3rd Annual

Percutaneous Catheter Ablation of Atrial Fibrillation:
How to Incorporate this Therapeutic Option into Your Practice

August 27 - 28, 2011
Hilton La Jolla Torrey Pines, La Jolla, California
COURSE CO-DIRECTORS

**Douglas Gibson, MD**  
Director, Cardiac Electrophysiology  
The Rhythm Center at Torrey Pines  
Scripps Clinic  
La Jolla, CA

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The Rhythm Center at Torrey Pines  
Scripps Clinic  
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Texas Cardiac Arrhythmia Institute  
Senior Medical Director  
Electrophysiology & Arrhythmia Services,  
California Pacific Medical Center  
Consulting Professor  
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Clinical Associate Professor of Medicine  
Case Western Reserve University

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The Rhythm Center at Torrey Pines  
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Austin, TX

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La Jolla, CA

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Senior Consultant  
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San Diego, CA

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Scripps Clinic  
La Jolla, CA

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Ultrasound Clinical Specialist  
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Los Angeles, CA

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St. David’s Medical Center  
Austin, TX

**Brent Powers**  
EP Lab Set Up and Troubleshooting  
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San Francisco, CA

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Director, Cardiac Arrhythmia Service  
Professor of Medicine  
The Mount Sinai School of Medicine  
New York, NY

**John Rogers, MD, FACC**  
Director, Cardiac Pacing and  
Tachyarrhythmia Device Therapy  
Scripps Clinic  
La Jolla, CA

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Director, Cardiac Electrophysiology  
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San Diego, CA

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Director, Electrophysiology Lab  
Aurora St. Luke’s Medical Center  
Director, Electrophysiology Lab  
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University of Wisconsin School of Medicine and Public Health  
Director, Electrophysiology Lab  
Aurora St. Luke’s Medical Center  
Director, Electrophysiology Lab  
Aurora Sinai Medical Center  
Milwaukee, WI

**Lori Tomechak, RN, IBHRE, RCIS**  
Clinical Education Manager  
Key Accounts, Western Region  
Biosense Webster Inc.  
San Diego, CA

Faculty Disclosure  
In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in  
control of the educational content of the CME activity must discloses all relevant financial relationships with any commercial interest  
that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial  
relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a  
commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any  
accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the educational  
activity commencement.

HOTEL INFORMATION

The Hilton La Jolla Torrey Pines Hotel  
10950 North Torrey Pines Road  
La Jolla, California 92037  
Reservations Telephone: 800-762-6160  
Direct Telephone: 858-558-1500  
Reservations Fax: 858-450-4584

The The Hilton La Jolla Torrey Pines Hotel is located on the internationally famous Torrey Pines Golf Course. Adjacent to Scripps Clinic, 10 minutes north of lovely La Jolla, and 20 minutes from the San Diego airport, the Hilton is close to all the attractions that make San Diego so desirable to visit. With the Pacific Ocean as a backdrop, all rooms command a spectacular view of either the ocean and championship golf course, or a meticulously tended, lush garden. In addition to the tennis courts, swimming pool, saunas and spa, the Shiley Sports and Health Center at Scripps Clinic is available to hotel guests. We are fortunate to have obtained special low rates at the hotel starting at $175 single per night (plus tax and parking). There is no charge for children under 17 years of age. Check in time is 3:00 P.M., check out is noon.

Make your reservations early. A block of rooms is being held for us at the $175 rate plus taxes until July 27, 2011. After that date, reservations will be based on space availability and the special room rate will not be honored. Be sure to request the Scripps Clinic Atrial Fibrillation rate when making reservations.

LA JOLLA  
La Jolla is known throughout the world for its beautiful beaches and year-round temperate weather. Nestled on the northern edge of San Diego, it is unique in that it maintains its quaint village atmosphere within a sophisticated cosmopolitan environment. A broad spectrum of cultural and recreational activities is also available in the metropolitan San Diego area including the nationally acclaimed San Diego Zoo, Wild Animal Park, Sea World, the San Diego Opera, the Old Globe Theater, and the La Jolla Museum of Contemporary Art.
PROGRAM

SATURDAY, AUGUST 27, 2011

7 a.m. Registration, Continental Breakfast & View Exhibits

7:25 a.m. Welcome and Introduction

7:30 a.m. Atrial Fibrillation Guidelines: The Recommendations and Why We Need Them
Jasbir Sra, MD

8:15 a.m. Ablation vs. Medical Therapy and Choosing the Appropriate Candidates for AF Ablation
J. David Burkhardt, MD

