robert A. Bonakdar, MD
- 9:30 a.m. **Break & View Exhibits**
- 10 a.m. **A Practical Guide to Ophthalmology for the Primary Care Physician Part I**
Gregory I. Ostrow, MD
- 11 a.m. **Choosing Wisely: Avoiding Over-screening, Over-diagnosis, and Over-treatment**
Luigi Simone, MD
- Noon **Adjourn**

Wednesday, April 6, 2016

- 6:30 a.m.–7:30 a.m. **Pre-conference Workshop Part II
Melanoma/Dermoscopy:
How Do I Start?**
Michael L. Van Buskirk, MD
- 7 a.m. **Continental Breakfast & View Exhibits**
- 7:30 a.m. **Cost-Effective Collaboration: Rheumatology and Primary Care**
Gary W. Williams, MD, PhD
- 8:30 a.m. **A Practical Guide to Ophthalmology for the Primary Care Physician Part II**
Gregory I. Ostrow, MD
- 9:30 a.m. **Break & View Exhibits**
- 10 a.m. **Stress Management: Approaches for Clinician Resiliency**
Robert A. Bonakdar, MD
- 11 a.m. **Medical Jeopardy**
Joel C. Diamant, MD
- Noon **Adjourn**

Thursday, April 7, 2016

- 7 a.m. **Breakfast with the Experts & View Exhibits**
- 7:30 a.m. **Testosterone Replacement Therapy**
Luigi Simone, MD
- 8:30 a.m. **Sharks in the Water: The Pre-Sports Participation Physical**
John D. Rogers, MD
- 9:30 a.m. **Break & View Exhibits**
- 10 a.m. **Common Urologic Problems in Females**
Carol Kashefi, MD
- 11 a.m. **Management of Peripheral Neuropathy**
Jack D. Schim, MD
- Noon **Final Adjournment**



Accreditation

Accreditation

Physicians (MD, DO)

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Scripps Health designates this live activity for a maximum of 18 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Credit Breakdown

Two-Part Dermoscopy Workshop (Tues/Wed): 2

Main Conference (Mon-Thurs): 16

Total Credits Available: 18

American Academy of Family Physicians

This Live activity, 2016 Primary Care in Paradise, with a beginning date of 04/04/2016, has been reviewed and is acceptable for up to 18.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

College of Family Physicians of Canada

Members of the College of Family Physicians of Canada are eligible to receive 18 MAINPRO-M1 credits for participation in this activity due to reciprocal agreement with the American Academy of Family Physicians.

Board of Registered Nursing

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit(s)*[™] issued by organizations accredited by the ACCME. For the purpose of re-licensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credit(s)*[™]. The majority of state boards accept *AMA PRA Category 1 Credit(s)*[™] as meeting continuing education requirements for license renewal. Nurses should check with their state's Board of Registered Nursing regarding use of CME credit.

American Academy of Physician Assistants

The American Academy of Physician Assistants (AAPA) accepts Category 1 credit from *AMA PRA Category 1 CME* organizations accredited by the ACCME.

Cultural and Linguistic Competency

This activity is in compliance with California Assembly Bill 1195 which requires that all CME activities comprising a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. Cultural and linguistic competency was incorporated into the planning of this activity.

Download the Scripps CME app for your smart phone or tablet!

All conference information including a detailed agenda, faculty listing, faculty disclosures, industry support, attendee list, and course materials can be found on the free Scripps CME conference app for iPhone, iPad, Android, and BlackBerry. To download the app on your smart phone or other device visit the appropriate app store and search ScrippsCME (must be one word). The app is free of charge and will be continuously updated during and after the course.

To access the site using an internet browser: <http://www.grupio.com/ScrippsCME>



Conference Location & Hotel Information

Hyatt Regency Maui Resort & Spa

200 Nohea Kai Drive

Lahaina-Maui, Hawaii 96761

Reservations: 888-421-1442

Hotel Direct: 808-661-1234

www.hyattregencymaui.com

Rates and Reservations

Guestrooms at the Hyatt Regency Maui Resort feature a sleek, contemporary Hawaiian design that is both comfortable and sophisticated. Each luxury Maui hotel room also features a private lanai from which to enjoy panoramic views. Room rates are inclusive of daily self-parking and are as follows:

- Resort View: \$242 p/night
- Partial Ocean View: \$270 p/night
- Deluxe Ocean View: \$301 p/night
- Deluxe Ocean Front: \$333 p/night

Please note these rates do not include taxes, portorage or discounted resort fee.

