Course Overview
The 14th Annual Brain Injury Rehabilitation Conference is designed to provide a clear understanding of the need for multidisciplinary strategies in the management of patients with brain injuries. A renowned faculty of interdisciplinary specialists will present the latest in research and outcomes from a variety of medical perspectives. Topics include interventions and management for medical and physical rehabilitation as well as cognitive, emotional, and social problems common to brain injury patients. A strong emphasis on the need for increased quality, efficiency, and value will be a consistent theme throughout the course as we continue our quest for excellence in brain injury treatment and rehabilitation.

Educational Objectives
After attending this live activity, participants should be able to:
1. Describe the epidemiology of brain injury and its resultant impairments, disability, and psychosocial impact.
2. Identify neurophysiological mechanisms involved in brain plasticity and their potential application to improving practice and service provision across rehabilitation disciplines.
3. Discuss the life long, post-acute rehabilitation needs of individuals with traumatic brain injuries and the importance of developing long term care plans.
4. Review the latest rehabilitative and assistive technology tools for individuals with traumatic brain injuries.
5. Identify current robotic technologies in the role of brain injury rehabilitation.
6. Examine the latest advances in neuroimaging for brain injury rehabilitation.
7. Evaluate cutting-edge neurosurgical interventions for brain injury rehabilitation.

Target Audience
- Physicians
- Nurses
- Physician Assistants
- Physical Therapists
- Occupational Therapists
- Speech-Language Pathologists
- Nurse Practitioners
- Athletic Trainers
- Social Workers and Case Manager
- Others involved in the care of patients with brain injuries

Agenda, Bios, Citations, Objectives

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7 a.m.</td>
<td>Registration, View Posters &amp; Exhibits</td>
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<td>7:45 a.m.</td>
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| 8 a.m. | 45 min | Trans cranial Magnetic Stimulation on Brain Injury (Objectives 4, 5)  
Mohammed Ahmed, MD  
Faculty Bio: Mohammed Ahmed, MD, is a Neuropsychiatrist, board certified by the American Board of Psychiatry and Neurology. Dr. Ahmed is Medical Director of Kaizen Brain Center, associate physician and academic instructor at University of California San Diego (UCSD), and affiliate staff at Hoag Memorial Hospital Department of Neurology & Psychiatry.  
As a specialist in both Memory Disorders/Dementia and Brain Injury Medicine, Dr. Ahmed integrates his expertise in both fields to treat people suffering from memory and cognitive disorders due to various neurodegenerative disorders, such as Alzheimer’s Disease, Fronto Temporal Dementia, Lewy Body Dementia, and Traumatic Brain Injury/Concussion, Chronic Traumatic Encephalopathy (CTE).  
Learning Objectives:  
1. Describe the role of neuromodulation in patients with post concussive syndrome.  
2. Explain the framework for using network based neuromodulation approach for patients with post concussive syndrome  
Citations: |
Neuropsychiatric Management of Acute Traumatic Brain Injury (Objectives 1, 4)
David A Williamson, MD

Faculty Bio:

Learning Objectives:
1. Describe the role of neuropsychiatry in the management of Acute Traumatic Brain Injury
2. Identify psychiatric management methods for acute traumatic brain injury

Citations:
None provided

How Neuropsychology Helps Us Treat Patients (Objective 1)
Jay Rosen, PhD
Lori Alasantro, PhD
**Faculty Bios:**

Lori Haase-Alasantro, PhD, is a Licensed Clinical Neuropsychologist (PSY25817) and an Assistant Clinical Professor in the Department of Psychiatry at the University of California, San Diego (UCSD), School of Medicine. She received her PhD in clinical psychology with a specialization in neuropsychology from the SDSU/UCSD Joint Doctoral Program. In addition to her clinical expertise, Dr. Alasantro is also a neuroscientist. She has published 18 peer-reviewed publications and two book chapters. Dr. Alasantro joined the Neurology Center of Southern California in January 2016. She provides comprehensive neuropsychological assessment for adults with dementia, movement disorders, traumatic brain injury, and stroke, as well as other medical and psychiatric conditions. In addition, she provides pre-surgical evaluations for epilepsy, deep brain stimulators interventions, and spinal cord stimulator implantation for pain management. She is passionate about providing best practices for cognitive and psychological disorders to help improve day-to-day functioning and quality of life.

Jay Rosen, PhD, is a staff neuropsychologist with The Neurology Center of Southern California and an assistant clinical professor with the University of California, San Diego (UCSD) Department of Psychiatry. Dr. Rosen graduated with a B.A. from Indiana University in 2000 and completed a Ph.D. at DePaul University in 2010.

