36th Annual
Primary Care Summer Conference
*Medical Specialties from the Primary Care Perspective*

August 9-11, 2019
The Westin Carlsbad Resort & Spa
Carlsbad, California

Visit www.scripps.org/pcsummercme for conference updates!
Course Introduction

Course Overview
Scripps Health’s Primary Care Summer Conference was designed by primary care physicians for primary care physicians and will present content from their unique perspective. This important CME conference will educate and promote improved patient outcomes in a broad range of therapeutic areas commonly encountered in the busy primary care practice. The 2019 conference will include updates on infectious diseases, diabetes management, human trafficking, neurology, cardiology, and a number of other important conditions providers come across in practice. In addition to an overview of the history and current science of a variety of specialty areas, content will be presented in a very practical, patient-focused manner relevant to the specific primary care setting and challenges.

Conference Highlights
- Presentation of a wide variety of therapeutic areas commonly encountered in primary and family practice settings
- Practical and useful content, including pearls, additional resources, course materials and recordings for later reference
- Dynamic and interactive formats including case studies, audience response system, and ample opportunities for Q&A
- Half-day schedule at one of San Diego’s most popular vacation destinations allowing time for learning and relaxation

Educational Objectives
After attending this live activity, participants should be able to:
- Discuss the history, science and evidence of commonly encountered therapeutic areas.
- Integrate current trends in preventive health care into patient care strategies.
- Diagnose frequently encountered medical conditions using office examinations and formal diagnostic techniques.
- Formulate a comprehensive treatment program for various health issues, coordinating other team members within the practice to support the patient care strategy.
- Manage the specialist referral process: assess when to refer, recognize what the specialized treatment will consist of, and determine the role of the primary care physician in cohesive care and follow-up.
- Identify common overlapping or related conditions.
- Access and/or recommend resources for both physicians and patients to acquire additional information pertinent to a range of therapeutic areas.
- Effectively discuss with patients their personal responsibilities in prevention and treatment.

Target Audience
- Family Medicine
- Internal Medicine
- General Practitioners

Dermoscopy Workshop
Additional fee
This interactive, three-part skills workshop is designed for physicians looking to introduce dermoscopy into their practice or further their skill set. Part one will offer an introduction to dermoscopy and its use in identifying melanoma skin cancer. Part two will consist of reviewing real-life cases and slides allowing participants to apply what they have learned thus far. Part three will offer participants the chance to use dermoscopes to conduct skin exams. The workshop will be taught to a limited audience allowing for extensive interaction with the expert speaker. Participants in attendance will earn an additional 3 AMA PRA Category 1 Credits™.
Physicians
Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Scripps Health designates this live activity for a maximum of 15 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Credit Breakdown
Three-Part Dermoscopy Workshop (Fri-Sun): 3
Main Conference (Fri-Sun): 12
Total Credits Available: 15

American Academy of Family Physicians
This Live activity, 36th Annual Primary Care Summer Conference, with a beginning date of 08/09/2019, has been reviewed and is acceptable for up to 15.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equal to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Osteopathic Association
CME activities approved for AAFP credit are recognized by the AOA as equivalent to AOA Category 2 credit.

College of Family Physicians of Canada
Members of the College of Family Physicians of Canada are eligible to receive 15 Certified or Non-Certified Mainpro+ credits for participation in this activity due to reciprocal agreement with the American Academy of Family Physicians.

American Academy of Nurse Practitioners Certification Board
AAFP Prescribed Credits are accepted by the AANP CBC. Participants should contact the AANP CBC directly to determine how to report credits earned.

American Nurses Credentialing Center
According to the ANCC, the continuing education hours approved by the AAFP meet the ANCC-accredited CNE criteria. Participants should contact the ANCC directly to determine how to report credits earned.

Board of Registered Nursing
For the purpose of re-licensure, the California Board of Registered Nursing accepts AMA PRA Category 1 Credit(s)™. The majority of state boards accept AMA PRA Category 1 Credit(s)™ as meeting continuing education requirements for license renewal. Nurses should check with their state’s Board of Registered Nursing regarding use of CME credit.

American Academy of Physician Assistants
PAs may claim a maximum of 15 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society.

Pharmacology Credits
The main conference is certified for 12 CE credits. The number of credits that may be applied toward Pharmacology will be confirmed after the conference materials have been reviewed by our pharmacist.

