



# 41st ANNUAL Primary Care Summer Conference

Medical Specialties from the  
Primary Care Perspective

August 2-4, 2024

Marriott Marquis San Diego Marina • San Diego, California

Visit [www.scripps.org/pcsummercme](http://www.scripps.org/pcsummercme) for conference updates!





Scripps Health's Primary Care Summer Conference was designed for primary care physicians and the interdisciplinary care team and will present content from their unique perspective. This important CME conference will educate and promote improved patient outcomes in a broad range of therapeutic areas commonly encountered in the busy primary care practice. In addition to an overview of the history and current science of a variety of specialty areas, content will be presented in a very practical, patient-focused manner relevant to the specific primary care setting and challenges.

### **Educational Objectives**

After attending this live activity, participants should be able to:

- Integrate current trends in preventive health care into patient care strategies.
- Effectively discuss with patients their personal responsibilities in prevention and treatment.
- Employ new interdisciplinary care team strategies that enhance the prevention, diagnosis and management of various medical conditions encountered in the office practice.
- Access and/or recommend resources for both physicians and patients to acquire additional information pertinent to a range of therapeutic areas.
- Identify and address health disparities that could negatively impact patient care within the clinical encounter.
- Manage the specialist referral process: assess when to refer, recognize what the specialized treatment will consist of, and determine the role of the primary care physician in cohesive care and follow-up.

### **Target Audience**

- Family Medicine
- Internal Medicine
- Advanced Practice Providers
- General Practitioners
- Nurses
- Pharmacists





## Faculty

### Conference Director

**Michael Van Buskirk, MD, ABFM**

Chairman, Department of Family Medicine, Scripps Clinic  
Senior Consultant, Scripps Clinic Medical Group  
Voluntary Clinical Professor, Family and Preventive Medicine  
University of California, San Diego  
Encinitas, California

### Conference Planning Committee

**Christen Benke, DO**

Division Head, Family Medicine  
Carmel Valley, Del Mar & Liberty Station  
Scripps Clinic  
San Diego, California

**Evan Richardson, PharmD**

Clinical Pharmacist-In-Charge  
Scripps Health Encinitas  
Ambulatory Pharmacy  
Encinitas, California

**Jenna Roberts, MHS, PA-C**

APC Lead Family Medicine  
Scripps Clinic Rancho Bernardo  
Department of Family Medicine  
Scripps Clinic  
La Jolla, California

### Conference Faculty

**Sophia Akhiyat, MD, FAAD**

General and Procedural  
Dermatology  
Scripps Clinic  
San Diego, California

**Tonya Chaffee, MD, MPH**

Clinical Professor, Pediatrics, UCSF  
Director, Teen and Young Adult Health Center  
Medical Director, CASARC  
Zuckerberg San Francisco General  
San Francisco, California

**Walter Coyle, MD, FASGE, FACG**

Head, Division of  
Gastroenterology & Hepatology  
Therapeutic Endoscopy  
Scripps Clinic  
La Jolla, California

**Emily Engel, MD, FAHS, FAAN**

Director, Dalessio Headache Center  
Scripps Clinic  
La Jolla, California

**Kelly Fan, MD**

Pulmonary and Critical Care  
Attending  
Scripps Clinic  
La Jolla, California

**Ken Fujioka, MD**

Director, Nutrition and Metabolic Research Center  
Scripps Clinic  
La Jolla, California

**Tresa Lombardi, MD**

Obstetrics and Gynecology  
Minimally Invasive Gynecologic Surgery  
Scripps Clinic  
San Diego, California

**Michael Preziosi, MD**

Infectious Disease Specialist  
Scripps Clinic  
La Jolla, California

**John Rogers, MD, FACC**

Associate Chief, Cardiology  
Director, Cardiac Pacing and Tachyarrhythmia Device Therapy  
Scripps Clinic  
La Jolla, California

**Lauren Vincent, MD**

Endocrinologist, Diabetes & Metabolism Specialist  
Scripps Whittier Diabetes Institute  
San Diego, California

**Katharine Woessner, MD, FAACAP**

Head, Division of Allergy, Asthma and Immunology  
Scripps Clinic  
La Jolla, California

### Faculty Disclosure

*In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees*

*of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated.*

*A complete listing of faculty disclosures associated with this program can be found on the conference website: [www.scripps.org/pcsummercme](http://www.scripps.org/pcsummercme)*

# Conference Agenda

## Friday, August 2

- 7 a.m. Registration, Breakfast & View Exhibits
- 7:55 a.m. **Welcome & Educational Overview**  
*Michael Van Buskirk, MD*
- 8 a.m. **What's New in Infectious Disease?**  
*Michael Preziosi, MD*
- 9 a.m. **Migraine in Adult Primary Care: Diagnostic and Treatment Pearls**  
*Emily Rubenstein Engel, MD*
- 10 a.m. Break & View Exhibits
- 10:30 a.m. **Primary Care Management of Allergies and Asthma**  
*Katherine Woessner, MD*
- 11:30 a.m. **Anti-Obesity Medications 2024: Everything You Wanted to Know But Were Afraid to Ask**  
*Ken Fujioka, MD*
- 12:30 p.m. Adjourn

