People, *Planet*, Purpose

Global Practitioners

United in Health & Healing

October 25–29, 2015 • Paradise Point Resort & Spa • San Diego, CA
Join Us!
The AIHM Annual Conference provides a unique combination of educational experience and sacred space, blending the art and science of integrative health & medicine with the most pressing global issues. The Academy program is designed to give you clinically relevant information for your practice and tools to address the growing health issues humanity is facing.

Interprofessional expert speakers will take us on a journey through evidence-informed, comprehensive, affordable, sustainable person-centered care. Faculty will explore cutting-edge research in integrative medicine and key global issues for the health of our planet. The event includes numerous opportunities for personal renewal and deep community connection.

This educational course is for healthcare professionals seeking to expand their clinical competencies and advance their mind-body-spirit approach to healing. Credits will be available for many healthcare professionals: physicians (MD, DO, ND, DC, DOM), nurses, dieticians, acupuncturists, midwives, pharmacists, physician assistants, nurse practitioners and more.

2015 Conference Highlights

• Comprehensive educational course
• Evidence-based integrative medicine with leading experts from many professions
• Interactive educational formats including case studies and experiential demonstrations
• Integrative Medicine Board Review Course
• Pre-Conference workshops Oct. 24
• Networking with like-minded professionals
• AIHM membership opportunities and complimentary special events including Holistic Happy Hour, Membership Breakfast, Crone/Sage School, Self-Care Night, Research Poster Reception & Awards and others
• AIHM Gala Celebration, Dinner and Awards Ceremony

Early Bird Rates

Early bird rates effective until August 15, 2015. For standard an on-site rates, please see the conference fees and registration rate chart on last page.

• MD/DO:
  Early Bird Rates $1,175; Members: $1,058
• All Other Health Professionals:
  Early Bird Rates $775, Members $698
• Students/Residents/Community:
  Early Bird Rates $650; Members $585

Not an AIHM member?

Join at aihm.org/become-a-member and receive a special 10 percent discount to the conference! Additional benefits include discounted online learning, member forum, journal club, free journal subscriptions and much more.

People, Planet, Purpose
Global Practitioners
United in Health & Healing

Global Practitioners
United in Health & Healing
Educational Objectives
After attending this activity, participants should be able to:

• Discuss the importance of treating the whole person, mind-body-spirit;
• Assess the value of a physician/patient partnership in improving health;
• Evaluate the role of evidence-based integrative holistic medicine in the treatment and prevention of common medical conditions and chronic illnesses;
• Incorporate integrative holistic medicine treatments into patient care, referring to specialists as necessary;
• Utilize tools and resources provided to incorporate integrative holistic medicine into their practices/organizations; and
• Establish a network of like-minded practitioners from various disciplines and geographic areas.

Accreditation and Disclosure
Physicians (MD, DO): This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Scripps Health and The American Board of Integrative Holistic Medicine. Scripps Health is accredited by the ACCME to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 40.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Credit Breakdown
Pre-Conference Workshops (Saturday)
Integrative Oncology in Practice and Prevention = 7
Integrative Medicine & Your Practice–Business & Leadership Tools for Creating Success = 7
Healer Within–Moving Through Change: Self-Care, Self-Compassion & Resiliency = 7.5

Main Conference (Sunday–Thursday) = 33.25
Sunday–6.5; Monday–7; Tuesday–7; Wednesday–7; Thursday–5.75

Professionals Accepting CME
Other professions accepting AMA Category 1 Credit from CME organizations accredited by ACCME:

Acupuncturists: This educational program will be submitted to the CA Acupuncture Board.

NCCAOM PDA Points Approved

Chiropractors, Naturopathic Doctors, Nurses, Nurse Midwives: Most states’ Bureaus, Boards or credentialing centers accept AMA PRA Category 1 Credits™ from organizations accredited by the ACCME. Providers should check with their state board regarding use of CME credit.

Dieticians: This educational program has been submitted to the Commission on Dietetic Registration and is pending approval.

PAs: The American Academy of Physician Assistants
Pharmacists: California State Board of Pharmacy
Psychologists: The Board of Psychology (for renewal)

Disclosure
This course may be supported, in part, by educational grants from industry, in accordance with ACCME accreditation Standards for Commercial Support. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

Cultural and Linguistic Competency
This activity is in compliance with California Assembly Bill 1195 which requires that all CME activities including a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. Cultural and linguistic competency was incorporated into the planning of this activity.
AIHM Faculty

Lise Alschuler, ND, FABNO
Executive Director, TAP Integrative Naturopathic Specialists
Independent Practitioner

Dan M. Asimus, MD, MSEd, ABIHM
Vice President, AIHM
Integrative Medicine Psychiatrist

Harriet Beinfield, LAc
Co-founder, Chinese Medicine Works

Jeffrey Bland, PhD
Founder & President, Personalized Lifestyle Medicine Institute

Robert Bonakdar, MD, FAAFP
Director of Pain Management, Scripps Center for Integrative Medicine

