

Update

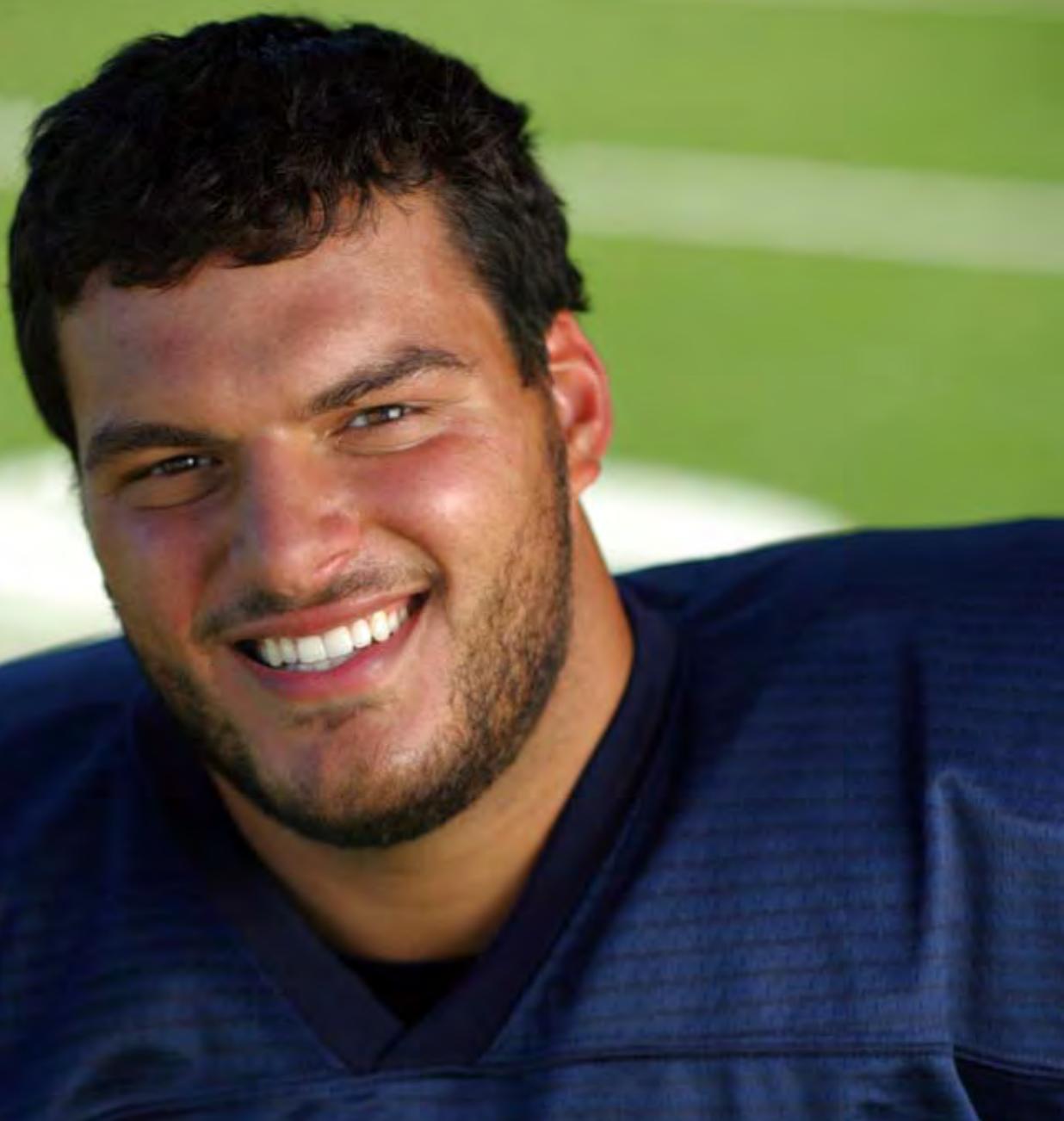
Scripps Mission strives to provide superior health services in a positive, safe, cost effective, socially advance clinical research, education of physicians and health care professionals and advanced graduate medical education. We collaborate with others to deliver the continuum of care that improves the health of our community. Values We provide the highest quality service to each individual patient every day.

FALL/WINTER 2007

\$30 MILLION GRANT TO SCRIPPS
CARDIOVASCULAR INSTITUTE

GENOMIC RESEARCH TO
PREVENT DISEASE

HOUSE CALLS: NEW HEART
FAILURE DEVICE



SAVING HEARTS AND LIVES

Scripps Cardiologists Help San Diego Charger Luis Castillo and Others Beat Heart Arrhythmias

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Scripps Health Foundation's Mission: *Through philanthropy we help to heal, enhance and save lives.*

On the Cover:
Luis Castillo, starting left defensive end for the San Diego Chargers, has his heart arrhythmia beat. Learn more about Luis' care and fundraising efforts to support new, state-of-the-art electrophysiology labs with robotic magnetic navigation systems on page 8.

Scripps Cardiovascular Institute Receives \$30 Million Grant

The Howard Charitable Foundation Supports New Integrated Cardiovascular Center

Scripps Health has received a \$30 million grant – one of the single largest philanthropic donations in the organization's 83-year history – to support the new Scripps cardiovascular institute. This grant from The Howard Charitable Foundation will help Scripps create an integrated cardiovascular center that will serve as a destination hospital for cardiac care on the West Coast.

"There is no greater gift than to save a life," says Scripps President and CEO Chris Van Gorder. "The Howard Charitable Foundation's remarkable generosity will allow patients to have greater access to many of the nation's top cardiac experts and lifesaving services at Scripps. The gift to Scripps cardiovascular institute will leave a lasting legacy that will transform health care in our community – and save countless lives – for years to come."

