

# New Advances in Inflammatory Bowel Disease

**September 14–15, 2024**

***Coronado Island Marriott • Coronado, California***

Visit [www.scripps.org/IBDcme](https://www.scripps.org/IBDcme) for conference updates!

# Course Introduction

## Conference Overview

The New Advances in Inflammatory Bowel Disease conference will highlight the latest concepts in the diagnosis and treatment of IBD. Disease complications, special population considerations, and surgical options will also be discussed. The course will be taught by nationally known experts who are actively involved in clinical trials and studies related to the management of Crohn's and colitis. Physicians will be provided with the necessary context to integrate the relevant information into their practices to improve the quality of life for their afflicted patients.

## Educational Objectives

**After attending this live activity, participants should be able to:**

- Summarize recent clinical trial data regarding the next generation of therapies in inflammatory bowel disease.
- Describe surgical approaches to treatment of inflammatory bowel disease.
- Identify current and future monitoring and therapy options for inflammatory bowel disease.
- Identify treatment challenges in patients with inflammatory bowel disease.

## Target Audience

- Gastroenterologists
- Nurse Practitioners
- Physician Assistants
- Nurses
- Internists
- Colorectal Surgeons
- Other allied health care professionals involved in the care of patients with Inflammatory Bowel Disease (IBD)

## Accreditation & Disclosure

### Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of **12.5 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Credit Breakdown

*Main Conference (Sat-Sun): 11*

*APP Track (Sun): 1.5*

*Total Credits Available: 12.5*

### Nurses and Nurse Practitioners

For the purpose of recertification, the American Nurses Credentialing Center accepts **AMA PRA Category 1 Credit(s)**<sup>™</sup> issued by organizations accredited by the ACCME.

The American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept **AMA PRA Category 1 Credit(s)**<sup>™</sup> from organizations accredited by the ACCME.

### Physician Assistants

PAs may claim a maximum of 12.5 Category 1 credits for completing this activity. NCCPA accepts **AMA PRA Category 1 Credit(s)**<sup>™</sup> from organizations accredited by the ACCME.

### Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for **AMA PRA Category 1 Credit(s)**<sup>™</sup>.

### American Board of Internal Medicine (ABIM)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 11 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Board of Pathology (ABPATH)

Successful completion of this CME activity enables the learner to earn 11 Lifelong Learning (CME) credit toward the CME requirement(s) of the American Board of Pathology's Continuing Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP credit.

### Commercial Support

This course is supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: [www.accme.org/standards](http://www.accme.org/standards).





# Planning Committee and Faculty

## Planning Committee

### **Brigid Boland, MD**

Associate Professor of Medicine  
University of California, San Diego  
La Jolla, California

### **Angelina Collins, MSN, ANP-BC**

Nurse Practitioner  
University of California, San Diego  
La Jolla, California

### **Melissa Ferrari, PA-C, MPAS**

Physician Assistant  
Division of Medical Gastroenterology  
Scripps Clinic  
La Jolla, California

### **Gauree Gupta Konijeti, MD, MPH**

Director, Inflammatory Bowel Disease Program  
Scripps Clinic  
La Jolla, California

### **Rebecca Matro, MD**

Gastroenterologist  
Scripps Clinic  
La Jolla, California

### **Siddharth Singh, MD**

Assistant Professor of Medicine  
University of California, San Diego  
La Jolla, California

### **M. Jonathan Worsey, MD, FRCS, FACS, FASCRS**

Colon & Rectal Surgeon  
Director, Bernard Lee Schwartz Ano-Rectal Physiology Laboratory  
Medical Director, Value Analysis  
Scripps Health  
Advanced Surgical Associates of San Diego  
La Jolla, California

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## Faculty

### **Mazer Ally, MD**

Gastroenterologist  
Scripps Clinic  
La Jolla, California

### **Lori Beeken, MS, RDN**

Clinical Dietician  
Scripps Health  
La Jolla, California

### **Robert Goldklang, MD**

Gastroenterologist  
Genesis Healthcare Partners  
Encinitas, California

### **Sara Horst, MD**

Associate Professor  
Division of Gastroenterology, Hepatology, and Nutrition  
Vanderbilt University Medical Center  
Nashville, Tennessee

### **Vipul Jairath, MBChB**

Professor of Medicine  
Western University  
London, Ontario

### **Melissa Kirkpatrick, PharmD**

Ambulatory Care Clinical Pharmacist  
UC San Diego Health  
San Diego, California

