The Commission on Cancer (CoC) Accreditation Program encourages hospitals, treatment centers, and other facilities to improve their quality of patient care through various cancer-related programs. These programs focus on prevention, early diagnosis, pretreatment evaluation, staging, optimal treatment, rehabilitation, surveillance for recurrent disease, support services, and end-of-life care.
Welcome to Scripps Cancer Center

Scripps Cancer Center, at Scripps Clinic and Scripps Green Hospital, is dedicated to integrating the most advanced, comprehensive cancer treatments with the expert and highly personalized medical care available at Scripps.

As the first accredited multi-hospital cancer program in California and one of only 28 programs nationally accredited by the American College of Surgeons’ Commission on Cancer, our goal is to provide the very best care from a compassionate team of experts.

As you start your journey with us, we want you to feel confident knowing that the full resources of Scripps Cancer Center are available to you. This includes five hospital campuses and more than 300 affiliated physicians in 22 specialties. From the moment you’re diagnosed until you finish treatment and beyond, your care team will meet regularly to discuss your needs and monitor your progress. This collaborative approach ensures that you’ll receive an optimal, personalized care plan.

This Guide to Cancer Care provides important information — from directions and important numbers to information on our wide array of patient support services.

Please call 858-554-8533 if you have any questions, special needs or suggestions for how we may better serve you. Thank you for choosing Scripps Cancer Center as your health care provider.

Your partner in care,

Michael P. Kosty, MD
Medical Director, Scripps Cancer Center at Scripps Clinic and Scripps Green Hospital
Cancer Care Locations
Scripps Clinic and Scripps Green Hospital

While the majority of our cancer services are located on the campus shared by Scripps Clinic Torrey Pines and Scripps Green Hospital, we also offer some services — including infusion treatments and physician office hours — at our locations in Rancho Bernardo and Encinitas.
1 **Scripps Clinic Torrey Pines and Scripps Green Hospital**  
10666 North Torrey Pines Road  
La Jolla, CA 92037  
858-554-9100

**Directions:** From Interstate 5, exit Genesee Avenue and head west. Continue onto North Torrey Pines Road. The main entrance is accessible at Scripps Clinic S. Driveway or John J. Hopkins Drive.

**Parking:** Parking is available on-site for a small fee. Valet parking is available for an additional fee.

The division of hematology and oncology is located on the third floor of the clinic. The following physicians see patients at this location: Jeff Andrey, MD; Michael P. Kosty, MD; Joan Kroener, MD; James Mason, MD; Alan Saven, MD; and Darren Sigal, MD.

2 **Scripps Clinic Rancho Bernardo**  
15004 Innovation Drive  
San Diego, CA 92128  
858-487-1800

**Directions:** From Interstate 15 North, exit Carmel Mountain Road and head east. Turn left onto Rancho Carmel Drive and then left onto Innovation Drive.

From Interstate 15 South, exit Camino del Norte and turn left onto Camino del Norte. Turn right onto Carmel Mountain Road and then right onto Rancho Carmel Drive. Turn right onto Innovation Drive.

**Parking:** Parking is free on-site.

The division of hematology and oncology is located on the second floor. The following physicians see patients at this location: Jeff Andrey, MD; Michael P. Kosty, MD; and Darren Sigal, MD.

3 **Scripps Clinic Encinitas**  
310 Santa Fe Drive  
Encinitas, CA 92024  
760-753-5594

**Directions:** From Interstate 5, exit Santa Fe Drive and head west. Turn right into the Scripps Memorial Hospital Encinitas campus. The clinic is located in building number 310, across from the hospital’s emergency room entrance.

**Parking:** Parking is free on-site, including free valet parking.

The division of hematology and oncology is located on the second floor. The following physicians see patients at this location: James Mason, MD; and Darren Sigal, MD.
Patient Support Services

A cancer diagnosis may present special challenges for both you and your loved ones. Our goal is to help you meet these challenges with as much hope, optimism and support as possible. This is where the special cancer services program can benefit you.

Established in 1997, thanks to a generous gift from Audrey S. Geisel, the special cancer services program is the primary “entry point” for all of our cancer patients. Our goal is to provide services in an environment that makes you feel not only cared for, but also cared about. Our staff provides continuous support from the moment you’re diagnosed, through your treatment, recovery and remission.

