

# Primary Care in Paradise

Medical Specialties from the  
Primary Care Perspective

April 4–7, 2022  
Hyatt Regency Maui  
Lahaina - Maui, Hawaii

# Course Introduction

## Course Overview

Scripps Health's Primary Care in Paradise conference was designed for primary care physicians and the interdisciplinary care team and will present content from their unique perspective. This important CME conference will educate and promote improved patient outcomes in a broad range of therapeutic areas commonly encountered in the busy primary care practice. In addition to an overview of the history and current science of a variety of specialty areas, content will be presented in a very practical, patient-focused manner relevant to the specific primary care setting and challenges.

## Target Audience

- Family Medicine
- Internal Medicine
- General Practitioners
- Advanced Practice Providers
- Nurses

## Educational Objectives

**After attending this live activity, participants should be able to:**

- Integrate current trends in preventive health care into patient care strategies.
- Effectively discuss with patients their personal responsibilities in prevention and treatment.
- Employ new interdisciplinary care team strategies that enhance the prevention, diagnosis and management of various medical conditions encountered in the office practice.
- Access and/or recommend resources for both physicians and patients to acquire additional information pertinent to a range of therapeutic areas.
- Manage the specialist referral process: assess when to refer, recognize what the specialized treatment will consist of, and determine the role of the primary care physician in cohesive care and follow-up.

## Faculty

### Course Director

#### **Michael L. Van Buskirk, MD, ABFM**

Chairman, Department of Family Medicine  
Scripps Clinic  
Senior Consultant, Scripps Clinic Medical Group  
Voluntary Clinical Professor  
Family and Preventive Medicine  
University of California, San Diego  
Encinitas, California

### Conference Planning Committee

#### **Bonnie Marblestone, PhD, RN, FNP-BC**

Family Nurse Practitioner  
Division of Internal Medicine  
Scripps Clinic  
Rancho Bernardo, California

#### **Evan Richardson, PharmD**

Clinical Pharmacist-In-Charge  
Scripps Health Encinitas Ambulatory Pharmacy  
Encinitas, California

### Conference Faculty

#### **James D. Bruffey, MD**

Orthopedic Surgeon  
Spine Center of Excellence (COE)  
Scripps Clinic/Scripps Green Hospital  
La Jolla, California

#### **Tonya Chaffee, MD, MPH**

Medical Director, Child and Adolescent Support, Advocacy and Resource Center (CASARC)  
Director Teen Services  
San Francisco General Hospital  
Clinical Professor of Pediatrics  
University of California, San Francisco  
San Francisco, California

#### **Emery H. Chang, MD**

Attending Physician  
Internal Medicine & Pediatrics  
CARE (Clinical AIDS Research and Education) Center & General Internal Medicine  
University of California, Los Angeles  
Los Angeles, California

#### **Joel C. Diamant, MD, FACP**

Executive Vice President  
Scripps Clinic Medical Group  
Division of Internal Medicine  
Scripps Clinic  
La Jolla, California

#### **Bruce J. Kimura, MD, FACC**

Medical Director  
Echocardiography and Vascular  
Ultrasound Lab  
Scripps Mercy Hospital  
San Diego Heart and Vascular Associates  
San Diego, California

#### **Raymond A. Plodkowski, MD**

Center for Weight Management  
Division of Diabetes & Endocrinology  
Scripps Clinic  
La Jolla, California

#### **Luigi Simone, MD, ABFM**

Senior Consultant  
Head, Division of Family Medicine (Encinitas)  
Scripps Clinic Medical Group  
Encinitas, California

#### **Ashley Wysong, MD, MS**

Founding Chair and Associate Professor  
William W. Bruce, M.D. Distinguished Chair of Dermatology  
University of Nebraska Medical Center  
Omaha, Nebraska

## Faculty Disclosure

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated.

A complete listing of faculty disclosures associated with this program can be found on the conference website: [www.scripps.org/paradisecme](http://www.scripps.org/paradisecme).

# Course Agenda

## Three Part Pre-Conference Workshop

### Dermoscopy and Melanoma: What Have You Been Missing?

Michael L. Van Buskirk, MD • Tuesday–Thursday, 6:30–7:30 a.m. each day

This interactive, three-part skills workshop is designed for physicians looking to introduce dermoscopy into their practice or further their skill set. Part one will offer an introduction to dermoscopy and its use in identifying melanoma skin cancer. Part two will consist of reviewing real-life cases and slides allowing participants to apply what they have learned thus far. Part three will offer participants the chance to use dermoscopes to conduct skin exams. The workshop will be taught to a limited audience allowing for extensive interaction with the expert speaker. Participants in attendance will earn an additional 3 *AMA PRA Category 1 Credits™*.

### Sunday, April 3, 2022

4–5:30 p.m. Pre-Registration

### Monday, April 4, 2022

7 a.m. Registration, Breakfast & View Exhibits

7:25 a.m. **Welcome & Educational Overview**  
*Michael L. Van Buskirk, MD*

7:30 a.m. **Primary Care News 2021:  
The Year's Literature in 60 Minutes**  
*Joel C. Diamant, MD*

8:30 a.m. **Obesity, Weight Loss and Fad Diets**  
*Raymond A. Plodkowski, MD*

9:30 a.m. Break & View Exhibits

10 a.m. **Recognizing Human Trafficking:  
A Primer for Health Care Providers**  
*Tonya Chaffee, MD, MPH*

11 a.m. **Less is More:  
Eliminating Low Value Care**  
*Luigi Simone, MD*

Noon Adjourn

### Tuesday, April 5, 2022

7 a.m. Breakfast & View Exhibits

7:30 a.m. **Providing Inclusive Care for  
LGBTQ Patients**  
*Emery H. Chang, MD*

8:30 a.m. **Why You Shouldn't Always  
Go Looking for Cancer**  
*Luigi Simone, MD*

9:30 a.m. Break & View Exhibits

10 a.m. **Dermatology Update: Practical Pearls  
for the Primary Care Physician**  
*Ashley Wysong, MD, MS*

11 a.m. **Incorporating Point-of-Care Ultrasound  
into Your Practice Part 1**  
*Bruce J. Kimura, MD*

Noon Adjourn

### Wednesday, April 6, 2022

7 a.m. Breakfast & View Exhibits

7:30 a.m. **Making Your Practice More  
Adolescent Health Friendly**  
*Tonya Chaffee, MD, MPH*

8:30 a.m. **Primary Care Interventions  
for Back and Neck Pain**  
*James D. Bruffey, MD*

9:30 a.m. Break & View Exhibits

10 a.m. **Updates in Type 2 Diabetes**  
*Raymond A. Plodkowski, MD*

11 a.m. **New Guidelines for Treatment  
of Pneumonia, Asthma and  
Cardiovascular Disease**  
*Joel C. Diamant, MD*

Noon Adjourn

### Thursday, April 7, 2022

7 a.m. Breakfast & View Exhibits

7:30 a.m. **Melanoma Update: What the Primary  
Care Physician Needs to Know**  
*Ashley Wysong, MD, MS*

8:30 a.m. **The Role of Primary Care in  
HIV Treatment and Prevention**  
*Emery H. Chang, MD*

9:30 a.m. Break & View Exhibits

10 a.m. **Complex Orthopedic Injuries:  
A Case-based Update**  
*James D. Bruffey, MD*

11 a.m. **Incorporating Point-of-Care Ultrasound  
into Your Practice Part 2**  
*Bruce J. Kimura, MD*

Noon Final Adjournment

*Topics, speakers and order of talks is subject to change*

### Conference Course Materials

All course materials will be available in the Scripps Health CME conference app. Presentations will be added to the app as they are received. Presentations may be downloaded and saved for your personal use. Recordings of all presentations will also be available in the app approximately one month after the conference. No printed syllabus will be available.



# Accreditation & Disclosure

## Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 19 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## Credit Breakdown

Three-Part Dermoscopy Workshop (Tues-Thurs): 3

Main Conference (Mon-Thurs): 16

Total Credits Available: 19

## ABIM MOC Points

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

## Nurses and Nurse Practitioners

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit(s)*<sup>™</sup> issued by organizations accredited by the ACCME.

For the purpose of re-licensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credit(s)*<sup>™</sup> for attendance at structured learning activities offered by organizations accredited by the ACCME.

The American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept *AMA PRA Category 1 Credit(s)*<sup>™</sup> from organizations accredited by the ACCME.

## Physician Assistants

PAs may claim a maximum of 19 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit(s)*<sup>™</sup> from organizations accredited by the ACCME.

## American Academy of Family Physicians

The AAFP has reviewed Primary Care in Paradise 2022 and deemed it acceptable for up to 19.00 In-Person, Live (could include online) AAFP Prescribed credit. Term of Approval is from 04/04/2022 to 04/07/2022. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## American Osteopathic Association

CME activities approved for AAFP credit are recognized by the AOA as equivalent to AOA Category 2 credit.

