



# Scripps Bio-Repository

Scripps is home to a world-renowned research program, which has been at the forefront of medical discoveries for decades.

Our scientific researchers are leaders in the field, dedicated to discovering new treatments, medications and devices that will improve the health and well-being of San Diegans and many others across the globe.

## Building a Brighter Tomorrow

Scripps Bio-Repository is a large bio-bank. It includes specimens and information that researchers can use to translate scientific discoveries into new, groundbreaking treatments that will build a brighter tomorrow.

Your support in this effort is vital and will help advance medicine, enhance patient care and save lives.

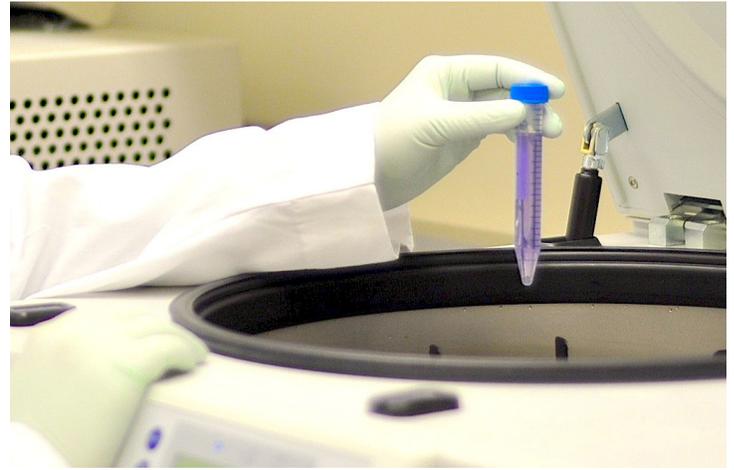
Please contact us for more information about our bio-repository.

**Scripps Clinic/Scripps Health Bio-Repository**  
10666 N. Torrey Pines Road  
La Jolla, CA 92037

Phone: 858-554-4360  
858-554-4368

[scripps.org/biorepository](http://scripps.org/biorepository)





## You Can Make a Difference

The goal of the bio-repository at Scripps is to aid in research that will discover information to advance diagnosis, prediction, prevention and treatment here at home and around the world.

Imagine if the polio vaccine had never been developed... Insulin had never been discovered as a treatment for diabetes... The world's most significant medical advances are the result of detailed, focused medical research.

Research relies on collecting and studying a wide variety of samples (specimens) and information from individuals of all ages, ethnicities, cultures, backgrounds and health conditions. This allows researchers to use real-life examples for testing scientific theories and principles that can lead to medical breakthroughs.

We hope you will consider joining us in this exciting endeavor to promote health and combat disease.

## What is a Bio-Repository?

The bio-repository stores health information and bio-specimens, such as tissue, blood and molecules, for research projects that have not yet been planned. The bio-repository team combines the bio-specimens and health records into "books" that can later be shared with researchers to help advance medicine.

Specimens can be easily collected during your routine lab visit or medical appointment. Your health records include your hospital medical records (and future records); results from your X-rays, blood tests or urine tests; and mental health treatment.

Protecting your identity and your information are very important to us. We store bio-specimens in a safe, controlled environment until they're needed for research, and health records are stored electronically. All information is protected by stringent security measures and kept confidential.

## Donating is Quick and Easy

Currently, we are seeking contributions from Scripps patients, regardless of health condition or ethnicity.

If you would like to donate to the bio-repository, we will ask you to sign a consent form. You must be at least 18 years old to sign the consent. You may obtain the form and information from your Scripps doctor or by contacting the bio-repository directly. We are happy to answer any of your questions about the process.

## Who Will Use the Information?

Your specimens and information may be shared with:

- Scripps researchers
- Other researchers and research institutions within the United States and internationally
- Public databases (if required)

To protect your privacy, your book is assigned a specific study number that makes you anonymous to everyone except the research team. Other researchers cannot identify you by your DNA alone, but they may publish general information about groups you belong to — for example, age, ethnicity and gender.

You may withdraw your consent at any time by contacting us. When you withdraw your consent, we will destroy any specimens and information we have about you. However, we will not be able to retrieve any information that has already been shared with researchers.



## What Kind of Research Can I Support?

We don't know in advance what specific projects your book will be used for. Currently, we are asking all donors to give permission to use their books for any future research projects. We generally will not come back to ask your permission for specific projects, unless the nature of the future research project and/or the law at that time requires us to do so.

Potential projects include:

- Exploring the health effects of lifestyle and environment
- Creating stem cells that can turn into other cells
- Studying how genes affect the way medicines work
- Creating cells that live forever
- Learning how to target cures for specific diseases, including those unrelated to your condition
- Using your book in research involving animals

If you are uncomfortable with any of these projects, you may not want to donate to the bio-repository at this time.

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