Our program also offers educational materials such as information about your diagnosis and community resources. These materials are located in one of our two resource rooms at Scripps Clinic Torrey Pines:

- **The Gail Ohyama Room** (located on the second floor), open Monday–Friday from 8 a.m.–4:30 p.m.
- **The Robert P. and Elizabeth G. Alvarado Cancer Research Library** (located on the third floor), open Monday–Friday from 8 a.m.–5 p.m.

Your patient support services team will include a clinical coordinator and oncology social worker.

Clinical Coordinator

After you’re diagnosed with cancer, you’ll meet with a clinical coordinator to facilitate your needs in three critical areas: access to care, emotional support and patient education. Along with your physician, your clinical coordinator will play a very important role in your care — he or she will serve as your partner for the duration of your treatment. Specifically, your clinical coordinator will help you with the following:

- **Coordination of Care:** Schedules and coordinates appointments with various medical specialists involved in your care plan.
- **Patient Education:** Explains specific aspects of your diagnosis and treatment process, and shares written material that may help you understand your particular condition and treatment.
- **Problem Solving:** Identifies the right people to call when you have questions or need to resolve any difficulties during treatment.
- **Practical Concerns and Social Needs:** Collaborates with the Scripps Cancer Center social worker to address a wide range of practical concerns you may have.

To reach the clinical coordinator, call **858-554-8384**.

Oncology Social Worker

The role of our oncology social worker is to help you address a wide range of issues including emotional concerns, financial matters, home care and
hospice, transportation, and short-term accommodations. We can also connect you with a variety of free patient-oriented workshops and support groups available through Scripps Cancer Center, including:

- **Nutrition and Cancer:** workshop and cooking demonstration to learn about the connection between diet and cancer
- **Blood and Marrow Transplant Support Group:** lecture on topics related to blood and marrow transplants
- **When Words Heal:** an eight-week expressive writing workshop for patients living with a cancer diagnosis

To find out more about our classes and support groups call 858-554-9376. Additionally, a full list of Scripps and community cancer resources is available in our frequently updated Directory of Cancer Services — ask your oncology social worker for a copy.

If you have concerns that you would like to confidentially share with our social worker, call 858-554-9376 to discuss them over the phone or schedule an in-person appointment. The social worker’s office is located in the Scripps Cancer Center administrative offices, near the main lobby of the Anderson Outpatient Pavilion on the Torrey Pines campus.

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**Medical Services**

Scripps Cancer Center at Scripps Clinic and Scripps Green Hospital includes several divisions that encompass all the necessary elements of cancer care. Physicians within these specialty groups work closely with one another, so no matter what stage of treatment you are in, your care is both comprehensive and seamless. In addition, our physicians each sub-specialize in one or more types of cancer. This allows our patients to see oncologists who are experts in their particular diagnoses.

Our cancer program includes the following divisions:

- Hematology and Oncology, including our treatment and infusion services
- Radiation Oncology
- Oncologic Surgery

**Hematology and Oncology**

Physicians in the division of hematology and oncology treat blood disorders, such as leukemia, lymphoma and Hodgkin’s disease, as well as a wide variety of cancers including cancer of the breast, lungs, prostate, skin, female reproductive tract and gastrointestinal system. Chemotherapy and other treatments are provided in the treatment and infusion center.

**Important Information:**

- If you are newly diagnosed, please contact the clinical coordinator at 858-554-8384 to schedule a new patient consult, a second opinion, ancillary tests or to ask questions.
The division of hematology and oncology is located on the third floor of Scripps Clinic Torrey Pines. Please check in for your appointments at the 3B reception desk.

The length of each appointment can vary, so please ask for the approximate amount of time it will take so you can plan accordingly.

Direct phone numbers for physicians in the division of hematology and oncology:
- Jeff Andrey, MD .................... 858-554-8632
- Michael Kosty, MD ............... 858-554-9559
- Joan Kroener, MD ................. 858-554-8629
- James Mason, MD ................. 858-554-8597
- Alan Saven, MD .................... 858-554-9489
- Darren Sigal, MD .................. 858-554-5269

Scripps Clinic has two other hematology and oncology locations to serve you — in Rancho Bernardo and Encinitas.