### **Edward Loftus, Jr., MD**

Consultant, Division of Gastroenterology and Hepatology,  
Department of Internal Medicine  
Mayo Clinic  
Rochester, Minnesota

### **Anne Peery, MD**

Associate Professor of Medicine  
UNC School of Medicine  
Chapel Hill, North Carolina

### **Suresh Pola, MD**

Gastroenterologist and IBD Specialist  
Kaiser Permanente  
San Diego, California

### **Jenny Sauk, MD**

Director, Clinical Care  
UCLA Center for Inflammatory Bowel Diseases  
Los Angeles, California

## Faculty Disclosure

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated.

*A complete listing of faculty disclosures associated with this program can be found on the conference website: [www.scripps.org/IBDcme](http://www.scripps.org/IBDcme).*

# Conference Agenda

## Saturday, September 14, 2024

7 a.m. Registration, Breakfast & View Exhibits

7:55 a.m. **Welcome & Educational Overview**

8 a.m. **What's New with the Old?  
TNFs & Anti-Integrins**

*Jenny Sauk, MD—UCLA*

8:20 a.m. **How I Use IL-23 Antagonists in My Practice**

*Vipul Jairath, MBChB—Western University*

8:40 a.m. **How I Use JAK Inhibitors in My Practice**

*Edward V. Loftus, Jr., MD—Mayo Clinic*

9 a.m. **How I Use S1PR Modulators in My Practice**

*Sara Horst, MD—Vanderbilt University*

9:20 a.m. **Panel Discussion/Q&A**

9:40 a.m. Break & View Exhibits

10:10 a.m. **Positioning Therapies for  
Moderate to Severe Crohn's Disease**

*Vipul Jairath, MBChB—Western University*

10:30 a.m. **Positioning Therapies for  
Moderate to Severe UC**

*Siddharth Singh, MD—UCSD*

10:50 a.m. **How to Get Drug Therapies  
Covered for Your Patients**

*Melissa Kirkpatrick, PharmD—UCSD*

11:10 a.m. **Community Gastroenterologist's  
Perspectives on Evolution of IBD Therapies**

*Robert Goldklang, MD—  
Genesis Healthcare Partners*

11:30 a.m. **Panel Discussion/Q&A**

Noon Lunch

1 p.m. **Prediction & Prevention in IBD**

*Sara Horst, MD—Vanderbilt University*

1:30 p.m. **Cost-conscious IBD Care**

*Jenny Sauk, MD—UCLA*

2 p.m. **How to Incorporate Intestinal  
Ultrasound into Your Practice**

*Gauree Gupta Konijeti, MD—Scripps*

2:30 p.m. **IBD Care for the LGBTQ+ Community**

*Suresh Pola, MD—Kaiser*

3 p.m. **Panel Discussion/Q&A**

3:30 p.m. Break & View Exhibits

4 p.m. **Case-Based Scenario:  
Drug Reactions and Interactions**

*Melissa Ferrari, PA-C, MPAS—Scripps*

4:15 p.m. **Case-Based Scenario: C. Difficile and IBD**

*Rebecca Matro, MD—Scripps*

4:30 p.m. **Case-Based Scenario:  
VTE and Lipid Elevations**

*Angelina Collins, MSN, ANP-BC—UCSD*

4:45 p.m. Adjourn

4:45 p.m. **Welcome & Networking Reception**

## Inflammatory Bowel Disease Patient Education Track *In Partnership with the Crohn's & Colitis Foundation*

9 a.m. **Inflammatory Bowel Disease: 101**

9:30 a.m. **The Role of Diet in IBD**

10 a.m. **Inflammatory Bowel Disease Therapies**

10:30 a.m. **Preventive Health in IBD**

11 a.m. Patient Education Track Adjourns

## Sunday, September 15, 2024

7 a.m. Breakfast & View Exhibits

7:55 a.m. **Welcome & Announcements**

8 a.m. **Clinical Perspective on Dietary Management  
of IBD—Special Diets for Special Situations**

