



# Sixth Annual Stroke Conference

Saturday, August 11, 2018 | The Schaezel Center  
Scripps Memorial Hospital La Jolla, California

## Course Overview

The Sixth Annual Stroke conference is offered to support the best in advanced care and innovation for healthcare professionals who care for patients with, or who are at risk for, stroke. This year's symposium highlights scientific advances in cardiac arrhythmias and stroke, transient ischemic attack, intra-cerebral hemorrhage, patient movement, decision-making and rehab for improved functional outcome.

Stroke expertise at Scripps is evident in the quality of interdisciplinary health care professionals presenting information to enhance patient care from a variety of medical perspectives. Content will include a comprehensive overview of stroke and the most up-to-date treatment options and technology.

## Conference Highlights

- Plenary talks from nationally recognized experts
- Presentations on hot topics, upcoming scientific developments, and current advances in stroke
- In-depth breakout sessions on pertinent topics
- Networking opportunities among colleagues
- Conference app with access to course materials from the convenience of your mobile device or computer

## Educational Objectives

**After attending this live activity, participants should be able to:**

- Discuss the correlation between stroke syndrome and anatomical structures
- Identify and discuss unusual stroke symptoms
- Review the incidence of posterior circulation stroke, recognition and treatment
- Detect key concepts in management of secondary brain injury
- Assess recent innovations in Neurosurgery
- Evaluate nursing care and most recent Neurointerventional procedures and updates
- Appraise key concepts related to stroke rehabilitation
- Apply discharge planning considerations for the stroke patient
- Through the use of case studies, identify lessons learned regarding stroke management at Scripps

Learners will complete a course evaluation to ensure that course objectives were met in order to claim credit and receive a certificate of completion for this course

## Accreditation, Disclosure & About Scripps

### Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Scripps Health designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Nurses

Provider approved by the California Board of Registered Nursing, Provider Number CEP15199 for 7.5 contact hours. Contact hours will be provided by Scripps Center for Learning & Innovation. No partial hours will be given.

### Occupational Therapy (AOTA)



Scripps Health is an AOTA Approved Provider. Scripps Health is authorized to assign 0.65 AOTA CEUs or

6.5 contact hours. *First Content Category:* Domain of OT  
*Second Content Category:* Professional Issues  
*Second Content Topic:* Contemporary Issues & Trends

### American Speech-Language-Hearing Association (ASHA)



Rancho Los Amigos National Rehabilitation Center is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for up to 0.6 ASHA CEUs. (Intermediate Level, Professional Area)

### Physical Therapy (PTBC)

Provider approved by the Physical Therapy Board of California, provider Scripps Center for Learning and Innovation, for 2.0 continuing competency hour(s). The PT Board of California (per section 1399.94)

### Emergency Medical Services

The County of San Diego, Division of EMS, has approved this course for 1 hour, San Diego County EMS Provider #37-0230.

### Disclosure

#### Commercial Support

This course is supported, in part, by educational grants from industry, in accordance with ACCME accreditation Standards for Commercial Support. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

### About Scripps

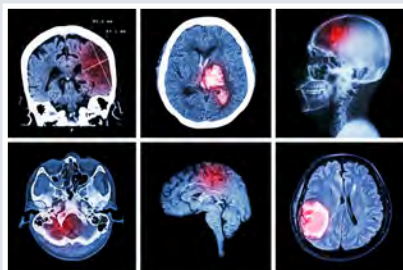
Scripps Health, a nonprofit health care system based in San Diego, California, includes more than 2,600 affiliated physicians and over 13,000 employees at five acute-care hospital campuses, home health care services and a network of clinics, physician offices and out-patient centers. Scripps is committed to contributing to the future of medicine through its clinical research trials, graduate medical education and continuing medical education programs. More information can be found at [www.scripps.org](http://www.scripps.org).

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## Agenda

- 7:15 a.m.** Registration, Breakfast, View Exhibits
- 8 a.m. Welcome & Introduction**  
*Sara Revella Deskin MSN, NP-C and Stroke Survivor*
- 8:15 a.m. Extended Window Treatment for Ischemic Stroke Patients**  
*Mary Kalafut, MD*
- 9:15 a.m. Cardiology in Stroke**  
*John Rogers, MD*
- 10:15 a.m. Artificial Intelligence in Stroke Care**  
*Ramin Sean Pakbaz, MD*
- 11:15 a.m.** Break & View Exhibits



