



# Scripps Health 2014 Implementation Plan

In Support of the 2013 San Diego  
Community Health Needs Assessment

Update  
September 2015



Scripps Health  
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[scripps.org](http://scripps.org)

# Scripps Health 2014 Implementation Plan

## Background

Congress added several new requirements for hospital organizations to maintain federal income tax exempt status under Section 501(r) of the Internal Revenue Code (the "Code") as part of the Affordable Care Act. One of the requirements set forth in Section 501(r) of the Code is for each hospital organization to conduct a Community Health Needs Assessment (CHNA) at least once every three tax years. The requirement to conduct a CHNA applies to Scripps Health, which is a health system that operates four hospital facilities. In addition, Scripps Health must adopt an Implementation Plan to address certain community health needs identified in the CHNA by September 30, 2013.

## Approval from Governing Body

The Scripps Health Board of Trustees Strategic Planning Committee approved both the CHNA report and Implementation Plan during its 2013 tax year. The Implementation Plan is outlined in the remainder of this document; the CHNA written report is posted separately on the Scripps Health website, [http://www.scripps.org/about-us\\_scripps-in-the-community](http://www.scripps.org/about-us_scripps-in-the-community).

## Scripps Facilities

Scripps Green Hospital

Scripps Memorial Hospital Encinitas

Scripps Mercy Hospital

- San Diego Campus
- Chula Vista Campus

Scripps Memorial Hospital La Jolla

**Community Health Needs Assessment:** Grounded in a longstanding commitment to address community health needs in San Diego, seven hospitals and health care systems came together under the auspices of the Hospital Association of San Diego and Imperial Counties (HASD&IC) to conduct a triennial Community Health Needs Assessment (CHNA) that identified and prioritized the most critical health-related needs of San Diego County residents. As a participating health system, Scripps used the CHNA findings to guide the development of its 2014 implementation plan and to meet IRS regulatory requirements previously stated.

**Prioritized San Diego County Community Health Needs:** The health needs were prioritized based on the following criteria:

- Have a significant prevalence in the community,
- Contribute significantly to the morbidity and mortality in San Diego County,
- Disproportionately impact vulnerable communities,
- Reflect a need that exists throughout San Diego County. and
- Can be addressed through evidence-based practices by hospitals and health care systems.

Four conditions clearly emerged from the CHNA as the top community health needs in San Diego County (in alphabetical order):

- Cardiovascular Disease
- Diabetes (type 2)
- Mental/Behavioral Health
- Obesity

## **Health Themes Identified in the Community Health Needs Assessment**

Once all the community input was integrated (survey respondents, key interviewees and community forum participants), the following five broad categories emerged as recommendations for hospitals to organize community health programs:

- Access to Care or Insurance
- Care Management
- Education
- Screening Services
- Collaboration

# Implementation Plan

Scripps Health has a long history of responding to the health needs of the communities it serves, extending beyond traditional hospital care to provide community benefit programs that address the health care needs of the region's most vulnerable populations. With the CHNA completed in 2013, Scripps Health developed a system-wide corresponding three-year Implementation Plan to address the health priority areas identified. The Implementation Plan translates the research and analysis presented in the Assessment into specific actionable strategies and initiatives to be carried out to measurably improve community health outcomes. These strategies and initiatives, their measures of implementation and the metrics used to evaluate their effectiveness are described in detail below.

## Cardiovascular Disease

### 1. *Eric Paredes Save A Life Foundation*

Heart disease is the leading cause of death for people of most racial/ethnic groups in the United States, including African Americans, Hispanics and Caucasians. Between 70 percent and 89 percent of sudden cardiac events occur in men. About two-thirds (64 percent) of women who die suddenly of coronary heart disease have no previous symptoms.

As a sponsor of the Eric Paredes Save A Life Foundation, Scripps has held more than 10,000 free cardiac screenings for local teens, including the homeless and the underinsured. Scripps provides financial contribution annually to help pay for the screenings. In 2014, Scripps supported screening events at high schools throughout the county and screened more than 4, 188 teens, identifying 85 with abnormalities and 38 who were at risk.

The goal of the Eric Paredes Save A Life Foundation screenings is to prevent sudden cardiac arrest and death in middle and high school aged children, including underserved areas in San Diego County, through awareness, education and action. Each year 7,000 teens in the United States lose their lives due to sudden cardiac arrest (SCA). SCA is not a heart attack — it is caused by an abnormality in the heart's electrical system that can be easily detected with a simple EKG. Unfortunately, heart screenings are not part of a regular, well child exam or pre-participation sports physical. The first symptom of SCA could be death. San Diego alone annually loses three to five teens from SCA. Screenings are non-invasive and include a health history and EKG. Thirty-six percent of the schools represented are Title I schools, in which the majority

of the students at the schools meet poverty guidelines. The schools qualify for federal government assistance funding such as free or reduced fee lunch programs. When findings are positive, Scripps takes the following steps:

- Check for an abnormal heartbeat that could signal an underlying heart condition using an echocardiogram.
- Notify parents of the results for follow up with their family physicians.

