New Advances in Inflammatory Bowel Disease

September 9–10, 2023

Hyatt Regency La Jolla at Aventine • San Diego, California

Visit [www.scripps.org/IBDcme](http://www.scripps.org/IBDcme) for conference updates!
Course Introduction

Conference Overview
The New Advances in Inflammatory Bowel Disease conference will highlight the latest concepts in the diagnosis and treatment of IBD. Disease complications, special population considerations, and surgical options will also be discussed. The course will be taught by nationally known experts who are actively involved in clinical trials and studies related to the management of Crohn’s and colitis. Physicians will be provided with the necessary context to integrate the relevant information into their practices to improve the quality of life for their afflicted patients.

Educational Objectives
After attending this live activity, participants should be able to:
- Summarize recent clinical trial data regarding the next generation of therapies in inflammatory bowel disease.
- Describe surgical approaches to treatment of inflammatory bowel disease.
- Identify current and future treatment and therapy options for inflammatory bowel disease.
- Identify treatment challenges in patients with inflammatory bowel disease.

Target Audience
- Gastroenterologists
- Nurse Practitioners
- Physician Assistants
- Nurses
- Internists
- Colorectal Surgeons
- Other allied health care professionals involved in the care of patients with Inflammatory Bowel Disease (IBD)

Accreditation & Disclosure

Physicians
Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 11.75 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Credit Breakdown
Main Conference (Sat–Sun): 10.25
APP Track (Sun): 1.5
Total: 11.75

ABIM MOC Points
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 10.25 Medical Knowledge MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Nurses and Nurse Practitioners
For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit(s)™ issued by organizations accredited by the ACCME.

For the purpose of re-licensure, the California Board of Registered Nursing accepts AMA PRA Category 1 Credit(s)™ for attendance at structured learning activities offered by organizations accredited by the ACCME.

The American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept AMA PRA Category 1 Credit(s)™ from organizations accredited by the ACCME.

Physician Assistants
PA’s may claim a maximum of 11.75 Category 1 credits for completing this activity, NCCPA accepts AMA PRA Category 1 Credit(s)™ from organizations accredited by the ACCME.

Pharmacists
The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credit(s)™.

Commercial Support
This course is supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: www.accme.org/standards.
## Conference Agenda