8:45 a.m. Catheter Ablation of Paroxysmal Atrial Fibrillation
Doug Gibson, MD

9 a.m. Catheter Ablation of Persistent Atrial Fibrillation
Andrea Natale, MD

9:45 a.m. Break & View Exhibits

10 a.m. Catheter Ablation of Persistent Atrial Fibrillation
Andrea Natale, MD

10:15 a.m. Emerging, Alternate, and Competing Approaches to the Ablation of Atrial Fibrillation
Kalyanam Shivkumar, MD, PhD

10:45 a.m. Lunch

11 a.m. Emerging Technologies For the Ablation of Atrial Fibrillation
Vivek Reddy, MD

11:15 a.m. Avoiding and Managing the Complications of AF Ablation
Gregory Feld, MD

11:45 a.m. Break & View Exhibits

12:30 p.m. Practical Use of Antiarrhythmic Drugs In the AF Ablation Patient
Guy Curtis, MD, PhD

1:15 p.m. Post Ablation Monitoring for Success: What Type and How Much?
John Rogers, MD

2 p.m. Break & View Exhibits

2:45 p.m. Intracardiac Electrograms-What exactly are those Doctors looking at When they do Afib Ablations?
Tami Metz, RN, BSN

3:15 p.m. Intracardiac Ultrasound (Non CME)
Michael King, BS, RDCS

3:45 p.m. Ablation Technology-Current Technologies and Future Directions
Matthew Dare, CEPS

4:15 p.m. Post and Pre Ablation Management
Gwen Janczyk, MS, PA-C

4:45 p.m. Noon

5:15 p.m. Avoiding and Managing the Complications of AF Ablation
Gregory Feld, MD

5:45 p.m. Break & View Exhibits

6:30 p.m. Practical Use of Antiarrhythmic Drugs In the AF Ablation Patient
Guy Curtis, MD, PhD

7 p.m. Post Ablation Monitoring for Success: What Type and How Much?
John Rogers, MD

7:30 p.m. Panel Discussion

8 p.m. Adjourn

SUNDAY, AUGUST 28, 2011

7 a.m. Registration, Continental Breakfast & View Exhibits

7:25 a.m. Welcome and Introduction

7:30 a.m. How to Run a Successful Afib Ablation Program
Salwa Beheiry, RN

8 a.m. EP Lab Set Up and Troubleshooting
Brent Powers

8:30 a.m. Introduction to 3D Mapping Equipment (Non CME)
Lori Tomechak, RN, IBHRE, RCIS
Stephen Rule Sr., FCE

9:30 a.m. Break & View Exhibits

10 a.m. Intracardiac Electrograms-What exactly are those Doctors looking at When they do Afib Ablations?
Tami Metz, RN, BSN

10:30 a.m. Intracardiac Ultrasound (Non CME)
Michael King, BS, RDCS

11 a.m. Ablation Technology-Current Technologies and Future Directions
Matthew Dare, CEPS

11:30 a.m. Pre and Post Ablation Management
Gwen Janczyk, MS, PA-C

Noon Post Ablation Monitoring for Success-What Type and How Much is enough?
Linda Couts, MS, APN, ACNP-BC

12:30 p.m. Adjourn

Exhibit and Support Opportunities

For information on the many exhibit and sponsor opportunities during any Scripps educational conference, please contact: Scripps ConferenceServices & CME at 858-652-5400 or med.edu@scripps.org. www.scripps.org/conferenceservices
**Conference Fees & Registration**

**3rd Annual**

**PERCUTANEOUS CATHETER ABLATION OF ATRIAL FIBRILLATION:**

**How to Incorporate this Therapeutic Option into Your Practice**

**August 27 – 28, 2011 • The Hilton La Jolla Torrey Pines • La Jolla, CA**

### Conference Fees

**Included:** Course tuition, breakfasts, breaks, lunch on Saturday, and syllabus.

**Not Included:** Travel costs, lodging, parking and dinners.

### Main Conference

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Please print clearly. Should we have any conference communications or updates please provide your direct contact information.

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By completing this registration form and returning it to Scripps you are acknowledging compliance with all attendance policies.

- **PLEASE INDICATE ANY SPECIAL NEEDS (INCLUDING DIETARY RESTRICTIONS):** Special requests will be considered and accommodated in full compliance with the Americans with Disabilities Act (ADA).

- **Office Use Only:** Date Received | Amount | Check No. / Approval CD | Confirmation Sent | Initials

### Four Easy Ways to Register

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<td>Phone</td>
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<td>Mail</td>
<td>Scripps Conference Services &amp; CME Afib Conference 11025 North Torrey Pines Rd. Suite 200, Maildrop: SCPC 200 La Jolla, California 92037</td>
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### Questions

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### Attendance Policies

**Registration Confirmation**

A confirmation letter will be e-mailed or mailed to you upon receipt of the conference registration form and payment. If you have not received it within two weeks, please contact the Scripps Conference Services & CME office.