In addition to the reduced guest room rates, the Hyatt Regency Maui is offering our conference participants a discounted daily resort fee of only \$10 (regularly \$25 per day). This low rate includes:

- Daily admission for Resort guests to oceanfront Moana Athletic Club, open 24 hours
- Resort Shuttle Service in Ka'anapali
- Premium high speed internet access in Guestroom
- 10% off Macys at Hyatt Regency Maui
- Discounted pricing for in-house guests on Maui's best "Drums of the Pacific Luau"
- Complimentary Yoga\Fitness classes daily
- Complimentary cultural program including Lei making, Hula, Wildlife tours, Water aerobics, and snorkel lessons
- PressReader – access to over 2000 newspapers and magazines on your tablet device/smartphone
- Unlimited Local Telephone Calls and Access Charges to 1-800 or 1-888 calls
- In-room coffee and tea
- 2 half-liter bottles of water per room, per day
- One (1) hour, daily, tennis court time

Make your reservations early! A block of rooms is being held for us at the rates outlined above **until March 4, 2016 or until the block fills, whichever comes first**. After this date, reservations will be accepted on a space and rate availability basis only and discounted room rates cannot be guaranteed. Be sure to mention that you are attending the Scripps Primary Care Conference when making your reservations to receive the reduced room rate and resort fee.

Please note: Attendees who book their room through an online, third-party service (Hotels.com®, Expedia.com®, Priceline.com®, etc.) are not eligible to receive the amenities listed above.



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 Lahaina - Maui, Hawaii

Space is limited, so register early!

Included: Course tuition, breakfasts, breaks, internet access, and electronic course materials

Not Included: Travel costs, lodging, parking, lunch, and dinners

Registration Fees

	Thru Jan 27	Jan 28-Mar 28	On-site
Physicians	___ \$675	___ \$700	___ \$725
Other Health Care Professionals (RN, PA, NP, Fellows, Residents)	___ \$500	___ \$525	___ \$550
Dermoscopy Workshop (Additional Fee)	___ \$125	___ \$150	___ \$175

Would you like to receive the Scripps Conference Services & CME email newsletter?

___ Yes ___ No

By completing this registration form and returning it to Scripps you are acknowledging compliance with all attendance policies.

Please print clearly and provide your direct contact information in order to receive conference communications and updates.

FIRST NAME, MIDDLE INITIAL, LAST NAME			DEGREE		
SPECIALTY			AFFILIATION/HOSPITAL/COMPANY		
STREET ADDRESS					
CITY/STATE/PROVINCE/ZIP CODE/COUNTRY					
OFFICE TELEPHONE			FAX		
EMAIL					

REFER A FRIEND AND RECEIVE UP TO 20% OFF YOUR REGISTRATION!

Register, refer a friend who also registers and both of you will receive 15% off your registration fees. Refer two or more friends who register for the course and you will receive 20% off your registration fee while your friends will receive 15% off.

Please note: You will be charged the full registration fee until your friend(s) register and pay for the conference. There is no limit to the amount of friends you refer, however the most you can receive off of your registration is 20%. This offer cannot be combined with any other offers.

NAME OF REFERRAL	NAME OF REFERRAL
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PLEASE INDICATE ANY SPECIAL NEEDS (INCLUDING DIETARY RESTRICTIONS). Special requests will be considered and accommodated in full compliance with the Americans with Disabilities Act (ADA).

Office Use Only: Date Received Amount Check No. / Approval CD Confirmation Sent Initials

PAYMENT METHOD

Please make **Checks** payable to Scripps ___ Visa ___ MasterCard ___ Amex ___ Discover

If paying by credit card, please complete the information below.

CREDIT CARD NUMBER	EXPIRATION DATE	SECURITY CODE
NAME ON CARD		
BILLING ADDRESS IF DIFFERENT FROM ABOVE		

AUTHORIZED SIGNATURE

Ways to Register

Online: www.scripps.org/paradise
Fax: 858-652-5565
Mail: Scripps Conference Services & CME
 Primary Care in Paradise
 11025 North Torrey Pines Road
 Suite 200, Maildrop: SCRC 200
 La Jolla, California 92037
Phone: 858-652-5400
Email: med.edu@scrippshealth.org

Attendance Policies

Registration Cut-off

Registrations received after March 28, 2016 via phone, email, mail, or fax will not be processed. Participants still wishing to attend the program can register on-site at the conference registration desk.

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$100 processing fee, if your cancellation is received in writing no later than **Friday, March 25, 2016**. Attendee substitutions are allowed, but notification must be made in writing by **March 25, 2016**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows."

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Recording and Photography Clause

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.





Scripps Conference Services & CME
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La Jolla, California 92037

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Receive up to 20% off your registration fee! (Details inside)