

2021 Updates in Diabetes Management

October 22-23, 2021 – LIVE STREAMING VIRTUAL EVENT

Visit www.scripps.org/diabetescme for full conference updates!

Course Overview

Scripps Whittier Diabetes Institute's 2021 Updates in Diabetes Management program will provide the most recent medication, nutrition and technology recommendations for managing patients with type 1 and type 2 diabetes.

Educational Objectives

After attending this live internet activity participants should be able to:

- Describe special considerations and precautions necessary when treating patients with comorbid diabetes and heart disease.
- Explain how to use and interpret new glucose monitoring technologies.
- Review evidence-based approaches to weight loss and maintenance.
- Identify and treat chronic kidney disease in patients with diabetes using the latest in medications and guidelines.
- Integrate new practice recommendations for the treatment of patients with diabetes from a PCP and specialist perspective.

Course Co-Directors

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Faculty Disclosure

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All listed relevant financial relationships with ineligible companies for individuals in control of content have been mitigated.

A complete listing of faculty disclosures associated with this program can be found on the conference website: www.scripps.org/diabetescme.

Accreditation

Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live internet activity for a maximum of 9.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ABIM MOC Points

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 9.25 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Board of Registered Nursing

Provider approved by the California Board of Registered Nursing, Provider Number 15199 for 11 Contact Hours. No partial hours will be given

Commission on Dietetic Registration

This program has been approved by the Commission on Dietetic Registration for 9.25 CPEUs.

Nurse Practitioners

The American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept *AMA PRA Category 1 Credit(s)*[™] from organizations accredited by the ACCME.

Physician Assistants

PAs may claim a maximum of 9.25 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit(s)*[™] from organizations accredited by the ACCME.

Commercial Support

This course is supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: www.accme.org/standards.

Target Audience

- Primary Care Physicians
- Physician Assistants
- Nurse Practitioners
- Pharmacists
- Certified Diabetes Educators
- Dietitians
- Other Allied Health Professionals



2021 Updates in Diabetes Management

Conference Agenda – October 22-23, 2021

Friday, October 22, 2021

- 7:45 a.m. Virtual Event Opens & View Exhibits
- 8:40 a.m. **Welcome & Educational Overview**
Athena Philis-Tsimikas, MD
- 8:45 a.m. **2021: What's New in Medications and Standards of Care?**
Lauren Vincent, MD

DIABETES MANAGEMENT AND THE HEART

- 9:15 a.m. **Matters of the Heart: Diabetes Effects on the Cardiovascular System**
Darren McGuire, MD
- 9:45 a.m. **Diabetes Medications and Cardiovascular Outcomes**
Darren McGuire, MD
- 10:15 a.m. Break & View Exhibits
- 10:30 a.m. **Glucose Targets and Heart Disease: Does A1c Matter?**
Ildiko Lingvay, MD
- 11 a.m. **Cardiac Protection: The Latest in Lipid and Antiplatelet Therapies**
Harpreet Bhatia, MD
- 11:30 a.m. Break & View Exhibits

DIABETES MANAGEMENT AND THE KIDNEYS

- 12:30 p.m. **Staying Connected: The Intertwine Between DM and Renal Disease**
Christian Mende, MD
- 1 p.m. **Updates in Renal Outcomes: SGLT2is and GLP-1 Agonists**
Reza Elahimehr, MD
- 1:30 p.m. **Mastering Hypertension: Guidelines for Blood Pressure Management**
George Bakris, MD
- 2 p.m. **The Future of Chronic Kidney Disease Management**
Theresa Henke, MD
- 2:30 p.m. Break & View Exhibits

DIABETES TECHNOLOGY

- 2:45 p.m. **Staying Connected: New Age Transmission with CGMs**
Amisha Wallia, MD
- 3:15 p.m. **Insulin Delivery: Pens, Pumps, and Patches, Oh My!**
Steven Edelman, MD
- 3:45 p.m. **Integration of Devices, Billing for Techy Time, and the Future**
David Ahn, MD
- 4:15 p.m. Adjourn

Saturday, October 23, 2021

- 7:45 a.m. Virtual Event Opens & View Exhibits
- DIABETES AND WEIGHT LOSS**
- 8:40 a.m. **Welcome & Morning Announcements**
Athena Philis-Tsimikas, MD
- 8:45 a.m. **Background on Diabetes Management and Weight**
Samantha Harris, MD
- 9:15 a.m. **Eat Right, but Which Type? Diabetes, Weight Loss and Diet**
Alex Bonnetcaze, MD
- 9:45 a.m. **A Tough Pill to Swallow, or Give it a Shot? Meds for Weight Loss**
Karl Nadolsky, DO
- 10:15 a.m. Break & View Exhibits
- 10:30 a.m. **Gut Instincts: Weight Loss Surgery and Diabetes**
Cori McBride, MD
- 11 a.m. **Get Moving: Exercise for Weight Loss**
Karl Nadolsky, DO
- 11:30 a.m. **Behavioral Modifications and Weight Loss**
Joe Kearney, MA, CLC
- Noon **Closing Remarks & Educational Discussion**
Athena Philis-Tsimikas, MD
- 12:15 p.m. Final Adjournment

Please note: All times listed are Pacific Time (PT)

Register Online: www.scripps.org/diabetescme

Conference Fees & Registration

Space is limited, so register early!

Registration Fees	Thru Oct 1	Oct 2–22
Physicians (MD, DO, MBBS)	\$250	\$275
RN, NP, PA	\$175	\$200
Fellows, Residents, Students	\$150	\$175

Virtual Conference Details

All registered participants will receive an email with instructions on how to access the virtual event the day prior to the conference start date.

Included: Course tuition, live stream, course materials, virtual exhibit access, mobile conference app, and course recordings.



Attendee Policies

The course tuition is refundable, minus a \$50 processing fee, if your cancellation is received in writing no later than **Friday, October 8, 2021**. Attendee substitutions will not be permitted. **After Friday, October 8, 2021**, under no circumstances will refunds, credits, or substitutions be granted. Failure to log-in to the live virtual broadcast will result in complete forfeiture of conference registration fees. Virtual conference participation is limited to the paid registrant only. Log-in information is unique and cannot be shared.

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided.