



SCRIPPS WHITTIER DIABETES INSTITUTE
LA JOLLA, CALIFORNIA

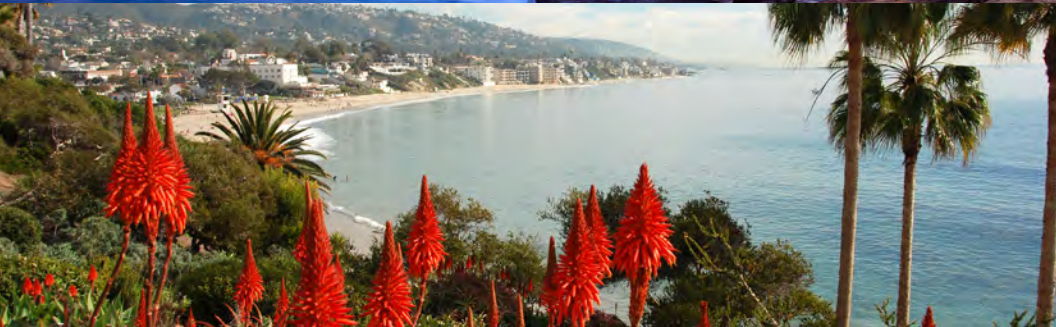
Target Audience

This conference is designed for professionals in the field of endocrinology, diabetes, bariatric/metabolic surgery, cardiology, epidemiology, gastroenterology, internal medicine, family medicine, pharmacology, nutrition, basic science, public health, as well as allied health professionals, policy makers and scientists from pharmaceutical and medical device industries.

Second Annual Advanced Therapeutic Interventions to Optimize Obesity and Diabetes Care

October 21-22, 2016 – Hilton La Jolla Torrey Pines

Visit www.scripps.org/diabetescme for conference updates!



www.facebook.com/ScrippsCME



www.twitter.com/Scrippshealth



www.youtube.com/scrippshealth

Course Introduction

Course Overview

The Second Annual Advanced Therapeutic Interventions to Optimize Obesity and Diabetes Care symposium will highlight the latest concepts and devices in the treatment of obesity and diabetes. The symposium will offer specialists and primary care providers an interactive venue where leading experts will discuss diabetes prevention, obesity management, starting and progressing care, advanced diabetes care, managing co-morbid conditions, and emerging trends and technology for diabetes patients. The course will be taught by nationally and internationally known experts who are actively involved in clinical trials and studies related to the management of obesity and diabetes. Physicians will be provided with the necessary context to integrate the relevant information into their practices to improve the quality of life for their affected patients. They will be provided a tool-kit for patient management and education that helps address patient barriers.

Conference Highlights

- Focused talks from leading experts
- Ample question and answer time with course faculty
- Interactive case presentations and discussion
- Conference app with access to course materials and presentations from the convenience of your mobile device or computer

Educational Objectives

After attending this activity, participants should be able to:

- Describe the latest reimbursement methods available for diabetes prevention interventions
- Recognize and implement the latest therapeutic options for obesity management
- Understand how to integrate the new diabetes management options into the care of patients with diabetes in a real-world setting including:
 - Digital monitoring
 - Oral agents that minimize adverse side effects
 - Combination injectable agents
 - Initiating and advancing newer insulin agents
- Develop individualized approaches for effectively improving outcomes of co-morbid conditions of diabetes:
 - Dyslipidemia management with a focus on Lp(a) and PCSK9 inhibitors
 - Renal insufficiency and optimizing management
 - Painful neuropathy management
 - Peripheral vascular disease diagnosis and management to lower risk of amputations
- Evaluate hot topics in diabetes and learn how emerging technologies and future strategies will mitigate current barriers in diabetes care

Accreditation

Physicians (MD, DO)

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 8.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Dietitians

This program has been approved by the Commission on Dietetic Registration for 8.5 CPEUs.

Nurses

Provider approved by the California Board of Registered Nursing, Provider Number CEP15199, for 13 contact hours. No partial hours will be given.

Physician Assistants

The American Academy of Physician Assistants accepts Category 1 credit from AMA Category 1 CME organizations accredited by the ACCME.

Disclosure

Commercial Support

This course is supported, in part, by educational grants from industry, in accordance with ACCME accreditation Standards for Commercial Support. Appropriate acknowledgment will be given to all supporters at the time of the educational activity.

Faculty Disclosure: In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Owners and/or employees of a commercial interest with business lines or products relating to the content of the CME activity will not be permitted to participate in the planning or execution of any accredited activity.