Ryan Bradley, ND, MPH
Assistant Director of Research & Professor of Nutrition, National College of Natural Medicine

Charlotte Brody, RN
Health Initiatives BlueGreen Alliance
Launch Coordinator, First 1000 Days

Kulreet Chaudhary, MD
Director, Wesslows Health Spiral Memo Memorial Hospital

Dan Cherkin, PhD
Senior Scientific Investigator
Group Health Research Institute

Deepak Chopra, MD, FACP
Founder, The Chopra Foundation
Co-Founder, The Chopra Center for Wellbeing
Co-Founder with Rudy Tanzi, Super Genes

Gail C. Christopher, DN
Vice President for Policy and Senior Advisor, W K Kellogg Foundation

Cecil D. Corbin-Mark
Deputy Director
WE ACT

Michael Cronin, ND
Diplomat, American Academy of Pain Management
Past President, American Association of Naturopathic Physicians

Jeffrey Dusek, PhD
Director of Research
Penny George Institute for Health and Healing

Moira Fitzpatrick, PhD, ND, CHT
Pacific Pearl Center for Health and Healing

Tracy Gaudent, MD
Executive Director
National Office of Patient-Centered Care and Cultural Transformation

Christine Goertz, DC, PhD
Vice-Chancellor for Research & Health Policy
Palmer College of Chiropractic

Wendy S. Goldman, LAc
14th Generation Emel Qigong Master
Goldman Wellness Center

Harold Goldstein, DrPH
Executive Director
California Center for Public Health Advocacy

David Gruder, PhD, DCEP
Principal, Integrity Culture Systems™; Founding President, Association for Comprehensive Energy Psychology

Scott Haldeman, DC, MD, Ph.D.
FRCP(C), FAAN(C)
Adjunct Professor, Dept. of Epidemiology, UCLA
Clinical Professor, Dept. of Neurology, UCI

Patrick Hanaway, MD, ABIHM
Medical Director, Cleveland Clinic Center for Functional Medicine

Jason Jishun Hao, DOM
President, Neuroacupuncture Institute

Shamini Jain, PhD
Senior Scientist, Samueli Institute

Lynn Keegan, PhD, RN, AHN-BC, FAAN
Director, Holistic Nursing Consultants
Past President, American Holistic Nursing Association

Datis Kharrazian, DHSc, DC, FACN, CNS
Associate Clinical Professor
Loma Linda University School of Medicine

Efrem Korngold, OMD, RH (AHG), Dipl Ac (NCCAOM), LAc
Co-founder, Chinese Medicine Works

Michael Kurisu, DO, ABIHM
Clinical Director
UCSD Center for Integrative Medicine
Medical Director
Osteopathic Center San Diego

Robert S. Lawrence, MD
Professor of Environmental Health Sciences
Center for a Livable Future
Johns Hopkins Bloomberg School of Public Health

Karen Lawson MD, ABIHM
Asst. Professor Family Medicine and Community Health
Dir. of Integrative Health Coaching at UMN, Center for Spirituality and Healing

Sanford H. Levy, MD, FACP, ABIHM
Clinical Associate Professor of Medicine, SUNY at Buffalo

Felix Liao, DDS
President & Journal Editor
International Academy of Biological Dentistry and Medicine

Liz Lipski, PhD, CNS, CCN, CFM, LDN
Director of Academic Development/Nutrition
Maryland University of Integrative Health

Tieraona Low Dog, MD
Fellowship Director, AIHM

Stacy Malkan
Co-Director of US Right to Know
Author—"Not Just a Pretty Face"

Rollin McCraty, PhD
Director of Research
HeartMath Institute

Julie McKee, MD, ABIHM
HeartMath Institute

Rollin McCraty, PhD
Director of Research
HeartMath Institute

Ilaria Merculieff
President, Global Center for Indigenous Leadership and Lifeways

Miriam Nelson, PhD
Associate Dean, Tisch College of Citizenship and Public Service
Professor, Friedman School of Nutrition Science and Policy

Erica Oberg, ND, MPH
Pacific Pearl La Jolla
Naturopathic Physicians
Research Institute

Dean Ornish, MD
Founder & President, Preventive Medicine Research Institute
Clinical Professor of Medicine, Univ. of California, San Francisco

Michael Pritchard
SEL Educator and Inspirational Speaker
Heartland Media Foundation

Bill Reddy, LAc, DiplAc
Chair, Federal Policy Committee
Integrative Health Policy Consortium

Molly Roberts, MD, MS, ABIHM
Past President, American Holistic Medical Association

Amy Rothenberg, ND
President, MA Society of Naturopathic Doctors
Founder, New England School of Homeopathy

Scott Shannon, MD, ABIHM
Wholeness Center
Fort Collins, CO
Assistant Clinical Professor
University of Colorado
Dept. of Psychiatry

Kim Tippens, ND, MSAOM, MPH
Associate Professor
Hellgott Research Institute
National College of Natural Medicine

