23rd Annual
Primary Care in Paradise
Medical Specialties from the Primary Care Perspective

March 19–22, 2018
Hyatt Regency Maui
Lahaina - Maui, Hawaii

Receive up to 20% off your registration (details inside)!
Course Overview

Scripps Health’s Primary Care in Paradise conference was designed by primary care physicians for primary care physicians and will present content from their unique perspective. This important CME conference will educate and promote improved patient outcomes in a broad range of therapeutic areas commonly encountered in the busy primary care practice. The 2018 conference will focus on cardiology, nephrology, pain management, infectious disease, dermatology, and other important disease states providers come across in practice. In addition to an overview of the history and current science of a variety of specialty areas, content will be presented in a very practical, patient-focused manner relevant to the specific primary care setting and challenges.

Conference Highlights

- Presentation of a wide variety of therapeutic areas commonly encountered in primary and urgent care settings
- Practical and useful content, including pearls, additional resources, course materials, and recordings for later reference
- Dynamic and interactive formats including case studies, audience response system, and ample opportunities for Q&A
- Optional interactive two-part dermoscopy workshop featuring real-life cases
- Half-day schedule at one of Hawaii’s most popular vacation destinations allowing time for learning and relaxation

Educational Objectives

After attending this live activity, participants should be able to:

- Discuss the history, science and evidence of commonly encountered therapeutic areas.
- Integrate current trends in preventive health care into patient care strategies.
- Diagnose frequently encountered medical conditions using office examinations and formal diagnostic techniques.
- Formulate a comprehensive treatment program for various health issues, coordinating other team members within the practice to support the patient care strategy.
- Manage the specialist referral process: assess when to refer, recognize what the specialized treatment will consist of, and determine the role of the primary care physician in cohesive care and follow-up.
- Identify common overlapping or related conditions.
- Access and/or recommend resources for both physicians and patients to acquire additional information pertinent to a range of therapeutic areas.
- Effectively discuss with patients their personal responsibilities in prevention and treatment.

Target Audience

- Family Medicine
- Internal Medicine
- General Practitioners

Dermoscopy Workshop

Additional Fee

This interactive, two-part skills workshop is designed for physicians looking to introduce dermoscopy into their practice or further their skill set. The first part of the workshop will offer an introduction to dermoscopy and its use in identifying melanoma skin cancer. The second part of the workshop will review real-life cases allowing participants to apply what they have learned. The workshop will be taught to a limited audience allowing for extensive interaction with the expert speaker. Participants in attendance will earn an additional 2 AMA PRA Category 1 Credits™.
Accreditation

Physicians
Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Scripps Health designates this live activity for a maximum of 18 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Credit Breakdown
Two-Part Dermoscopy Workshop (Tues/Wed): 2
Main Conference (Mon-Thurs): 16
Total Credits Available: 18

American Academy of Family Physicians
This Live activity, 2018 Primary Care in Paradise, with a beginning date of 03/19/18, has been reviewed and is acceptable for up to 18.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

College of Family Physicians of Canada
Members of the College of Family Physicians of Canada are eligible to receive 18 MAINPRO-M1 credits for participation in this activity due to reciprocal agreement with the American Academy of Family Physicians.

Board of Registered Nursing
For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit(s)™ issued by organizations accredited by the ACCME. For the purpose of re-licensure, the California Board of Registered Nursing accepts AMA PRA Category 1 Credit(s)™. The majority of state boards accept AMA PRA Category 1 Credit(s)™ as meeting continuing education requirements for license renewal. Nurses should check with their state’s Board of Registered Nursing regarding use of CME credit.

American Academy of Physician Assistants
The American Academy of Physician Assistants (AAPA) accepts Category 1 credit from AMA PRA Category 1 CME organizations accredited by the ACCME.

Faculty

Course Director
Michael L. Van Buskirk, MD, ABFM
Chairman, Department of Family Medicine
Scripps Clinic
Site Medical Director, Scripps Clinic Encinitas and Del Mar
Clinical Professor, Voluntary
Family and Preventive Medicine
University of California, San Diego
Encinitas, California

Conference Faculty

Caitlin E. Carter, MD
Pediatric and Adult Nephrology
Rady Children’s Hospital
Scripps Clinic
La Jolla, California

Timothy J. Corbin, MD, FACP
Medical Director
Hospice and Palliative Care Services
Scripps Health
San Diego, California

Nancy F. Crum-Cianflone, MD, MPH, FACP, FIDSA
Associate Professor
Preventive Medicine and Biometrics
Uniformed Services University of the Health Sciences
Infectious Disease Specialist
Scripps Mercy Hospital San Diego
San Diego, California

John G. Dawkins, MD, CAQ-SM
Family and Sports Medicine
Scripps Clinic
San Diego, California

Christopher J. Suhar, MD
Division of Cardiovascular Disease
Scripps Clinic
Medical Director
Scripps Center for Integrative Medicine
La Jolla, California

Ashley Wysong, MD, MS
Assistant Clinical Professor of Dermatology
Director of Procedural Dermatology and Mohs Micrographic Surgery
Keck School of Medicine
University of Southern California
Los Angeles, California

Joel C. Diamant, MD, FACP
Executive Vice President
Scripps Clinic Medical Group
Director, Internal Medicine Residency
Scripps Clinic
La Jolla, California

J. Thomas Heywood, MD, FACC
Director, Advanced Heart Failure and Mechanical Circulatory Support
Scripps Clinic
La Jolla, California

Faculty Disclosure
In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Owners and/or employees of a commercial interest with business lines or products relating to the content of the CME activity will not be permitted to participate in the planning or execution of any accredited activity.