Treatment and Infusion Services

Our primary treatment and infusion center at Scripps Clinic Torrey Pines provides multiple outpatient services for people with cancer and other illnesses. Services include:
- Chemotherapy
- Blood transfusions
- Hydration and electrolyte replacement
- Injections
- Vascular access

The treatment facility, which can accommodate up to 24 patients at a time, is staffed by registered oncology nurses who have special certifications that allow them to administer chemotherapy. In addition, our oncology social worker visits the treatment room several times a day to check on patients.

Important Information:
- If you need to obtain treatment authorization from your insurance company, please make sure this has been taken care of before your first appointment in order to avoid a potential delay.
- The treatment and infusion center is located on the third floor of Scripps Clinic Torrey Pines. Please check in for your appointments at the 3B reception desk.
- The length of each appointment may vary. When scheduling your appointment, please ask for the approximate amount of time it will take so you can plan accordingly.
- Feel free to bring a portable music player with headphones, books or other materials to help you pass the time.
- We also encourage patients, especially those who are receiving a full day’s treatment, to bring snacks (food can be stored in the treatment room refrigerator).
- Your family members and friends are welcome to join you and keep you company.

For your convenience, you may also receive treatments at our locations in Rancho Bernardo or Encinitas.
Radiation Oncology
The division of radiation oncology employs the most advanced treatments and technology in radiation therapy. Although radiation is commonly used as a primary cancer treatment, it can also be used in combination with other treatment options including surgery, chemotherapy or immunotherapy, and can help improve quality of life by relieving pain and other symptoms.

Radiation therapy can be administered in one of two ways: either externally (using machines to direct radiation from the environment into the body) or internally (placing radioactive sources directly into body tissues or cavities, either temporarily or permanently). Regardless of the radiation’s source, the invisible X-rays damage or kill the rapidly dividing cancer cells so they cannot grow, multiply or spread.

Important Information:
- The division of radiation oncology is located on the basement level at Scripps Clinic Torrey Pines.
- When you are scheduled to see your radiation oncologist for the first time, you will be asked to arrive 30 minutes prior to the scheduled appointment to fill out necessary forms. It is very important you arrive on time to complete the paperwork.
- An oncology nurse will coordinate your care and will assist you with day-to-day concerns including skin care, diet and nutrition, and management of side effects that may result from the radiation. Your daily treatment will be administered by a radiation therapist. Your physician will see you weekly to evaluate your progress, manage side effects and answer questions.

Chemotherapy Orientation Class
If your physician prescribes chemotherapy as part of your treatment plan, you’re encouraged to attend a free, informal class on chemotherapy entitled “Let’s Talk about Chemo.” During the program led by a Scripps Clinic nurse, you’ll learn what to expect while receiving treatment, how the treatment room works, and helpful tips on managing your symptoms and side effects. You’ll also receive a tour of the treatment center, where you can ask the treatment nurses additional questions.

Classes are held every Thursday from 2–3 p.m. in the Scripps Cancer Center conference room on the second floor of Scripps Clinic Torrey Pines. Family members are welcome to attend but please do not bring children. Registration is required. If you have any questions or would like to register for the class, call 858-554-5205.
Direct phone numbers for physicians in the division of radiation oncology:
Ray Lin, MD .................. 858-554-2000
Dhara Mac Dermed, MD ...... 858-554-2000
Prabhakar Tripuraneni, MD .. 858-554-2000

Oncologic Surgery
The department of surgery includes surgeons who specialize in the surgical treatment of cancer, such as dermatologic surgeons who perform Mohs surgery to remove skin cancer, and head and neck surgeons who operate on patients with thyroid cancer.

Facilitated by advancements in technology, our surgeons prioritize effective methods that favor accelerated patient recovery and rehabilitation. Whether refining techniques for cancerous tumor removal, performing routine outpatient services or a delicate vascular surgery, Scripps surgeons are committed to patient safety and achieving optimal results.

If you require surgical treatment as part of your cancer care plan, you’ll be happy to know that whenever possible, our surgeons use minimally invasive techniques such as laparoscopy, arthroscopy and robotic surgery. These techniques help reduce blood loss, minimize scarring, produce less pain and subsequent reliance on pain medication, and usually provide a quicker recovery.

