37th Annual
Primary Care Summer Conference
Medical Specialties from the Primary Care Perspective

August 7–9, 2020
Sheraton San Diego Hotel & Marina
San Diego, California

Visit www.scripps.org/pcsummercme for conference updates!
Course Overview
Scripps Health’s Primary Care Summer Conference was designed by primary care physicians for primary care physicians and their care team and will present content from their unique perspective. The 2020 course will feature important updates in infectious disease, pulmonary medicine, stroke, and sleep disorders. Current treatments for heart failure patients, dermatology updates, and tools for creating an LGBTQ inclusive practice will also be covered. In addition to an overview of the history and current science of a variety of specialty areas, content will be presented in a very practical, patient-focused manner relevant to the specific primary care setting and challenges.

Educational Objectives
After attending this live activity, participants should be able to:
- Integrate current trends in preventive health care into patient care strategies.
- Employ new collaborative care team strategies that enhance the prevention, diagnosis and management of various medical conditions encountered in the office practice.
- Effectively discuss with patients their personal responsibilities in prevention and treatment.
- Access and/or recommend resources for both physicians and patients to acquire additional information pertinent to a range of therapeutic areas.
- Manage the specialist referral process: assess when to refer, recognize what the specialized treatment will consist of, and determine the role of the primary care physician in cohesive care and follow-up.

Target Audience
- Family Medicine
- Internal Medicine
- General Practitioners
- Advanced Practice Providers
- Nurses

Faculty Disclosure
In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Owners and/or employees of a commercial interest with business lines or products relating to the content of the CME activity will not be permitted to participate in the planning or execution of any accredited activity. A complete listing of disclosures associated with this program can be found on the conference website: www.scripps.org/pcsummercme and in the mobile conference app: www.grupio.com/PCM20.

Faculty

Course Director
Michael L. Van Buskirk, MD, ABFM
Chairman, Department of Family Medicine
Scripps Clinic
Site Medical Director, Scripps Clinic
Encinitas and Del Mar
Voluntary Clinical Professor
Family and Preventive Medicine
University of California, San Diego
Encinitas, California

Conference Planning Committee
Bonnie Marblestone, PhD, RN, FNP-BC
Family Nurse Practitioner
Division of Internal Medicine
Scripps Clinic
Rancho Bernardo, California

Evan Richardson, PharmD
Clinical Pharmacist-In-Charge
Scripps Health Encinitas Ambulatory Pharmacy
Encinitas, California

Conference Faculty
Toluwalase Ajayi, MD
Director, Diversity Initiatives and Clinical Researcher, Digital Medicine
Scripps Research Translational Institute
Director, Palliative Medicine
Scripps Mercy Hospital
San Diego, California

Emery H. Chang, MD
Attending Physician
Internal Medicine & Pediatrics
CARE (Clinical AIDS Research and Education) Center & General Internal Medicine
University of California, Los Angeles
Los Angeles, California

Nancy F. Crum-Cianflone, MD, MPH, FACP, FIDSA
Infectious Disease Specialist
Scripps Mercy Hospital
San Diego, California

John G. Dawkins, MD
Family and Sports Medicine
Scripps Clinic
San Diego, California

Joel C. Diamant, MD, FACP
Executive Vice President
Scripps Clinic Medical Group
La Jolla, California

J. Thomas Heywood, MD, FACC
Director, Advanced Heart Failure and Mechanical Circulatory Support Program
Scripps Clinic
La Jolla, California

Matthew J. Levine, MD, FACE
President, CA Chapter of the American Association of Clinical Endocrinologists
Voluntary Assistant Clinical Professor of Medicine, UCSD School of Medicine
Endocrinology Fellowship Director
Scripps Clinic/Scripps Green Hospital
La Jolla, California

Lee A. Kaplan, MD
Consultant in Dermatology
Former Director of Clinical Dermatology
University of California, San Diego
Former President
San Diego Dermatological Society
San Diego, California