A complete listing of disclosures associated with this program can be found on the conference website: www.scripps.org/paradise and in the mobile conference app: www.grupio.com/HI18.
**Sunday, March 18, 2018**

4-5:30 p.m. Pre-Registration

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**Monday, March 19, 2018**

7 a.m. Registration, Continental Breakfast & View Exhibits

7:25 a.m. Welcome & Educational Overview
           Michael L. Van Buskirk, MD

7:30 a.m. What's New in Outpatient Heart Failure Guidelines?
           J. Thomas Heywood, MD

8:30 a.m. Increasing Melanoma Awareness and Screening in Primary Care
           Ashley Wysong, MD, MS

9:30 a.m. Break & View Exhibits

10 a.m. Infectious Diseases Update
        Nancy F. Crum-Cianflone, MD, MPH

11 a.m. Advanced Lipids Management
        Christopher J. Suhar, MD

Noon Adjourn

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**Tuesday, March 20, 2018**

6:30-7:30 a.m. Pre-conference Workshop Part I: Dermoscopy: What Is It? Why Do It?
               Michael L. Van Buskirk, MD

7 a.m. Continental Breakfast & View Exhibits

7:30 a.m. Primary Care News: The Year's Literature in 60 Minutes
          Joel C. Diamant, MD

8:30 a.m. Implementing Advanced Care Planning in the Office Practice
          Timothy J. Corbin, MD

9:30 a.m. Break & View Exhibits

10 a.m. Evidence-Based Guidelines for Hypertension Management
        Caitlin E. Carter, MD

11 a.m. Sports and Exercise Injuries Commonly Encountered in the Office Practice
        John G. Dawkins, MD

Noon Adjourn

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**Wednesday, March 21, 2018**

6:30-7:30 a.m. Pre-conference Workshop Part II: Dermoscopy: How Do I Start?
               Michael L. Van Buskirk, MD

7 a.m. Continental Breakfast & View Exhibits

7:30 a.m. Managing Chronic Pain in the Primary Care Setting
          Timothy J. Corbin, MD

8:30 a.m. Dermatology Update: Practical Pearls for the Primary Care Physician
          Ashley Wysong, MD, MS

9:30 a.m. Break & View Exhibits

10 a.m. Injection Therapy for Common Musculoskeletal Conditions
        John G. Dawkins, MD

11 a.m. Medical Jeopardy
        Joel C. Diamant, MD

Noon Adjourn

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**Thursday, March 22, 2018**

7 a.m. Continental Breakfast & View Exhibits

7:30 a.m. Pulmonary Hypertension 101
          J. Thomas Heywood, MD

8:30 a.m. Infectious Diseases: Urgencies and Emergencies
          Nancy F. Crum-Cianflone, MD, MPH

9:30 a.m. Break & View Exhibits

10 a.m. Chronic Renal Disease in Adults and Children
        Caitlin E. Carter, MD

11 a.m. Taking Care of You: Preventing Caregiver Burnout
        Christopher J. Suhar, MD

Noon Final Adjournment

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**Download the Scripps CME App for your Smart Phone or Tablet!**

All conference information including a detailed agenda, faculty listing, faculty disclosures, industry support, attendee list, and course materials can be found on the free Scripps CME conference app for smart phones, tablets and laptop computers. To download the app on your smart phone or other device visit the appropriate app store and search ScrippsCME (must be one word). The app is free of charge and will be continuously updated during and after the course.

To access the site using a web browser:
http://www.grupio.com/HI18
Space is limited, so register early!

**Included:** Course tuition, breakfasts, breaks, internet access, and electronic course materials  
**Not Included:** Travel costs, lodging, parking, lunch, and dinners

### Conference Fees and Registration

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<tr>
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<th>Thru Jan 22</th>
<th>Jan 23–Mar 14</th>
<th>On-site after Mar 14</th>
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<tr>
<td><strong>Physicians</strong> (MD, DO)</td>
<td>$700</td>
<td>$725</td>
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<tr>
<td><strong>Other Healthcare Professionals</strong> (RN, NP, PA, Fellows, Residents)</td>
<td>$525</td>
<td>$550</td>
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<tr>
<td><strong>Dermoscopy Workshop</strong> (Additional Fee)</td>
<td>$125</td>
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**Register Online**  
[www.scripps.org/paradise](http://www.scripps.org/paradise)

### Refer a Friend and Receive up to 20% off Your Registration

Register, refer a friend who also registers and both of you will receive 15% off your registration fees. Refer two or more friends who register for the course and you will receive 20% off your registration fee while your friends will receive 15% off.

You will be charged the full registration fee until your friend(s) register and pay for the conference. There is no limit to the amount of friends you refer, however, 20% is the maximum discount you will receive on your registration fee. This offer cannot be combined with any other offers or discounts and is not applicable for the pre-conference workshop.

To receive your discount please email med.edu@scrippshealth.org with the names of your referrals and a credit will be applied to all applicable accounts.

### Attendance Policies

#### Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a $100 processing fee if your cancellation is received in writing no later than **Monday, March 12, 2018**. Attendee substitutions are allowed, but notification must be made in writing by **March 12, 2018**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to “no shows.”

#### Guest Attendance Policy

All conference activities, including, meal functions, are exclusively reserved for paid conference attendees. Children and family members are not allowed in the conference areas. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

#### Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course’s schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

#### Recording and Photography Clause

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.