At the pre-doctoral level, Dr. Rosen completed several years of clinical training in neuropsychological assessment and rehabilitation psychology with the University of Illinois - Chicago's Center for Cognitive Medicine and The Rehabilitation Institute of Chicago. Dr. Rosen also received specialty training in outpatient neuropsychological assessment, neuropsychiatric rehabilitation, and psychological trauma while completing a pre-doctoral internship and a post-doctoral fellowship with UCSD and Veteran Administration San Diego Healthcare System (VADSHS). Dr. Rosen’s experience in neuropsychology and rehabilitation conforms to models for neuropsychologists and rehabilitation psychologists established by national level boards and he is presently pursuing board certification.

Prior to joining The Neurology Center of Southern California, Dr. Rosen was employed as a staff psychologist with the VADSHS providing assessment and treatment services for Veterans of all eras living with a variety of neurological, physical, and psychiatric disorders. Dr. Rosen also published and presented in the areas of neuropsychological assessment, rehabilitation services, and disability policy. Dr. Rosen joined The Neurology Center of Southern California in March of 2015. Dr. Rosen has broad clinical interests in neuropsychology and rehabilitation psychology. He conducts evaluations for Dementia, Cerebrovascular disorders, traumatic brain injuries, stroke, brain tumors, Normal Pressure Hydrocephalus (NPH), Parkinson’s Disease, and Multiple Sclerosis. Additionally, Dr. Rosen provides pre-surgical evaluations for epilepsy, deep brain stimulators interventions, and spinal cord stimulator implantation for pain management. Dr. Rosen also provides criminal and civil forensic evaluations and independent medical evaluations (IME). In addition, Dr. Rosen can also provide general psychological testing to clarify psychiatric diagnoses, guide treatment, and assist with the acquisition of vocational and academic accommodations. Dr. Rosen is capable of providing assessments for monolingual Spanish speakers. Dr. Rosen also supports the stage III clinical trials administered via The Research Center. Finally, Dr. Rosen enjoys conducting behavioral interventions addressing common rehabilitation needs including pain, neurocognitive deficits, sleep disorders, and mood/behavioral problems. He is a member of American Psychological Association, International Neuropsychological Society, and the National Academy of Neuropsychology.

When not working, Dr. Rosen enjoys spending time with his family, surfing, biking, sweating in hot yoga, and managing his fantasy football team.

**Objectives:**
- Explain the value of neuropsychological assessment
- Describe how neuropsychology can inform rehabilitation
- Summarize the implications of neuropsychology for mental health treatment, safety, and functional abilities
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| 11:45 a.m. | 45 min  | The Skull as an Airbag (Objectives 1)  
Faculty Bio: Munish Batra, MD  
Faculty, Munish Batra, MD, recognized for his humble bedside manner, humanitarian efforts, honesty and excellent technical skills, Dr. Batra has built a highly-prestigious and world renown cosmetic surgery practice in San Diego, California. He has gained national acclaim for his work in aesthetics conducting facial surgery, cosmetic breast surgery, and body sculpting. He has been honored as a Black Diamond Account holder for Allergan based on his volume of breast augmentations. Dr. Batra is known around the world for his charitable work and constantly makes it a practice, giving back to those in need through the DOCS Charity and his yearly trips to India. Dr. Batra also went to India after the Tsunami and to Nepal after the recent earthquake to offer his services.  
Dr. Batra belongs to the American Society of Indian Plastic Surgeons and has over 20 years of surgical experience, highly regarded for taking on the most complex and unique surgical cases. In 2004, Dr. Batra trademarked the GBRX procedure in the US, known as a hallmark of reconstructive surgery for gastric bypass patients. Patients come to Dr. Batra and Coastal Plastic Surgeons for the quality of care and successful results each patient receives, with referrals coming in from physicians all over the country.  
Dr. Batra is also a member of Coastal Medical Group. Relying on expertise of surgeons from diverse subspecialties, Coastal Medical Group helps patients requiring treatment of traumatic injuries.  
Citations:  
1. Plastic Surgery principles and practice 1st edition by M.J. Jurkiewicz  
2. Frontal Sinus Fractures treatment and management  
   September 5, 2017 Travis Tollefson  
   Learning Objectives:  
   Identify the anatomy of the craniofacial skeleton and how it impacts the brain.  
   State how fractures of the craniofacial skeleton may protect against brain injuries. |
| 12:30 p.m. | 60 min  | Lunch |
| 1:30 p.m.  | 60 min  | Workshops (choose one, all provided via mobile app and conference website) |
|           |         | A. Family and Patients: Optimizing Recovery after Brain Injury (Objectives 4,5)  
Deborah Lobatz, LMFT  
Rene Dupont, MD  
Faculty Bios:  
Debra Lobatz, LMFT, became a therapist after many other life experiences including a career as a teacher, business owner, homemaker and mother, and daughter of elderly parents whose illnesses inspired me to become a licensed marriage and family therapist.  
I specialize in working with families of aging or chronically ill patients, specifically patients with dementia and brain injury. Caring for loved ones with dementia can be extremely stressful. The patient will do better if the caregiver can learn to negotiate through the stress of caring for a loved one with a chronic illness such as Alzheimer’s disease and learn about available resources discovering they are not alone in the process.  
My practice focuses on adults over 18 struggling with anxiety, depression, grief and loss, relationship issues and personal growth. |
| Renee M. Dupont, MD specializes in psychiatry and neuropsychology. She received her medical degree from Tulane University School of Medicine where she also completed an internship in psychiatry. Dr. Dupont completed psychiatry residencies at the University of California, San Diego and Tufts New England Medical Center. She is board certified in psychiatry since 1989 by the American Board of Psychiatry & Neurology.  