Radiation Oncology New Patient Orientation Class
If your physician prescribes radiation therapy as part of your treatment plan, you are encouraged to attend an orientation to meet with staff, receive a behind-the-scenes tour of the facility and ask questions. The class is held the third Tuesday of every month from 1:30–3 p.m. in the radiation oncology conference room located on the basement level of Scripps Clinic Torrey Pines. Registration is required — to reserve your seat, call 858-554-2000.
Scripps Blood and Marrow Transplant (BMT) Program

Blood and marrow transplantation are used to treat a growing list of diseases such as lymphoma and Hodgkin’s disease, acute and chronic leukemia, multiple myeloma, breast, ovarian and testicular cancers, and certain autoimmune and genetic diseases.

Established in 1980, Scripps Blood and Marrow Transplant (BMT) Program was the first of its kind in San Diego and one of the first in the nation to administer life-saving stem cell transplantation. Today, the center is well recognized for its expertise and innovation, facilitating bone marrow and blood stem cell transplants for people across the country. We are the primary collection center for the National Marrow Donor Program in Southern California and the Department of Defense. And our autologous and allogeneic transplant programs are accredited by the Foundation for the Accreditation of Cellular Therapy — which sets high standards for patient care and laboratory performance.

If you require treatment in our BMT unit, you’ll benefit from our team’s unwavering dedication to providing comprehensive and compassionate care. From the laboratory to the exam room, the center’s practice environment is designed to safely and efficiently improve your health and quality of life.

For example:
• Our board-certified physicians will customize a diagnostic and treatment plan based on your individual needs and medical history.
• Stem cell collection and processing takes place on-site by Scripps employees.
• You’ll be treated in an ideal BMT environment that includes high efficiency particulate air (HEPA) filters.
• We have a low nurse-to-patient ratio.
• To offer support and education, we offer stem cell transplant workshops for you and your loved ones.

Scripps BMT Program is also an active research facility — dedicated to finding new therapies and treatments. We are a member of the Blood and Marrow Transplant Clinical Trials Network, which conducts large multi-institutional clinical trials designed to address important issues in hematopoietic stem cell transplantation. Additionally, many of our studies are designed by Scripps clinicians and investigators at The Scripps Research Institute, one of the country’s largest private, nonprofit research organizations.

To learn more about our BMT services or to schedule an appointment, talk to your clinical coordinator or call 858-554-8597.
Ancillary Services

Your physician may instruct you to have tests performed before your next visit. Our ancillary services department helps patients coordinate follow-up appointments for outpatient services, such as radiology, physical therapy and diagnostic testing. You can check in with one of the Scripps ancillary service team members available at each clinic location. For any questions regarding your care, please contact your physician’s office directly.

Imaging Services

Scripps recognizes the importance of advanced technology. We support our physicians’ leading-edge expertise with advanced imaging tools because we believe our patients deserve the most thorough, precise analysis that medical science offers. Accurate, early diagnosis means more customized treatment plans and higher treatment success rates.

Scripps Clinic and Scripps Green Hospital offer a variety of digital imaging services at our regional locations throughout San Diego, including MRI, CT, digital plain film and digital mammography. The specific services available and the hours of operation vary by site.

If your physician has determined that you need an imaging study, you may visit any Scripps Clinic or Scripps Green Hospital location that offers that particular service. Your results will be forwarded directly to your physician.

Some of the technologies available at Scripps Clinic and Scripps Green Hospital include:
- Breast specific gamma imaging
- Computed tomography (CT)
- Interventional radiology
- Magnetic Resonance Imaging (MRI)
- Magnetoencephalography (MEG)
- Mammography
- Nuclear medicine
- Positron emission tomography (PET scan)
- Progressive radiation therapy, including IGRT and IMRT
- Ultrasound and X-ray

If you require an imaging service, you’ll either be given instructions on how to schedule the appointment or a member of our ancillary services team will schedule it for you. If you have questions about this process or need assistance scheduling an appointment, call your clinical coordinator.

Pharmacy

For your convenience there is a CVS Pharmacy located inside the main lobby of Scripps Clinic Torrey Pines. Pharmacy hours are Monday–Friday, 8:30 a.m.–5:30 p.m. For prescription assistance, call CVS at 858-558-8296.