Unparalleled in its kind, Scripps cardiovascular institute will offer people throughout San Diego, and beyond, with the most progressive cardiac care available. The cardiovascular institute will combine the well-respected cardiology programs at Scripps Memorial Hospital La Jolla and Scripps Clinic/Scripps Green Hospital under one roof to provide patients with cardiovascular diseases the most advanced treatment options, as well as serve as a center for medical research, clinical trials and graduate medical education.

The cardiovascular institute, which is slated for completion in 2015 at an estimated cost of more than \$430 million, will be built on the campus of Scripps Memorial Hospital La Jolla. It will include 168 inpatient beds, cardiac catheterization labs with the most advanced medical technology, centralized cardiovascular research labs, and a center for graduate medical education for physicians.

Scripps is the largest provider of cardiac care in San Diego with more than 45,000 cardiovascular discharges in 2005. Last year, the combined programs at Scripps La Jolla and Scripps Green led the state in coronary angioplasty procedures, in addition to the largest number of coronary artery bypass surgeries performed in San Diego.

For more information on how you can support Scripps cardiovascular institute, please contact Pam Whitcomb at 858-626-6357.



Scripps cardiovascular institute, estimated to be completed in 2015, is part of an overall \$700 million expansion and enhancement project on the campus of Scripps Memorial Hospital La Jolla (shaded in dark orange).

Our Heartfelt Thanks



The recent wildfires throughout San Diego County have affected us all. Our thoughts are with those who suffered loss as result of this tragedy.

Scripps is a partner in caring for the community — you can count on us during times of crisis and rely on us for your health care needs every day. We thank you for your support and wish you a safe and healthy holiday season.

DEAR FRIENDS,

As we celebrate the holiday season, we have a lot to be thankful for. Our community is healing and rebuilding after the devastating wildfires swept through San Diego in October. We are proud to be part of the San Diego's emergency response effort — from providing emergency care at all our hospitals during this disaster to mobilizing the Scripps Emergency Response Team to care for families in Rancho Bernardo in the aftermath of the fires. We pay tribute to our courageous firefighters — and the countless other heroes who worked round the clock to keep us safe.

We also want to thank you for your continued support. Your generosity helps ensure that we offer the community the finest emergency and critical care services, vital to our mission to provide superior health services, and to make a positive, measurable difference in the health of our community.

This has been a remarkable year of giving to Scripps. We ended fiscal year 2006/2007, Oct. 1, 2006, through Sept. 31, 2007, with more than \$70 million in net philanthropic contributions.

We are humbled and honored by your generosity. These gifts will make a difference in the lives of so many people in the community — maybe even someone you know and love.



In October, President George W. Bush toured areas of Rancho Bernardo affected by the San Diego wildfires. The President spoke to members of Scripps Medical Response Team who provided basic medical services to firefighters and residents who returned to the community after being evacuated.

As we look to the future, we plan to expand our hospital campuses and services to continue to meet the needs of our growing communities.

One way we will do this is by creating Scripps cardiovascular institute, which will combine the well-respected cardiology programs at Scripps Memorial Hospital La Jolla and Scripps Clinic/Scripps Green Hospital to establish an integrative cardiovascular center that will serve as a destination hospital on the West Coast. The Howard Charitable Foundation recently made a \$30 million grant to the cardiovascular institute to further our efforts to provide the most progressive cardiac care available.

In this issue of *Update*, we will share with you more about this exciting project and other ways we will make the best in cardiac care even better at Scripps. We will introduce you to some of our patients — including San Diego Chargers defensive end Luis Castillo — who have benefited from our world-class cardiovascular programs.

From fantastic new imaging technology that provides precise views of the heart never seen before, to a landmark clinical trial of an implantable heart failure device that transmits patient data to a physician via a phone line, Scripps continues to be a leader and innovator in heart care. We work to prevent heart disease, improve treatments, provide state-of-the-art technology and conduct the latest clinical research — all with your support.

On behalf of the 11,000 Scripps employees and 2,600 affiliated physicians, we wish you a safe and healthy holiday season. Thank you for your spirit of generosity that helps save hearts — and lives.

Sincerely,

A handwritten signature in black ink, appearing to read "John B. Engle".

John B. Engle
Senior Corporate
Vice President &
Chief Development Officer



SOLVING *the* GENETIC PUZZLE

Scripps Researchers Study the
Human Genome to Prevent Disease



The human genome is a complicated puzzle, and researchers at Scripps are working to solve it.

Sometimes our genes can produce too much of a protein or not enough. That can leave us vulnerable to heart disease, diabetes, cystic fibrosis or other conditions. On the other hand, some parts of our genetic code may act as quality control protecting us from disease.

In the past year, Scripps has built a stellar team of scientists, led by Eric Topol, M.D., Scripps chief academic officer and director of Scripps Translational Science Institute. Dr. Topol and his team equipped a lab with futuristic gene-reading machines and other sophisticated instruments to determine what specific genes do, by themselves, and in relation to other genes, and how different parts of the genome function. Community support is vital to the program's success – both through philanthropy and through public participation in research studies at Scripps – with the ultimate goal of better health for all of us.

"The problem with heart attack is, by the time you get to the emergency room, you're already two hours into it," says Dr. Topol. "I thought this fire drill is the wrong way to work. We need to find the genetic basis so we can prevent heart attacks in the first place."

THE HEART OF GENETIC RESEARCH

As a cardiologist, Dr. Topol has headed enormous cardiovascular research trials. The trouble was that the research wasn't saving many lives.



Genomic biologist Kelly Frazer, Ph.D., looks forward to partnering with Scripps physicians to bring scientific discoveries to patient care.

Dr. Topol restructured the research programs at Cleveland Clinic and developed the first cardiovascular gene bank. He was looking for families whose genetic codes made them susceptible to heart attacks. Armed with that knowledge, people could alter their lifestyles and perhaps avoid heart disease altogether.



Eric Topol, M.D., leads Scripps Genomic Medicine Program.

