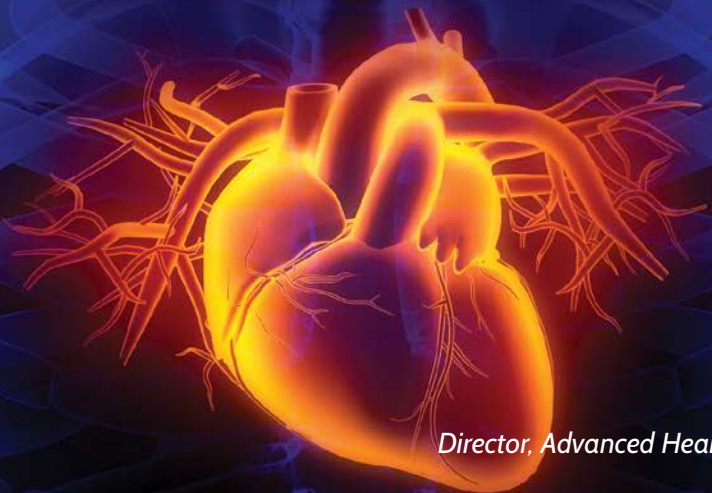


Fourth Annual  
**Clinical Advances in  
Heart Failure and  
Arrhythmias**

**APRIL 28–30, 2017**

**LOEWS CORONADO BAY RESORT • CORONADO, CALIFORNIA**



## Course Directors

**Douglas N. Gibson, MD, FHRS**  
*Director, Cardiac Electrophysiology  
Scripps Clinic  
La Jolla, California*

**J. Thomas Heywood, MD, FACC**  
*Director, Advanced Heart Failure and Mechanical Circulatory Support  
Scripps Clinic  
La Jolla, California*

**John D. Rogers, MD, FACC**  
*Associate Chief, Cardiology  
Director, Cardiac Pacing and Tachyarrhythmia Device Therapy  
Scripps Clinic  
La Jolla, California*

## Course Overview

Significant advances in the diagnosis and management of heart failure and arrhythmias continue to emerge, compelling the practice of cardiology to constantly evolve. These advances must be consistently implemented into clinical practice to guarantee the best care for patients affected by these cardiovascular conditions. Expert faculty will cover a wide range of topics including the diagnosis, management, and state-of-the-art treatment for heart failure, cardiac arrhythmias, hypertension, postural orthostatic tachycardia syndrome, peripheral vascular disease, and cardiovascular disease in women. Participants will return to their practice equipped with the latest evidence base and practical information to improve patient outcomes.

## Conference Highlights

- Plenary talks from nationally recognized experts
- Presentations on hot topics, upcoming scientific developments, and current advances in treatment for heart failure and arrhythmias
- In-depth breakout sessions on pertinent topics
- Networking opportunities among colleagues
- Conference app with access to course materials and recordings from the convenience of your mobile device or computer

## Educational Objectives

**After attending this live activity, participants should be able to:**

- Incorporate current and emerging clinical evidence in the assessment, treatment and management of patients with challenging cardiovascular disease.
- Apply new concepts in the management of arrhythmias, heart failure and hypertension.
- Employ new medical and surgical therapies for heart failure.
- Discuss current pharmacologic and medical management strategies for patients with atrial fibrillation.
- Evaluate device based therapies for heart rhythm disorders.
- Enhance skills in the management of cardiovascular disease in women.
- Illustrate techniques to identify and treat patients with postural orthostatic tachycardia syndrome.
- Identify appropriate treatments for peripheral vascular disease.
- Outline best practices for the management of patients with atrial fibrillation.
- Integrate new guidelines for hypertension and heart failure management into practice.

## Target Audience

- Cardiologists
- Electrophysiologists
- Internists
- Family Practice Physicians
- Cardiology Nurses/Nurse Practitioners
- Cardiology Physician Assistants
- Cardiovascular Technicians



# CONFERENCE FACULTY

## Course Directors

**Douglas N. Gibson, MD, FHRS**  
Director, Cardiac Electrophysiology  
Laboratory  
Scripps Clinic  
La Jolla, California

**J. Thomas Heywood, MD, FACC**  
Director, Advanced Heart Failure and  
Mechanical Circulatory Support  
Scripps Clinic  
La Jolla, California

**John D. Rogers, MD, FACC**  
Associate Chief, Cardiology  
Director, Cardiac Pacing and  
Tachyarrhythmia Device Therapy  
Scripps Clinic  
La Jolla, California

