

Fourth Annual Arrhythmias and Cardiomyopathy in Women Symposium

February 10, 2024 • Hyatt Regency La Jolla at Aventine • San Diego, California

Course Overview

The Scripps Arrhythmias and Cardiomyopathy in Women Symposium is designed to increase competence regarding the recognition and management of cardiovascular disease in women. The symposium will explore new and emerging risk factors for women's heart disease while highlighting areas of discrepancy in care management related to gender. Expert faculty will cover a wide range of topics including the diagnosis, management, and state-of-the-art treatment for women afflicted with heart failure, cardiac arrhythmias, and cardiomyopathies. The goal of the activity is to improve outcomes for women with cardiovascular disease and arrhythmias as well as provide educational interventions for both primary and secondary prevention.

Visit www.scripps.org/womencvdcme for conference updates!



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Agenda

Fourth Annual Arrhythmias and Cardiomyopathy in Women Symposium

Educational Objectives

After attending this live activity, participants should be able to:

- Discuss cardiovascular disease, conditions and risk factors which are more common and/or unique to women.
- Identify the varied and atypical presentation of heart disease and arrhythmia in women.
- Analyze the underutilization of guideline-recommended medical and device therapies in women compared to men.
- Assess the cardiovascular risk reduction benefits of newer antihyperglycemic therapies in women.
- Recognize the symptoms of transthyretin amyloidosis and recommended diagnostic tests.
- Summarize the effects on menopause on cardiovascular risk and the role of hormone replacement therapy.
- Describe management of common cardiovascular conditions in high-risk pregnancies.
- Examine the association of postural tachycardia syndrome with COVID-19, as well as cardiac symptoms and long-term sequelae.

Accreditation and Disclosure

Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ABIM MOC Points

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Nurses and Nurse Practitioners

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit(s)*[™] issued by organizations accredited by the ACCME.

For the purpose of re-licensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credit(s)*[™] for attendance at structured learning activities offered by organizations accredited by the ACCME.

The American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept *AMA PRA Category 1 Credit(s)*[™] from organizations accredited by the ACCME.

Physician Assistants

PAs may claim a maximum of 7 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit(s)*[™] from organizations accredited by the ACCME.

Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit(s)*[™].

Commercial Support

This course is supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: www.accme.org/standards

Target Audience

- Cardiologists
- Internists
- Primary Care Providers
- OB/GYNs
- Cardiovascular Techs
- PA, NP, RN



Fourth Annual Arrhythmias and Cardiomyopathy in Women Symposium

Faculty

Course Director



Poulina Uddin, MD
Director
Scripps Women's Heart Center
General and Invasive Cardiology
Integrative and Holistic Medicine
Scripps Mercy Hospital San Diego
Scripps Clinic
La Jolla, California

Conference Planning Committee



Christina Adams, MD
Co-Founder
Scripps Women's Heart Center
Integrative Cardiologist
Scripps Clinic
La Jolla, California



Namee Kim, MD
Co-Founder
Scripps Women's Heart Center
Cardiologist
Scripps Clinic
La Jolla, California

Conference Faculty



Noel Bairey Merz, MD, FACC
Director, Barbra Streisand
Women's Heart Center
Professor of Cardiology
Cedars-Sinai Smidt Heart Institute
Los Angeles, California



Arij Faksh, DO, FACOG
Maternal-Fetal Medicine Physician
Director of Fetal Imaging at
Scripps Perinatology
Scripps Clinic
La Jolla, California



Sharonne Hayes, MD, FACC, FAHA
Professor of Internal Medicine and
Cardiovascular Diseases
Women's Heart Clinic
Director of Diversity and Inclusion
Mayo Clinic
Rochester, Minnesota



Rola Khedraki, MD
Advanced Heart Failure and
Transplant Cardiology
Mechanical Circulatory Support Program
Cardiac Amyloidosis Program
Scripps Clinic
La Jolla, California



Matthew Price, MD, FACC, FSCAI
Clinical Professor of Medicine
Director
Catheterization Laboratory
Scripps Clinic
La Jolla, California



John Rogers, MD, FACC
Associate Chief, Cardiology
Director, Cardiac Pacing and
Tachyarrhythmia Device Therapy
Scripps Clinic
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Annabelle Santos Volgman, MD, FACC, FAHA
McMullan-Eybel Endowed Chair for Excellence
in Clinical Cardiology
Professor of Medicine, Rush College of Medicine
Medical Director, Rush Heart Center for Women
Vice Chief for Academic Affairs
Division of Cardiology
Governor, American College of
Cardiology of Illinois
Chicago, Illinois