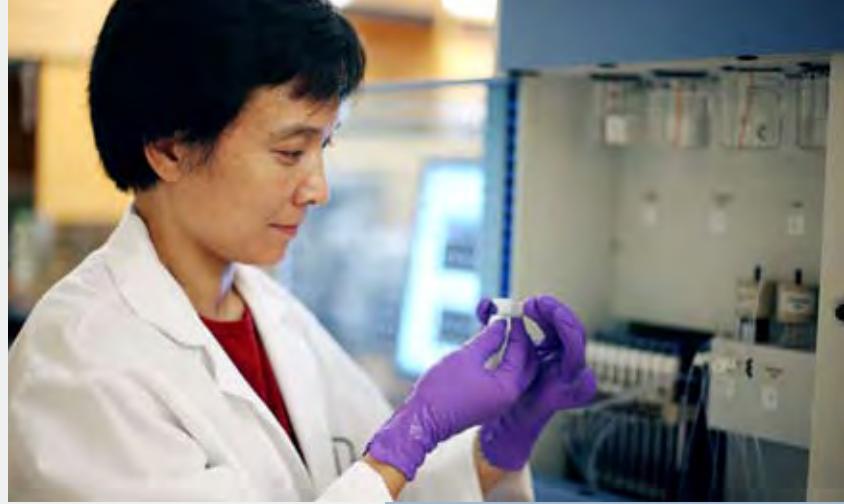
"We can have a two-year-old who has this gene and is hardwired for heart attacks, and we can intervene early in life," says Dr. Topol.

"Now that we've accomplished that, why not apply this work to cancer, neurodegenerative diseases like Alzheimer's and other vascular diseases."

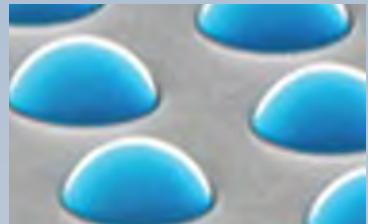
SNIPS OF INFORMATION

Genetic studies identify specific genes, often referred to as markers, by locating them on their chromosomes and comparing the variations between genes in different people. Researchers analyze the genetic make-ups of thousands of people to find these variations, called SNPs (single nucleotide polymorphisms or "snips"). The breakthroughs come when a genetic variation can be linked to a specific disease.

Researchers collect thousands of samples from people who are susceptible to a particular disease. They also look at samples from people who have shown no susceptibility. By mapping specific "points of interest" on these genomes, researchers can figure out which gene (or genes) puts the first group at risk. While labs around the world are conducting similar research, Scripps has a distinct advantage because we integrate our genomics research facilities with our large hospital system. Many labs have the technical expertise but lack access to patients. Also, notes Dr. Topol, while many genomic studies have



Research associate Wendy Wang uses a genome analyzer.



already been done, the vast majority have focused on people of European descent. The ethnic diversity of our patient pool will help us learn more about gene variations and how they impact health. The voluntary program has already begun collecting patient DNA at Scripps Green Hospital and Scripps Clinic, and will soon expand to hospitals throughout the system.

BEYOND DISEASE TO WELLNESS

Once important gene variations are discovered, Dr. Topol's team will work closely with researchers at The Scripps Research Institute, who have access to a sophisticated drug discovery program. From there, Scripps will partner with other organizations to conduct clinical trials and ultimately gain FDA approval.

"It's a circle," says Dr. Topol. "From the patient, back to the patient."

Sophisticated gene chips allow researchers to decipher genomes quickly and accurately. The spheres in the above images are three microns (three millionths of a meter) in diameter.

For more information on ways to support Scripps Genomics Medicine Program, please contact Denise Scalzo at 858-554-3046.

Burl Mackenzie

Decades of Nurturing Scripps

"One of the most satisfying things in life is to be helpful. It truly brings joy to all I do," says Burl Mackenzie, taking a short break from packing boxes in the La Jolla home that she and her husband, William, recently donated to Scripps Green Hospital and Scripps Clinic.

The proceeds from the sale of the Mackenzie's home will help fund the Stereotaxis electrophysiology (EP) lab at Scripps Green Hospital. This new technology allows electrophysiologists to use catheters controlled by magnets and computers to correct the heart rhythm of those affected with complex arrhythmias, such as atrial fibrillation (see story on page 8).

"We are honored by Burl Mackenzie's compassion and generosity," says John Engle, chief development officer, Scripps Health Foundation. "For more than 50 years, Burl has been part of our Scripps family. Her most recent gift will leave a lasting legacy that will make a difference in countless lives for years to come."

She has devoted her time to serving on a list of boards and committees, visiting patients and making sure they have a positive experience. She was celebrated with a special hybrid miniature



Burl Mackenzie smells the sweet fragrance of the special hybrid miniature rose named in her honor at the Fifth Annual Renaissance Ball.

rose that was named in her honor — the Burl H. Mackenzie rose — at the Fifth Annual Renaissance Ball in March 2007 to benefit Scripps Green Hospital and Scripps Clinic. It was the perfect gift for the former Kansas girl who still loves to nurture her garden.

"Burl is one of Scripps Clinic's treasures," says Paul Teirstein, M.D., chief of cardiology and director of interventional cardiology at Scripps Green Hospital and Scripps Clinic. "Over the past few years, she has given the cardiology division invaluable guidance and tremendous support. Her recent gift is especially noteworthy because it will bring new, leading-edge technology to Scripps Green Hospital that will vastly improve the treatment of patients with life threatening heart rhythm disturbances."

"I've learned so much helping others at Scripps. I feel that I learned more — and have appreciated more — than I have given," says Burl. "It's just a pleasure to be able to give back."



Mimi Guarneri, M.D., visits with Maryanne Lawrence during a follow-up exam at Scripps Center for Integrative Medicine.