## Course Co-Directors

**Nicholas Olson, MD**  
Cardiac Electrophysiology  
Scripps Clinic  
La Jolla, California

**Ajay V. Srivastava, MD, FACC**  
Director, Acute Mechanical Circulatory  
Support/Heart Failure Program  
Scripps Clinic  
La Jolla, California

## Guest Speakers

**Christina Adams, MD**  
Integrative Cardiologist  
Scripps Clinic  
La Jolla, California

**Thomas S. Ahern, MD, FACC**  
Cardiovascular Disease and Clinical  
Cardiac Electrophysiology  
Scripps Clinic  
La Jolla, California

**Heather Bonagiudi, PA**  
Division of Cardiovascular Disease  
Scripps Clinic  
La Jolla, California

**Jorge A. Gonzalez, MD, FACC**  
Director, Advanced Cardiovascular  
Imaging  
Scripps Clinic  
La Jolla, California

**Christian W. Mende, MD, FACP, FACN,  
FASN, FASH**  
Clinical Professor of Medicine  
University of California, San Diego  
La Jolla, California

**Teferi Y. Mitiku, MD, FACC**  
Assistant Clinical Professor  
Department of Internal Medicine  
Division of Cardiology  
University of California, Irvine  
Irvine, California

**Suneet Mittal, MD, FACC, FHRS**  
Director, Electrophysiology  
Associate Chief of Cardiology  
Medical Director, Snyder AF Center  
Director, Cardiac Research  
Valley Health  
New York, New York

**Rajeev Mohan, MD**  
Advanced Heart Failure and  
Mechanical Circulatory Support  
Cardiologist  
Scripps Clinic  
La Jolla, California

**Curtiss T. Stinis, MD, FACC, FSCAI**  
Director, Peripheral Interventions  
Scripps Clinic  
La Jolla, California

**Christopher J. Suhar, MD**  
Medical Director  
Scripps Center for Integrative  
Medicine  
Scripps Clinic  
La Jolla, California

## Faculty Disclosure

In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Owners and/or employees of a commercial interest with business lines or products relating to the content of the CME activity will not be permitted to participate in the planning or execution of any accredited activity.

A complete listing of disclosures associated with this program can be found on the conference website: [www.scripps.org/cardioconference](http://www.scripps.org/cardioconference) and in the mobile conference app: [www.grupio.com/Card17](http://www.grupio.com/Card17).





# COURSE AGENDA

## Friday, April 28, 2017

- Noon Registration & View Exhibits
- 12:55 p.m. Welcome & Educational Overview
- 1 p.m. **What is Diastolic Heart Failure and What Can I Do About It?**  
*J. Thomas Heywood, MD*
- 1:30 p.m. **Interventions for Peripheral Vascular Disease**  
*Curtiss T. Stinis, MD*
- 2 p.m. **Subtle and Dangerous: Symptoms of Heart Disease in Women and Differences in Treatment Protocols**  
*Christina Adams, MD*
- 2:30 p.m. Break & View Exhibits
- 3 p.m. **Worsening Heart Failure Management: LVAD, Heart Transplant or Palliative Care**  
*Ajay V. Srivastava, MD*
- 3:30 p.m. **Arrhythmias Management: To Ablate or Not To Ablate**  
*Nicholas Olson, MD*
- 4 p.m. **Clinical Conundrums Panel Discussion**  
*Douglas N. Gibson, MD, J. Thomas Heywood, MD, Nicholas Olson, MD, John D. Rogers, MD, Ajay V. Srivastava, MD*
- 5 p.m. Adjourn

