New Advances in Inflammatory Bowel Disease

September 14–15, 2019
Hyatt Regency La Jolla at Aventine
San Diego, California

Visit www.scripps.org/ibdcme for conference updates!
Course Agenda

Saturday, September 14, 2019

7 a.m. Registration, Breakfast & View Exhibits
7:55 a.m. Welcome & Introductions

Newer IBD Medications: Efficacy, Safety, and Monitoring
8 a.m. Anti-integrin Therapy
Parambir S. Dulai, MD
8:30 a.m. Anti-IL-12 and Anti-IL-23 Therapies
Brian G. Feagan, MD
9 a.m. Janus Kinase (JAK) Inhibitors
Brigid S. Boland, MD
9:30 a.m. Panel Discussion
9:45 a.m. Break & View Exhibits

How to Choose and Optimize IBD Therapies
10:15 a.m. Positioning Therapies for Ulcerative Colitis
William J. Sandborn, MD
10:45 a.m. Positioning Therapies for Crohn's Disease
Mark T. Osterman, MD, MSCE
11:15 a.m. Tips for Dealing with Insurance and Getting It All Paid For
Natalie Whitmire, PharmD
11:30 a.m. Panel Discussion
Noon Lunch

Drug and Disease Monitoring: Strategies and Challenges
1 p.m. Proactive and Reactive Therapeutic Drug Monitoring in IBD
Mark T. Osterman, MD, MSCE
1:30 p.m. Noninvasive Monitoring of Disease Activity in IBD
Christina Ha, MD
2 p.m. Use of Biosimilars for IBD: The Missing Manual
Fernando S. Velayos, MD
2:30 p.m. High Cost, Low Value Care in IBD
Siddharth Singh, MD
3 p.m. Break & View Exhibits
3:15 p.m. Case Presentations & Discussion
4:15 p.m. Adjourn

Saturday, September 14, 2019

Inflammatory Bowel Disease Advanced Practice Provider Education Track

Noon The ABC's of IBD – What APP’s Need to Know about Ulcerative Colitis and Crohn’s Disease
Angelina E. Collins, MSN, ANP-BC
12:20 p.m. A Day in the Life—What APP’s Need to Know to Thrive in This Specialty
Angelina E. Collins, MSN, ANP-BC
12:40 p.m. Panel Discussion/Q&A
1 p.m. Adjourn

Sunday, September 15, 2019

7:30 a.m. Breakfast & View Exhibits

Surgery and Liver Disease in IBD
8 a.m. History of Surgical Treatment of IBD: How We Got Here
Zane Cohen, MD
8:30 a.m. Contemporary Management of Top 5 Surgical Issues in IBD: What We Are Doing Now
M. Jonathan Worsey, MD
9 a.m. Approach to Liver Disease in IBD
Catherine T. Frenette, MD
9:30 a.m. Surgical Case Presentations
9:45 a.m. Break & View Exhibits

Advances In IBD Management
10 a.m. Managing Fertility, Pregnancy and Nursing in IBD
Uma Mahadevan, MD
10:30 a.m. New Approaches to Diet and Nutrition in IBD
Gauree G. Konijeti, MD, MPH
11 a.m. Complementary and Alternative Medicine in IBD
Mark Gerich, MD
11:30 a.m. Panel Discussion
Noon Final Adjournment

Topics, times and speakers are subject to change
Course Overview
The New Advances in Inflammatory Bowel Disease conference will highlight the latest concepts in the diagnosis, treatment and management of Crohn’s disease and ulcerative colitis. The course will be taught by nationally known experts who not only treat patients in the clinical setting, but are also actively involved in various research projects aimed at continuously improving the treatment and management of IBD. Health care providers will be presented with the necessary context to integrate relevant information into their daily practice thereby improving quality of care for their afflicted patients.

Conference Highlights
• Plenary talks from nationally recognized experts
• Presentations on hot topics, upcoming scientific developments, and current advances in the diagnosis, treatment and management of Crohn’s disease and ulcerative colitis
• In-depth breakout sessions on pertinent topics
• Networking opportunities among colleagues
• Conference app with access to course materials and recordings from the convenience of your mobile device or computer

Educational Objectives
After attending this live activity, participants should be able to:
• Evaluate current and future treatment and therapy options for inflammatory bowel disease.
• Summarize recent clinical trial data and effective use of new medications.
• Incorporate strategies for monitoring inflammatory bowel disease.
• Identify treatment challenges in patients with inflammatory bowel disease.
• Assess common concerns and future directions for treating patients with inflammatory bowel disease