Learning Objectives:  
Identify positive and negative factors affecting caregiver stress  
Identify strategies for intervention  
Demonstrate ability to assess level of caregiver stress  
Citations:  

| B. Vestibular Balance (Objectives 1, 5)  
Irina Keefer, PT, DPT, NCS  
Faculty Bio: Ira Keefer, PT, DPT, NCS, has worked in neurologic physical therapy for 8 years, she received her Doctor of Physical Therapy from the University of California San Francisco/San Francisco State University in 2011. In 2013, she completed a Neurologic Physical Therapy Residency through Rancho Los Amigos National Rehabilitation Center and the University of Southern California where she provided patient care, conducted research on Parkinson’s disease and taught within the doctoral physical therapy program. In 2014, she became a Board Certified Neurologic Clinical Specialist through the American Board of Physical Therapy Specialties. She has successfully completed the Competency-Based Vestibular Course through Emory University and has since been very involved in treating patients with vestibular conditions throughout the continuum of care. Ms. Keefer has been working at Scripps Memorial Hospital Encinitas for 4 years in the outpatient neurologic and acute care settings and became the Physical Therapy Lead in 2017. She has a special interest in the stroke and traumatic brain injury population, with an emphasis on community re-integration. In addition to patient care, Ms. Keefer teaches within the doctoral physical therapy program at the University of St. Augustine and makes an annual trip to Tijuana to volunteer with an organization that provides and fits wheelchairs for children and adults.  
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<td>2:30 p.m.</td>
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<td>3 p.m.</td>
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<td>Workshops (Repeat)</td>
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**Saturday, March 9, 2019**

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<td>7 a.m.</td>
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<td>Registration, View Posters &amp; Exhibits</td>
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<td>7:45 a.m.</td>
<td>15 min</td>
<td>Welcome &amp; Introductions</td>
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<td>Michael Lobatz, MD</td>
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<tr>
<td>8 a.m.</td>
<td>120 min</td>
<td>Thomas J. Chippendale, MD Memorial Lecture (5, 6)</td>
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<td>Rebecca Solnit, Author, Historian, Activist</td>
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</table>
|         |          | Faculty Bio: Ms Rebecca Solnit is the author of more than twenty books on feminism, western and indigenous history, popular power, social change and insurrection, wandering and walking, hope and disaster, including the books The Mother of All Questions, Hope in the Dark, Men Explain Things to Me; The Faraway Nearby; A Paradise Built in Hell: The Extraordinary Communities that Arise in Disaster; A Field Guide to Getting Lost; Wanderlust: A History of Walking; and River of Shadows, Eadweard Muybridge and the Technological Wild West (for which she received a Guggenheim, the
**National Book Critics Circle Award in criticism, and the Lannan Literary Award.** A product of the California public education system from kindergarten to graduate school, she writes regularly for the Guardian newspaper and sits on the board of the climate group Oil Change International.

A product of the California public education system from kindergarten to graduate school, she is a columnist at Harper’s.