*Lori Beeken, MS, RDN and  
Gauree Gupta Konijeti, MD—Scripps*

8:30 a.m. **Pregnancy in IBD: 2024 Update**

*Brigid Boland, MD—UCSD*

9 a.m. **Microscopic Colitis**

*Anne Peery, MD—UNC*

9:30 a.m. **Panel Discussion/Q&A**

9:45 a.m. Break & View Exhibits

10 a.m. **Latest Evidence on  
Surgical Management of IBD**

*M. Jonathan Worsey, MD—Scripps*

10:30 a.m. **Ostomy Evaluation and Management**

*Mazer Ally, MD—Scripps*

11 a.m. **Diverticular Disease**

*Anne Peery, MD—UNC*

11:30 a.m. **Post-Operative Management  
of Crohn's Disease**

*Edward V. Loftus, Jr., MD—Mayo Clinic*

Noon **Panel Discussion/Q&A**

12:30 p.m. Main Conference Adjourns

## Advanced Practice Provider Track

12:30 p.m. Lunch for APP Track Attendees

1:25 p.m. **Welcome & Educational Overview**

1:30 p.m. **IBD Crash Course & Clinical Pearls**

*Angelina Collins, NP—UCSD*

2 p.m. **Approaching Escalation with Confidence:  
Clinical Scenarios**

*Melissa Ferrari, PA—Scripps*

2:30 p.m. **Panel Discussion/Q&A**

3 p.m. Advanced Practice Provider Track Adjourns

*Topics, times and speakers are subject to change*

# Conference Location & Hotel Information

Coronado Island Marriott • 2000 2nd Steet • Coronado, CA 92118 • Phone: 619-435-3000

Discounted rooms available—see course website for details

## Rates and Reservations

**Please make your own hotel reservations and request the Scripps conference reduced rate of \$289 per night (plus tax).**

This low rate also includes:

- Reduced resort fee
- Complimentary guest room internet
- Discounted spa services and access to recreational activity rentals
- Discounted daily and overnight self-parking

**Make your reservations early!** A block of rooms is being held for us at the special rate of \$289 per night **until Friday, August 23, 2024 or until the room block fills, whichever comes first.** After this date, reservations will be accepted on a space and rate availability basis only. Be sure to mention that you are attending the Scripps conference when making your reservations to receive the reduced rate.

**Please note:** Attendees who book their room through an online, third-party service (Hotels.com®, Expedia.com®, Priceline.com®, etc.) are not eligible to receive the amenities listed above.

Register Online: [www.scripps.org/IBDcme](http://www.scripps.org/IBDcme)



## Conference Fees & Registration—Space is limited, so register early!

**Included:** Course tuition, breakfast, breaks, lunch, reception, internet access, electronic course materials, and course recordings

**Not Included:** Travel costs, lodging, parking, and dinners

	Thru Jul 21	Jul 22–Sept 11	On-site After Sept 11
Physicians (MD, DO, MBBS)	\$350	\$400	\$450
RN, NP, PA, Other	\$275	\$325	\$375
Scripps/UCSD Rate	\$225	\$275	\$325
Students, Residents, Fellows	\$175	\$225	\$275

## Refer a friend and receive 10% off your registration fee!

Register and refer a friend who also registers and both of you will receive 10% off the prevailing registration rates\*. Each of you will be charged the full registration fee until your friend(s) register and pay for the conference. There is no limit to the amount of friends you refer, however, 10% is the maximum discount you will receive on the prevailing registration rate. This offer cannot be combined with any other offers or discounts. \*Referral discount valid thru July 21st.

To receive your discount please email [med.edu@scrippshealth.org](mailto:med.edu@scrippshealth.org) with the names of your referrals and a credit will be applied to all applicable accounts. Please note that the referral discount is not available for those who register after July 21, 2024.

## Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$100 processing fee (MD, DO, RN, PA, NP) or a \$50 processing fee (Fellow, Resident, Student), if your cancellation is received in writing no later than **Friday, August 30, 2024**. Attendee substitutions are allowed, but notification must be made in writing by **August 30, 2024**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to “no shows.” No refunds shall be made for cancellations due to inclement weather.

## Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course’s schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. Attendees who purchase non-refundable airline tickets do so at their own risk. Scripps encourages the purchase of travel insurance as we are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

## Family/Guest Attendance Policy

All conference activities and meals are exclusively reserved for paid conference attendees. Children and family members are not allowed to attend meal functions or permitted in the meeting space.

## Health and Safety Waiver and Assumption of Risk

By completion and submission of the online registration form, participants certify they have read and fully understand the Health and Safety Waiver and Assumption of Risk Agreement.

## Recording and Photography Clause

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.



**Scripps Conference Services & CME**

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