HEALING HEARTS PROGRAM COMPLETES CIRCLE OF CARE

More than 2,500 Americans die of heart disease every day — many who don't even know they are at risk. At Scripps Center for Integrative Medicine, a unique Healing Hearts program combines medical care with lifestyle enhancement and complimentary therapies to promote health and wellness, and reduce the number of people with heart disease.

"Scripps Center for Integrative Medicine completes the circle of care," says Mimi Guarneri, M.D., co-founder, Scripps Center for Integrative Medicine. "Instead of waiting for people to get sick and then treat them, we provide personalized medicine to get people healthy and keep them healthy in an effort to prevent disease."

The center, which specializes in cardiology and pain management, has evolved into what Dr. Guarneri calls a "high-tech, high-touch clinic" with more than 100 staff members including physicians, yoga instructors, healing touch practitioners, group support leaders, biofeedback specialists, acupuncturists and a hypnotherapist.

The 12-week Healing Hearts program offers unique services that address the whole person — mind, body and spirit — under the direction of a team of health care experts. Each person enrolled in the program is given a lifestyle change prescription based on their specific needs and goals. That prescription may include advanced laboratory testing, aerobic exercise and strength training, body-mind lectures, vegetarian cooking school, spirituality classes, music-centered wellness, yoga, meditation and support groups.

Those who have gone through the Healing Hearts program are forever grateful for their new outlook and improved health. Besides lowering their weight, cholesterol and blood pressure, which can reduce the risk of heart disease, participants have increased vitality and energy, as well as enhanced well-being and immune function.

HOUSE CALLS FOR HEART PATIENTS

Providing care to patients at home is no longer a practice of the past. With the use of leading-edge technology, physicians at Scripps Clinic are now making modern day house calls.

Dedicated to advancing medical technology and enhancing patient outcomes, Scripps Clinic is the first health care system in San Diego County to participate in a landmark

clinical trial – REDUCE HF – for a new heart-failure device. The device transmits vital cardiac information, via a standard phone line, to Scripps Clinic physicians who provide convenient and continuous monitoring.

The new device, known as the Chronicle® ICD, offers the first-ever, real-time tracking of pressure inside the heart, body temperature, patient activity and heart rate – 24 hours a day.

Additionally, it is able to restore normal heart rhythm following a dangerously fast heartbeat.

Patients implanted with the Chronicle® ICD transmit their cardiac information from the comforts of their home to their physicians – who view the recorded data from a secure Web site in their office and then make changes to patient medications or diet, as needed.

"Our hope is that the Chronicle® ICD will dramatically improve the way doctors manage their heart-failure patients," says Tom Heywood, M.D., medical director of The Heart Failure Recovery and Research Center at Scripps Clinic. Dr. Heywood and cardiologist John Rogers, M.D., are conducting the clinical trial at Scripps Clinic.

Scripps Clinic is one of only 75 sites in the United States to participate in the REDUCE HF clinical trial.



Bennie (Ray) Crawford is back to work and proudly serving National City, thanks to receiving advanced cardiac care at Scripps Clinic.

Restoring Regular Rhythm

Advanced Heart-Failure Device Offers Parking Officer Peace of Mind

Bennie (Ray) Crawford feels lucky to be alive. At age 35, the National City parking officer suffered his first major heart attack. Three years later, a second major heart attack threatened his life. Following these significant health crises, Ray was referred to Tom Heywood, M.D., medical director of The Heart Failure Recovery and Research Center at Scripps Clinic. Dr. Heywood identified that Ray had signs of congestive heart failure – a condition in which the heart cannot pump enough blood to the body's other organs.

Given his condition, Ray received a special implantable cardioverter defibrillator – the Chronicle® ICD. John Rogers, M.D., cardiologist at Scripps Clinic, successfully performed the surgery in April 2007, to continuously monitor Ray's heart and restore regular rhythm if needed. Ray received the Chronicle® ICD as a participant in a landmark clinical trial being conducted at Scripps Clinic.

With help from friends, including his co-workers, Ray quickly recovered from the minimally invasive procedure. Fellow municipal employees of National City – from the mayor and chief of police to custodial and parks and recreation staff – generously donated their sick and vacation time to ensure that he had ample time to recuperate before returning to work.

"It's like having a paramedic in your heart, on stand-by," says Ray. "If my heart rate is too fast, the defibrillator kicks in and slows it down. If I don't feel well, I can download my heart information and Dr. Heywood gets the data instantly."

The special defibrillator allows Ray to send Dr. Heywood information twice a week, using a standard phone line from home. The process takes about four minutes – much faster and more convenient than driving to Scripps Clinic.

"I am now able to bike and swim – something I was not able to do, and was afraid to do, before receiving the Chronicle® ICD," explains Ray. "Knowing that my heart is being constantly monitored really helps to put me at ease."

HEART IN THE GAME

*Scripps Cardiologists Tackle Cardiac
Arrhythmias with New Technology*



If Luis Castillo could travel anywhere in the world, the choice would be simple – he would take a trip to Super Bowl XLII in Glendale, Arizona. As a starting left defensive end for the San Diego Chargers, Luis and every member of the team have set their sight on the ultimate prize – the Vince Lombardi Trophy – as this season's Super Bowl champion. Teamwork is key. That's why cardiologists at Scripps have helped him tackle a nagging heart condition to keep his heart in the game.

In June 2007, Luis underwent a cardiac arrhythmia procedure for an irregular heart beat at Scripps La Jolla Regional Cardiac Arrhythmia Center. Luis had a condition, called supraventricular tachycardia, which caused his heart to beat more than 200 beats per minute, compared to a normal heart that beats from 70 to 120 beats per minute. The condition put added stress on his heart and, at times, affected his ability to play football.

"When my heartbeat accelerated, the pressure felt like I was going to jump out of my skin, and I also experienced shortness of breath," says 24-year-old Luis. "I'm a big guy at 6'4" and nearly 300 pounds. Yet, I have to move like a much smaller man and have the endurance to perform at high level during training, practice and games."