## College of Family Physicians of Canada

Members of the College of Family Physicians of Canada are eligible to receive 19 Certified or Non-Certified Mainpro+ credits for participation in this activity due to reciprocal agreement with the American Academy of Family Physicians.

## Pharmacology Credits

This course is certified for 16 CE credits. The number of credits that may be applied toward Pharmacology will be confirmed after the conference materials have been reviewed by our pharmacist.

## Commercial Support

This course may be supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: [www.accme.org/standards](http://www.accme.org/standards).

# Conference Location & Hotel Information

## Hyatt Regency Maui Resort & Spa

200 Nohea Kai Drive  
Lahaina-Maui, Hawaii 96761  
Reservations: 888-421-1442  
Hotel Direct: 808-661-1234  
[www.hyattregencymaui.com](http://www.hyattregencymaui.com)



## Rates & Reservations

Room rates are inclusive of daily self-parking and are as follows. These rates do not include taxes, portage or discounted resort fee.

- Resort View: \$313 p/night
- Partial Ocean View: \$345 p/night
- Deluxe Ocean View: \$380 p/night
- Deluxe Ocean Front: \$420 p/night

**Make your reservations early!** A block of newly renovated rooms is being held for us at the rates outlined above **until February 28, 2022 or until the block fills, whichever comes first.** This block will fill quickly and once full, reservations will be accepted on a space and rate availability basis only and discounted room rates cannot be guaranteed. Be sure to mention that you are attending the Scripps Primary Care Conference when making your reservations to receive the reduced rate or **book online using the custom link on the conference website.**



# Primary Care in Paradise

## Ways to Register

Online: [www.scripps.org/paradisecme](http://www.scripps.org/paradisecme)

Call: 858-678-6400

## Conference Fees

**Included:** Course tuition, breakfasts, breaks, internet access, self-parking, and electronic course materials

**Not included:** Travel costs, lodging, valet parking, lunch, and dinners

### Scripps Health Meeting Guidelines

1. Proof of vaccination will be required for all staff, participants, and vendors who wish to attend the conference in-person.
2. Staff, participants, and vendors will be required to wear masks and remain physically distanced during the conference.

	Thru Jan 4	Jan 5–Mar 28	After Mar 28
<b>Dermoscopy Workshop</b> (Tues–Thurs)	\$150	\$175	\$225
<b>Physicians (MD, DO, MBBS)</b>	\$750	\$775	\$825
<b>RN, NP, PA, Other</b>	\$600	\$625	\$675
<b>Students, Residents, Fellows</b>	\$375	\$400	\$450

## Refer a Friend and Receive 15% off your Registration Fee!

Register and refer a friend who also registers and both of you will receive 15% off the prevailing registration rates. Each of you will be charged the full registration fee until your friend(s) register and pay for the conference. There is no limit to the amount of friends you refer, however, 15% is the maximum discount you will receive on the prevailing registration rate. This offer cannot be combined with any other offers or discounts and is not applicable for the pre-conference workshop.

To receive your discount please email [med.edu@scrippshealth.org](mailto:med.edu@scrippshealth.org) with the names of your referrals and a credit will be applied to all applicable accounts. Please note that the referral discount does not apply to the workshop fees and is not available for those participants who register after March 28, 2022.

## Attendance Policies

### Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$150 processing fee (MD, DO, RN, PA, NP) or a \$50 processing fee (Student, Resident, Fellow), if your cancellation is received in writing no later than **Monday, March 28, 2022**. Attendee substitutions are allowed, but notification must be made in writing by **March 28, 2022**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to “no shows.” Pre-conference workshop is fully refundable prior to March 28, 2022.

### Family/Guest Attendance Policy

All conference activities are exclusively reserved for paid conference attendees. **Children and family members are not allowed to attend meal functions or permitted in the general session room.**

### Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.







**Scripps Conference Services & CME**

4275 Campus Point Court, CPB205  
San Diego, California 92121  
858-678-6400  
[www.scripps.org/conferenceservices](http://www.scripps.org/conferenceservices)  
[med.edu@scrippshealth.org](mailto:med.edu@scrippshealth.org)

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A close-up photograph of several plumeria flowers with yellow and pink petals, set against a dark green background. The flowers are the central focus of the lower half of the page.

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Visit [www.scripps.org/paradisecme](http://www.scripps.org/paradisecme) for conference updates!