Safe Options for Sharps Disposal

Protect Yourself, Protect Others
Sharps are syringes, needles and lancets. They must be disposed of properly to prevent injury to people and the spread of germs.

Contact the County of San Diego Household Hazardous Waste at 1-877-713-2784 for information for disposal locations in your area.

Sharps should not be:
• Thrown in the garbage
• Flushed down the toilet
• Placed in recycling containers
• Brought to the hospital

Put sharps waste in its place.
• Sharps should be placed in a hard plastic or metal container with a tight cap or lid.
• Ask your local pharmacy if they take back used sharps.
• Take your used sharps to drop-off collection sites.
• Consider using a “mail back” service (fees apply).

For more information, visit: http://safeneedledisposal.org/ or http://www.sandiego.gov/environmental-services/ep/hazardous/medsharpsdisposal.shtml

Look in the government section of your local white pages for a household hazardous waste listing for your city or county.

For more information call Scripps Whittier Diabetes Institute: 1-877-944-8843 or 858-678-7050