Roberto Vargas, MPH
Navigator, Community Engagement and Health Policy Program,
CTSI of UCSF
Council Member, National Cancer Research Advocacy, NCI

Jean Watson, PhD, RN, AHN-bc, FAAN
Founder/Director
Watson Caring Science Institute
Distinguished Professor Emerita
University of Colorado

John Weeks
The Integrator Blog
The Global Integrator Blog (GAHMJ)

Bill Wolfe, DDS, NMD
Mercury Free / Holistic Dentistry
Energetic Healthcare

Jimi Wollumbin (TCM)
Chief Executive Officer
One Health Organisation

Tracy Woodruff PhD, MPH
Professor & Director, Program on Reproductive Health and the Environment

Larry Yee
President and Coordinating Director
The Food Commons
Faculty Disclosure
In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the educational activity commencement.

Planning Committee
Planning Committee *signifies 2015 AIHM conference faculty

Planning Committee Co-Chairs
Jennifer Blair, LAc, MaOM*
Acupuncturist / Senior Trainer
Penny George Institute for Health and Healing
Board of Directors AIHM

Wendy Warner, MD, ABIHM*
Founder and Medical Director
Medicine in Balance, LLC

Planning Committee Members

Steve Cadwell
Co-Executive Director, AIHM

Seroya Crouch, ND
OneMedicine Consulting
Director of Certificate Programs, AIHM

Russell Faust, MD, PhD, ABIHM *
Board of Directors, AIHM

Nita Gage, DSPS, MA *
Director
Healer Within Retreats

Michelle Goldbach, MHA, RN
Clinical Manager
The Elizabeth Hospice

Mimi Guarneri, MD, FACC, ABIHM *
President, AIHM
Medical Director
Guarneri Integrative Health, Inc.

Jamie Harvie, PE *
Executive Director
Institute for a Sustainable Future
Founder, Commons Health Network

William Meeker, DC, MPH *
President
Palmer College of Chiropractic

Tabatha Parker, ND *
Education Director, AIHM
Founder & President, Natural Doctors International
Co-Chair Masters of Global Health at National College of Natural Medicine

Rauni Prittinen King, MIH, RN, HNB-BC, CHTPI
Board of Directors, AIHM
Executive Director
Miraglo Foundation & Guarneri Integrative Health Inc.

David Riley, MD *
Editor, The Permanente Journal
Board of Directors, AIHM

Stephanie “Seth” Romanoff
Communications Director, AIHM

Robert Schwarz, PsyD, DCEP
Executive Director
Association for Comprehensive Energy Psychology

Nancy Sudak, MD, ABIHM
Executive Director, AIHM

Lucia Thornton, RN
Author, Consultant and Educator
Holistic Nursing and Whole-Person Caring

Alyssa Wostrel, MBA, DiHom
Executive Director
Integrative Health Policy Consortium

Integrative Medicine Review Course Planning Committee
(for ABOIM test-takers)

Wendy Warner, MD, ABIHM*
Founder and Medical Director
Medicine in Balance, LLC

Tabatha Parker, ND *
Education Director, AIHM
Founder & President, Natural Doctors International

David Riley, MD *
Editor, The Permanente Journal
Board of Directors, AIHM

Nancy Sudak, MD, ABIHM
Executive Director, AIHM

Hal Blatman, MD, ABIHM
Medical Director, Blatman Health and Wellness Center
About the AIHM

The Academy of Integrative Health & Medicine unites the many voices in integrative health to build bridges between professions and offer credible educational and certificate programs for licensed healthcare providers. The Academy empowers members by supporting true interprofessional and equitable collaboration. The Academy advocates for affordability and accessibility on behalf of patients and practitioners and builds leadership capacity with the next generation of caregivers. We are moving toward a new paradigm of health care for humanity and the planet.

AIHM Inaugural Integrative Health & Medicine Awards Ceremony and Gala

On the final evening (Thursday, Oct. 29), we are gathering in celebration and fellowship to honor the work of those transforming medicine. Reception, dinner (fish, veggie or vegan and gluten-free options), awards celebration and dance party are all included. The AIHM Gala is expected to sell out early, so secure your ticket at a special rate and plan your travel accordingly!

Price: $99 until Aug. 15; (Aug. 16–$125; Oct. 18–$150)

Focused Track: Integrative Medicine Board Review

This intensive board review course is offered during days 2, 3 and 4 (Mon. Oct. 26–Wed. Oct. 28) of the AIHM Annual Conference. This course offers attendees the benefits of both the outstanding first and last day plenary sessions, days 2, 3 and 4 keynotes AND a specially designed study course to prepare those MDs/DOs sitting for the American Board of Integrative Medicine (ABOIM) board exam, administered by the American Board of Physician Specialties (ABPS).

Designed and executed by a team of experts, the course offers a comprehensive overview of all key test domain sections. Pricing includes a guaranteed seat in the review course, as established by the ABOIM, a digital copy of the ABIHM’s Curriculum Study Guide containing over 700 pages of material, and a packet of 250 sample study questions specifically developed to help prepare you for the board exam. For course offerings, see the “Integrative Medicine Review Courses” breakouts in attached schedule.

