

SCRIPPS WHITTIER DIABETES INSTITUTE LA JOLLA, CALIFORNIA

Advanced Therapeutic Interventions to Optimize Obesity and Diabetes Care September 25-26, 2015

San Diego Marriott La Jolla • San Diego, California



Target Audience: This conference is designed for professionals in the fields of endocrinology, diabetes, bariatric/metabolic surgery, cardiology, epidemiology, gastroenterology, internal medicine, family medicine, pharmacology, nutrition, basic science, public health, as well as allied health professionals, policy makers and scientists from pharmaceutical and medical device industries.

Visit www.scripps.org/diabetescmesept for conference updates!

Follow the conversation on Twitter at #ScrippsDiabetes 💟

Course Overview

Advanced Therapeutic Interventions to Optimize Obesity and Diabetes Care symposium will highlight the latest concepts and devices in the treatment of obesity and diabetes. The symposium will offer specialists and primary care providers an interactive venue where leading experts will discuss diabetes prevention, obesity management, starting and progressing care, advanced diabetes care, managing co-morbid conditions, and emerging trends and technology for diabetes patients. The course will be taught by nationally and internationally known experts who are actively involved in clinical trials and studies related to the management of obesity and diabetes. Physicians will be provided with the necessary context to integrate the relevant information into their practices to improve the guality of life for their affected patients. They will be provided a tool-kit for patient management and education that helps address patient barriers.

Conference Highlights

- Focused talks from leading experts
- Ample question and answer time with course faculty
- Interactive case presentations and discussion
- Conference app with access to course materials and presentations from the convenience of your mobile device or computer
- Enduring web-based CME program will be offered via an e-learning course once the 2015 programs are completed

Educational Objectives

After attending this activity, participants should be able to:

- Describe the latest concepts for pathophysiologic mechanisms that contribute to obesity.
- Evaluate emerging therapeutic agents, devices and surgical options for treating obesity.
- Summarize the next generation of therapies for treating diabetes including oral agents, incretins and new insulins.
- Integrate new diabetes management options into patient care.
- Identify practical approaches to starting and progressing therapy that achieve optimal diabetes control and prevention of diabetes.
- Illustrate the latest approaches to hypertension and dyslipidemia management for patients with diabetes.
- Discuss mHealth options and new technologies for diabetes care.

Accreditation

Physicians (MD, DO)

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 13 AMA PRA Category 1 Credit(s) TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Dietitians

This program has been approved by the Commission on Dietetic Registration for 13 CPEUs.

Naturopathic Doctors

The California Bureau of Naturopathic Doctors accepts AMA PRA Category 1 $Credit(s)^{TM}$.

Nurses

Provider approved by the California Board of Registered Nursing, Provider Number CEP15199, for up to 15 contact hours.

Pharmacists

This conference meets the CE Standards for Pharmacists by the California State Board of Pharmacy.

Physician Assistants

The American Academy of Physician Assistants accepts Category 1 credit from AMA Category 1 CME organizations accredited by the ACCME.

Psychologists

The Board of Psychology accepts AMA PRA Category 1 Credit(s)TM for license renewal.

Disclosure

Commercial Support

This course is supported, in part, by educational grants from industry, in accordance with ACCME accreditation Standards for Commercial Support. At the time of printing, a complete listing of commercial supporters was not available. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

Faculty Disclosure: In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the educational activity commencement.

Agenda

Friday, September 25, 2015

7:30 a.m. Registration, Breakfast, View Exhibits & Pre-Assessment Test

8 a.m. Welcome & Introductions

Diabetes Prevention & Obesity Management

- Brain/Gut Physiology Michael Lee, MD
- Latest Medication Approaches Raymond Plodkowski, MD
- Options for Bariatric Surgery & Other Procedures William Fuller, MD
- Nutrition/Weight Loss Janet Nash, MD

Interactive Workshop-Practical Cases for Starting and Progressing Care Advanced Diabetes Care – What's Next After Metformin?