Luis Castillo, left defensive end for the San Diego Chargers, underwent a cardiac ablation procedure last June at Scripps Memorial Hospital La Jolla for a cardiac arrhythmia – or irregular heart beat. He is back in the game thanks to the care he received.



Steven Higgins, M.D., director of electrophysiology at the Scripps La Jolla Regional Cardiac Arrhythmia Center (right), performed the surgery to correct Luis' irregular heartbeat by locating the problem area in the heart and "zapping" or ablating it using high-frequency electrical energy.

Luis first noticed the condition when he was a freshman in high school and thought it was related to his asthma. In college at Northwestern University, he experienced more instances where his heart would race during training so he was prescribed medication to attempt to control the episodes. However, the medications were not protecting him adequately. Even after joining the Chargers, Luis would occasionally need to run off the field for a short period of time to calm his racing heart.

"When I realized the surgery to correct the arrhythmia wasn't complicated or experimental, I felt confident it was something I should do," says Luis. "I went in for the procedure on a Friday, was home the same day, and was back at practice on the following Monday."

ARRHYTHMIAS: SHORT CIRCUITS IN THE HEART

More than 4 million people in the United States currently suffer from abnormal heart rhythms, or arrhythmias. The most common interventional treatment for arrhythmias is an ablation procedure in which the diseased tissue of the heart causing the arrhythmia is isolated and destroyed so the heart can pump blood effectively through the body.

Steven Higgins, M.D., director of electrophysiology at Scripps La Jolla Regional Cardiac Arrhythmia Center, performed the catheter ablation procedure on Luis. Last year, Dr. Higgins and his colleagues at the center performed more than 1,000 arrhythmia procedures.

"An arrhythmia is like an electrical short circuit," says Dr. Higgins. "In Luis' case, I was able to insert four small catheters through veins in his leg that travel to the heart, where I could map out the pathways, locate the problem area causing the arrhythmia and 'zap' it, or ablate it, using high-frequency electrical energy. This energy disconnected the pathway of the abnormal rhythm in his heart leaving his heart to again work normally."

Dr. Higgins says for patients like Luis there is a greater than 90-percent cure rate after the procedure so they can enjoy normal, active lifestyles.

Doug Gibson, M.D., leads the electrophysiology program at Scripps Clinic's Heart, Lung and Vascular Center. He says new electrophysiology technology will improve outcomes in more complex and time-consuming cases.

"The number of electrophysiology procedures will continue to increase. Until recently, our patients would travel outside the Scripps system, even outside the San Diego area, for more complex ablation procedures treating atrial fibrillation and ventricular tachycardia," says Dr. Gibson. "We now have the capacity to perform these procedures at Scripps Green Hospital. We would like to expand our capabilities even further, having the latest generation of state-of-the-art technology necessary for the work that we do."

MAGNETIC NAVIGATION OF THE HEART NOW POSSIBLE

Scripps La Jolla Regional Cardiac Arrhythmia Center at Scripps Memorial Hospital La Jolla and The Heart, Lung and Vascular Center at Scripps Clinic are both planning the addition of new, state-of-the-art electrophysiology labs with community support. These labs will feature a Stereotaxis robotic magnetic navigation system that will create a three-dimensional image of a heart.

Scripps electrophysiologists will be able to guide a magnetic catheter through the heart chambers and coronary vessels to perform ablations from a computer console. The magnetic catheter can maneuver at sharp angles very safely, even able to make 90-degree turns.

The integrated technology will provide greater precision to electrophysiologists, and in many cases, cut down on the length of time it takes to perform procedures and the recuperation period for patients. It will also allow cardiac electrophysiologists to perform the procedures remotely, greatly reducing X-ray exposure to patients and staff.

As the region's largest provider of cardiovascular care, Scripps provides patients – from young athletes to seniors – with the best heart care services available, including access to leading-edge technology.

"It is an expensive undertaking – but well worth it," adds Dr. Higgins. Each electrophysiology lab costs between \$4 and \$5 million to build, equip with a magnetic navigation system and train staff. That's why philanthropy is so vital in our efforts to save hearts – and lives."

GOT IT BEAT

These days, Luis is able to focus on what's important – his job, his family, his fans and what everyone in San Diego is hoping for – a Chargers Super Bowl victory.

"There's nothing like stepping out on the field knowing it is a contest between me and the man in front of me," says Luis. "That competitive spirit guides me in all that I do. That's why I'm glad I've got my heart arrhythmia beat."

When Every Second Counts



At Scripps Memorial Hospital Encinitas, physicians and field medics are not wasting any time when it comes to caring for the most emergent type of heart attack – the ST elevation myocardial infarction (STEMI). Together, they are using new medical technology to treat patients immediately following the onset of heart attack symptoms – when every second counts.

Scripps Memorial Hospital Encinitas operates a STEMI receiving center. Using the most advanced medical technology, paramedics from Rancho Santa Fe, Solana Beach, Encinitas, Carlsbad and San Marcos are able to electronically transmit patient electrocardiograms (EKGs) while in route to the emergency department at Scripps Encinitas.

Physicians receive the EKG via fax to assess the electrical activity of the heart. This allows Scripps Encinitas' highly-trained medical staff to evaluate a patient's symptoms prior to arrival and ensure that cardiac specialists are ready to take immediate action – to administer life-saving diagnostic

tests and interventions. Providing immediate medical care to heart attack patients is critical. To offer the best chance at recovery without suffering long-term adverse side effects, patients must receive treatment within 90 minutes of exhibiting heart attack symptoms.

"With the STEMI receiving center, the treatment of heart attack patients entails finely choreographed technology," says Jim LaBelle, M.D., Scripps Memorial Hospital Encinitas medical director of clinical quality and emergency services.

"It enables the physicians at Scripps Memorial Hospital Encinitas to open a blocked coronary artery in less than 90 minutes – a narrow window of opportunity – to help to save lives."