### Saturday, September 9, 2023

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 a.m.</td>
<td>Registration, Breakfast &amp; View Exhibits</td>
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<tr>
<td>7 a.m.</td>
<td><strong>Breakfast Symposium</strong>&lt;br&gt;Non-CME Activity Hosted by Eli Lilly &amp; Company</td>
</tr>
<tr>
<td>7:55 a.m.</td>
<td><strong>Welcome &amp; Educational Overview</strong>&lt;br&gt;Brigid Boland, MD</td>
</tr>
<tr>
<td>8 a.m.</td>
<td>Health Disparities in IBD&lt;br&gt;Leybelis Padilla, MD</td>
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<tr>
<td>8:30 a.m.</td>
<td><strong>Cancer Surveillance in IBD</strong>&lt;br&gt;Millie Long, MD, MPH</td>
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<tr>
<td>9 a.m.</td>
<td><strong>Artificial Intelligence Applications in IBD</strong>&lt;br&gt;Ryan Stidham, MD</td>
</tr>
<tr>
<td>9:30 a.m.</td>
<td><strong>Panel Discussion/Q&amp;A</strong>&lt;br&gt;Millie Long, MD, Leybelis Padilla, MD and Ryan Stidham, MD</td>
</tr>
<tr>
<td>10 a.m.</td>
<td>Break &amp; View Exhibits</td>
</tr>
<tr>
<td>10:30 a.m.</td>
<td><strong>Positioning Therapy for Moderate-Severe Ulcerative Colitis</strong>&lt;br&gt;Siddharth Singh, MD</td>
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<tr>
<td>11 a.m.</td>
<td><strong>Positioning Therapies for Moderate-Severe Crohn's Disease</strong>&lt;br&gt;Marla Dubinsky, MD</td>
</tr>
<tr>
<td>11:30 a.m.</td>
<td><strong>Patient Perspective on Decision-Making in IBD</strong>&lt;br&gt;McKenna Plant, Patient</td>
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<tr>
<td>11:45 a.m.</td>
<td><strong>Panel Case Presentations:</strong>&lt;br&gt;How I Choose IBD Therapies&lt;br&gt;Marla Dubinsky, MD and Siddharth Singh, MD</td>
</tr>
<tr>
<td>12:15 p.m.</td>
<td>Lunch</td>
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<tr>
<td>12:15 p.m.</td>
<td><strong>Lunch Symposium</strong>&lt;br&gt;Non-CME Activity Hosted by Bristol Myers Squibb</td>
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<tr>
<td>1:15 p.m.</td>
<td><strong>Role of Imaging in IBD</strong>&lt;br&gt;Cynthia Santillan, MD</td>
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<tr>
<td>1:45 p.m.</td>
<td><strong>Intestinal Ultrasound</strong>&lt;br&gt;Marla Dubinsky, MD</td>
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<tr>
<td>2:15 p.m.</td>
<td><strong>Practical Use of Biomarkers in IBD—Clinical Guidelines</strong>&lt;br&gt;Benjamin Cohen, MD</td>
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<tr>
<td>2:45 p.m.</td>
<td><strong>Panel Discussion/Q&amp;A</strong>&lt;br&gt;Benjamin Cohen, MD, Marla Dubinsky, MD and Cynthia Santillan, MD</td>
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<tr>
<td>3 p.m.</td>
<td>Break &amp; View Exhibits</td>
</tr>
<tr>
<td>3:15 p.m.</td>
<td><strong>DEBATE: To Do Proactive Therapeutic Drug Monitoring or Not?</strong>&lt;br&gt;PRO: Ryan Stidham, MD&lt;br&gt;CON: Siddharth Singh, MD</td>
</tr>
<tr>
<td>3:45 p.m.</td>
<td><strong>Practical Approach to De-escalation of IBD Therapies</strong>&lt;br&gt;Millie Long, MD, MPH</td>
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<tr>
<td>4:15 p.m.</td>
<td><strong>Panel Discussion/Q&amp;A</strong>&lt;br&gt;Millie Long, MD, Siddharth Singh, MD and Ryan Stidham, MD</td>
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<tr>
<td>4:30 p.m.</td>
<td>Adjourn</td>
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<tr>
<td>4:30 p.m.</td>
<td><strong>Welcome &amp; Networking Reception</strong></td>
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### Inflammatory Bowel Disease Patient Education Track

**In Partnership with the Crohn's & Colitis Foundation**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>9 a.m.</td>
<td><strong>Inflammatory Bowel Disease: 101</strong>&lt;br&gt;Suresh Pola, MD</td>
</tr>
<tr>
<td>9:30 a.m.</td>
<td><strong>The Role of Diet in IBD</strong>&lt;br&gt;Lori Beeken, MS, RDN</td>
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<tr>
<td>10 a.m.</td>
<td><strong>Inflammatory Bowel Disease Therapies</strong>&lt;br&gt;Mazer Ally, MD</td>
</tr>
<tr>
<td>10:30 a.m.</td>
<td><strong>Preventive Health in IBD</strong>&lt;br&gt;Gaurav Syal, MD</td>
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<tr>
<td>11 a.m.</td>
<td>Patient Education Track Adjourns</td>
</tr>
</tbody>
</table>