Price: $250; Members $225 (In addition to conference registration)
Pre-Conference Workshops

Three Pre-Conference Workshops are offered Saturday, Oct. 24. Pre-conference fees include course tuition, materials, CME credits, breakfast and lunch. Workshops require a separate registration from the main conference.

Price: $350; Members $300 (Aug. 15: $450, Oct. 18: $475)

Option 1: Integrative Oncology in Practice and Prevention

Speakers: Lise Alschuler, ND; and TBA

In this full-day workshop, practitioners will learn the latest natural therapies and conventional cancer treatments to improve the health outcomes of patients. Discover natural therapies that reduce cancer risks to bring health, healing and vitality to patients diagnosed with cancer. Lise Alschuler, ND, co-author of The Definitive Guide to Thriving After Cancer, will lead the workshop.

Option 2: Integrative Medicine & Your Practice–Business & Leadership Tools for Creating Success

Speakers: Mimi Guarneri, MD; F. Nicholas Jacobs, FACHE; Rauni Prittinen King, RN; James Maskell; Ellen W. Steifler, Esq.; Russell Faust, MD, PhD

This innovative course is designed for both healthcare providers looking to introduce integrative holistic medicine to their practices and seasoned clinicians (MDs, DOs, Nurses, NDs, DCs, LAc's, etc.) seeking meaningful information on improving their business outcomes. Healthcare professionals from all backgrounds will find this important seminar a valuable resource!

Option 3: Healer Within–Moving Through Change: Self-Care, Self-Compassion & Resiliency

Speakers: Daniel Friedland, MD; Nita Gage, DSPS, MA; Molly Roberts, MD, MS; Bruce Roberts, MD, Shannon Simonelli, PhD

Let us accompany you on a personal journey to transform burnout into resiliency. This phenomenal line-up will provide experiences and theoretical perspectives from a variety of models of change including Daniel Friedland's neuroscience-based model of change, 5Rhythms movement therapy, and shamanic indigenous native teachings.

Sunday, October 25, 2015 - DAY 1

Plenaries–Opening Our Collective Hearts

6:30 am Morning Renewal
7:00 am Yoga/Tai Chi/Breakfast
8:00 am Registration
8:15 am Welcome & Opening Ceremony–Mimi Guarneri, MD, FACC, ABIHM
8:30 am The Transformative Power of Lifestyle Medicine–Dean Ornish, MD
9:30 am Science of Connection–Mimi Guarneri, MD, FACC, ABIHM
10:15 am Break
10:45 am Connective Tissue: A Winner's History for Integrative Health and Medicine–John Weeks
11:30 am Global Burden of Musculoskeletal Diseases–Scott Haldeman, DC, MD, PhD, FRCP(C), FAAN(C)
12:15 pm Lunch
12:15 pm Community Health and Environmental Justice–Cecil D. Corbin-Mark
3:00 pm Healing the Soul of America: A 21st Century Imperative–Gail Christopher, DN
3:45 pm Environmental Influences on Cancer–The Triple Impact on Stroma, Epigenetics and Genomics–Lise Alschuler, ND, FABNO
4:30 pm Break
5:00 pm Greening of Medicine–Tieraona Low Dog, MD
6:00 pm AIHM–Welcome Reception–Mimi Guarneri, MD, FACC, ABIHM

Holistic Happy Hour Reception (Special Academy Membership Event for All Attendees)
### Monday, October 26, 2015—DAY 2