## Saturday, August 3

- 7 a.m. Breakfast & View Exhibits
- 8 a.m. **Pancreatic Cancer: Signs and Symptoms**  
*Walter Coyle, MD*
- 9 a.m. **Is it Hot in Here? Answers to Your Burning Questions About Women's Health**  
*Tresa Lombardi, MD*
- 10 a.m. Break & View Exhibits
- 10:30 a.m. **Pulmonary Medicine: What Can the Primary Care Provider do Better?**  
*Kelly Fan, MD*
- 11:30 a.m. **Considerations for Adolescent Medicine in Primary Care**  
*Tonya Chaffee, MD, MPH*
- 12:30 p.m. Adjourn

## Sunday, August 4

- 7 a.m. Breakfast & View Exhibits
- 8 a.m. **Dermatology Toolkit: A Guide for Common Skin Conditions**  
*Sophia Akhiyat, MD*
- 9 a.m. **Recognizing Human Trafficking: A Primer for Health Care Providers**  
*Tonya Chaffee, MD, MPH*
- 10 a.m. Break & View Exhibits
- 10:30 a.m. **Diabetes Management: Update in Standards of Care and Medications**  
*Lauren Vincent, MD*
- 11:30 a.m. **Diagnostic Work-up for Syncope and Arrhythmia**  
*John Rogers, MD*
- 12:30 p.m. Final Adjournment

*Topics, speakers, and order of talks is subject to change*

## Accreditation, Maintenance of Certification and Disclosure

### Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*.™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Academy of Family Physicians

The AAFP has reviewed Scripps Health's Primary Care Summer Conference 2024 and deemed it acceptable for up to 12.00 Live AAFP Prescribed credit(s). Term of Approval is from 08/02/2024 to 08/04/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nurses and Nurse Practitioners

For the purpose of recertification, the American Nurses Credentialing Center (ANCC), American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept *AMA PRA Category 1 Credit(s)*™ issued by organizations accredited by the ACCME.

### Physician Assistants

PAs may claim a maximum of 12 Category 1 credits for completing this activity. *NCCPA accepts AMA PRA Category 1 Credit(s)*™ from organizations accredited by the ACCME.

### Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit(s)*.™

### Commercial Support

This course may be supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: [www.accme.org/standards](http://www.accme.org/standards)





## Conference Fees & Registration

Space is limited, register early!

**Register Online**

[www.scripps.org/pcsummercme](http://www.scripps.org/pcsummercme)

**Included:** Course tuition, breakfast, breaks, internet access, electronic course materials, and course recordings. **Not Included:** Travel costs, lodging, parking, lunch, and dinners

	Thru Jun 27	Jun 28–Jul 31	After Jul 31
Physicians (MD, DO, MBBS)	\$525	\$575	\$625
RN, NP, PA, Other	\$325	\$375	\$425
Students, Residents, Fellows	\$200	\$250	\$300

## Conference Location & Hotel Information

### Marriott Marquis San Diego Marina

333 W Harbor Drive  
San Diego, California 92101  
Phone: 619-234-1500

**Please make your own hotel reservations using the link on the conference webpage to receive the special rate of \$299 per night (plus tax and parking).** This low rate also includes:

- No resort fee
- Discounted daily and overnight self-parking
- Discounted rates available two days pre/post event

**Make your reservations early!** A block of rooms is being held for us at the special rate of \$299 per night **until Thursday, July 11, 2024 or until the room block fills, whichever comes first.** After this date, reservations will be accepted on a space and rate availability basis only.

Attendees who book their room through an online, third-party service (Hotels.com,<sup>®</sup> Expedia.com,<sup>®</sup> Priceline.com<sup>®</sup> etc.) are not eligible to receive the additional discounts listed above.

## Attendance Policies

### Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$100 processing fee (MD, DO, RN, PA, NP) or a \$50 processing fee (Student, Resident, Fellow), if your cancellation is received in writing no later than **Friday, July 19, 2024.** Attendee substitutions are allowed, but notification must be made in writing by **July 19, 2024.** After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows." No refunds shall be made for cancellations due to inclement weather.

### Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. Attendees who purchase non-refundable airline tickets do so at their own risk. Scripps encourages the purchase of travel insurance as we are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

### Health and Safety Waiver and Assumption of Risk

By completion and submission of the online registration form, participants certify they have read and fully understand the Health and Safety Waiver and Assumption of Risk Agreement.

### Family and Guest Attendance Policy

All conference activities and meals are exclusively reserved for paid conference attendees. **Children and family members are not allowed to attend meal functions or permitted in the meeting space.**

### Recording and Photography Clause

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.



**Scripps Conference Services & CME**

4275 Campus Point Court, CPB205

San Diego, California 92121

858-678-6400

[www.scripps.org/conferenceservices](http://www.scripps.org/conferenceservices)

[med.edu@scrippshealth.org](mailto:med.edu@scrippshealth.org)

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A nighttime photograph of a cityscape, likely San Diego, featuring modern buildings with lit windows and palm trees in the foreground. The sky is a deep blue, and the city lights create a warm, glowing atmosphere.

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