In addition to Scripps Memorial Hospital Encinitas, Scripps Memorial Hospital La Jolla and both the San Diego and Chula Vista campuses of Scripps Mercy Hospital also operate STEMI receiving centers – to utilize leading-edge medical technology and enhance clinical practices to provide the best in medical care.

FROM DANCER TO DONOR

JoAnn Irving Supports Expansion at Scripps Memorial Hospital Encinitas

As a young professional dancer, JoAnn Irving used her talents to delight and entertain audiences. Today, as a generous philanthropist, she is using her gifts to help build the future of health care for North County residents. JoAnn recently made a gift of \$50,000 to support the emergency department expansion at Scripps Memorial Hospital Encinitas.

"I've been dedicated to supporting Scripps Memorial Hospital Encinitas and the critical care that it delivers each and every day," says JoAnn. "Scripps Encinitas is such a vital resource to our community – providing a lifeline for my family, friends and neighbors, when they need it most."

JoAnn's generous contribution will help Scripps Encinitas expand its critical care facilities to meet the growing health care needs of north costal San Diego. The 12-bed emergency department at Scripps Encinitas treats 32,000 patients each year. Under the expansion plan, the number of beds will double to treat the growing number of North County residents.

Passionate about health care and helping others, JoAnn has been involved with Scripps Memorial Hospital Encinitas for more than 20 years – from serving as a Scripps Encinitas community advisory board member to helping raise funds as chair of the Scripps Encinitas Gala.



Carl Etter, chief executive, Scripps Memorial Hospital Encinitas, congratulates JoAnn Irving for receiving the 2007 Distinguished Achievement Award from Circle of Life 100.

*"I appreciate the people who helped me in my life,
so I just want to pass those good feelings along.*

That's why I get involved."

- JoAnn Irving

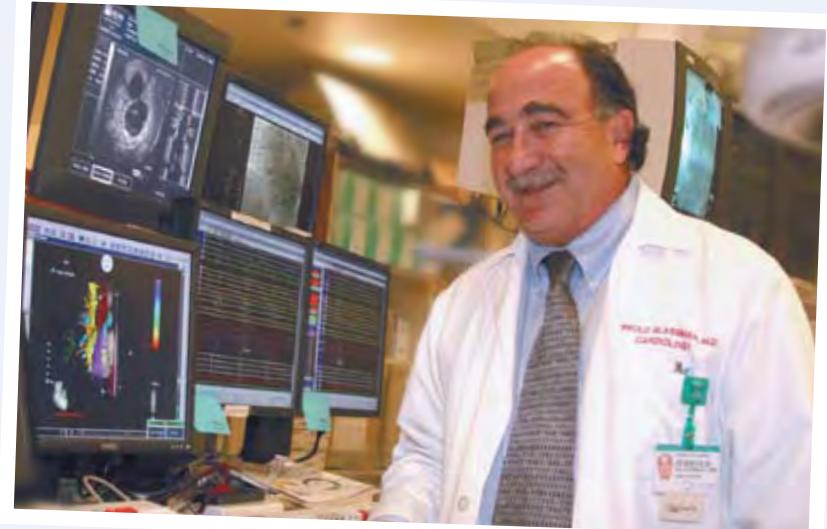
Given her timeless concern for others and active volunteerism, JoAnn is an inspiration to many. Her dedication and commitment to Scripps was recently recognized by Circle of Life 100 – a women's group that promotes advocacy, health education and philanthropy in support of Scripps Memorial Hospital Encinitas. The group presented JoAnn with its 2007 Distinguished Achievement Award at the 3rd Annual Circle of Life 100 Luncheon and Fashion Show on Aug. 10, 2007.

Enhancing the Road to Recovery

Scripps Mercy Hospital Opens New Cardiac Recovery Unit

Caring for the heart of San Diego for more than 40 years, the Heart Care Center at Scripps Mercy Hospital offers a unique combination of medical excellence and compassionate care. With the recent opening of its new cardiac recovery unit in October 2007, the center is improving the road to recovery for those who undergo delicate cardiac procedures.

The new seven-bed recovery unit is designed primarily for cardiac patients. Located within the cardiac catheterization lab, physicians are able to closely observe patient recovery. Advanced monitoring equipment tracks progress – minute by minute. The suite also offers quiet surroundings to enhance healing by removing patients from the hustle and bustle of the intensive care unit.



"The new unit helps to integrate patient preparation, procedure and recovery – which is key to patient safety and comfort," says Jerrold Glassman, M.D., medical director, Heart Care Center at Scripps Mercy Hospital. The project was completed, thanks to philanthropic support from patients, physicians and community members who generously contributed to Scripps Mercy's Heart Care Center capital campaign, *Caring for the Heart of San Diego*.

Jerrold Glassman, M.D., medical director, Heart Care Center, and chief of staff, Scripps Mercy Hospital, was at the recent opening of the hospital's new cardiac recovery unit, which was made possible through philanthropy.

SUCCESS BUILDS SUCCESS

Kaye and Dick Woltman are generous supporters of the Heart Care Center at Scripps Mercy Hospital



For more than 50 years, Kaye and Dick Woltman have been leaders in the financial investment industry. Together, they have achieved significant business and personal success. Applying their keen business skills outside of the boardroom, Kaye and Dick have also been dedicated to helping enhance health care services at Scripps Mercy Hospital.

"I have been captivated by the sense of mission that exists at Scripps Mercy Hospital," says Dick. "It is evident that the physicians and nurses truly value human life and are passionate about helping others."

Serving as chairman of the Heart Care Center capital campaign committee at Scripps Mercy Hospital, Dick helped raise \$5.3 million to fully support the center's new cardiac recovery unit, which opened this fall. The campaign also funded two cardiac catheterization labs, a new patient registration area, and physician offices and lounge.

