

Cardiac Risk Assessment in Youth



Making Sudden Cardiac Arrest Prevention Part of Your Practice

Free, Accredited Training for Primary Care Practitioners

Live Events with **John Rogers, M.D.** Vice Chairman of Cardiology for Scripps Prebys Cardiovascular Institute;
Associate Chief, Division of Cardiovascular Diseases, Scripps Clinic Medical Group

October 4

Grossmont
Healthcare District

October 11

Scripps
La Jolla

October 18

Live Zoom
Webinar

Training accredited by University of California, Irvine School of Medicine and San Diego State University Institute for Public Health

*This activity has been approved for **AMA PRA Category 1 Credits.***

NURSING CREDITS GRANTED BY THE INSTITUTE FOR PUBLIC HEALTH: Provider approved by the California Board of Registered Nursing, Provider Number CEP17194.

Studies show cardiac consideration is an often overlooked area of assessment for youth and student athletes alike, with practitioners and parents largely unfamiliar with warning signs and risk factors that require follow up. Two new sets of guidelines make this course a must: the 2021 AAP Policy Statement on SCA in Youth recommends all youth get a heart screening (now part of Bright Futures); and AAP recommendations that youth who've had COVID-19 get a comprehensive cardiac evaluation before returning to physical activity. Now more than ever it's critical to incorporate evidence-based diagnostic protocol into your practice. Participants have highly rated this course while significantly improving their knowledge of effective cardiac risk assessment, with 92% reporting they will change their practice as a result. Join this discussion to make sure you're prepared.

REGISTER NOW

In-person events include catered refreshments at 5:30 pm with presentation from 6:30 - 7:30 pm. All participants receive \$50 gift card.



UP TO 49%
of SCA victims had significant family history

UP TO 60%
of SCA preceded by symptoms did not consider a cardiac diagnosis

UP TO 72%
of SCA is preceded by unrecognized symptoms

1 IN 300
YOUTH HAS AN undetected heart condition that puts them at risk