About Scripps

Scripps Health, a nonprofit health care system based in San Diego, California, includes more than 2,600 affiliated physicians and over 13,000 employees at five acute-care hospital campuses, home health care services and a network of clinics, physician offices and outpatient centers. Scripps is committed to contributing to the future of medicine through its clinical research trials, graduate medical education and continuing medical education programs. More information can be found at www.scripps.org.

Faculty

Course Director

Athena Philis-Tsimikas, MD
Corporate Vice President
Scripps Whittier Diabetes Institute
La Jolla, California

Faculty

Aakif Ahmad, DO
Endocrinologist
Scripps Clinic Medical Group

Amy Chang, MD
Endocrinologist
Scripps Clinic Medical Group

Lauren Clarine, DO
Scripps Clinic Medical Group

George Dailey, MD
Senior Consultant
Scripps Clinic Medical Group

Daniel Einhorn, MD
Immediate Past President, ACE
Scripps Health

Tamara Finger, CNS
Scripps Whittier Diabetes Institute

Addie Fortmann, PhD
Psychologist, Manager
Scripps Diabetes Care Line Research

Rob Knight, PhD
Professor Departments of Pediatrics and
Computer Science & Engineering
University of California, San Diego

Matthew Levine, MD
Endocrinologist
Scripps Clinic Medical Group

James Longobardi, DPM
Podiatrist, Scripps Chula Vista

Raymond Plodkowski, MD
Endocrinologist
Scripps Clinic Medical Group

Máire Robacker, RN, MSN, PHN, CDE
Scripps Whittier Diabetes Institute

Emily Rubenstein Engel, MD
Neurologist, Scripps Green Hospital

Jeffrey Sandler, MD
Senior Endocrinologist
Scripps Mercy Hospital

Marc Sedwitz, MD
General and Vascular Surgery
Scripps Health

Jennifer Shapiro, PhD
Licensed Clinical Psychologist
San Diego

Kumar Sharma, MD, FAHA
Professor of Medicine
Director, Translational Research
in Kidney Disease
University of California, San Diego

Jessica Skidmore, PhD
Licensed Clinical Psychologist and
Research Scientist
Scripps Whittier Diabetes Institute

Sotirios Tsimikas, MD, FACC, FSCAI
Professor of Medicine
Director of Vascular Medicine
University of California, San Diego

Agenda

Friday, October 21, 2016

7:30 a.m. Registration, Continental
Breakfast, View Exhibits
and Posters

7:50 a.m. Welcome and Introduction
Athena Philis-Tsimikas, MD

MORNING

Managing Obesity and Diabetes Prevention Session

8 a.m. Diabetes Prevention Programs
(DPP): Centers for Disease
Control (CDC) and Centers for
Medicare and Medicaid Systems
(CMS) Payment Models
Jeffrey Sandler, MD

8:30 a.m. Influence of the Microbiome
on Body Weight Regulation
Rob Knight, PhD

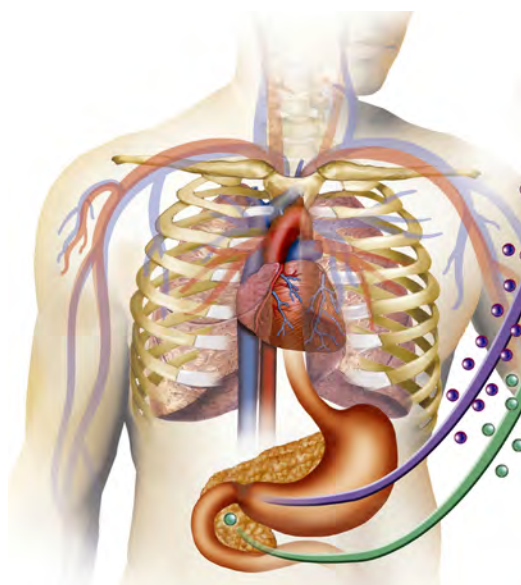
9:15 a.m. Psychological Support
Mechanisms for Obesity
Jennifer Shapiro, PhD

10 a.m. Break

10:30 a.m. Medication Update and
Emerging Treatments for Obesity
Raymond Plodkowski, MD

11:15 a.m. Panel Session

Noon Lunch & View Exhibits
and Posters



AFTERNOON

Managing Diabetes through Technology and Newest Therapeutic Options

1:15 p.m. Breakout Sessions

- Hypoglycemia & Continuous Glucose Monitoring (CGM)
Maire Robacker, RN, CDE
- New Oral Agents and Non-Insulin Injectables: Options, Sequence and Combinations
Athena Philis-Tsimikas, MD
- The New Face of Insulin Options: Ultra Long, Fast and Concentrated
Tamara Finger, CNS