Laboratory Services

Scripps Clinic patients who need laboratory tests, such as a blood draw or specimen collection, may visit any of our regional locations located throughout San Diego County. All results are forwarded directly to the physician.
The two main locations you will use are:

**Scripps Clinic Torrey Pines**
Monday–Friday, 6:30 a.m.–5:30 p.m.
Saturdays, 8 a.m. to noon (by appointment)
Phone: 858-554-5173

**Scripps Green Hospital**
Monday–Friday, 8 a.m.–4:30 p.m.
Phone: 858-554-5175

**Important Information**

- Some lab tests require that you fast prior to a blood draw. Always check with your ordering physician or nurse to determine if this is necessary prior to your visit.
- While lab tests need to be requested by your physician, you do not need a specific appointment time for phlebotomy labs. Walk-ins are accepted.
- If you’d like a complete list of our lab locations throughout San Diego County, please talk to your clinical coordinator.

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**Breast Care Services**

Although it affects both genders, breast cancer is the most common form of cancer in women. It can arrive silently with few symptoms. When it does, early treatment is often critical. At the Scripps Clinic Breast Care Center, that timely care is within reach for our patients.

From genetic testing and on-site diagnostic imaging to the latest radiation, surgical and systemic treatments, we are equipped to provide prompt, comprehensive care for patients who have breast cancer or are at high risk.

If you’ve been diagnosed with breast cancer, you can expect the following service from our Breast Care Center:

**A rapid response**

After being diagnosed with breast cancer, you’ll be seen by a member of our breast care team within 72 hours of referral. Call **858-554-8384** to schedule your consultation.

**Individual attention**

Our “breast care navigator,” a registered oncology nurse, will help you facilitate and improve care by arranging tests, consultations and other appointments, as well as direct you to educational resources and support services.

**Support services:**

- Breast cancer support groups
- Complementary therapies at Scripps Center for Integrative Medicine such as
healing touch, acupuncture, nutritional consultations and mind-body classes
- A library with breast cancer material and information

**A collaborative environment**
Our multidisciplinary team blends the expertise of Scripps Clinic physicians, nurse practitioners and registered nurses who have specialized training in breast care. Our team includes:
- Clinical trial coordinators
- General surgeons with extensive training in breast procedures
- Medical oncologists
- Pathologists experienced in breast cancer diagnosis and research
- Plastic surgeons specializing in breast reconstruction
- Radiation oncologists
- Radiologists specially trained in diagnostic procedures related to breast health
- Registered nurse practitioners

**Our medical team**
Joan Kroener, MD, director of medical oncology
Pamela Kurtzhals, MD – Breast surgery
Ray Lin, MD – Radiation oncology
Arthur Sanford, MD – Breast surgery
Susan Heath, RNP-BC – Breast surgery

**Locations**
Scripps Clinic Torrey Pines: 858-554-8984
Scripps Clinic Rancho Bernardo: 858-605-7161
Scripps Clinic Encinitas: 760-753-5594

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**Scripps Urgent Care and Emergency Services**

During your cancer treatment, if you need medical care outside of your oncologist’s normal business hours, Scripps offers walk-in urgent care services for non-life threatening illnesses or injuries.

Urgent care can be a more convenient, less expensive alternative to the emergency department, with shorter wait times for treatment. Deciding where to go depends on the severity of your medical problem. If possible, check with your primary care provider before seeking treatment. Wait times are based on the severity of your condition.

Our urgent care physicians are available seven days a week at our clinics in Torrey Pines, Rancho Bernardo and Vista.

