

# Scripps Cancer Center

Scripps Clinic & Scripps Green Hospital  
10666 North Torrey Pines Road  
La Jolla, CA 92037

## Free Cancer Support Group

If you or a loved one has cancer, you may find it reassuring to know other people are experiencing the same questions, concerns, and feelings that you are.

The ***Friend to Friend*** support group at Scripps Green Hospital was established in 1992 as a friendly, relaxed forum for people to share their thoughts about, and experiences with, cancer. Although we don't shy away from discussing serious concerns, the atmosphere is generally upbeat and positive.

*Friend to Friend* is free of charge. New patients are always welcome, as are friends and family members.

Frequently addressed topics include:

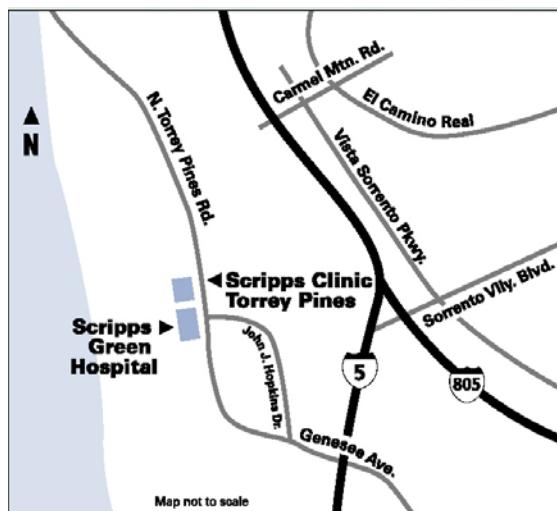
- Maximizing your potential for healing
- Coping with the side effects of your treatment
- Working well with your doctor and the hospital
- Coming to terms with fear and uncertainty
- Integrating the cancer experience into your daily life

### ***Friend to Friend***

- 2nd and 4th Mondays of each month
- 2:00 p.m. – 3:30 p.m.
- Green Cancer Center conference room (in the Anderson Outpatient Pavilion on the Scripps Green Hospital campus)
- Free on-site parking (parking tickets are validated at each meeting)

*Friend to Friend* is facilitated by Tom Friedman, Licensed Clinical Social Worker, and Paulette Geiger, RN, both from the Green Cancer Center.

For more information, call Tom Friedman at **858-554-9376** or send an e-mail to [friedman.tom@scrippshealth.org](mailto:friedman.tom@scrippshealth.org)



### **Directions:**

From Interstate 5, exit on Genesee Avenue and go west. Keep right at the top of the hill where Genesee becomes North Torrey Pines Road (continue traveling west).

To park in the Green Hospital parking lot, turn left at Scripps Clinic S. Driveway. To park in the Anderson Outpatient Pavilion parking area, turn left at John J. Hopkins Drive.