"The Heart Care Center upgrade and expansion made good business sense – to enhance efficiency and quality of care," says Dick. "Success builds success. With the renovations and improvements to the cardiac catheterization labs, the volume of patients receiving treatment at Scripps Mercy Hospital's Heart Care Center has far exceeded our expectations – leading to the need for a third catheterization lab. This investment once again reflects the Scripps Mercy tradition of providing quality care for its patients."

Motivating others to support the Heart Care Center at Scripps Mercy, the Woltmans helped secure the campaign's lead gift – \$1.5 million from the William Soroka Charitable Trust. Bill Soroka was a long-time colleague, business partner and friend of the couple, who had a history of heart problems and bypass surgeries. The charitable trust was established upon Bill's death, with Kaye designated as the trustee.

"I am proud of the Heart Care Center's success and am grateful to have been a part of it," adds Dick. "With the community's help, we need to continue to ensure that Scripps Mercy Hospital remains one of the premier hospitals in the country."

C E L E B R A T I N G



Acura Classic Benefit All Aces



Laura Johnson (second from left), director, Scripps Polster Breast Care Center, enjoyed the evening with Bruce Gilbert, and Mary K. and Ross Gilbert.



Tennis professional Maria Sharapova (center) congratulated John and Jennifer Eagle after they purchased her signed tennis racket during the live auction.

Set amidst the excitement and thrill of women's professional tennis, the final Acura Classic Benefit for Breast Cancer was held on Aug. 2, 2007, at La Costa Resort and Spa in Carlsbad. With more than 400 in attendance, the event raised a total of \$256,000 for the Scripps Polster Breast Care Center – providing a grand total of nearly \$1.5 million raised over the last five years.

The event was completely underwritten by Acura and Promotion Sports, Inc. – with all proceeds benefiting the Scripps Polster Breast Care Center located on the campus of Scripps Memorial Hospital La Jolla.



Michael Chang, former tennis professional, and Susie Soll were entertained by the live auction excitement at Acura Classic Benefit for Breast Cancer.

AN EVENING AT THE PALM



Conrad Prebys, Warren Kessler, M.D., and Ernest Rady attended the Evening at The Palm to preview the da Vinci® technology.



Carl Essert, general manager of the Palm Restaurant, welcomed guests to the exclusive event.



Warren Kessler, M.D., urologist, Scripps Mercy Hospital; Robert Horsman, chair, Mercy Hospital Foundation Board of Directors; and Tom Gammie, chief executive, Scripps Mercy Hospital, celebrated with Carol Salem, M.D. (second from left). Dr. Salem is the medical director of Scripps Mercy Hospital's Minimally Invasive Robotic Surgery Program.

Guests at an exclusive *Evening at the Palm*, held on June 27, 2007, at the Palm Restaurant, were some of the first to preview the revolutionary da Vinci® Surgical System that is now at Scripps Mercy Hospital San Diego. The robotic surgical system significantly improves cancer treatment surgeries, allowing for less invasive surgeries, unmatched precision and shorter recovery times in some of the most complex operations.

SCRIPPS



Bobbi Martini and Jane Marshall chaired the record-breaking event.



Sharon and Skeets Dunn and Pearl Dunn were honored at the 16th Annual Spinoff.

TREASURES OF TUSCANY AT 16TH ANNUAL SPINOFF AUCTION

Guests at the 16th Annual Spinoff Auction, "Treasures of Tuscany: A Toast to Life," held on May 24, 2007, at the Hyatt Regency La Jolla at Aventine, bid on a lavish catalog of items that helped raise an unprecedented \$1.38 million for Scripps Cancer Center, Stevens Division, on the campus of Scripps Memorial Hospital La Jolla.

More than 540 supporters attended the Tuscan-themed event and enjoyed a gourmet Italian dinner and silent and live auctions. The evening's highlight was when Scripps Cancer Center visionaries Pearl and Charlie Dunn and Sharon and Skeets Dunn were honored for their leadership, dedication and support to Scripps for more than 25 years.



Jeanette and Byron Webb, Jr., enjoyed the silent and live auctions that helped raise \$1.38 million for Scripps Cancer Center, Stevens Division.



Circle of Life 100 chair Marilyn Stark and vice chair Judy Mezzullo welcomed luncheon attendees to the group's 3rd Annual Luncheon and Fashion Show.



Darlene King, Sharon Ferro and Lucile Fischer enjoyed the afternoon festivities at the Four Seasons Aviara Resort.



Circle of Life 100 Supports Scripps with Style

Unique, sophisticated fashions were the highlight of the 3rd Annual Circle of Life 100 Luncheon and Fashion Show, on Aug. 10, 2007, at the Four Seasons Aviara Resort. The stylish affair raised more than \$102,400 to benefit the emergency department expansion at Scripps Memorial Hospital Encinitas.

Nearly 200 guests enjoyed the elegant luncheon that featured a live auction and a high-society fashion show presented by TRE Women's Clothing. Carlsbad resident JoAnn Irving was also honored with the Circle of Life 100 Distinguished Service Award.

President's Council Presents the Promise of Genomic Research



President's Council co-chair Toni Nickell (second from right), celebrates with Scripps Health President and CEO Chris Van Gorder, Scripps Chief Academic Officer Eric Topol, M.D., and Scripps Health Foundation's Chief Development Officer John Engle.

Since its founding in 1924, research and clinical discovery have been a part of the mission of Scripps Health. Today, thanks to the generosity of President's Council members and other donors, Scripps continues critical research – adding 100 new clinical trials each year.

Celebrating Scripps Health's pursuit of excellence in health care, nearly 200 guests attended the President's Council annual luncheon on April 14, 2007, at the Hyatt Regency La Jolla at Aventine.

Co-chaired by Tom and Toni Nickell, President's Council is a key donor support group of more than 850 members who make an annual contribution of \$1,000 or more to support Scripps Health.