**Scripps Clinic Torrey Pines**
24 hours a day, seven days a week
Physician on call 24 hours
Phone: 858-554-8638

**Scripps Clinic Rancho Bernardo**
Seven days a week, 8 a.m.–8 p.m.
Phone: 858-487-1800

**Scripps Coastal Medical Center Vista (Cedar location only)**
Monday–Friday: 7:30 a.m.–8 p.m.
Saturday–Sunday and holidays: 8 a.m.–3 p.m.
Phone: 760-806-5400

Should you encounter a medical emergency that is debilitating or life-threatening, call
911 or visit the nearest emergency room. Scripps offers emergency services at the following locations in San Diego County:

**Scripps Mercy Hospital Chula Vista**
435 H Street
Chula Vista, CA 91910
Phone: 619-691-7000

**Scripps Mercy Hospital San Diego**
4077 Fifth Avenue
San Diego, CA 92103
Phone: 619-294-8111

**Scripps Memorial Hospital La Jolla**
9888 Genesee Avenue
La Jolla, CA 92037
Phone: 858-626-4123

**Scripps Memorial Hospital Encinitas**
354 Santa Fe Drive
Encinitas, CA 92024
Phone: 760-633-7685

### Hematology and Oncology Fellowship Program

Throughout your care, you may be seen by a Scripps hematology and oncology fellow. Scripps fellows are fully licensed, credentialed physicians who are receiving special training as part of our fellowship program in hematology and medical oncology. For more than 35 years, the fellowship program has demonstrated our commitment to excellence in patient care, biomedical research and continuing medical education.

During their three-year program, Scripps fellows are an integral member of the Scripps Cancer Center care team, including inpatient and outpatient consults, patient rounds and patient conferences. In addition to caring for people, fellows also conduct research to help discover new methods of diagnosing and treating cancer.

### Clinical Trials

**Clinical trials offer hope and progress**

Clinical research trials for new cancer treatments are a priority at Scripps Cancer Center. If you’re interested in participating in a clinical trial, it may provide you the opportunity to try new drugs and treatments that may improve your condition or explore a new approach when standard therapies have not been successful. For example, Scripps Cancer Center is continually evaluating new chemotherapeutic and biologic agents that could revolutionize the course of cancer treatment. In addition, we participate in national cancer prevention trials and supportive care trials.

**Prioritizing access and safety**

After passing strict scientific review by our cancer research review committee, clinical trials are submitted for approval to the Scripps Institutional Review Board (IRB), a volunteer group of physicians, community leaders and other professionals. Once approved by the IRB, a clinical trial is open for participation at Scripps. If you’ve been identified as a potential participant, you’ll meet with your
physician to discuss the risks, benefits, procedures and rights you have as a research participant. You’ll also need to sign a consent form before enrolling.

Who can participate
To help protect your safety and produce sound scientific results, clinical trial research is carried out within strict scientific and ethical principles. Each study has specific eligibility requirements such as the type and stage of cancer being treated, patient age, and gender. Scripps Clinical Research Center has more than 40 open trials at any time. Ask your doctor if a clinical trial is right for you.

Important information
• Your safety is our first priority.
• You have the right to drop out of a clinical trial at any time.
• You have the right to informed consent, which means that you must be given all the facts about the study before you agree to participate.
• If you are in a study and not receiving the new treatment being tested, you will still receive the best standard treatment available. No one will be given a placebo when a treatment exists.

For more information
Scripps Clinical Research Services
11025 North Torrey Pines Road, Suite 200
La Jolla, California 92037
Phone: 800-995-4200
Email: clinicalresearch@scrippshealth.org
scripps.org/clinicalresearch

Palliative Care
Palliative care programs seek to improve quality of life and decrease suffering for patients with serious, life-limiting illnesses. This may involve:
• Managing pain and other adverse symptoms
• Facilitating clear communication and decision-making
• Providing emotional, psychosocial and spiritual support

Palliative care personnel work closely with members of the medical care team — nurses, pharmacists, doctors and physical therapists — to ensure that patients and their families are as comfortable as possible and understand all aspects of the care plan.

Scripps recognizes the importance of each component of patient support: that medical care is more than physical treatment and must address the whole person.
**APPENDIX**

**My Cancer Care Team**
You may find it helpful to record the names and phone numbers of the various health care professionals involved in your care.

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<th>Name(s)</th>
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<td>My primary care physician</td>
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<td>My hematologist or oncologist</td>
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<td>My clinical coordinator</td>
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<td>My oncology social worker</td>
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<td>Other members of my cancer care team</td>
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**Notes:**
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15 Guide to Cancer Care
Questions & Concerns
Whenever you think of a question or concern, you may find it helpful to write it down so you don’t forget to ask about it at your next appointment. Below you’ll also find space to record answers or take notes during your appointments.