## Saturday, April 29, 2017

- 7:30 a.m. Continental Breakfast & View Exhibits
- 8 a.m. **What's New in Hypertension Guidelines?**  
*Christian W. Mende, MD*
- 8:30 a.m. **KEYNOTE**  
**Home Monitoring: The New Normal?**  
*Suneet Mittal, MD*
- 9 a.m. **The Role of Medical Therapy in Managing Atrial Fibrillation**  
*Teferi Y. Mitiku, MD*
- 9:30 a.m. **Dizziness, Fainting and Postural Orthostatic Tachycardia Syndrome**  
*Thomas S. Ahern, MD*
- 10 a.m. Break & View Exhibits
- 10:30 a.m. **Heart Screening Pre-sports: What Parents, Athletes and Health Care Providers Need To Know**  
*John D. Rogers, MD*
- 11 a.m. **Imaging in Heart Failure: Hypertension, Cardiac Sarcoidosis, Hypertrophic Cardiomyopathy or Cardiac Amyloidosis**  
*Jorge A. Gonzalez, MD, Ajay V. Srivastava, MD*
- Noon Lunch
- 1 p.m. **Workshops A-C (Concurrent Sessions)**  
**A. Ventricular Tachycardia and Supraventricular Tachycardia**  
*Douglas N. Gibson, MD, Nicholas Olson, MD*  
**B. What Do The New Blood Pressure Guidelines Mean For Older Adults?**  
*Christian W. Mende, MD*  
**C. Device Therapy in EP for Advanced Practitioners**  
*Heather Bonaguidi, PA*
- 2 p.m. Transition to next workshop
- 2:15 p.m. **Workshops A-C Repeat (Concurrent Sessions)**
- 3:15 p.m. Break & View Exhibits
- 3:30 p.m. **When the Beat is Off: What's New in NOACs and LAA Occlusion for Stroke Prevention in Atrial Fibrillation?**  
*Douglas N. Gibson, MD*
- 4 p.m. **What's New in Heart Failure Guidelines? Beyond Beta Blockers, Ace Inhibitors & Diuretics**  
*J. Thomas Heywood, MD*
- 4:30 p.m. Adjourn



## Sunday, April 30, 2017

- 7:30 a.m. Continental Breakfast  
& View Exhibits
- 8 a.m. **Workshops D-F**  
(Concurrent Sessions)  
**D. LVAD Patient in Your Clinic:  
A Hands-on Workshop**  
*Rajeev Mohan, MD,  
Ajay V. Srivastava, MD*  
**E. Clinical Challenges in Heart  
Failure Management**  
*J. Thomas Heywood, MD*  
**F. Device Based Therapy for  
Treating Heart Rhythm  
Disorders**  
*John D. Rogers, MD*
- 9 a.m. Transition to next workshop
- 9:15 a.m. **Workshops D-F Repeat**  
(Concurrent Sessions)
- 10:15 a.m. Break & View Exhibits
- 10:30 a.m. **Exploring Integrative Cardiology**  
*Christopher J. Suhar, MD*
- 11 a.m. **Pulmonary Hypertension 101**  
*J. Thomas Heywood, MD*
- 11:30 a.m. Final Adjournment



### Download the Scripps CME app for your smart phone or tablet!

All conference information including a detailed agenda, faculty listing, faculty disclosures, industry support, attendee list, and course materials can be found on the free Scripps CME conference app for smart phones, tablets, and laptop computers. To download the app on your smart phone or other device visit the appropriate app store and search ScrippsCME (must be one word). The app is free of charge and will be continuously updated during and after the course.

### To access the site using a web browser:

<http://www.grupio.com/Card17>



## Accreditation

### Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 13 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Nurses

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit(s)*<sup>™</sup> issued by organizations accredited by the ACCME. For the purpose of re-licensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credit(s)*<sup>™</sup>. The majority of state boards accept *AMA PRA Category 1 Credit(s)*<sup>™</sup> as meeting continuing education requirements for license renewal. Nurses should check with their state's Board of Registered Nursing regarding use of CME credit.

### Physician Assistants

The American Academy of Physician Assistants accepts Category 1 credit from AMA Category 1 CME organizations accredited by the ACCME.

### Commercial Support

This course is supported, in part, by educational grants from industry, in accordance with ACCME accreditation Standards for Commercial Support. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

## Conference Location & Hotel Information

### Loews Coronado Bay Resort

4000 Coronado Bay Road  
Coronado, California 92118  
Phone: 619-424-4000  
Reservations: 800-815-6397  
[www.loewshotels.com/CoronadoBayResort](http://www.loewshotels.com/CoronadoBayResort)

### Rates and Reservations

**We are fortunate to have obtained special low rates at the hotel starting at \$225 per night (plus tax and parking).**

This low rate also includes:

- Waived resort fee (\$26 per day value)
- Complimentary use of the fitness center
- Complimentary wireless internet in guest rooms
- Shuttle service to downtown Coronado Village
- Discounted self-parking
- 15% off all services at Sea Spa

**Make your reservations early!** A block of rooms is being held for us at the special rate of \$225 per night (single or double) **until Monday, March 27, 2017** or until the room block fills, whichever comes first. After this date, reservations will be accepted on a space and rate availability basis only. Be sure to mention that you are attending the Scripps cardiology conference when making your reservations to receive the reduced rate.







Scripps Conference Services & CME  
11025 N. Torrey Pines Road  
Suite 200, Maildrop: SCRC 200  
La Jolla, California 92037

# Clinical Advances in Heart Failure and Arrhythmias



## Fourth Annual

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