Andrew J. King, MD
Clinical Professor of Medicine
UCSD School of Medicine
Head, Division of Nephrology
Scripps Clinic/Scripps Green Hospital
La Jolla, California

Derek H. Loewy, PhD, DABSM, CBSM
Behavioral Sleep Medicine Specialist
Viterbi Family Sleep Center
Scripps Clinic
La Jolla, California

Jack D. Schim, MD
Voluntary Assistant Clinical Professor of Neuroscience
University of California, San Diego
Chief, Neurology Section
Scripps Memorial Hospital
Encinitas, California

Facility

Faculty
Course Agenda

Friday, August 7, 2020

7 a.m.    Registration, Breakfast & View Exhibits

7:55 a.m. Welcome & Educational Overview

8 a.m.    Primary Care News: The Year's Literature in 60 Minutes
            Joel C. Diamant, MD

9 a.m.    Cost Effective Diabetes Care
            Matthew J. Levine, MD

10 a.m.   Break & View Exhibits

10:30 a.m. Infectious Disease Update 2020
            Nancy F. Crum-Cianflone, MD, MPH

11:30 a.m. What's New in Outpatient Heart Failure Management?
            J. Thomas Heywood, MD

12:30 p.m. Adjourn

Saturday, August 8, 2020

7 a.m.    Breakfast & View Exhibits

8 a.m.    Providing Inclusive Care for LGBTQ Patients
            Emery H. Chang, MD

9 a.m.    Making Sense of Chronic Renal Disease
            Andrew J. King, MD

10 a.m.   Break & View Exhibits

10:30 a.m. Drugs That Can Get You into Trouble
            Evan Richardson, PharmD

11:30 a.m. All Headache Pain Is Not the Same: Diagnostic and Treatment Pearls
            Jack D. Schim, MD

12:30 p.m. Adjourn

Sunday, August 9, 2020

7 a.m.    Breakfast & View Exhibits

8 a.m.    New Guidelines in Pulmonary Medicine: A Case-based Update
            Matthew J. Horn, MD

9 a.m.    The Role of the Primary Care Provider in Advanced Care Planning
            Toluwalase Ajayi, MD

10 a.m.   Break & View Exhibits

10:30 a.m. Tips for Weaning Patients Off Sleeping Pills
            Derek H. Loewy, PhD

11:30 a.m. Clinical Dermatology for the Primary Care Provider
            Lee A. Kaplan, MD

12:30 p.m. Final Adjournment

Topics, speakers, and order of talks is subject to change

Conference Course Materials
All course materials will be available in the Scripps Health CME conference app. Presentations will be added to the app as they are received. Presentations may be downloaded and saved for your personal use. Recordings of all presentations will also be available in the app approximately one month after the conference. No printed syllabus will be available.

Three Part Pre-Conference Workshop
A Practical Guide to Musculoskeletal Examination and Joint Injections
John G. Dawkins, MD
Friday–Sunday, 7–8 a.m. each day

This interactive, three-part skills workshop is designed for providers looking for an update on musculoskeletal examination and injection techniques as well as those looking to further their skill set. The first session will be dedicated to the musculoskeletal examination and how to effectively use these techniques in practice. The second and third sessions will focus on injection therapy and offer participants the opportunity to hone their skills via a hands-on demonstration. Participation in these sessions will be limited to allow for interaction with the expert speaker as well as the opportunity to practice injection therapy. Participants in attendance will earn an additional 3 AMA PRA Category 1 Credits™.
Physicians
Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 15 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Credit Breakdown
Pre-Conference Workshop: 3 credits
Main Conference: 12 credits
Total: 15 AMA PRA Category 1 Credit(s)™

ABIM MOC Points
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Physician Assistants
PAs may claim a maximum of 15 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society.

American Academy of Family Physicians
This Live activity, Scripps Health’s 37th Annual Primary Care Summer Conference, with a beginning date of 08/07/2020, has been reviewed and is acceptable for up to 15.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
CME activities approved for AAFP credit are recognized by the AOA as equivalent to AOA Category 2 credit.

