

Cardiovascular Atherosclerosis:

Prediction, Prevention and Management

May 20, 2023 · The Westin Carlsbad · Carlsbad, California

Attendees can also opt to participate virtually via our live stream!

Visit www.scripps.org/atherosclerosiscmc for conference updates!



COURSE INTRODUCTION

Course Overview

Despite notable advances in management, atherosclerotic cardiovascular disease (ASCVD) and its major clinical manifestations remains a leading cause of both morbidity and mortality worldwide. In the United States alone, ASCVD is the leading cause of death in most racial and ethnic populations and is estimated to cost more than \$200 billion per year due to medications, healthcare service utilization, and productivity losses. Many of these human and economic costs are largely attributable to poor implementation of prevention strategies in adults and failure to control ASCVD risk factors using available medications and lifestyle interventions. The Scripps Cardiovascular Atherosclerosis conference is designed to assist clinicians in the prevention, diagnosis, treatment, and ongoing management of ASCVD among patients in their clinical practices as well as to promote increased awareness of prudent lifestyle and dietary choices to improve patient outcomes.

Educational Objectives

After attending this live activity, participants should be able to:

- Discuss the principles and applications of personalized medicine and genomics in the management of atherosclerotic cardiovascular disease.
- Describe the latest advances in the management of hypertension and its impact on atherosclerotic cardiovascular disease.
- Assess the role of glucagon-like peptide-1 (GLP-1) agonists in the pharmacotherapy of obesity and type 2 diabetes.
- Evaluate the role of high-sensitivity troponin in risk assessment, including its use in combination with other clinical and laboratory assessments.
- Explain the role of health care providers in the implementation and interpretation of genetic testing results for familial hypercholesterolemia.
- Apply the latest guidelines for the diagnosis and treatment of dyslipidemia, including the use of lipid-lowering therapy.
- Assess the impact of new and emerging lipid-lowering agents on patient outcomes.
- Cite the latest guidelines and evidence-based recommendations for the selection of therapies for individual patients with heart failure.
- Determine the potential role of supplements in the primary and secondary prevention of atherosclerotic cardiovascular disease.
- Describe current principles and applications of non-invasive coronary evaluations, including computed tomography (CT) coronary artery imaging.
- Summarize the latest information regarding nonalcoholic fatty liver disease, including epidemiology, pathophysiology and contribution to cardiovascular disease.
- Analyze data regarding the effects of testosterone on the cardiovascular system and the risk of cardiovascular disease in men receiving testosterone therapy.

Target Audience

- Cardiologists
- Endocrinologists
- Internists
- General Practitioners
- Nurses, Nurse Practitioners, Physician Assistants

Accreditation and Disclosure

Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 7.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ABIM MOC Points

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7.25 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



Nurses and Nurse Practitioners

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit(s)*[™] issued by organizations accredited by the ACCME.

For the purpose of re-licensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credit(s)*[™] for attendance at structured learning activities offered by organizations accredited by the ACCME.

The American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept *AMA PRA Category 1 Credit(s)*[™] from organizations accredited by the ACCME.

Physician Assistants

PAs may claim a maximum of 7.25 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit(s)*[™] from organizations accredited by the ACCME.

Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit(s)*[™].

Commercial Support

This course is supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: www.accme.org/standards.

Course Directors

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Faculty Disclosure

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated.

A complete listing of faculty disclosures associated with this program can be found on the conference website: www.scripps.org/atherosclerosisacme.



