

Primary Care in Paradise

Medical Specialties from the Primary Care Perspective



Conference Overview

Scripps Health's **Primary Care in Paradise** conference was designed for primary care physicians and the interdisciplinary care team and will present content from their unique perspective. This important CME conference will educate and promote improved patient outcomes in a broad range of therapeutic areas commonly encountered in the busy primary care practice. In addition to an overview of the history and current science of a variety of specialty areas, content will be presented in a very practical, patient-focused manner relevant to the specific primary care setting and challenges.

Target Audience

- Family Medicine
- Internal Medicine
- General Practitioners
- Advanced Practice Providers
- Nurses



Educational Objectives

After attending this live activity, participants should be able to:

- Integrate current trends in preventive health care into patient care strategies.
- Effectively discuss with patients their personal responsibilities in prevention and treatment.
- Employ new interdisciplinary care team strategies that enhance the prevention, diagnosis and management of various medical conditions encountered in the office practice.
- Access and/or recommend resources for both physicians and patients to acquire additional information pertinent to a range of therapeutic areas.
- Identify and address health disparities that could negatively impact patient care within the clinical encounter.
- Manage the specialist referral process: assess when to refer, recognize what the specialized treatment will consist of, and determine the role of the primary care physician in cohesive care and follow-up.

Faculty

Course Director

Michael L. Van Buskirk, MD, ABFM

Chairman, Department of Family Medicine Scripps Clinic Senior Consultant Scripps Clinic Medical Group Voluntary Clinical Professor Family and Preventive Medicine University of California, San Diego Encinitas, California

Conference Planning Committee

Evan Richardson, PharmD

Clinical Pharmacist-In-Charge Scripps Health Encinitas Ambulatory Pharmacy Encinitas, California

Jenna Roberts, MHS, PA-C

APC Lead Family Medicine Scripps Clinic Rancho Bernardo Department of Family Medicine Scripps Clinic San Diego, California

Conference Faculty

John Dawkins, MD, CAQ-SM

Family and Sports Medicine Scripps Clinic

San Diego, California

Joel Diamant, MD, MACP

Executive Vice President Scripps Clinic Medical Group Scripps Clinic La Jolla, California

Julio Gutierrez, MD

Director of Care Pathway Clinical Associate Professor Transplant Hepatology Organ Transplant, Scripps Clinic Scripps Cancer Center La Jolla. California

Samantha Harris, MD

Endocrinologist, Diabetes & Weight Management Scripps Whittier Diabetes Institute La Jolla. California

Rajeev Mohan, MD

Director, Cardio-Oncology and Cardiac Amyloidosis Program Advanced Heart Failure and Mechanical Circulatory Support Program Scripps Clinic La Jolla, California

Caitlin Richardson, PharmD, BCIDP

Advanced Practice Pharmacist Infectious Diseases Scripps Memorial Hospital Encinitas Encinitas, California

Christopher Suhar, MD

Division Head, Scripps Center for Integrative Medicine Cardiologist Scripps Clinic La Jolla, California

Lily Tsai, MD

Minimally Invasive GYN Surgery Associate Director, Fellowship in MIGS Scripps Clinic Encinitas, California

Faculty Disclosure

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated.

A complete listing of faculty disclosures associated with this program can be found on the conference website: www.scripps.org/paradisecme.

Conference Agenda

Sunday, March 31, 2024

4:30-6 p.m. Pre-Registration

Monday, April 1, 2024

7 a.m. Registration, Breakfast & View Exhibits

7:25 a.m. **Welcome & Educational Overview** *Michael Van Buskirk, MD*

7:30 a.m. Metabolic Liver Disease:
Screening and Management
Julio Gutierrez, MD

8:30 a.m. **Case Studies in Gynecological Care** *Lily Tsai, MD*

9:30 a.m. Break & View Exhibits

10 a.m. Sports and Exercise Injuries Commonly Encountered in the Office Practice John Dawkins, MD