2:30 p.m. Break & View Exhibits and Posters

- 3 p.m. Panel Discussion** Painting a Picture-Beyond Basal Insulin: Treatment Intensification Options
Amy Chang, MD
Tamara Finger, CNS
Matt Levine, MD and
Maire Robacker, RN, CDE

5-6 p.m. Evening Community Open Forum & Directors' Poster Session



Saturday, October 22, 2016

- 8 a.m. Continental Breakfast,
View Exhibits and Posters

MORNING

It's Not Just Glucose-Managing Comorbid Conditions

Moderator: *Daniel Einhorn, MD*

- 8:30 a.m. Nephrology-Diabetes Management in Renally Compromised Patients
Kumar Sharma, MD
- 9:10 a.m. Neurology-Pain Management in Diabetes
Emily Rubenstein Engel, MD
- 9:50 a.m. Q & A Panel Session
- 10:15 a.m. Break and View Exhibits and Posters
- 10:45 a.m. What is Really Happening in Those Feet! Diagnosing and Treating Peripheral Vascular Disease in Diabetes
James Longobardi, DPM
Marc Sedwitz, MD
- 11:45 a.m. Q & A
- Noon Lunch
- 12:30 p.m. Optional Plenary session (non-CME)
Cardiology-Emerging Risk Factors and Therapeutic Options-Lp(a) and PCSK9 Inhibitors
Sotirios Tsimikas, MD
- 1 p.m. Break & View Exhibits and Posters

AFTERNOON

Emerging Hot Topics from 2016 Scientific Sessions

- 1:30 p.m. • Exercise Effects on Glucose
Aakif Ahmad, DO
- Personalized Nutrition Approach for Diabetes
Cindy Daversa, RD, CDE
- Diabetes Distress
Jessica Skidmore, PhD
- Is there an App for It?
Addie Fortmann, PhD
- Gestational DM Prevention
Lauren Clarine, DO
- Insulin Outcomes Trials
George Dailey, MD
- Cardiovascular Outcomes Studies
Daniel Einhorn, MD
- Artificial Pancreas
Athena Philis-Tsimikas, MD
- 3:30 p.m. Final Adjournment

Second Annual New Advanced Therapeutic Interventions to Optimize Obesity and Diabetes Care

October 21-22, 2016 • Hilton La Jolla Torrey Pines • La Jolla, California

Conference Fees & Registration

Included: Course tuition, access to conference materials (via mobile app and conference website), internet in meeting space, breakfasts, breaks, and lunches

Not Included: Travel costs, lodging, parking, and dinners

REGISTER ONLINE: www.scripps.org/diabetescme

	Through October 17	On-Site after October 17
Health Care Professional	\$275	\$300
Full-Time Student/ Fellow/Resident	\$150	\$175
Scripps Employee <i>(Full-time Scripps employees only)</i>	\$150	\$175
Day Rate <i>circle one: Fri Sat</i>	\$175	\$200

Attendance Policies

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$50 processing fee, if your cancellation is received in writing no later than **October 13**. Attendee substitutions are allowed, but notification must be made in writing by **October 13**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows."

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Conference Location & Hotel Information

Hilton La Jolla Torrey Pines

10950 North Torrey Pines Road
La Jolla, CA 92037

Reservations: 800-762-6160

Hotel Direct: 858-558-1500

www.hiltonlajollatorreypines.com



Rates & Reservations

Make your reservations early! A block of rooms is being held for us until September 20 or until the block fills, whichever comes first. After this date, reservations will be accepted on a space and rate available basis only. Be sure to mention that you are attending the Scripps Conference when making your reservations to receive the reduced rate of \$199/night. This rate includes internet in your guest room.

Please note: Attendees who book their room through an online, third-party service (Hotels.com®, Expedia.com®, Priceline.com®, etc.) are not eligible to receive the amenities listed above.

DOWNLOAD THE SCRIPPS CME APP FOR YOUR SMART PHONE OR TABLET!

All conference information including a detailed agenda, faculty listing, faculty disclosures, industry support, attendee list, and course materials can be found on the **free Scripps CME conference app** for smart phones, tablets and laptop computers. To download the app on your smart phone or other device visit the appropriate app store and search **ScrippsCME** (must be one word). The app is free of charge and will be continuously updated during and after the course.

To access the site using a web browser: <http://www.grupio.com/whitoc16>



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