Citations – No citations provided

**Learning Objectives:**
- Recognize the use for hope
- Recognize the use of uncertainty and the use of misused of nature

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<th>10 a.m.</th>
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<th>Break, View Posters &amp; Exhibits</th>
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**Agitated Behavior and Activities of Daily Living Retraining During Posttraumatic Amnesia**

Jessica Trevena-Peters, DPsych (Objectives 1, 4)

Faculty Bio: Dr. Trevena-Peters, BOT/ BPsych(Hons), DPsych(Clinical Neuropsychology), is a Clinical Neuropsychologist, Researcher, and Occupational Therapist. She originally worked as an Occupational Therapist delivering assessment and rehabilitation in inpatient and community settings for individuals following acquired brain injury (ABI) within a multi-disciplinary team; becoming the senior occupational therapist of an ABI rehabilitation group. Jessica then went on to complete her Doctorate in Clinical Neuropsychology at Monash University (Victoria, Australia). Within her doctorate Jessica coordinated a randomized controlled trial investigating the efficacy of activities of daily living in the early stages of recovery following TBI. Jessica has been fortunate to present her work at various international and Australian conferences and at ASSBI (Australasian Society for the Study of Brain Impairment, 2017), Jessica was the recipient of the Luria Award for her paper "Efficacy of activities of daily living retraining during posttraumatic amnesia: A randomized controlled trial.". Jessica has worked at Monash-Epworth Rehabilitation Research Centre translating the findings from this research, training occupational therapists around Australia in delivery of the intervention targeting skills retraining in the early stages following TBI, and has completed teaching within University settings. She has also published an intervention manual. Clinically, at present Jessica works as a Neuropsychologist in The Victorian ABI Rehabilitation Service – community rehabilitation team and also in a Paediatric clinic.

Citations:


Additional references will include:


doi:https://doi.org/10.1016/j.apmr.2018.08.184

Learning objectives:

Describe the key symptomatology of posttraumatic amnesia (PTA), including agitation, and synthesize the evidence to date, which guides PTA management
Analyze the rationale for early rehabilitation opportunities during PTA (the learning profile during PTA) and summarize the efficacy of activities of skills retraining during PTA using procedural and errorless learning.
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<th>Time</th>
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<tbody>
<tr>
<td>11:30 a.m.</td>
<td>45 min</td>
<td>Discuss possible implications of posttraumatic agitation on rehabilitation and the relationship between agitated behavior and skills retraining during PTA, and how such learnings can be implemented, practically, within clinical settings.</td>
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<tr>
<td>11:30 a.m.</td>
<td>45 min</td>
<td>Brain Injury Rehabilitation Guidelines – Moderate to Severe TBI Mark Bayley, MD (Objectives 4, 5)</td>
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<td>Faculty Bio: Mark Bayley is Program Medical Director &amp; Physiatrist-in-Chief at Toronto Rehabilitation Institute, and Chief Medical Officer of Altum Health at the University Health Network He is Professor and Sauder Family Chair in Brain injury Research at the University of Toronto in the Division of Physical Medicine and Rehabilitation, Faculty of Medicine. Mark’s research focuses on understanding how to speed brain recovery through exercise, virtual reality, telerehabilitation and functional electrical stimulation. Importantly, he has explored novel implementation strategies to bridge the knowledge-practice gap by making best evidence available to clinicians through smartphone apps (<a href="http://www.viatherapy.org">www.viatherapy.org</a>) and Best Practices Guidelines in stroke, concussion and brain injury (<a href="https://braininjuryguidelines.org">https://braininjuryguidelines.org</a>). His work has redesigned the stroke and brain injury rehabilitation systems in Canada. (@DocMarkBayley) Twitter</td>
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<tr>
<td>12:15 p.m.</td>
<td>75 min</td>
<td>Lunch &amp; View Exhibits</td>
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<td>12:30 p.m.</td>
<td>Non-Accredited Activity Lunch Symposium supported by Avanir</td>
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<td>1:30 p.m.</td>
<td>15 min</td>
<td>Transition back to General Session</td>
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<td>1:45 p.m.</td>
<td>60 min</td>
<td>Workshops (choose one, all provided via mobile app and conference website)</td>
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Citations:


Learning Objectives:
Recall the ONF-INESS Guidelines for Rehabilitation after Moderate and Severe Traumatic Brain Injury Explain evidence summaries, system implications and key process indicators for priority best practices for recommendations pertaining to brain injury rehabilitation Demonstrate the use of the guidelines to identify the key rehabilitation best practices for the cases presented and their own patients.
<table>
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<tr>
<th>D. Neuro Ophthalmology (Objectives 6)</th>
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<tbody>
<tr>
<td>Benjamin Frishberg, MD</td>
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Faculty Bio: Benjamin Frishberg, MD was a board certified in Psychiatry & Neurology in 1985. Dr. Frishberg received his medical degree from the University of Minnesota in 1979. He served his internship specializing in Internal Medicine at UCSD Medical Center and served his residency specializing in Internal Medicine and Neurology at UCSD Medical Center. Subsequently he did a fellowship in Neuro-Ophthalmology at Emory University School of Medicine. He is active as a board examiner for the American Board of Psychiatry and Neurology, course director at the Annual American Academy of Neurology meeting, and course director of the local “Neurology for Primary Care” annual course in La Jolla.