11 a.m. What's New in Outpatient Heart Failure? Rajeev Mohan, MD

Noon Adjourn

Noon-1 p.m. Non-CME Lunch Symposium
Hosted by AbbVie
Optimizing Pathway to HCV Cure:
Pre-Treatment Evaluation and Treatment
Strategies for Primary Care Providers
Arina Kuznetsova, MD

Tuesday, April 2, 2024

6:30-7:30 a.m. **Dermoscopy Workshop Part I** *Michael Van Buskirk. MD*

7 a.m. Breakfast & View Exhibits

7:30 a.m. **Updates in Diabetes Management** Samantha Harris, MD

8:30 a.m. **Managing Alcohol Use Disorder** *Julio Gutierrez, MD*

9:30 a.m. Break & View Exhibits

10 a.m. **Menopause Management & Treatment** *Lily Tsai, MD*

11 a.m. **How Do I Reverse Coronary Plaque?** *Christopher Suhar, MD*

Noon Adjourn

Noon-1 p.m. CME Symposium

Hosted by Invisible International

Cat Scratch Fever

Nevena Zubcevik, DO

Wednesday, April 3, 2024

6:30–7:30 a.m. **Dermoscopy Workshop Part II** *Michael Van Buskirk, MD*

7 a.m. Breakfast & View Exhibits

7:30 a.m. **Do-It-Yourself Orthopedics:**Managing Common Musculoskeletal
Injuries in Primary Care
John Dawkins. MD

8:30 a.m. **Drugs That Can Get You into Trouble** *Evan Richardson, PharmD*

9:30 a.m. Break & View Exhibits

10 a.m. **Obesity Treatment: The Essentials**Samantha Harris, MD

11 a.m. **Medical Jeopardy** *Joel Diamant, MD*

Noon Adjourn

Noon-1 p.m. Non-CME Lunch Symposium Hosted by AstraZeneca Wainua: hATTR Progression: Addressing Polyneuropathy Rajeev Mohan, MD

Thursday, April 4, 2024

6:30–7:30 a.m. **Dermoscopy Workshop Part III** *Michael Van Buskirk, MD*

7 a.m. Breakfast & View Exhibits

7:30 a.m. A Practical Guide to Cardiac Amyloidosis
Raieev Mohan. MD

8:30 a.m. Essential Elements of
Outpatient Antibiotic Stewardship
Caitlin Richardson, PharmD

9:30 a.m. Break & View Exhibits

10 a.m. Primary Care News:
The Year's Literature in 60 Minutes
Joel Diamant, MD

11 a.m. Clinician Wellness:
Prioritizing Your Health and Wellbeing
Christopher Suhar, MD

Noon Final Adjournment

Topics, times, speakers, and order of talks subject to change

Primary Care in Paradise

Register Online: www.scripps.org/paradisecme

Conference Fees & Registration

Space is limited, so register early!

Included: Course tuition, breakfasts, breaks, course materials, exhibit access,

electronic course materials, and recordings

Not included: Travel costs, lodging, lunches, and dinners

	Thru Jan 31	Feb 1-Mar 22	After Mar 22
Dermoscopy Workshop (Tues-Thurs)	\$150	\$200	\$250
Physicians (MD, DO, MBBS)	\$775	\$825	\$875
RN, NP, PA, Other	\$625	\$675	\$725
Students, Residents, Fellows	\$400	\$450	\$500

Attendance Policies

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$150 processing fee (MD, DO, RN, PA, NP) or a \$100 processing fee (Student, Resident, Fellow), if your cancellation is received in writing no later than **Friday, March 22, 2024**. Attendee substitutions are allowed, but notification must be made in writing by **March 22, 2024**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given due to "no shows." No refunds shall be made for cancellations due to inclement weather.

Family/Guest Attendance Policy

All conference activities and meals are exclusively reserved for paid conference attendees. Children and family members are not permitted to partake in conference meals or be in the general session room.

