Course Overview
The Third Annual Clinical Management and Behavioral Interventions for Diabetes Care symposium will highlight the latest concepts in the treatment and prevention approaches of type 2 diabetes. An estimated 30.3 million people have diabetes in the United States with an additional 84 million people with pre-diabetes. Over a quarter of the population is unaware of their disease and may be developing dangerous co-morbid conditions. Despite improvement in the overall national quality indicators for diabetes care there remain a large number of individuals not meeting the recommended targets. In 2017, national organizations have added new emphasis on using behavioral approaches and newer medications to improve care. Initiating new approaches into the delivery model can assist in achieving optimal care and national targets. The progressive nature of pre-diabetes and type 2 diabetes mellitus usually requires a strong system approach to identify at risk individuals. Knowledge of intervention approaches and new mechanisms of action with the latest medications can help achieve these goals. This conference will provide a strong emphasis on both population health approaches to care and specialized medication management.

Educational Objectives
After attending this live activity, participants should be able to:

- Describe the latest statistics, standards of care and pathophysiologic mechanisms for treating and preventing diabetes
- Assess unmet needs and treatment patterns of patients with type 2 diabetes
- Implement an approach for psycho-social support and motivational interviewing in patients with type 2 diabetes
- Summarize recent clinical trial data regarding the next generation of therapies in diabetes including oral agents, incretins and new insulins
- Develop individualized approaches for effectively improving outcomes in relation to the complications of diabetes in the ambulatory settings
- Understand how to integrate the new diabetes management options into the care of patients with diabetes

Accreditation
Physicians
Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Scripps Health designates this live activity for a maximum of 11.75 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Dietitians
This program has been approved by the Commission on Dietetic Registration for 11.50 CPEUs.

Nurses
Provider approved by the California Board of Registered Nursing, Provider Number 15199 for 7 Contact Hours on Friday, October 20, 2017, 7 Contact Hours on Saturday, October 21, 2017 No partial hours will be given.

Pharmacists
This conference meets the CE Standards for Pharmacists by the California State Board of Pharmacy.

Target Audience
This conference is designed for professionals in the fields of endocrinology, diabetes, bariatric/metabolic surgery, cardiology, epidemiology, gastroenterology, internal medicine, family medicine, pharmacology, nutrition, basic science, public health, as well as allied health professionals, policy makers and scientists from pharmaceutical and medical device industries.

Conference Highlights
- Focused talks from leading experts
- Ample question and answer time with course faculty
- Interactive case presentations and discussion
- Conference app with access to course materials and presentations from the convenience of your mobile device or computer

Course Director
Athena Philis-Tsimikas, MD
Corporate Vice President
Scripps Whittier Diabetes Institute
La Jolla, California

Faculty Disclosure
In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Owners and/or employees of a commercial interest with business lines or products relating to the content of the CME activity will not be permitted to participate in the planning or execution of any accredited activity.
Third Annual Clinical Management and Behavioral Interventions for Diabetes Care
Friday, October 20 – Saturday, October 21, 2017 — The Schaetzel Center • La Jolla, California

AGENDA

Friday, October 20, 2017
7:30 a.m. Registration, Continental Breakfast & View Exhibits
7:50 a.m. Welcome and Introduction
Athena Philis-Tsimikas, MD
Morning – Health Coaching and Overcoming Challenges to Diabetes Care and Medication Approaches
8 a.m. 2017 Diabetes Standards of Care – Psychosocial Issues
Athena Philis-Tsimikas, MD
8:30 a.m. Psychosocial Care for People with Diabetes: A Position Statement of the American Diabetes Association
Addie Fortmann, PhD
9 a.m. Health Coaching Integration in Clinic Practice
Addie Fortmann, PhD
10 a.m. Break & View Exhibits
10:30 a.m. Common Barriers to Behavior Change
Karla Espinosa, PhD, MPH
Noon Lunch & View Exhibits
Afternoon – Real-World Cases and Keys to Effective Communication in Diabetes
1 p.m. Breakout Sessions
• Case-Based Approaches to Behavioral Interventions
Addie Fortmann, PhD
Karla Espinosa, PhD, MPH
Noemi Alonso, RN-CDE
Cacina Young, MA
2:30 p.m. Break & View Exhibits and Posters
3 p.m. Effective Communication – Practical Motivational Interviewing Techniques
Karla Espinosa, PhD, MPH
4 p.m. Day 1 Wrap up

Saturday, October 21, 2017
8 a.m. Continental Breakfast & View Exhibits and Poster
Morning – DM Medication Updates and Population Management to Improve Diabetes Care
8:30 a.m. 2017 Diabetes Standards of Care
Athena Philis-Tsimikas, MD
8:45 a.m. Latest Medication Treatments to Achieve Targets – Focus on SGLT2i and GLP RA
Jeff Sandler, MD
9:20 a.m. Cardiovascular Outcomes Trials with Diabetes Agents and Implications for Guidelines
George Dailey, MD
10 a.m. Break & View Exhibits
Emerging Hot Topics from 2017 Scientific Sessions (ACC, ADA, EASD)
10:30 a.m. Type 1 DM Updates
Alberto Hayek, MD
11 a.m. Obesity Updates
Raymond Plodkowski, MD
11:30 a.m. Prevention Program Updates
Chris Walker, MPH
Noon Diabetes in Pregnancy Updates
Tom Moore, MD
12:30 p.m. Lunch & View Exhibits
Afternoon – Latest Updates in Diabetes Management-2017
1 p.m. Breakout Sessions
• RN Track-Case-Based Approaches to Optimize Glucose Control-Oral Agents and New Insulins
Aakif Ahmad, MD
Kristi Barthelmess, RN, MSN, ACNS-BC
Maire Robacker, RN/CDE
Physician/Provider Track Panel Session Cardiology, Nephrology and Urology Updates 2017 with Practical Management Pearls
Bruce Kimura, MD
Kimberly Harper, MD
Martin Batsuba, MD
2:30 p.m. Coffee Break
2:45 p.m. Updates From The Front Line: Population Health in The Primary Care Clinic
Thomas Carter, MD
3:30 p.m. Population Management Approaches to Improve Diabetes Care in the Age of ACOs
David Margolius, MD
4 p.m. Final Adjournment

Location
The Schaetzel Center
Scripps Memorial Hospital La Jolla
9890 Genesee Ave, La Jolla, California 92037
858-626-7311

We do not have a Scripps room block arranged for this conference, however we do recommend the following local hotels: San Diego Marriott La Jolla and Hyatt Regency La Jolla at Aventine.

Contact Us
Scripps Conference Services & CME
P: 858-678-6400
E: med.edu@scrippshealth.org
W: www.scripps.org/conferenceservices

Conference Fees
Included: Course tuition, access to conference materials, internet in meeting space, breakfasts, breaks and lunches
Not Included: Travel costs, lodging, parking, and dinners

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Commercial Support
This course is supported, in part, by educational grants from industry, in accordance with ACCME accreditation Standards for Commercial Support. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

REGISTER ONLINE NOW — www.scripps.org/diabetescme