Citations:

Learning Objectives:
- Evaluate diplopia and develop a treatment plan
- Discuss vision history
- Determine the significance of visual loss

<table>
<thead>
<tr>
<th>F. Upper Extremity Robotics (Objectives 6, 7)</th>
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<tbody>
<tr>
<td>Lilly Guerrero. OT</td>
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<tr>
<td>Joel Zwanziger, OT</td>
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</table>

Faculty Bios:

Lily Guerrero, OTR/L, DPT, is an occupational therapist at Scripps Encinitas and member of AOTA with experience in the inpatient and outpatient clinical rehabilitation setting. Lily has worked with neurological and orthopedic conditions and has additional training in lymphedema management. She is an alumna of the University of St. Augustine Master of Occupational Therapy (MOT) and Doctor of Physical Therapy (DPT) program in San Marcos, CA.

Joel Zwanziger studied OT at Samuel Merritt College & graduated with a Masters in Occupational Therapy in 2007. He began working in Acute Care in 2008 and joined the Scripps Encinitas rehab team in 2009. In 2010 he obtained his certification in the Neuro-IFRAH treatment approach. Joel worked as an outpatient neuro OT until 2014 when he moved to northern California & worked as a rehab OT for the Sutter Rehab Institute for 2 years. In 2016 he moved back to San Diego & rejoined the Scripps Encinitas rehab team again as an outpatient Neuro OT. Joel is now working towards accruing the necessary hours to obtain PAMs (physical agent modalities) certification from the state of CA.

Citations:

Learning objectives:
- Identify two types of upper limb robotic therapy that can be used in neurorehabilitation.
- Describe two benefits of robotic therapy for neurorehabilitation.
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<th>Time</th>
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<th>Faculty Bio</th>
<th>Citations: None provided</th>
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<td>2:45 p.m.</td>
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<td>3 p.m.</td>
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<td>Workshops (Repeat)</td>
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<td>4 p.m.</td>
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<td>Transition from Workshops to General Session</td>
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<td>4:15 p.m.</td>
<td>60 min</td>
<td>The “Care” Reel (Objectives 4)  Kevin Pearce</td>
<td>Faculty Bio: In the blink of an eye, Kevin Pearce went from being an Olympic</td>
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<td>gold medal hopeful to suffering a severe traumatic brain injury (TBI) that</td>
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<td>nearly took his life. As a champion snowboarder once considered the key</td>
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<td>rival to Shaun White, Kevin earned back-to-back victories at The Oakley</td>
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<td>Arctic Challenge and two Air &amp; Style Victories in 2007 and 2008. He went</td>
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<td>on to become a silver medalist with a thrilling performance at the 2009</td>
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<td>Winter X Games. By 2010, Kevin was considered a gold medal contender in the</td>
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<td>Winter Olympics. Then, tragedy struck. In a devastating training accident,</td>
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<td>Kevin suffered the traumatic brain injury that would change his life forever.</td>
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<td>After six days in a coma, Kevin awoke to the faces of his family and a</td>
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<td>grueling road to recovery. He began intensive therapy and rehabilitation</td>
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<td>that included relearning how to walk, talk and even swallow – rewiring his</td>
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<td>brain to do all the little things that most of us take for granted. By</td>
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<td>drawing upon his own unwaverering optimism, the discipline that he had</td>
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<td>acquired as a world-class athlete, the love of his family, and the support</td>
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<td>of numerous healthcare professionals and caregivers, Kevin made amazing</td>
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<td>progress that continues to this day. His journey has also included forging</td>
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<td>a new path toward helping and inspiring others. As the co-founder of the</td>
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<td>Love Your Brain Foundation, Kevin has found a passionate sense of purpose</td>
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<td>advocating for the prevention of brain injury and assisting those affected</td>
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<td>by it.</td>
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<td>Today, as a sought-after keynote speaker, Kevin Pearce is inspiring the level</td>
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<td>of admiration that he once did as a spellbinding snowboarder. His uplifting</td>
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<td>presence has earned reviews ranging from “the experience of a lifetime” to</td>
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<td>“the best speaker that I have ever heard.” Known for contagious optimism</td>
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<td>that lifts up audiences, he is delivering a powerful message of perseverance,</td>
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<td>purpose, overcoming adversity and finding strength through helping others.</td>
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<td>5:15 p.m.</td>
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<td>Final Adjournment</td>
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<td>Alasantro</td>
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<td>Batra</td>
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