### Sunday, September 10, 2023

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>7 a.m.</td>
<td>Breakfast &amp; View Exhibits</td>
</tr>
<tr>
<td>7:55 a.m.</td>
<td><strong>Welcome &amp; Announcements</strong>&lt;br&gt;Siddharth Singh, MD</td>
</tr>
<tr>
<td>8 a.m.</td>
<td><strong>Dietary Management of IBD</strong>&lt;br&gt;Mazer Ally, MD</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td><strong>Clinical Guidelines for the Management of Pouchitis and Inflammatory Pouch Disorders</strong>&lt;br&gt;Gaurav Syal, MD</td>
</tr>
<tr>
<td>9 a.m.</td>
<td><strong>Pregnancy in IBD: 2023 Update</strong>&lt;br&gt;Brigid Boland, MD</td>
</tr>
<tr>
<td>9:30 a.m.</td>
<td><strong>Panel Discussion/Q&amp;A</strong>&lt;br&gt;Mazer Ally, MD, Brigid Boland, MD and Gaurav Syal, MD</td>
</tr>
<tr>
<td>10 a.m.</td>
<td>Break &amp; View Exhibits</td>
</tr>
<tr>
<td>10:30 a.m.</td>
<td><strong>Case Presentation:</strong>&lt;br&gt;My Approach to Management of Intra-Abdominal Abscesses&lt;br&gt;Benjamin Cohen, MD, MAS</td>
</tr>
<tr>
<td>10:50 a.m.</td>
<td><strong>Case Presentation:</strong>&lt;br&gt;My Approach to Management of Acute Severe Ulcerative Colitis&lt;br&gt;Rebecca Matro, MD</td>
</tr>
<tr>
<td>11:10 a.m.</td>
<td><strong>Case Presentation:</strong>&lt;br&gt;Peri-operative Optimization of IBD Patient&lt;br&gt;M. Jonathan Worsey, MD</td>
</tr>
<tr>
<td>11:30 a.m.</td>
<td><strong>Panel Discussion/Q&amp;A</strong>&lt;br&gt;Benjamin Cohen, MD, MAS, Rebecca Matro, MD and M. Jonathan Worsey, MD</td>
</tr>
<tr>
<td>12 p.m.</td>
<td>Main Conference Adjourns</td>
</tr>
</tbody>
</table>

### Advanced Practice Provider Track

- Noon Lunch for APP Track Attendees
- 12:50 p.m. **Welcome & Educational Overview**
- 1 p.m. **IBD Crash Course & Clinical Pearls**<br>Angelina Collins, NP
- 1:30 p.m. **Approaching Escalation with Confidence**<br>Melissa Ferrari, PA
- 2 p.m. **Panel Discussion/Q&A**<br>Angelina Collins, NP and Melissa Ferrari, PA
- 2:30 p.m. Advanced Practice Provider Track Adjourns

*Topics, times and speakers are subject to change*
Conference Location & Hotel Information

Hyatt Regency La Jolla at Aventine • 3777 La Jolla Village Drive • San Diego, CA 92122 • Phone: 858-552-1234

Discounted rooms available—see course website for details

Rates and Reservations

Please make your own hotel reservations and request the Scripps conference reduced rate of $219 per night (plus tax).

This low rate also includes:

- Waived resort fee
- Complimentary guestroom internet service
- Discounted daily and overnight self-parking
- Complimentary use of the fitness center

Make your reservations early! A block of rooms is being held for us at the special rate of $219 per night until August 18, 2023 or until the room block fills, whichever comes first. After this date, reservations will be accepted on a space and rate availability basis only. Be sure to mention that you are attending the Scripps conference when making your reservations to receive the reduced rate.

Please note: Attendees who book their room through an online, third-party service (Hotels.com®, Expedia.com®, Priceline.com®, etc.) are not eligible to receive the amenities listed above.

Register Online: www.scripps.org/IBDcme

Conference Fees & Registration—Space is limited, so register early!

in-Person Included: Course tuition, breakfast, breaks, lunch, reception, internet access, electronic course materials, and course recordings

Not Included: Travel costs, lodging, parking, and dinners

<table>
<thead>
<tr>
<th>IN-PERSON</th>
<th>Thru Jul 23</th>
<th>Jul 24—Sept 6</th>
<th>On-site After Sept 6</th>
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<tbody>
<tr>
<td>Physicians (MD, DO, MBBS)</td>
<td>$325</td>
<td>$375</td>
<td>$425</td>
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<tr>
<td>RN, NP, PA, Other</td>
<td>$250</td>
<td>$300</td>
<td>$350</td>
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<tr>
<td>Scripps/UCSD Rate</td>
<td>$200</td>
<td>$250</td>
<td>$300</td>
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<tr>
<td>Students, Residents, Fellows</td>
<td>$150</td>
<td>$200</td>
<td>$250</td>
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Virtual Included: Course tuition, live stream, electronic course materials, and course recordings

