Fourth Annual Arrhythmias and Cardiomyopathy in Women Symposium

February 10, 2024 • Hyatt Regency La Jolla at Aventine • San Diego, California

Course Overview
The Scripps Arrhythmias and Cardiomyopathy in Women Symposium is designed to increase competence regarding the recognition and management of cardiovascular disease in women. The symposium will explore new and emerging risk factors for women’s heart disease while highlighting areas of discrepancy in care management related to gender. Expert faculty will cover a wide range of topics including the diagnosis, management, and state-of-the-art treatment for women afflicted with heart failure, cardiac arrhythmias, and cardiomyopathies. The goal of the activity is to improve outcomes for women with cardiovascular disease and arrhythmias as well as provide educational interventions for both primary and secondary prevention.

Visit www.scripps.org/womencvdcme for conference updates!

Educational Objectives
After attending this live activity, participants should be able to:

• Discuss cardiovascular disease, conditions and risk factors which are more common and/or unique to women.
• Identify the varied and atypical presentation of heart disease and arrhythmia in women.
• Analyze the underutilization of guideline-recommended medical and device therapies in women compared to men.
• Assess the cardiovascular risk reduction benefits of newer antihyperglycemic therapies in women.
• Recognize the symptoms of transthyretin amyloidosis and recommended diagnostic tests.
• Summarize the effects on menopause on cardiovascular risk and the role of hormone replacement therapy.
• Describe management of common cardiovascular conditions in high-risk pregnancies.
• Examine the association of postural tachycardia syndrome with COVID-19, as well as cardiac symptoms and long-term sequelae.

Physicians
Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Scripps Health designates this live activity for a maximum of 7 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ABIM MOC Points
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7 Medical Knowledge MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Nurses and Nurse Practitioners
For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit(s)™ issued by organizations accredited by the ACCME.

Physician Assistants
PAs may claim a maximum of 7 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credit(s)™ from organizations accredited by the ACCME.

Target Audience
• Cardiologists
• Internists
• Primary Care Providers
• OB/GYNs
• Cardiovascular Techs
• PA, NP, RN

Commercial Support
This course is supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: www.accme.org/standards

Accreditation and Disclosure

Visit www.scripps.org/womencvdcme for conference updates!
Fourth Annual Arrhythmias and Cardiomyopathy in Women Symposium

Facility

Course Director

Pouliina Uddin, MD
Director
Scripps Women’s Heart Center
San Diego, CA

Conference Faculty

Noel Bairey Merz, MD, FACC
Director, Barbra Streisand Women’s Heart Center
Professor of Cardiology
Cedars-Sinai Smidt Heart Institute
Los Angeles, California

Arj Faksh, DO, FACC
Medical Fetal Medicine Physician
Director of Fetal Imaging at Scripps Perinatology
Scripps Clinic
La Jolla, California

Sharonne Hayes, MD, FACC
Professor of Internal Medicine and Cardiology
Women’s Heart Clinic
Director of Diversity and Inclusion
Mayo Clinic
Rochester, Minnesota

Rola Khedraki, MD
Advanced Heart Failure and Transplant Cardiology
Mechanical Circulatory Support Program
Cardiac Amyloidosis Program
Scripps Clinic
La Jolla, California

Matthew Price, MD, FACC, FSCAI
Clinical Professor of Medicine
Director, Catheterization Laboratory
Scripps Clinic
La Jolla, California

John Rogers, MD, FACC
Associate Chief, Cardiology
Director, Cardiac Pacing and Tachyarrhythmia Device Therapy
Scripps Clinic
La Jolla, California

Annabelle Santos Volgman, MD, FACC, FAHA
McGillum-Ephyl Endowed Chair for Excellence in Clinical Cardiology
Professor of Medicine, Rush College of Medicine
Medical Director, Rush Heart Center for Women
Vice-Chief for Academic Affairs
Division of Cardiology
Governmnt, American College of Cardiology
Chicago, Illinois

Chrisandra Shufelt, MD, MS, FACP, NCMP
Chief, Division of General Internal Medicine
Associate Director
Women’s Health Research Center
Mayo Clinic
Jacksonville, Florida

Pam Taub, MD, FACC, FASPC
Director of Step Family Foundation
Cardiovascular Rehabilitation and Wellness Center
Professor of Medicine
University of California, San Diego
San Diego, California

Conference Planning Committee

Christina Adams, MD
Co-Founder
Scripps Women’s Heart Center
Integrative Cardiologist
Scripps Clinic
La Jolla, California

Namee Kim, MD
Co-Founder
Scripps Women’s Heart Center
Cardiologist
Scripps Clinic
La Jolla, California

Faculty Disclosure

A complete listing of faculty disclosure associated with this program can be found on the conference website: www.scripps.org/womencvdmcme

Conference Agenda

Saturday, February 10, 2024

7:15 a.m. Registration, Breakfast & View Exhibits
7:55 a.m. Welcome & Educational Overview
8 a.m. Arrhythmia and Palpitations in Women
Pouliina Uddin, MD
8:30 a.m. Ischemic Heart Disease in Women: Update 2024
Noel Bairey Merz, MD
9 a.m. Spontaneous Coronary Artery Dissection
Sharonne Hayes, MD
9:30 a.m. Break & View Exhibits
10 a.m. Prevention and Management of Heart Disease in Women
Christina Adams, MD
10:30 a.m. Finding an Answer for ANOCA and MINOCA: This is the Way!
Matthew Price, MD
11 a.m. Does This Make My Ventricle Look Thick? LVH vs Amyloid
Rola Khedraki, MD
11:30 a.m. Q&A/Panel Discussion
Noon Lunch Break
12:15 p.m. Lunch Symposium
Non-CME Activity Hosted by Kiniksa Pharmaceuticals
1 p.m. Sex, Strokes and Atrial Fibrillation
Anabelle Santos Volgman, MD
1:30 p.m. Gender Disparities in Cardiac Implanted Devices
John Rogers, MD
2 p.m. Menopause, Hormone Therapy and the Heart
Chrisandra Shufelt, MD
2:30 p.m. Break & View Exhibits
3 p.m. Unique Cardiomyopathies in Women
Namee Kim, MD
3:30 p.m. Pregnancy and CVD: The Role of Cardio-Obstetrics
Arj Faksh, DO & Pouliina Uddin, MD
4 p.m. Autonomic Dysfunction: Signs, Symptoms and Treatments
Pam Taub, MD
4:30 p.m. Q&A/Panel Discussion
5 p.m. Adjourn

Conference Fees & Registration

Space is limited, so register early!
Included: Course tuition, breakfast, breaks, lunch, internet access, electronic course materials, and course recordings
Not Included: Travel costs, lodging, parking, and dinners

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Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a $100 processing fee (MD, DO, RN, PA, NP) or $50 processing fee (Fellow, Resident, Student), if your cancellation is received in writing no later than Friday, January 28, 2024. Attendee substitutions are allowed, but notification must be made in writing by Friday, January 28, 2024. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to “no shows.” No refunds shall be made for cancellations due to inclement weather.

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course’s schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. Attendees who purchase non-refundable airline tickets do so at their own risk. Scripps encourages the purchase of travel insurance as we are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Family and Guest Attendance Policy

All conference activities and meals are exclusively reserved for paid conference attendees. Children and family members are not allowed to attend meal functions or permitted in the meeting space.

Health and Safety Waiver and Assumption of Risk

By completion and submission of the online registration form, participants certify they have read and fully understand the Health and Safety Waiver and Assumption of Risk Agreement.

Recording and Photography Clause

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.

Register Online: www.scripps.org/womencvdmcme