College of Family Physicians of Canada
Members of the College of Family Physicians of Canada are eligible to receive 15 Certified or Non-Certified Mainpro+ credits for participation in this activity due to reciprocal agreement with the American Academy of Family Physicians.

American Academy of Nurse Practitioners Certification Board
AAFP Prescribed credits are accepted by the AANPCB. Participants should contact the AANPBC directly to determine how to report credits earned.

American Nurses Credentialing Center
According to the ANCC, the continuing education hours approved by the AAFP meet the ANCC-accredited CNE criteria. Participants should contact the ANCC directly to determine how to report credits earned.

American Osteopathic Association
CME activities approved for AAFP credit are recognized by the AOA as equivalent to AOA Category 2 credit.

American Nurses Credentialing Center
According to the ANCC, the continuing education hours approved by the AAFP meet the ANCC-accredited CNE criteria. Participants should contact the ANCC directly to determine how to report credits earned.

NP Pharmacology Credit
The main conference is certified for 12 CE credits. The number of credits that may be applied toward Pharmacology will be confirmed after the conference materials have been reviewed by our pharmacist.

Commercial Support
This course is supported, in part, by educational grants from industry, in accordance with ACCME Accreditation Standards for Commercial Support. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.
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Primary Care Summer Conference

Space is limited, so register early!

Included: Course tuition, breakfasts, breaks, internet access, and electronic course materials

Not Included: Travel costs, lodging, parking, lunch, and dinner

Register Online
www.scripps.org/pcsummercme

<table>
<thead>
<tr>
<th>Musculoskeletal Examination &amp; Injection Workshop</th>
<th>Thru Jun 8</th>
<th>Jun 9–Aug 3</th>
<th>On-site after Aug 3</th>
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<tbody>
<tr>
<td>Musculoskeletal Examination &amp; Injection Workshop</td>
<td>$150</td>
<td>$175</td>
<td>$200</td>
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<tr>
<td>Physicians (MD, DO)</td>
<td>$450</td>
<td>$475</td>
<td>$500</td>
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<tr>
<td>RN, PA, NP</td>
<td>$250</td>
<td>$275</td>
<td>$300</td>
</tr>
<tr>
<td>Fellows, Residents, Students</td>
<td>$150</td>
<td>$175</td>
<td>$200</td>
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Attendance Policies

Attendance Cancellation, Substitution, Refund
The course tuition is refundable, minus a $100 processing fee (MD, DO, RN, PA, NP) or a $50 processing fee (Fellow, Resident, Student), if your cancellation is received in writing no later than Friday, July 31, 2020. Attendee substitutions are allowed, but notification must be made in writing by July 31, 2020. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to “no shows.”

Family/Guest Attendance Policy
All conference activities are exclusively reserved for paid conference attendees. Children and family members are not allowed to attend meal functions or permitted in the general session room.

Scripps Conference Modification or Cancellation
Scripps reserves the right to modify the course’s schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Conference Location
& Hotel Information

Sheraton San Diego Hotel & Marina
1380 Harbor Island Drive
San Diego, California 92101
Hotel Direct: 619-291-2900

Rates and Reservations
Please make your own hotel reservations and request the Scripps conference reduced rate of $239 per night (plus tax and parking). This low rate also includes:

- Waived daily resort fee
- Discounted overnight self-parking
- 15% discount at in-house Island Breeze Spa
- Complimentary access to fitness center
- Complimentary internet access in guestroom
- Complimentary airport shuttle

Make your reservations early! A block of rooms is being held for us at the special rate of $239 per night until July 15, 2020 or until the room block fills, whichever comes first. After this date, reservations will be accepted on a space and rate availability basis only. Be sure to mention that you are attending the Scripps Primary Care Summer Conference when making your reservations to receive the reduced rate or book online using the custom link on the conference website.
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Visit www.scripps.org/pcsummercme for conference updates!