**PEOPLE—Practice Pearls for Our Patients**

<table>
<thead>
<tr>
<th>Time</th>
<th>Breakout 1–GI Health &amp; Body Burden</th>
<th>Breakout 2–Mental &amp; Emotional Health &amp; the Whole Person</th>
<th>*Breakout 3–Integrative Medicine Review Course–Day 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30 am</td>
<td>Morning Renewal</td>
<td>Morning Renewal</td>
<td>Morning Renewal</td>
</tr>
<tr>
<td>6:30 am</td>
<td>Yoga/Tai Chi</td>
<td>Yoga/Tai Chi</td>
<td>Yoga/Tai Chi</td>
</tr>
<tr>
<td>6:30 am</td>
<td>Breakfast</td>
<td>Breakfast</td>
<td>Breakfast</td>
</tr>
<tr>
<td>7:45 am</td>
<td>Opening &amp; Intention</td>
<td>Opening &amp; Intention</td>
<td>Opening &amp; Intention</td>
</tr>
<tr>
<td>8:00 am</td>
<td>Gut Restoration</td>
<td>Panel–Clinical Jazz: Mental Health</td>
<td>Foundations of Integrative Medicine</td>
</tr>
<tr>
<td></td>
<td>Patrick Hanaway, MD, ABIHM</td>
<td>Scott Shannon, MD, ABIHM</td>
<td>Hal Blatman, MD, ABIHM</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Jennifer Blair, LAc, MaOM</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Moira Fitzpatrick, PhD, ND, CHT</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Dan Asimus, MD, MSED, ABIHM</td>
<td></td>
</tr>
<tr>
<td>9:00 am</td>
<td>Microbiome</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Patrick Hanaway, MD, ABIHM</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:00 am</td>
<td>Break</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:30 am</td>
<td>ACES, Bullying &amp; the State of America—What We Can Do as Health Providers—Michael Pritchard</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:30 am</td>
<td>Lunch</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:00 pm</td>
<td>Leaky Gut</td>
<td>Energetic Connectivity: Coherence &amp; The Global Field Environment</td>
<td>Mind Body 2</td>
</tr>
<tr>
<td></td>
<td>Bill Reddy, LAc, Dipl Ac</td>
<td>Rollin McCraty, PhD</td>
<td>Karen Lawson MD, ABIHM</td>
</tr>
<tr>
<td>2:00 pm</td>
<td>Assessing Body Burden</td>
<td>Mental Health Pearls</td>
<td>Botanical Medicine 1 &amp; 2</td>
</tr>
<tr>
<td></td>
<td>Joseph Pizzorno, ND</td>
<td>Lynn Keegan, PhD, RN</td>
<td>Wendy Warner, MD, ABIHM</td>
</tr>
<tr>
<td>3:00 pm</td>
<td>Detoxification</td>
<td>Why Isn’t My Brain Working</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Joseph Pizzorno, ND</td>
<td>Datis Kharrzian, DHSc, DC, FACN, CNS</td>
<td></td>
</tr>
<tr>
<td>4:00 pm</td>
<td>Break</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:30 pm</td>
<td>The Gut Brain Connection—Jeffrey Bland, PhD</td>
<td>The Gut Brain Connection—Jeffrey Bland, PhD</td>
<td></td>
</tr>
<tr>
<td>5:00 pm</td>
<td>Self-Care Extravaganza</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Tuesday, October 27, 2015—DAY 3

**PLANET—Global Traditions & Health Issues Impacting Our Planet**

<table>
<thead>
<tr>
<th>Time</th>
<th>Breakout 4–Advanced Clinical Topics in Global Healing Traditions</th>
<th>Breakout 5–Specific Topics in Health Impacting the Planet &amp; Community</th>
<th>*Breakout 6–Integrative Medicine Review Course–Day 2–Global Traditions</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30 am</td>
<td>Morning Renewal</td>
<td>Morning Renewal</td>
<td>Morning Renewal</td>
</tr>
<tr>
<td>6:30 am</td>
<td>Yoga/Tai Chi</td>
<td>Yoga/Tai Chi</td>
<td>Yoga/Tai Chi</td>
</tr>
<tr>
<td>6:30 am</td>
<td>Breakfast</td>
<td>Breakfast</td>
<td>Breakfast</td>
</tr>
<tr>
<td>7:45 am</td>
<td>Opening &amp; Intention</td>
<td>Opening &amp; Intention</td>
<td>Opening &amp; Intention</td>
</tr>
<tr>
<td>8:00 am</td>
<td>Ayurvedic Medicine</td>
<td>Food Systems &amp; Health (IOM)</td>
<td>Robert Lawrence, MD</td>
</tr>
<tr>
<td></td>
<td>Kulreet Chaudhary, MD</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:45 am</td>
<td>Biological Dentistry &amp; IM—Systemic Impact of Oral Health</td>
<td>Dietary Guidelines &amp; Sustainability (IOM)</td>
<td>Miriam Nelson, PhD</td>
</tr>
<tr>
<td></td>
<td>Felix Liao, DDS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:30 am</td>
<td>Clinical Applications of Homeopathy</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Amy Rothenberg, ND</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:30 am</td>
<td>Break</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:00 am</td>
<td>Panel–Clinical Jazz: Intentionial Healing/Energy Medicine</td>
<td>Reproductive Environmental Health</td>
<td>Robert Bonakdar, MD, FAAFP</td>
</tr>
<tr>
<td></td>
<td>Seroya Crouch, ND</td>
<td>Tracy Woodruff, PhD, MPH</td>
<td></td>
</tr>
<tr>
<td></td>
<td>David Gruder, PhD, DCEP</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Wendy Goldman, LAc, Dipl Ac</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:30 pm</td>
<td>Lunch</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30 pm</td>
<td>Panel–Community &amp; Planetary Health Considerations</td>
<td>Panel–Clinical Jazz: Healing Traditions Case Studies</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Jamie Harvie, PE–Facilitator</td>
<td>Moderator: David Riley, MD</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Larry Yee–Food Commons–The Healthy Alternative to Big Food</td>
<td>David Riley, MD, MD</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Stacy Malkan–Giving the Food and Cosmetics Industry a Makeover</td>
<td>Kulreet Chaudhary, MD, Jennifer Blair, LAc, MaOM, Amy Rothenberg, ND</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Roberto Vargas, MPH–A Community Response to Big Soda</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:30 pm</td>
<td>Break</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5:00 pm</td>
<td>Ecological Health &amp; Environmental Health Policy—Charlotte Brody, RN</td>
<td>Movement Experiential / Crone/Sage School</td>
<td></td>
</tr>
</tbody>
</table>