Target Audience
• Gastroenterologists
• Nurse Practitioners
• Physician Assistants
• Nurses
• Residents/Fellows
• Internists
• Colorectal Surgeons
• Allied Health Professionals involved in the care of patients with Inflammatory Bowel Disease (IBD)

Download the Scripps CME App for your Smart Phone or Tablet!
All conference information including a detailed agenda, faculty listing, faculty disclosures, industry support, attendee list, and course materials can be found on the free Scripps CME conference app for smart phones, tablets and laptop computers. To download the app on your smart phone or other device visit the appropriate app store and search Scripps CME. The app is free of charge and will be continuously updated during and after the course.

To access the site using a web browser:
http://www.grupio.com/IBD19

Conference Location & Hotel Information
Hyatt Regency La Jolla
3777 La Jolla Village Drive
San Diego, California 92122
Reservations: 888-421-1442
Phone: 858-552-1234

Rates and Reservations
Make your reservations early! A block of rooms is being held for us at a reduced rate of $229 per night (plus tax and parking) until August 22, 2019 or until the block fills, whichever comes first. After this date, reservations will be accepted on a space and rate availability basis only. Be sure to mention that you are attending the Scripps Conference when making your reservations to receive the reduced rates. This low rate also includes:
• Waived resort fee
• Unlimited guest room internet access
• 24-hour access to Fitness Center
• Discounted day time and overnight parking

Please note: Attendees who book their room through an online, third-party service (Hotels.com®, Expedia.com®, Priceline.com®, etc.) are not eligible to receive the amenities listed above.
New Advances in Inflammatory Bowel Disease

Space is limited, so register early!

**Included:** Course tuition, breakfasts, breaks, lunch, internet access, and electronic course materials

**Not Included:** Travel costs, lodging, parking, and dinners

### Conference Fees and Registration

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<th>Thru Jul 24</th>
<th>Jul 25–Sept 10</th>
<th>On-site after Sept 10</th>
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<tr>
<td>Physicians</td>
<td>$275</td>
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<td>Fellows and Residents</td>
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Register Online

www.scripps.org/ibdcme

### Attendance Policies

**Attendee Cancellation, Substitution, Refund**

The course tuition is refundable, minus a $100 processing fee if your cancellation is received in writing no later than **Friday, September 6, 2019**. Attendee substitutions are allowed, but notification must be made in writing by **September 6, 2019**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to “no shows.”

**Scripps Conference Modification or Cancellation**

Scripps reserves the right to modify the course’s schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

**Patient Track Information**

Register Online:

http://www.crohnscolitisfoundation.org/chapters/sandiego/events/ucsdcripps-patient.html

CCFA Contact: 310-478-4523

Tickets: $10 per attendee

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### Saturday, September 14, 2019

**Inflammatory Bowel Disease Patient Education Track**

*In Partnership with the Crohn’s & Colitis Foundation of America*

1 p.m. **Fertility and Pregnancy in IBD**  
*Uma Mahadevan, MD*

1:30 p.m. **An Update on IBD Therapies**  
*Parambir S. Dulai, MD*

2 p.m. Break

2:15 p.m. **IBD 101**  
*Suresh Pola, MD*

2:45 p.m. **Managing Pain and Fatigue in IBD**  
*Robert A. Bonakdar, MD*

3:15 p.m. **Q & A**

3:45 p.m. Patient Track Adjourns
Accreditation

Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCMCE) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 10.25 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ABIM MOC Credits

Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Board of Registered Nursing

Provider approved by the California Board of Registered Nursing, Provider Number 15199 for 7.5 Contact Hours on Saturday, September 14, 2019 and 4.5 Contact Hours on Sunday, September 15, 2019. No partial hours will be given.

American Academy of Physicians Assistants

PAs may claim a maximum of 10.25 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society.

Disclosure

Commercial Support

This course is supported, in part, by educational grants from industry, in accordance with ACCME Accreditation Standards for Commercial Support. Appropriate acknowledgment will be given to all supporters at the time of the educational activity.

Faculty Disclosure

In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Owners and/or employees of a commercial interest with business lines or products relating to the content of the CME activity will not be permitted to participate in the planning or execution of any accredited activity.

A complete listing of disclosures associated with this program can be found on the conference website: www.scripps.org/ibdcme and in the mobile conference app: www.grupio.com/IBD19.
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Scripps Conference Services & CME • 858-678-6400
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