## The Art of Ostomy Care – Saturday, March 19, 2016

### Conference Fees & Registration

**Included:** Course tuition, internet in meeting space, breakfast, breaks, lunch  
**Not Included:** Travel costs, lodging, parking, and dinner.  

| Main Conference | $99  
|-----------------|------  
| Onsite after March 15, 2016 | $120  

By completing this registration form and returning it to Scripps you are acknowledging compliance with all attendance policies.

### Ways to Register

- **Fax** 858-652-5565  
- **Mail** Scripps Conference Services & CME  
  The Art of Ostomy Care  
  11025 North Torrey Pines Road  
  Suite 200, Maildrop: SCRC200  
  La Jolla, California 92037  
- **Phone** 858-652-5400

### Conference Overview

This first Ostomy Conference is designed for RNs and LVNs with the intent to provide fundamental principles involved in caring for patients with ostomies. Nursing experts will discuss the unique needs of these patients and will review the different types of ostomies. Presentations will cover why surgical intervention is needed and how different techniques are performed. Ostomates will share their life experiences and discuss topics such as intimacy and traveling challenges. Tips and techniques for pouch application will be provided by ostomy experts to increase the clinician’s confidence and ensure patient satisfaction. A safe learning environment will be offered to practice pouching techniques and learn how to prevent skin breakdown around the stoma. The course will also address product selection as well as how to troubleshoot pouching challenges and peristomal skin complications. After attending the conference, clinicians will have increased their knowledge about ostomy care and return to their facilities ready to share what they have learned in order to improve the quality of care for their patients.

### Conference Highlights

- Nationally known expert ostomy nurses will present and be available for questions and interaction.  
- A renowned Scripps surgeon will share case histories.  
- People living with ostomies will share their life stories and answer any questions from attendees.  
- Product vendors will present their state of the art product lines and offer insight as to improved product selection and specialty products.

### Educational Objectives

After attending this activity, participants should be able to:

- Understand the different types of ostomies and potential post op complicationsthat their patients may have experienced.  
- Appreciate the unique needs of ostomy patients.  
- Share improved understanding for pouching product selection.  
- Show improved confidence in pouching techniques.  
- Learn tips and recommendations to prevent peristomal skin complications and how to quickly prevent further skin breakdown.  
- Demonstrate improved understanding of living with an ostomy.  
- Understand the importance of the continuum of care for the ostomy patient.

### Target Audience

- Registered Nurses/LVN’s from Acute Care  
- Long Term Care  
- SNFs

- Home Health  
- Clinics.
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ACCREDITATION, DISCLOSURE & ABOUT SCRIPPS

ACCREDITATION
Nurses Provider approved by the California Board of Registered Nursing, Provider Number 15199 for 6 Contact Hours. No partial hours will be given.

ABOUT SCRIPPS
Scripps Health, a nonprofit health care system based in San Diego, California, includes more than 2,600 affiliated physicians and over 13,000 employees at five acute-care hospital campuses, home health care services and a network of clinics, physician offices and outpatient centers. Scripps is committed to contributing to the future of medicine through its clinical research trials, graduate medical education and continuing medical education programs. More information can be found at www.scripps.org.

FACULTY

COURSE DIRECTOR
Julia Ringhofer, RN, CWOCN
Justine Malysa, RN, CWON
Keith Biermeister, MD

PLANNING COMMITTEE
Scripps Health Wound/Ostomy nurse team: A group of passionate nurses dedicated to improving the continuum of care for ostomy patients throughout the Scripps system and San Diego County. Believing this can be achieved by better awareness and education they have planned an annual ostomy conference, bringing in nationally renowned nursing experts, surgeons and ostomates to share their expertise and knowledge in a safe, relaxed learning environment.

SCRIPPS FACULTY
Dorothy Doughty MN, RN, CWOCN, CFCN, FAAN
Maggie Bork BSN RN CWOCN Clinical Consultant, Coloplast
Keegan Lyngard, (Ostomate)
Jim Neizmick (Ostomate)
Laura Cox, (Ostomate), Shield Healthcare

FACULTY DISCLOSURE
In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the educational activity commencement.

AGENDA

7:30 a.m. Registration, Breakfast & View Exhibits
8 p.m. Welcome Address
8:10 a.m. Ostomy Basics. Anatomy and Physiology
Maggie Bork BSN, RN, CWOCN
9 a.m. Caring for the Whole Patient and Continuum of Care
Dorothy Doughty, MN, RN, CWOCN, FAAN
10 a.m. Break & View Exhibits
10:30 a.m. Ostomy Challenges
Maggie Bork BSN, RN, CWOCN
Dorothy Doughty MN, RN, CWOCN, FAAN
11:45 a.m. Introduction of Ostomates
11:50 a.m. Ostomate: Life Story
Keegan Lyngard
12:20 p.m. Lunch & View Exhibits
1:30 p.m. Door Prizes and Raffles
1:45 p.m. Introduction of speaker
1:50 p.m. Colorectal Surgical Procedures and common post op complications
Keith Biermeister, MD
2:40 p.m. Break & View Exhibits
2:55 p.m. Introduction of Ostomates
3 p.m. Life After Colostomy surgery
Jim Neizmick
3:30 p.m. Intimacy / Bathing / Travel
Laura Cox
4 p.m. Questions for Ostomates
4:20 p.m. Evaluation and Conclusion

Topics and times subject to change

CONFERENCE LOCATION
Scripps La Jolla Memorial Hospital
Schaeftzel Center, The Great Hall
9888 Genesee Avenue, La Jolla, California 92037

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