**Breakout 6–Integrative Medicine Review Course–Day 2–Global Traditions**

<table>
<thead>
<tr>
<th>Time</th>
<th>Breakout 6–Integrative Medicine Review Course–Day 2–Global Traditions</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30 am</td>
<td>Morning Renewer</td>
</tr>
<tr>
<td>6:30 am</td>
<td>Yoga/Tai Chi</td>
</tr>
<tr>
<td>6:30 am</td>
<td>Breakfast</td>
</tr>
<tr>
<td>7:45 am</td>
<td>Opening &amp; Intention</td>
</tr>
<tr>
<td>8:00 am</td>
<td>Panel–Subtle Energy Systems</td>
</tr>
<tr>
<td></td>
<td>David Riley, MD, MD</td>
</tr>
<tr>
<td></td>
<td>Rauni King, MPH, RN, HNB-BC, CHTPI</td>
</tr>
<tr>
<td></td>
<td>Nita Gage, DSPS, MA, MA</td>
</tr>
<tr>
<td></td>
<td>Lucia Thornton, RN</td>
</tr>
<tr>
<td>9:30 am</td>
<td>Dietary Supplements</td>
</tr>
<tr>
<td></td>
<td>Robert Bonakdar, MD, FAAFP</td>
</tr>
<tr>
<td>10:30 am</td>
<td>Break</td>
</tr>
<tr>
<td>11:00 am</td>
<td>Lifestyle &amp; Prevention Part 1 &amp; 2</td>
</tr>
<tr>
<td></td>
<td>Molly Roberts, MD, MS, ABIHM</td>
</tr>
<tr>
<td>12:30 pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>2:30 pm</td>
<td>Panel–Clinical Jazz: Healing Traditions Case Studies</td>
</tr>
<tr>
<td></td>
<td>Moderator: David Riley, MD</td>
</tr>
<tr>
<td></td>
<td>Kulreet Chaudhary, MD, Jennifer Blair, LAc, MaOM, Amy Rothenberg, ND</td>
</tr>
</tbody>
</table>

**Movement Experiential / Crone/Sage School**

---

*Note: Additional sessions and activities were held throughout the day, focusing on various health and wellness topics.*
Complimentary Special Events

These special events are free of charge, however space is limited and pre-registration is required to guarantee you a space. Please be sure to add any events you plan to attend to your registration so we may plan accordingly.

Holistic Happy Hour
Sunday, October 25, 2015
7:30 PM - 8:30 PM
All welcome. This reception & networking opportunity will give you a chance to connect with fellow members and not-yet-members on the advocacy topics you’re most passionate about in a casual, relaxing setting.

Self-Care Night
Monday, October 26, 2015
7:00 PM - 9:30 PM
Attendees will gather for an evening of self-care with six coordinated events and a central outdoor reception.

Crone/Sage School
Tuesday, October 27, 2015
7:30 PM
This event is a special tradition and part of our AHMA legacy. Attendees share in reflection and deep supportive connection, coming together to celebrate our shared humanity and holistic heritage. Two sacred gender-specific spaces are created.

Poster Reception & Awards
Wed., October 28, 2015
6:00 PM–7:30 PM
Throughout the week, original research posters will be showcased in the Garden Room of the main conference hall. On Wednesday, following the Research Keynote speaker, a special reception with refreshments will be held in the Mission Bay Room where each poster presenter will be available to answer questions.

Membership Breakfast
Thursday, October 29, 2015
7:30 AM–8:30 AM
Come and join Dr. Tieraona Low Dog, AIHM Fellowship Director for a fun-filled, informative lunch. We will discuss key aspects of the Fellowship in Integrative Health & Medicine: how the program works, what you are going to learn, the time commitment, who is eligible and address other questions. We will be raffling off books, tuition scholarships and more!

Wednesday, October 28, 2015–DAY 4
PURPOSE–Working Together to Transform Medicine

Breakout 7–Integrative Pain Evidence, Practice & Policy

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30 am</td>
<td>Morning Renewal</td>
</tr>
<tr>
<td>6:30 am</td>
<td>Yoga/Tai Chi</td>
</tr>
<tr>
<td>6:30 am</td>
<td>Breakfast</td>
</tr>
<tr>
<td>7:45 am</td>
<td>Opening &amp; Intention</td>
</tr>
<tr>
<td>8:00 am</td>
<td>Placebo &amp; Consciousness</td>
</tr>
<tr>
<td></td>
<td>Shamini Jain, PhD</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Clinical Trials for Common CAM Interventions for Pain</td>
</tr>
<tr>
<td></td>
<td>Dan Cherkin, PhD</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Transforming Pain Care: The Role of the Provider, Patient and Guidelines</td>
</tr>
<tr>
<td></td>
<td>Robert Bonakdar, MD, FAAFP</td>
</tr>
</tbody>
</table>