Commercial Support
This course is supported, in part, by educational grants from industry, in accordance with ACCME Accreditation Standards for Commercial Support. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

Course Director
Michael L. Van Buskirk, MD, ABFM
Chairman, Department of Family Medicine
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Site Medical Director, Scripps Clinic Encinitas and Del Mar
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Family and Preventive Medicine
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Encinitas, California

Conference Planning Committee
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Division of Cardiovascular Disease
Scripps Clinic
La Jolla, California

Pouлина Q. Uddin, MD
Co-founder, Scripps Women’s Heart Center
Scripps Clinic
La Jolla, California

Faculty Disclosure
In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Owners and/or employees of a commercial interest with business lines or products relating to the content of the CME activity will not be permitted to participate in the planning or execution of any accredited activity. A complete listing of disclosures associated with this program can be found on the conference website: www.scripps.org/pcsummercme and in the mobile conference app: www.grupio.com/PCM19.
Course Agenda

Friday, August 9, 2019

6:30 a.m. Registration, Continental Breakfast & View Exhibits

7:55 a.m. Welcome & Educational Overview

8 a.m. Travel Related Infectious Disease: What Not to Bring Home
Nancy F. Crum-Cianflone, MD, MPH

9 a.m. Type 1 Diabetes Treatment and Delivery: 2019 Update
Daniel Einhorn, MD

10 a.m. Break & View Exhibits

10:30 a.m. Treating Depression in Primary Care
David Feifel, MD, PhD

11:30 a.m. Medical Jeopardy
Joel C. Diamant, MD

12:30 p.m. Adjourn

Saturday, August 10, 2019

7 a.m. Continental Breakfast & View Exhibits

8 a.m. Recognizing Human Trafficking: A Primer for Health Care Providers
Tonya Chaffee, MD, MPH

9 a.m. Obesity, Weight Loss and Fad Diets
Raymond A. Plodkowski, MD

10 a.m. Break & View Exhibits

10:30 a.m. NeuroBowl
Michael A. Lobatz, MD

11:30 a.m. Take Care: Tips for Preventing Health Care Professional Burnout
Christopher J. Suhar, MD

12:30 p.m. Adjourn

Sunday, August 11, 2019

7 a.m. Continental Breakfast & View Exhibits

8 a.m. Cardiovascular Disease in Women
Poulina Q. Uddin, MD

9 a.m. Incorporating Point-of-Care Ultrasound in Your Practice
James Q. Hwang, MD

10 a.m. Break & View Exhibits

10:30 a.m. Rheumatology Pearls for Primary Care
Vikram K. Garg, MD

11:30 a.m. Evidence-Based Integrative Pain Management
Robert A. Bonakdar, MD

12:30 p.m. Final Adjournment

Topics, speakers, and order of talks is subject to change.

Download the Scripps CME app for your smart phone or tablet!
All conference information including a detailed agenda, faculty listing, faculty disclosures, industry support, attendee list, and course materials can be found on the free Scripps CME conference app for smart phones, tablets, and laptop computers. To download the app on your smart phone or other device visit the appropriate app store and search ScrippsCME (must be one word). The app is free of charge and will be continuously updated during and after the course.

To access the site using a web browser:
http://www.grupio.com/PCM19

Three Part Pre-Conference Workshop
Dermoscopy and Melanoma: What Have You Been Missing?
Friday-Sunday, 7-8 a.m. each day
Michael L. Van Buskirk, MD

This interactive, three-part skills workshop is designed for physicians looking to introduce dermoscopy into their practice or further their skill set. Part one will offer an introduction to dermoscopy and its use in identifying melanoma skin cancer. Part two will consist of reviewing real-life cases and slides allowing participants to apply what they have learned thus far. Part three will offer participants the chance to use dermoscopes to conduct skin exams. The workshop will be taught to a limited audience allowing for extensive interaction with the expert speaker. Participants in attendance will earn an additional 3 AMA PRA Category 1 Credits™.
Space is limited, so register early!

**Included:** Course tuition, breakfasts, breaks, internet access, parking, and course materials

**Not Included:** Travel costs, lodging, lunch, and dinners

### Attendance Policies

<table>
<thead>
<tr>
<th>Pre-Conference Workshop (3 days)</th>
<th>Thru Jun 10</th>
<th>Jun 11–Aug 5</th>
<th>On-site after Aug 5</th>
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<tbody>
<tr>
<td>Physicians (MD, DO)</td>
<td>$150</td>
<td>$175</td>
<td>$200</td>
</tr>
<tr>
<td>RN, PA, NP</td>
<td>$250</td>
<td>$275</td>
<td>$300</td>
</tr>
<tr>
<td>Fellows, Residents, Students</td>
<td>$150</td>
<td>$175</td>
<td>$200</td>
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</tbody>
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**Register Online**

[www.scripps.org/pcsummercme](http://www.scripps.org/pcsummercme)

### Attendance Policies

**Attendee Cancellation, Substitution, Refund**

The course tuition is refundable, minus a $100 processing fee (MD, DO, RN, PA, NP) or a $50 processing fee (Fellow, Resident, Student), if your cancellation is received in writing no later than **July 29, 2019**. Attendee substitutions are allowed, but notification must be made in writing by **Monday, July 29, 2019**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to “no shows.” Pre-conference workshop registration fees will be refunded in full until July 29, 2019.

**Guest Attendance Policy**

All conference activities, including, meal functions, are exclusively reserved for paid conference attendees. Children and family members are not allowed in the conference areas. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

**Scripps Conference Modification or Cancellation**

Scripps reserves the right to modify the course’s schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

**Recording and Photography Clause**

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.
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