Question: _____________________________________________________
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Medication Log
Please write down your prescription medications, as well all over-the-counter medications, herbal and supplemental products (like vitamins). Continue to update this list when you start a new medication or stop taking medication.

Medication Allergies: ____________________________________________________________________________
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<th>Name of Medication</th>
<th>Dosage</th>
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Glossary

**Allogeneic (stem cell transplant)** A treatment that uses donor stem cells to restore a patient’s marrow and blood cells.

**Arthroscopy** Examination of the interior of a joint using an endoscope inserted into the joint through a small incision.

**Autologous (stem cell transplant)** A technique, often referred to as autologous stem cell transplantation, involving:
1) harvesting the patient’s stem cells from blood or marrow,
2) freezing them for later use,
3) thawing and infusing them via a central line catheter after the patient has been given intense chemotherapy or radiation therapy.

**Biologic agents (biological therapy)** Certain complex substances produced within the body regulate cell growth and immunity. Biological therapy, which includes immunotherapy, is the use of these same substances to treat cancer.

**Breast specific gamma imaging (gamma rays)** The form of electromagnetic radiation produced by certain radioactive sources. They are similar to X-rays, but have a shorter wavelength.

**Chemotherapy** The use of chemicals (drugs or medications) to kill malignant cells.

**Computed tomography (CT) Scan** A technique for imaging body tissues and organs. X-ray transmissions are converted to detailed images using a computer to synthesize X-ray data.

**CT** see *Computed tomography*

**Digital mammography** Digital mammography uses a system equipped with a digital receptor and a computer instead of a film cassette. The image is captured using a special electronic X-ray detector, which converts the image into a digital picture for review on a computer.

**Gastrointestinal** Relating to the stomach or intestines.

**Hematology** The medical specialty that deals with the diagnosis, treatment and study of blood diseases.

**Hematopoietic (Hematopoiesis)** The process of blood cell development in the marrow.

**Hodgkin’s disease** A form of cancer affecting the lymphatic and other tissues that play a part in the individual’s ability to fight infection.

**Hospice** A philosophy of care that stresses comfort, peace of mind and the control of symptoms. Hospice care is generally invoked when no further anti-cancer therapy is available, and life expectancy is very short.
**Immunotherapy** A method of cancer therapy that stimulates the body’s defense mechanism to attack cancer cells or combat a specific disease.

**IMRT** Intensity Modulated Radiation Therapy is an advanced type of high-precision radiation.

**Infusion (treatments)** Administration of fluids and/or medications into a vein or artery over a period of time.

**Interventional radiology** Minimally invasive procedures performed using image guidance. Examples include angiograms and angioplasties.

**Laparoscopy** A surgery that uses a thin, lighted tube put through a cut (incision) in the belly to look at the abdominal organs or the female pelvic organs.

**Leukemia** Cancer of the organs that form the blood, such as the lymph glands and bone marrow, causing an overproduction of white cells.

**Lymphoma** A neoplastic disorder of the lymphoid tissue.

**Magnetic resonance imaging (MRI)** A technique that provides detailed images of body structures. It differs from the CT scan in that the patient is not exposed to X-rays. Signals are generated in the tissues in response to a magnetic field that is produced by the MRI machine.

**Magneto-encephalography** An imaging technique used to detect electro-magnetic and metabolic shifts occurring in the brain during trauma.

**Mammography** X-ray examination of the breast used for detection and diagnosis of disease.

**Mohs surgery** A precise surgical technique for removing several types of skin cancers.

**MRI** see *Magnetic resonance imaging*

**Myeloma** A cancer of the protein-producing plasma cells of the bone marrow.

**Nuclear medicine** The medicine specialty that deals with using radioisotopes for obtaining body scans and for treatment.

**Oncologic surgery** The branch of surgery focusing on the surgical management of cancer.

**Oncology** The medical specialty that focuses on the diagnosis, treatment and study of cancer.
Positron emission tomography (PET) scan An imaging technique for locating lymphoma masses. FDG Positron emission tomography scans measure altered tissue activity by using FDG (18F fluorodeoxyglucose, a radioactive substance).


Radiation oncology See Radiation Therapy

Remission A disappearance of evidence of a disease, usually as a result of treatment. Complete remission means that all evidence of disease is gone.