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. Attendees who purchase non-refundable airline tickets do so at their own risk. Scripps encourages the purchase of travel insurance as we are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Health and Safety Waiver and Assumption of Risk

By completion and submission of the online registration form, attendees certify that they have read and fully understand the Health and Safety Waiver and Assumption of Risk Agreement.

Recording and Photography Clause

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.



Accreditation & Disclosure

Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 19 AMA PRA Category 1 Credit(s)TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

CREDIT BREAKDOWN

Three-Part Dermoscopy Workshop (Tues-Thurs): 3 credits Main Conference (Mon-Thurs): 16 credits Total Credits Available: 19 credits

ABIM MOC Points

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians

The AAFP has reviewed Scripps Primary Care in Paradise 2024 and deemed it acceptable for up to 18.00 Live AAFP Prescribed credits. Term of Approval is from 04/01/2024 to 04/04/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Please note: The "Clinician Wellness: Prioritizing Your Health and Wellbeing" lecture is not approved for AAFP credit.

American Osteopathic Association

CME activities approved for AAFP credit are recognized by the AOA as equivalent to AOA Category 2 credit.

College of Family Physicians of Canada

Members of the College of Family Physicians of Canada are eligible to receive 18 Certified or Non-Certified Mainpro+ credits for participation in this activity due to reciprocal agreement with the American Academy of Family Physicians.

Nurses and Nurse Practitioners

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit*(s)™ issued by organizations accredited by the ACCME.

The American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept $AMA\ PRA\ Category\ 1\ Credit(s)^{TM}$ from organizations accredited by the ACCME.

Physician Assistants

PAs may claim a maximum of 19 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit(s)*™ from organizations accredited by the ACCME.

Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credit(s)TM.

Commercial Support

This course may be supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: www.accme.org/standards.

Conference Location & Hotel Information

Hyatt Regency Maui Resort & Spa

200 Nohea Kai Drive Lahaina-Maui, Hawaii 96761 Reservations: 888-421-1442 Hotel Direct: 808-661-1234 www.hyattregencymaui.com



REFER A FRIEND AND RECEIVE UP TO 15% OFF YOUR REGISTRATION!

Register and refer a friend who also registers and both of you will receive 15% off the prevailing registration rates. Each of you will be charged the full registration fee until your friend(s) register and pay for the conference. There is no limit to the number of friends you refer, however, 15% is the maximum discount you will receive on the prevailing registration rate. This offer cannot be combined with any other offers or discounts.

To receive your discount please email med.edu@scrippshealth.org with the names of your referrals and a credit will be applied to all applicable accounts. Please note that the referral discount is not available for those participants who register after March 22, 2024.

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Rates & Reservations

Please make your own hotel reservation and request the Scripps conference reduced rates per night (plus tax) listed below:

- Resort View: \$329 p/night
- Partial Ocean View: \$365 p/night
 Deluxe Ocean View: \$410 p/night
 Premier Ocean Front: \$445 p/night

Make your reservations early! A block rooms is being held for us at the rates outlined above until Thursday, February 29, 2024 or until the block fills, whichever comes first. This block will fill quickly and once full, reservations will be accepted on a space and rate availability basis only and discounted room rates cannot be guaranteed.

These low rates also include:

- Reduced resort fee
- Complimentary daily and overnight self-parking
- Complimentary use of the fitness center including yoga and daily classes
- Discounted pricing at the Ka'anapali Golf Courses (Royal and Kai Courses)
- One-hour daily tennis or basketball court time; tennis balls, racquets, and basketballs included
- Complimentary cultural activities such as lei making, hula lessons, snorkel lessons, and more

Please note: The discounts and amenities listed above are only available to those who book within the Scripps designated room block.



Scripps Conference Services & CME

4275 Campus Point Court, CPB205 San Diego, California 92121 858-678-6400 www.scripps.org/conferenceservices med.edu@scrippshealth.org

Primary Care in Paradise

April 1-4, 2024 Hyatt Regency Maui Lahaina-Maui, Hawaii

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