**Attendee Cancellation, Substitution, Refund**

The course tuition is refundable, minus a $75 processing fee, if your cancellation is received in writing no later than **Friday, August 19, 2011**. Attendee substitutions are allowed, but notification must be made in writing by **August 19, 2011**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to “no shows.”

**Guest Attendance Policy**

All conference activities (including educational sessions, meal functions, exhibit hall, etc.) are exclusively reserved for conference attendees. Non-registered guests (including children, family members, colleagues, etc.) are not allowed in the conference areas. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

**Scripps Conference Modification or Cancellation**

Scripps reserves the right to modify the course’s schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

**Recording and Photography Clause**

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.

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**AUTHORIZED SIGNATURE**
Dear Colleague,

Atrial fibrillation (AF) is a common arrhythmia and a significant public health problem in the United States, affecting 2.2 million Americans and almost 5% of the population over 69 and 8% of the population over 80. Ablation of atrial fibrillation has become a routine, safe and effective approach in many medical centers and should be considered early in the management of appropriately selected patients.

This course is directed at those interested in incorporating percutaneous catheter ablation into their clinical management of patients with atrial fibrillation. Several leaders in the field will cover general approaches to the management of atrial fibrillation, patient selection, current technology available for ablation procedures and their success rates, complications, management of post ablation arrhythmias, and patient follow up.

In addition to informative lectures, panel discussions and Q&A sessions, video case-based presentations will be shown and discussed; teaching ablation techniques through real-life examples and circumstances similar to those attendees will encounter back in their own practice. By attending this course, you will gain practical knowledge that can be directly translated into good clinical practice. We look forward to seeing you in beautiful San Diego, California for this this exciting educational opportunity.

Douglas Gibson, MD
Course Director

**Target Audience**
- Electrophysiologists
- Cardiologists
- Primary care physicians
- Nurses
- Other healthcare professionals with an interest in atrial fibrillation and percutaneous catheter ablation therapy.

**Educational Objectives**
After participating in this activity, the attendee should be able to:
- Review guideline based therapy for atrial fibrillation;
- Review the pros and cons of various management options for atrial fibrillation;
- Review appropriate patient selection for atrial fibrillation ablation procedures;
- Demonstrate the currently utilized ablation procedures and review outcomes;
- Describe the complications of ablation therapy and associated management;
- Demonstrate electroanatomic mapping technology;
- Demonstrate remote catheter manipulation technology including robotics and magnetic catheter guidance; and
- Review management of post ablation arrhythmias and patient follow-up.

**Accreditation, Disclosure & About Scripps**

**Physicians (MD, DO)**
Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 10 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Documentation of awarded credit is provided for registered attendees in exchange for a completed activity evaluation. Certificates of attendance are available, upon request, at the end of the course.

**Board of Registered Nursing**
Provider approved by the California Board of Registered Nursing, Provider Number CEP15030 for 12 contact hours. Contact hours will be provided by Scripps Health. Contact hours for oneday registration available.

Credit breakdown by day:
- Saturday 8.4 contact hours
- Sunday 3.6 contact hours

**Nurse Practitioners**
The American College of Nurse Practitioners (ACNP) accepts AMA PRA Category 1 Credit(s)™ from organizations accredited by the ACCME. This activity has been approved for a maximum of 10 AMA PRA Category 1 Credit(s)™.

**Physician Assistants**
The American Academy of Physician Assistants accepts Category I credit from AMA Category I CME organizations accredited by the ACCME.

**Disclosure**

**Commercial Support**
This course is supported, in part, by educational grants from industry, in accordance with ACCME accreditation Standards for Commercial Support. At the time of printing, a complete listing of commercial supporters was not available. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

**Cultural and Linguistic Competency**
This activity is in compliance with California Assembly Bill 1195 which requires that all CME activities comprising a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. Cultural and linguistic competency was incorporated into the planning of this activity.

**About Scripps**
Scripps Health, a nonprofit health care system based in San Diego, California, includes more than 2,600 affiliated physicians and over 13,000 employees at five acute-care hospital campuses, home health care services and a network of clinics, physician offices and outpatient centers. Scripps is committed to contributing to the future of medicine through its clinical research trials, graduate medical education and continuing medical education programs. More information can be found at www.scripps.org.

Scripps Conference Services & CME, which offers nationally recognized live conferences in a variety of specialty areas, is committed to improving the quality of health care and advancing the practice of medicine by providing exceptional educational courses for physicians and other health care professionals. More information and conference brochure downloads are available at www.scripps.org/conferencesevices.
TARGET AUDIENCE
Electrophysiologists, cardiologists, primary care physicians, nurses, and other healthcare professionals with an interest in atrial fibrillation and percutaneous catheter ablation therapy.