Robotic surgery A technique in which a surgeon performs surgery using a computer that remotely controls very small instruments attached to a robot.

Stem cells Primitive cells in marrow that develop into the red cells, white cells and platelets.

Ultrasound The use of high-frequency sound waves to create an image of the inside of the body. Also called ultrasonography.

For more information, refer to Everyone’s Guide to Cancer Therapy by Malin Dollinger, MD; Ernest H. Rosenbaum, MD; and Greg Cable; The Leukemia & Lymphoma Society; and the American Cancer Society Cancer Book.
Scripps Clinic is a medical group composed of more than 400 physicians who offer a variety of medical and surgical specialties at our 10 locations throughout San Diego, including hematology and oncology services. At our main campus in Torrey Pines you’ll be able to receive nearly all of your cancer care under one roof, including imaging tests, radiation and chemotherapy, an in-house retail pharmacy, an on-site lab, and access to support services and cancer-related clinical trials.

Our Torrey Pines clinic is located on the same campus as Scripps Green Hospital, which has been recognized for a variety of medical “firsts” such as being one of the nation’s first hospitals to use stem cell transplants as a treatment for blood and marrow disorders. Scripps Green Hospital has a unique working relationship with Scripps Clinic physicians that allows for easier collaboration between your referring physician and the variety of specialists involved in your care. This partnership is especially beneficial in the event that you require inpatient services, an overnight stay, or certain tests and procedures that are only available in a hospital setting. Together we proudly offer the highest-quality health care tailored to your unique needs.
# Phone Numbers at a Glance

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<tr>
<th><strong>Scripps Clinic Torrey Pines</strong></th>
<th><strong>Scripps Urgent Care Locations</strong></th>
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<tr>
<td><strong>Main line — Operator Assistance</strong></td>
<td><strong>Scripps Clinic Torrey Pines</strong> 858-554-8638</td>
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<td><strong>Ancillary Scheduling</strong></td>
<td><strong>Scripps Clinic Rancho Bernardo</strong> 858-487-1800</td>
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<td><strong>Blood and Marrow Transplant (BMT)</strong></td>
<td><strong>Scripps Coastal Medical Center Vista</strong> 760-806-5400</td>
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<td><strong>BMT Nurse Coordinators</strong></td>
<td><strong>Scripps Hospital Locations</strong></td>
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<td><strong>BMT Unit — 3 North</strong></td>
<td><strong>Scripps Green Hospital (no emergency department)</strong> 858-554-9100</td>
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<td><strong>CVS Pharmacy</strong></td>
<td><strong>Scripps Memorial Hospital Encinitas</strong> 760-633-6501</td>
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<td><strong>Hematology/Oncology</strong></td>
<td><strong>Scripps Memorial Hospital La Jolla</strong> 858-626-4123</td>
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<td><strong>Hematology/Oncology Fellowship Program</strong></td>
<td><strong>Scripps Mercy Hospital Chula Vista</strong> 619-691-7000</td>
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<td><strong>Radiation Oncology</strong></td>
<td><strong>Scripps Mercy Hospital San Diego</strong> 619-294-8111</td>
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<td><strong>Treatment and Infusion Center</strong></td>
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<th><strong>Scripps Cancer Center at Scripps Clinic and Scripps Green Hospital</strong></th>
<th><strong>Scripps Urgent Care Locations</strong></th>
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<tr>
<td><strong>Main line</strong> 858-554-8533</td>
<td><strong>Scripps Clinic Torrey Pines</strong> 858-554-8638</td>
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<td><strong>Clinical Coordinator</strong> 858-554-8384</td>
<td><strong>Scripps Clinic Rancho Bernardo</strong> 858-487-1800</td>
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<td><strong>Clinical Trials</strong> 800-995-4200</td>
<td><strong>Scripps Coastal Medical Center Vista</strong> 760-806-5400</td>
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<td><strong>Oncology Social Worker</strong> 858-554-9376</td>
<td><strong>Scripps Hospital Locations</strong></td>
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<td><strong>Scripps Clinic Encinitas</strong> 760-753-5594</td>
<td><strong>Scripps Green Hospital (no emergency department)</strong> 858-554-9100</td>
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**Scripps**

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scrippscancercenter.org