Chrisandra Shufelt, MD, MS, FACP, NCMP
Chair, Division of General Internal Medicine
Associate Director
Women's Health Research Center
Mayo Clinic
Jacksonville, Florida



Pam Taub, MD, FACC, FASPC
Director of Step Family Foundation
Cardiovascular Rehabilitation and
Wellness Center
Professor of Medicine
University of California, San Diego
San Diego, California

Faculty Disclosure

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated. A complete listing of faculty disclosures associated with this program can be found on the conference website: www.scripps.org/womencvdcme

Conference Agenda

Saturday, February 10, 2024

7:15 a.m. Registration, Breakfast & View Exhibits

7:55 a.m. Welcome & Educational Overview

8 a.m. Arrhythmia and Palpitations in Women
Poulina Uddin, MD

8:30 a.m. Ischemic Heart Disease in Women: Update 2024
Noel Bairey Merz, MD

9 a.m. Spontaneous Coronary Artery Dissection
Sharonne Hayes, MD

9:30 a.m. Break & View Exhibits

10 a.m. Prevention and Management of Heart Disease in Women
Christina Adams, MD

10:30 a.m. Finding an Answer for ANOCA and MINOCA: This is the Way!
Matthew Price, MD

11 a.m. Does This Make My Ventricle Look Thick? LVH vs Amyloid
Rola Khedraki, MD

11:30 a.m. Q&A/Panel Discussion

Noon Lunch Break

12:15 p.m. Lunch Symposium
Non-CME Activity Hosted by Kiniksa Pharmaceuticals

1 p.m. Sex, Strokes and Atrial Fibrillation
Annabelle Santos Volgman, MD

1:30 p.m. Gender Disparities in Cardiac Implanted Devices
John Rogers, MD

2 p.m. Menopause, Hormone Therapy and the Heart
Chrisandra Shufelt, MD

2:30 p.m. Break & View Exhibits

3 p.m. Unique Cardiomyopathies in Women
Namee Kim, MD

3:30 p.m. Pregnancy and CVD: The Role of Cardio-Obstetrics
Arij Faksh, DO & Poulina Uddin, MD

4 p.m. Autonomic Dysfunction: Signs, Symptoms and Treatments
Pam Taub, MD

4:30 p.m. Q&A/Panel Discussion

5 p.m. Adjourn

Register Online: www.scripps.org/womencvdcme

Conference Location

Hyatt Regency La Jolla at Aventine
3777 La Jolla Village Drive, San Diego, CA 92122
Reservations: 858-552-1234

Rates and Reservations

Please make your own hotel reservations and request the Scripps conference reduced rate of \$259 per night (plus tax).

This low rate also includes:

- Waived resort fee
- Discounted daily and overnight self-parking
- Complimentary guestroom internet service
- Complimentary use of the fitness center

Make your reservations early! A block of rooms is being held for us at the special rate of \$259 per night until January 19, 2024 or until the room block fills, whichever comes first. After this date, reservations will be accepted on a space and rate availability basis only. Be sure to mention that you are attending the Scripps primary care conference when making your reservations to receive the reduced rate.

Please note: Attendees who book their room through an online, third-party service (Hotels.com®, Expedia.com®, Priceline.com®, etc.) are not eligible to receive the amenities listed above.

Conference Fees & Registration

Space is limited, so register early!

Included: Course tuition, breakfast, breaks, lunch, internet access, electronic course materials, and course recordings

Not Included: Travel costs, lodging, parking, and dinners

	Thru Jan 7	Jan 8- Feb 7	After Feb 7
Physicians (MD, DO, MBBS)	\$300	\$350	\$400
RN, NP, PA, Techs & Other	\$225	\$275	\$325
Scripps Employee	\$175	\$225	\$275
Students, Residents, Fellows	\$100	\$150	\$200

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$100 processing fee (MD, DO, RN, PA, NP) or a \$50 processing fee (Fellow, Resident, Student), if your cancellation is received in writing no later than **Friday, January 26, 2024**. Attendee substitutions are allowed, but notification must be made in writing by **Friday, January 26, 2024**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows." No refunds shall be made for cancellations due to inclement weather.

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. Attendees who purchase non-refundable airline tickets do so at their own risk. Scripps encourages the purchase of travel insurance as we are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Family and Guest Attendance Policy

All conference activities and meals are exclusively reserved for paid conference attendees. Children and family members are not allowed to attend meal functions or permitted in the meeting space.

Health and Safety Waiver and Assumption of Risk

By completion and submission of the online registration form, participants certify they have read and fully understand the Health and Safety Waiver and Assumption of Risk Agreement.

Recording and Photography Clause

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.