- Case Discussion Jeffrey Sandler, MD
- Innovative Uses of New Oral Agents Daniel Einhorn, MD
- Combination Approaches Athena Philis-Tsimikas, MD
- New Insulins George Dailey, MD
- Panel Discussion/Q&A
 All Speakers

4:15 p.m. Adjourn

Saturday, September 26, 2015

7:30 a.m. Breakfast & View Exhibits

8 a.m. Welcome & Introductions

It's Not Just the Glucose; Managing Co-Morbid Conditions in Diabetes

- Hypertension Management-Controversies in Care TBD
- Glucose Management in Chronic Kidney Disease TBD
- Lipids Management in Diabetes; Which Guidelines & Agents Should We Be Using? TBD

Interactive Workshop-Real World Cases

Emerging Trends and Technology in Diabetes Care

- mHealth Approaches-Smoke and Mirrors or Real Value? Steven Steinhubl, MD
- Continuous Glucose Monitoring System TBD
- Advancing Pump Technologies TBD

3 p.m. Adjourn



*Topics and times subject to change



Course Director

Athena Philis-Tsimikas, MD

Corporate Vice President Scripps Whittier Diabetes Institute La Jolla, California

Faculty

George Dailey, MD

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Raymond Plodkowski, MD

Staff Physician Scripps Clinic Medical Group Division of Endocrinology & Metabolism La Jolla. California

Steven Steinhubl, MD

Medical Director Scripps Translational Medicine San Diego, California

ATTENDANCE POLICIES

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$ 50 processing fee, if your cancellation is received in writing no later than **Friday**, **September 18, 2015.** Attendee substitutions are allowed, but notification must be made in writing by **September 18, 2015.** After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows."

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Recording and Photography Clause

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.

Conference Location & Hotel Information

San Diego Marriott La Jolla

4240 La Jolla Village Drive La Jolla, California 92037 Phone: 858-587-1414

Rates & Reservations

We have obtained special low rates at the hotel starting at \$149 per night (plus tax and parking). This discounted Scripps rate also includes:

- Complimentary wireless internet in guest rooms
- · Complimentary use of the fitness center
- No resort fee
- Discounted self-parking

Make your reservations early! A block of rooms is being held for us until Thursday, **September 3, 2015.** After this date, reservations will be accepted on a space and rate available basis only. Be sure to mention that you are attending the Scripps conference when making your reservations to receive the reduced rates.



DOWNLOAD THE SCRIPPS CME APP FOR YOUR SMART PHONE OR TABLET!

All conference information including a detailed agenda, faculty listing, faculty disclosures, industry support, attendee list, and course materials can be found on the free Scripps CME conference app for iPhone, iPad, Android, and BlackBerry. To download the app on your smart phone or other device visit the appropriate app store and search ScrippsCME (must be one word). The app is free of charge and will be continuously updated during and after the course.

To access the site using your cell phone or computer's web browser: www.grupio.com/ ScrippsCME.

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Conference Fees

Included: Course tuition, access to conference materials (via mobile app and conference website), breakfasts, breaks, and lunches

WAYS TO REGISTER

Not Included: Travel costs, printed syllabus, lodging, parking, and dinners

REGISTRATION

	Through September 21	On-Site after September 21	Online www.scripps.org/diabetescmesept Fax 858-652-5565 Mail Scripps Conference Services & CME Diabetes Management Conference
Health Care Professional	\$175	\$200	11025 North Torrey Pines Road
Full-Time Student/ Fellow/Resident	\$100	\$125	Suite 200, Maildrop: SCRC200 La Jolla, California 92037
Scripps Employee (Full-time Scripps employees only)	\$100	\$125	Would you like to receive the Scripps Diabetes Care and the
Day Rate circle one: Fri Sat	\$100	\$125	Scripps Conference Services & CME email newsletters?YesNo

By completing this registration form and returning it to Scripps you are acknowledging compliance with all attendance policies. Please print clearly. Should we have any conference communications or updates please provide your direct contact information.

FIRST, MI, LAST NAME	DEGREE (MD, DO, PHD, RN, ETC)		
AFFILIATION/HOSPITAL/COMPANY	SPECIALTY		
DIRECT MAILING ADDRESS			
CITY/STATE/ZIP			
CELL PHONE OFFICE PHO	DNE FAX		
$\ensuremath{E-MAIL}$ [This is required and will be your use	r name when accessing your online account.)		
ASSISTANT NAME	ASSISTANT DIRECT TELEPHONE		
ASSISTANT E-MAIL			
Please indicate any special needs (including dietary restrictions): Special requests will be considered and accommodated in full compliance with the Americans with Disabilities Act (ADA).			
PAYMENT METHOD			

If paying by credit card, please till out the information below.	Visa MasterCard Amex Discover
CREDIT CARD NUMBER	EXPIRATION DATE SECURITY CODE
NAME ON CARD	SIGNATURE

BILLING ADDRESS (if different from above)



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