CONFERENCE AGENDA

Saturday, May 20, 2023

- 7 a.m. Registration, Breakfast & View Exhibits
- 7:55 a.m. **Welcome & Introductions**
David Cork, MD and Christopher Suhar, MD
- 8 a.m. **Advanced Hypertension Management**
Luke Laffin, MD
- 8:40 a.m. **Obesity and Diabetic Pharmacotherapy:
Are You Ready for GLP-1 Agonists?**
Samantha Harris, MD
- 9:20 a.m. **Evaluate Horrible Cholesterol,
Lipoprotein A: Prevalence, Impact,
and Novel Therapeutics**
Norman Lepor, MD
- 9:45 a.m. **Panel Discussion/Q&A**
- 10 a.m. Break & View Exhibits
- 10:30 a.m. **Genetic Testing for Familial
Hypercholesterolemia:
When to Test, Whom to Test?**
P. Bart Duell, MD
- 11:10 a.m. **New Concepts in Dyslipidemia:
Dispelling 10 “Truths” About Lipids**
Douglas Triffon, MD
- 11:50 a.m. **Non-HDL Targets for Risk Reduction**
David Cork, MD
- 12:15 p.m. **Panel Discussion/Q&A**
- 12:30 p.m. Lunch Break
- 12:30 p.m.–
1:15 p.m. **Non-CME Lunch Symposium
Hosted by Amryt Pharmaceuticals
Juxtapid—The Only Oral Adjunct Treatment for
Homozygous Familial Hypercholesterolemia (HoFH)**
Eliot A. Brinton, MD, FAHA, FNLA, FACE
Past President, American Board of Clinical
Lipidology
President, Utah Lipid Center
- 1:15 p.m. **Personalized Medicine and Genomics:
The Future is Here**
Evan Muse, MD
- 1:55 p.m. **HF Management for Primary Care and General
Cardiologists: Which Therapy for Which Patient?**
Rola Khedraki, MD
- 2:20 p.m. **Supplements in Primary and Secondary
Prevention of ASCVD**
Christopher Suhar, MD
- 2:45 p.m. **Panel Discussion/Q&A**
- 3 p.m. Break & View Exhibits
- 3:15 p.m. **Non-Invasive Coronary Evaluations:
CT Coronary Artery Imaging Review**
Austin Robinson, MD
- 3:40 p.m. **Nonalcoholic Fatty Liver Disease and Its
Contribution to CV Disease**
Jennifer Au, MD
- 4:05 p.m. **Bio-Identical Hormones and Testosterone
Supplementation**
Sarah Dalhousi, MD
- 4:30 p.m. **Panel Discussion/Q&A**
- 4:45 p.m. Adjourn
- Topics, times, and speakers are subject to change
and all times listed are Pacific Standard Time.**



REGISTRATION

REGISTER ONLINE: www.scripps.org/atherosclerosiscon

Conference Location & Hotel Information

The Westin Carlsbad Resort

5480 Grand Pacific Dr. · Carlsbad, California 92008 · Reservations: 800-444-3515

Discounted rooms available—visit course website for details

Conference Fees & Registration

Space is limited, so register early!

Scripps Health Conference Guidelines

1. All staff, participants, and vendors must be asymptomatic to attend the in-person conference.
2. All staff, participants, and vendors are encouraged to wear masks and remain physically distanced during the conference.
3. Virtual conference participation will be available for staff, participants, and vendors who have recently been exposed to, or tested positive for COVID-19, and/or are symptomatic.

Included: Course tuition, breakfast, breaks, lunch, internet access, electronic course materials, and course recordings

Not Included: Travel costs, lodging, and dinner

In-Person Participation

	Thru Mar 20	Mar 21–May 17	After May 17
Physicians (MD, DO, MBBS)	\$275	\$300	\$325
RN, NP, PA, Other	\$175	\$200	\$225
Students, Residents, Fellows	\$75	\$100	\$125

Virtual Participation Only

Included: Course tuition, live stream, electronic course materials and course recordings

	Thru May 17	After May 17
Physicians (MD, DO, MBBS)	\$300	\$325
RN, NP, PA, Other	\$200	\$225
Students, Residents, Fellows	\$100	\$125

Attendance Policies

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$100 processing fee (MD, DO, MBBS) or a \$50 processing fee (RN, NP, PA, Others, Student, Resident, Fellow) if your cancellation is received in writing no later than **Friday, May 5, 2023**. Attendee substitutions are allowed, but notification must be made in writing by **Friday, May 5, 2023**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to “no shows.” No refunds shall be made for cancellations due to inclement weather.

Registration Changes

All registration changes (virtual to in-person or in-person to virtual) are subject to a \$50 change fee when received within two weeks of the conference.

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. Attendees who purchase non-refundable airline tickets do so at their own risk. Scripps encourages the purchase of travel insurance as we are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Family and Guest Attendance Policy

All conference activities and meals are exclusively reserved for paid conference attendees. Children and family members are not allowed to attend meal functions or permitted in the meeting space.

Health and Safety Waiver and Assumption of Risk

By completion and submission of the online registration form, attendees certify they read and fully understand the Health and Safety Waiver and Assumption of Risk Agreement.



Scripps Conference Services & CME

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