- 11:30 a.m. Workshops (choose one)**
- A. Rehabilitation Post-Stroke and Community Resources**  
*Andrea Schwarb, LCSW*
- B. Interactive NIHSS lab**  
*Linda Coutts, MS, APRN, ACNP-BC and Reshma Gokaldas, MD, MPH*
- C. Case Studies**  
*Sara Revella Deskin, MSN, NP-C*
- D. In-Hospital Screenings in Stroke**  
*Tanya Buzzanga, SLP and Margarette Borg, RN*
- 12:30 p.m.** Lunch
- 1:30 p.m. Workshops Repeat**
- 2:30 p.m.** Break & Transition from Workshops to General Session
- 2:45 p.m. Considerations for Hemorrhagic Stroke**  
*Bruno Flores, MD*
- 3:45 p.m. Closing Remarks**
- 4 p.m.** Adjournment

## Course Co-Directors

**Lindsay Olson-Mack, FNP-BC**  
Director, Neuroscience Care Line  
Scripps Health  
La Jolla, California

**Sara Revella Deskin, MSN, NP-C**  
Stroke Program Coordinator  
Scripps Mercy Hospital San Diego  
San Diego, California

## Faculty

**Margarette Borg, RN**  
Scripps Mercy Chula Vista Hospital  
Chula Vista, California

**Tanya Buzzanga, SLP**  
Speech-language Pathologist  
Scripps Mercy Hospital San Diego  
San Diego, California

**Linda Coutts, MS, APRN, ACNP-BC**  
Stroke Program Coordinator  
Scripps Green Hospital  
La Jolla, California

**Bruno Flores, MD**  
Neurosurgeon  
Scripps Health  
San Diego, California

**Reshma Gokaldas, MD, MPH**  
Vascular Neurologist  
Scripps Memorial Hospital Encinitas  
Encinitas, California

**Mary Kalafut, MD**  
Vascular Neurologist  
Scripps Memorial Hospital La Jolla  
La Jolla, California

**Ramin Sean Pakbaz, MD**  
Neuro-interventional Surgery  
Scripps Memorial Hospital La Jolla  
La Jolla, California

**John Rogers, MD**  
Director  
Cardiac Pacing Tachyarrhythmia  
The Heart Rhythm Center at  
Torrey Pines Scripps Clinic / Scripps  
Green Hospital  
La Jolla, California

**Andrea Schwarb, LCSW**  
Social Worker  
Scripps Memorial Hospital Encinitas  
Encinitas, California

## Faculty Disclosure

In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Owners and/or employees of a commercial interest with business lines or products relating to the content of the CME activity will not be permitted to participate in the planning or execution of any accredited activity.

A complete listing of disclosures associated with this program can be found on the conference website: [www.scripps.org/strokecme](http://www.scripps.org/strokecme) and in the mobile conference app: [www.grupio.com/stroke18](http://www.grupio.com/stroke18)

## Conference Location

**The Schaezel Center**  
Scripps Memorial Hospital  
9890 Genesee Ave  
La Jolla, California 92037  
858-626-7311

We do not have a Scripps room block arranged for this conference, however we do recommend the following local hotels: San Diego Marriott La Jolla and Hyatt Regency La Jolla at Aventine.

## Target Audience

- Physicians
- Nurses
- Nurse Practitioners
- Physician Assistants
- Physical Therapists
- Occupational Therapist
- Speech-language Pathologists
- Emergency Medicine Specialists
- First Responders

## DOWNLOAD THE SCRIPPS CME APP FOR YOUR SMART PHONE OR TABLET!

All conference information including a detailed agenda, faculty listing, faculty disclosures, industry support, attendee list, and course materials can be found on the free Scripps CME conference app for smart phones, tablets and laptop computers. To download the app on your smart phone or other device visit the appropriate app store and search ScrippsCME (must be one word). The app is free of charge and will be continuously updated during and after the course.

To access the site using a web browser: [www.grupio.com/Stroke18](http://www.grupio.com/Stroke18)

## Conference Fees & Registration

REGISTER ONLINE - [www.scripps.org/strokecme](http://www.scripps.org/strokecme)

### Conference Fees

**Included:** Course tuition, access to conference materials (via mobile app and conference website), internet in meeting space, breakfast, breaks and lunch.

**Not Included:** Travel costs, lodging, parking, and dinners.

### Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$50 processing fee, if your cancellation is received in writing no later than **August 3, 2018**. Attendee substitutions are allowed, but notification must be made in writing by **August 3, 2018**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows."

### Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel the conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Learners will complete a course evaluation to ensure that course objectives were met in order to claim credit and receive a certificate of completion for this course

	Thru Aug 8	On-site after Aug 8
Physicians	\$125	\$150
Non-Physicians	\$100	\$125
Students	\$75	\$100
Scripps Rate	\$75	\$100