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<thead>
<tr>
<th>VIRTUAL</th>
<th>Thru Sept 6</th>
<th>After Sept 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physicians (MD, DO, MBBS)</td>
<td>$350</td>
<td>$400</td>
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<tr>
<td>RN, NP, PA, Other</td>
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<tr>
<td>Scripps/UCSD Rate</td>
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<tr>
<td>Students, Residents, Fellows</td>
<td>$175</td>
<td>$225</td>
</tr>
</tbody>
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Attendance Policies

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a $100 processing fee (MD, DO, RN, PA, NP) or a $50 processing fee (Fellow, Resident, Student), if your cancellation is received in writing no later than Friday, August 25, 2023. Attendee substitutions are allowed, but notification must be made in writing by Friday, August 25, 2023. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to “no shows.” No refunds shall be made for cancellations due to inclement weather.

Registration Changes

All registration changes (virtual to in-person or in-person to virtual) are subject to a $50 change fee when received within two weeks of the conference.

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course’s schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. Attendees who purchase non-refundable airline tickets do so at their own risk. Scripps encourages the purchase of travel insurance as we are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Family/Guest Attendance Policy

All conference activities and meals are exclusively reserved for paid conference attendees. Children and family members are not allowed to attend meal functions or permitted in the meeting space.

Health and Safety Waiver and Assumption of Risk

By completion and submission of the online registration form, I certify that I have read and fully understand the Health and Safety Waiver and Assumption of Risk Agreement.
Planning Committee

Brigid S. Boland, MD
Associate Professor of Medicine
University of California, San Diego
La Jolla, California

Angelina Collins, MSN, ANP-BC
Nurse Practitioner
University of California, San Diego
La Jolla, California

Melissa Ferrari, PA-C, MPAS
Physician Assistant
Division of Medical Gastroenterology
Scripps Clinic
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Gauree Gupta Konijeti, MD, MPH
Director, Inflammatory Bowel Disease Program
Scripps Clinic
La Jolla, California

Rebecca Matro, MD
Gastroenterologist
Scripps Clinic
La Jolla, California

Siddharth Singh, MD
Assistant Professor of Medicine
University of California, San Diego
La Jolla, California

M. Jonathan Worsey, MD, FRCS, FACS, FASCRS
Colon & Rectal Surgeon
Director, Bernard Lee Schwartz Ano-Rectal Physiology Laboratory
Medical Director, Value Analysis
Scripps Health
Advanced Surgical Associates of San Diego
La Jolla, California

Faculty

Mazer Ally, MD
Gastroenterologist
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Lori Beeken, MS, RDN
Registered Dietician
Scripps Health
La Jolla, California

Benjamin Cohen, MD, MAS
Co-Section Head and Clinical Director for Inflammatory Bowel Disease
Cleveland Clinic
Cleveland, Ohio

Marla Dubinsky, MD
Division Chief, Pediatric GI and Nutrition
Co-Director Susan and Leonard Feinstein IBD Clinical Center
Icahn School of Medicine, Mount Sinai
New York, New York

Millie Long, MD, MPH
Professor of Medicine
UNC School of Medicine
Chapel Hill, North Carolina

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Gastroenterologist
Director of Inflammatory Bowel Disease
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Suresh Pola, MD
Gastroenterologist and IBD Specialist
Kaiser Permanente
San Diego, California

Cynthia Santillan, MD
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Vice Chair of Clinical Operations, Department of Radiology
University of California, San Diego
La Jolla, California

Ryan Stidham, MD
Associate Professor
University of Michigan Health
Ann Arbor, Michigan

Gaurav Syal, MD
Assistant Professor
University of California, San Diego
La Jolla, California

Faculty Disclosure
In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated.

A complete listing of faculty disclosures associated with this program can be found on the conference website: www.scripps.org/IBDcme.
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