Breakout 8–Policy & Research Transforming the Landscape

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30 am</td>
<td>Morning Renewal</td>
</tr>
<tr>
<td>6:30 am</td>
<td>Yoga/Tai Chi</td>
</tr>
<tr>
<td>6:30 am</td>
<td>Breakfast</td>
</tr>
<tr>
<td>7:45 am</td>
<td>Opening &amp; Intention</td>
</tr>
<tr>
<td>8:00 am</td>
<td>Panel–Strategies for Integrative Research to Rapidly Transform Payment &amp; Delivery</td>
</tr>
<tr>
<td></td>
<td>John Weeks</td>
</tr>
<tr>
<td></td>
<td>Ryan Bradley, ND, MPH</td>
</tr>
<tr>
<td></td>
<td>Christine Goertz, DC, PhD</td>
</tr>
<tr>
<td></td>
<td>Jeffrey Dusek, PhD</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Advocacy in Integrative Health &amp; Medicine</td>
</tr>
<tr>
<td></td>
<td>Erica Oberg, ND, MPH</td>
</tr>
</tbody>
</table>

* Breakout 9–Integrative Medicine Review Course–Day 3

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30 am</td>
<td>Morning Renewal</td>
</tr>
<tr>
<td>6:30 am</td>
<td>Yoga/Tai Chi</td>
</tr>
<tr>
<td>6:30 am</td>
<td>Breakfast</td>
</tr>
<tr>
<td>7:45 am</td>
<td>Opening &amp; Intention</td>
</tr>
<tr>
<td>8:00 am</td>
<td>Professional Practice</td>
</tr>
<tr>
<td></td>
<td>Julie McKee, MD, ABIHM</td>
</tr>
<tr>
<td>8:45 am</td>
<td>Integrative Approaches Part 1</td>
</tr>
<tr>
<td></td>
<td>Hal Blatman, MD, ABIHM</td>
</tr>
<tr>
<td>9:45 am</td>
<td>Integrative Approaches Part 2</td>
</tr>
<tr>
<td></td>
<td>Sandy Levy, MD, FACP, ABIHM</td>
</tr>
</tbody>
</table>

Break

11:15 am  Transforming Medicine from the Inside Out–Tracy Gaudet, MD

Lunch

12:15 pm  Naturopathic Medicine & Pain
Michael Cronin, ND

2:15 pm  Addressing Racial/Ethnic Disparities in Health
Kim Tippens, ND, MSAOM, MPH

3:00 pm  Biological Dentistry
Bill Wolfe, DDS, NMD

3:45 pm  Chinese Medicine and Global Policy
Jason Jishun Hao, DOM

Nutrition Part 1
Liz Lipski, PhD, CNS, CCN, CFM, LDN

Nutrition Part 2
Liz Lipski, PhD, CNS, CCN, CFM, LDN

Nutrition Part 3
Liz Lipski, PhD, CNS, CCN, CFM, LDN

4:30 pm  Break

5:00 pm  PCORI and the Future of Integrative Medicine–Christine Goertz, DC, PhD

Poster Reception and Awards Ceremony
Thursday, October 29, 2015–DAY 5  
Plenaries–Opening Our Collective Hearts

6:30 am  Morning Renewal/Yoga/Tai Chi  
6:45 am  Membership Breakfast & Raffle  
8:30 am  Earth & Spirituality–Ilarion (Larry) Merculieff  
9:30 am  Break  
10:00 am  Healthcare Providers as Drivers of Social Transformation & Global Equality–Jimi Wollumbin, AD  
10:45 am  Global Integrative Health & Medicine–Tabatha Parker, ND  
11:30 am  Movement Building & Our Common Future–Jamie Harvie, PE  
12:15 pm  Lunch  
2:00 pm  Spirituality & the Soul–Jean Watson, PhD, RN, AHN-BC, FAAN  
2:45 pm  A Consciousness-based Approach to Health and Healing–Deepak Chopra, MD  
4:15 pm  The Power of We–Raising Consciousness–Mimi Guarneri, MD, FACC, ABIHM  
4:30 pm  Book Signing with Deepak Chopra, MD  
7:00 pm  AIHM GALA–1st Annual Integrative Health & Medicine Awards Ceremony, Dinner & Celebration

AIHM GALA  
1st Annual Integrative Health & Medicine Awards Ceremony, Dinner & Celebration  
The Integrative Health Event of the Year!  
Join Us– 7 pm Thursday

Conference Hotel  
Paradise Point Resort & Spa  
1404 Vacation Road  
San Diego, CA 92109  
Phone: (858) 274-4630  
Reservations: (800) 344-2626

To receive reduced rates starting at $192/night, mention the AIHM Scripps Conference when making your reservation to receive a Complimentary Passport to Paradise which includes guest room internet, domestic phone calls, access to fitness center & guest recreational activities, day and overnight parking. (please note: attendees who book their rooms through online, 3rd party services such as hotels.com, expedia.com, etc., are not eligible to receive listed amenities). Book early, as the conference is known to sell out! Find a roommate on the AIHM Facebook page.