Guests enjoyed an elegant lunch and special presentation by Eric Topol, M.D., Scripps chief academic officer and director of Scripps Translational Science Institute. Dr. Topol discussed the promise of genomic research and how it will change the way health care is delivered – from today's one-size-fits-all approach to individually tailored care based on the genetic makeup of each patient.

Through generous annual gifts from the members of President's Council, Scripps is able to offer the latest medical technology, conduct clinical research to provide hope and search for cures, and fund educational programs to train the next generation of leading physicians and clinicians.

For more information about how to join Scripps President's Council, please call 858-678-6342.



Bill and Ruthie Graul at the annual President's Council luncheon in April 2007.



Scripps President and CEO Chris Van Gorder is No. 21 on Modern Healthcare's list of the nation's 100 Most Powerful People in Healthcare.

SCRIPPS CEO RANKED ONE OF MOST POWERFUL IN HEALTH CARE

Chris Van Gorder Lauded for Scripps Financial Success

Scripps Health President and CEO Chris Van Gorder has been selected as one of the nation's 100 Most Powerful People in Healthcare by *Modern Healthcare*, as announced in its August 2007 edition.

Van Gorder is the only San Diego health care professional on this year's list and his No. 21 listing is the highest ranking achieved by any of the five San Diegans who have made the list since its inception in 2002.

Specifically, Van Gorder was recognized for "engineering a \$150 million turnaround" at Scripps Health and "recruiting some of the top names in clinical care to begin building a nationally known genomics and translational science program." The magazine also cited Scripps as "an active leader in state and national disaster-preparedness initiatives."

In his position since 2000, Van Gorder has led Scripps through a remarkable financial and cultural turnaround, and in the process, repositioned Scripps among the nation's leading health care institutions. During the next 10 years, Scripps plans to invest more than \$2.2 billion in hospital improvements to meet the region's growing health care needs.

Distributed nationally, *Modern Healthcare* is one of the nation's largest health care trade publications. *Modern Healthcare* invited readers to nominate candidates for the 100 Most Powerful People in Healthcare list via the magazine's Web site, modernhealthcare.com.

Gifts with Great Return



Inherent in the spirit of philanthropy, charitable donors often experience the feeling of great joy. When it comes to making a charitable gift annuity, the rewards of giving are more tangible—annual payments to the donor, for life.

To create a gift annuity with Scripps Health, you can transfer an asset to us. In turn, Scripps agrees to make income payments to you during your lifetime. The annuity rate is based upon your age. The older you are, the higher the rate. For example, a 76-year-old would receive a 7.2 percent annuity, but an 82-year-old would receive an 8.5 percent annuity.

The gift annuity can be funded in a number of ways including transferring appreciated stock to Scripps.

In addition to providing an immediate charitable income tax deduction, it is possible to bypass a portion of the capital gains tax as well. For example, stock valued at \$100,000 with an original cost of \$20,000 transferred to a gift annuity will save the donor significant taxation on the \$80,000 of gain.

The gift annuity may also significantly increase your income. In our example, if the stock produces dividends

of three percent (\$3,000 a year), and the donor is 80-years-old, they will receive an eight percent annuity payment resulting in an annual income of \$8,000.

The benefits do not end there. Of the annual income payment, a portion of the payment may be tax-free.

If you would like to learn more about what a charitable gift annuity might do for you, calculate your own gift annuity on our Web site: www.scrippsheritage.org, or contact us directly. Call Scripps Health Foundation's Office of Gift Planning at 858-678-7120, or e-mail: giftplanning@scrippshealth.org.



We can help you:

- Get the most from your gift – gift planning donations may give you valuable tax benefits
- Increase your gift at no cost to you – many employers match the charitable gifts of their employees and retirees, including spouses
- Leave a legacy – bequests can have a lasting impact on the health of the community

WAYS TO GIVE

All gifts, no matter what the size, help us provide your loved ones and friends with the finest health care available. Here are different ways to give:

SCRIPPS HERITAGE CIRCLE

MERCY HERITAGE MCAULEY CIRCLE

Donors who make deferred gifts

SCRIPPS LEGACY

Donors who cumulatively give \$25,000 or more

SCRIPPS PRESIDENT'S COUNCIL

MERCY 1000

Donors who make an annual gift of \$1,000 or more

TRIBUTE AND MEMORIAL DONORS

Donors who want to show their appreciation to or honor a caregiver, friend or family member

Please contact Scripps Health Foundation at 800-326-3776 or 858-678-6340, and visit our Web site at www.scrippshealthfoundation.org, for more information on the benefits of giving.



Support a World of Healing

Join us for our special
fundraising events

78TH Annual *Candlelight Ball*

Benefiting Scripps Memorial Hospital La Jolla



SATURDAY,
DECEMBER 1, 2007

78th Annual Candlelight Ball
Del Mar Country Club
to benefit Scripps Memorial Hospital La Jolla



THURSDAY,
DECEMBER 20, 2007

An Evening with
The Nutcracker
California Ballet at the
San Diego Civic Center

to support Scripps Cancer Center at Scripps Mercy Hospital

SATURDAY, MARCH 29, 2008

Renaissance Ball VI *Imagine*
Hyatt Regency La Jolla at Aventine
to benefit Scripps Clinic and Scripps Green Hospital



April in Paris

SATURDAY,
APRIL 12, 2008

38th Annual Mercy Ball
April in Paris
Manchester Grand
Hyatt San Diego
to support Scripps Mercy Hospital



THURSDAY, MAY 8, 2008

17th Annual Spinoff:
Auction for Life, Journey of Healing
Hyatt Regency La Jolla at Aventine
to benefit Scripps Cancer Center,
Stevens Division



Journey of Healing

17TH ANNUAL SPINOFF: AUCTION FOR LIFE

For more information, please visit www.scrippshealthfoundation.org.

 Scripps Health Foundation

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