If you are interested in exhibiting, sponsorship at a tiered level, or supporting a special event, please contact; Ms. Kristin Martinez, Scripps Conference Services & CME, 858-652-5400, martinez.kristin@scrippshealth.org

Fellowship  
For more information or to register: aihm.org/fellowship  
kgates@aihm.org

Academy Launches Two-Year Fellowship, Directed by Tieraona Low Dog, MD  
The nation's first truly interprofessional Fellowship in Integrative Health & Medicine brings health professionals together in an inspiring new team-based model that includes clinical training. Fellows will gain interdisciplinary expertise in the prevention and management of chronic disease and the delivery of integrative care across populations, including the underserved. The ultimate goal: personal and professional renewal for clinicians, enhanced wellbeing of people and the planet, and the transformation of health care.

We are currently accepting applications for the Feb. 2016 class from the following: MD, ND, DO, DC, DDS, LAc, APRN, PA, RD, LCSW, PsyD and PharmD.

For more information or to register: aihm.org/fellowship  
kgates@aihm.org
**Conference Fees & Registration**

**PRE-CONFERENCE WORKSHOPS (OCT. 24)**
(Select one by checking box below)—Included: Course tuition and electronic materials (with option to buy paper copy), breakfast, breaks and lunch.

- Early Bird Pricing through Aug. 15: $350
- Aug. 16–Oct. 18: $450
- On-site after Oct. 18: $475

AIHM Member discount—$50 off (check if this discount applies to you)


**MAIN CONFERENCE (OCT. 25-29)**
Included: Course tuition, access to conference materials (via mobile app and conference website) internet in meeting space, breakfasts, breaks, lunches and Sunday–Wednesday evening events.

<table>
<thead>
<tr>
<th>Early Bird Rates</th>
<th>Standard Rates</th>
<th>On-Site Rates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professions</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MD/DO</td>
<td>$1,058</td>
<td>$1,175</td>
</tr>
<tr>
<td>Other Health Professionals</td>
<td>$678</td>
<td>$775</td>
</tr>
<tr>
<td>Students/Residents/Fellows/ Community Members</td>
<td>$585</td>
<td>$650</td>
</tr>
<tr>
<td>Day Rate, please circle:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sun  Mon  Tue  Wed  Thurs</td>
<td>$350</td>
<td>$375</td>
</tr>
</tbody>
</table>

**Main Conference Receptions**
Included in the main conference registration fee. Events are space-limited. Check the boxes below if interested in attending.

- Sunday–Holistic Happy Hour
- Monday–Self-Care Reception
- Tuesday–Crone & Sage School
- Wednesday–Poster Reception
- Thursday–Membership Breakfast
- Thursday–Fellowship Lunch

**ABOIM BOARD REVIEW COURSE**
(Includes 2014 Study Guide and 2015 Sample Test Questions) Additional Charge: $250

**GUEST MEAL BADGE** (breakfast and lunch for GUESTS)–Guest Meal Badge $550

**MAIN CONFERENCE PRINTED SYLLABUS**—$100

Would you like to receive the AIHM or Scripps Email Newsletter?  Yes  No

**GALA TICKET**
Early Bird thru Aug. 15: $99  
Aug. 16–Oct. 18: $125  
On-site after Oct. 18: $150

**Meal Preference for Gala (choose one)**
Fish option (Gluten-free)  Vegetarian option  Vegan option (Gluten free)

By completing this form & returning it to Scripps you are acknowledging compliance with all attendance policies.

**PLEASE PRINT CLEARLY. YOUR BADGE WILL READ AS FOLLLOWS:**
First __________________  Mi ______  Last Name ____________

Degree (MD, DO, ND, DC, LAc, PhD, RN, etc) __________________________
Affiliation/Hospital/Company __________________________
Mailing Address ________________________________________________
City ___________ State ______ Zip. __________
Phone (__) ___________ Fax (__) ___________
E-mail __________________________

**PLEASE INDICATE ANY SPECIAL NEEDS (INCLUDING DIETARY RESTRICTIONS):**
Special requests will be considered and accommodated in full compliance with the Americans with Disabilities Act (ADA).

**PAYMENT METHOD:**
Check  Please make checks payable to Scripps (in U.S. dollars only)
If paying by credit card, please complete the information below.
Visa  MasterCard  AMEX  Discover
Credit Card Number __________________________
Expiration Date __________________________ Security Code on Card (Required) __________
Name on Card __________________________
Signature __________________________
Billing Address: __________________________

Office Use Only: Date rec’d ____________  Check no/approval  __________
CD ______ Amount ______ Confirmation Sent ________  Initials ________