**FY14 Results: Eric Paredes Save A Life Foundation**

Total Number of Adolescent Screenings *65 out of the 4,188 were uninsured adolescents	4,188
Total Number of Adolescents With Positive Findings of Heart Abnormalities	85
Total Number of High Risk Adolescents Identified	38

**Challenges:**

Data Collection — Collecting data on the status of insurance emerged as a challenge. To address this problem, midway through the year we added a question to the screening questionnaire whether the participants had a Primary Care Physician. If they did not, we assumed they were uninsured.

**Diabetes**

*1. Diabetes Community Health Education and Outreach Program*

There are 29 million people with diabetes in the United States and 382 million worldwide, and the rates are highest in diverse racial and ethnic communities and low-income populations. Scripps Diabetes Care collaborates with community clinics and organizations to provide much needed services and solutions. The Diabetes Community Health Education and Outreach Program implements outreach and educational programs that increase knowledge about diabetes and provide access for the community and underserved populations.

**FY14 Results: Community Health Fairs and Outreach and Education 2014**

	Community Health Fairs	Peer-Led Health Education Classes
Total Events/Classes	15	151
Total Patients Participating	858	1,111
Total Patients Screened	126*	n/a
Positive Screenings	47 (38%)	n/a
PCP Referrals	45	n/a

\*Individuals who agree to be screened for diabetes management (DM) risk: diabetes risk-paper screen, blood pressure screenings or finger sticks. Blood pressure is a strong indicator of DM risk or pre-DM.

## 2. Retinal Screenings

It is estimated that every 24 hours, 55 people will lose their vision as a direct result of diabetic retinopathy. With early diagnosis and appropriate treatment, 95 percent of diabetic blindness could be prevented. For the past decade, the Scripps Diabetes Care Retinal Screening Program has provided low-cost or free screenings to the community. Retinal Screenings are important for the prevention and early treatment of diabetic retinopathy. Patients are screened aboard the Scripps mobile medical unit, where retinal photographs are taken. After the screenings are interpreted, follow-up care is arranged if needed. More than 100 patients, many suffering from vision complications as a result of their diabetes, receive retinal screenings each month.

### **FY14 Results: Retinal Screenings 2014**

Total Screening Events	11
Total Patients Screened	282
Percentage of Positives	36% (103)
Retinal Specialist Referrals	12% (38)
Percentage of PCP Referrals	98% (276)

#### Benefits:

- Prevention or diagnosis of vision problems, including blindness.
- A reduction in visits to the emergency department for uncontrolled complications of diabetes.
- Cost savings to patients and health care systems. (The cost to screen each patient is about \$30 versus emergency department fees, possible laser treatment and office visits that could potentially cost up to \$23,000 per year per patient.)

## 3. Project Dulce

The Project Dulce program has been fighting the diabetes epidemic for more than 17 years by providing diabetes care, self-management education and continuous support to low-income and uninsured populations throughout San Diego County. Recognized for its impact, the comprehensive program serves as an international model of patient care and advocacy, helping individuals with the disease learn to improve their health. One of the primary components of the program is recruiting peer educators from the community to work directly with patients. These educators reflect the diverse population affected by diabetes and help teach others about changing eating habits, adopting exercise routines and other ways to help manage this chronic disease.

### FY14 Results: Project Dulce 2014

Total Number of Intake Forms 2014	5,990
Total Number of Patients Cared for by Clinical Team	5,990
Total of New Patients Entering the Program	1,049*

\*The new patients that enter the program each year are newly diagnosed with diabetes and the other 4,941 are returning patients.

#### Benefits:

- Higher quality of care.
- Reduced hospital and emergency department care costs.
- Decreased incidence of diabetes-related complications and hospitalizations.
- Improvements in health status and quality of life.

## Mental and Behavioral Health

### 1. National Depression Screening Day

Depression is the most common type of mental illness, affecting more than 26 percent of the United States adult population. It has been estimated that by the year 2020, depression will be the second leading cause of disability throughout the world, trailing only ischemic heart disease. Adults with the lowest income or education report more unhealthy days than those with higher income or education. Scripps participated in the National Depression Screening Day, an annual event aimed at helping people identify the signs of depression and providing resources to assist those at risk. Scripps has expanded the availability of free depression screenings by making them available at all five of our hospital campuses. The screenings are open to adults of all ages on a walk-in basis, and are informational, not diagnostic, in nature, simply indicating whether questionnaire responses are consistent with symptoms of depression. Referrals to mental health professionals are provided if screening scores suggest this would be beneficial, as well as literature that can be shared with friends and family members.

### FY14 Results: National Depression Screening Day

Total Number of Visitors	134
Total Number of People Screened	22
Total Number of People Referred to Emergency Department	0
Total Number of People Referred to Outpatient Services (Psychiatric Referrals by Zip Code)	9
Total Number of People Tracked as Uninsured	14
Total Number of People Tracked as Insured	60
Total Number of People Declined to Give Insurance Status	22



Challenges:

A). Collecting status of insurance coverage: The tracking log only collected metrics that were historically sent to San Diego County. Since then, we have modified the tracking log in order to capture more information about the uninsured population. Information will be given to staff to make sure to differentiate between the numbers of screenings completed versus how many individuals were tracked (e.g., person stopped by the booth and asked question or picked up literature only).

B). Screening locations: The location of the screenings took place in hospital lobbies, which is not an ideal location due to foot traffic and privacy issues. For future screenings, Scripps will look into partnering with community clinics and holding the screenings in those high-risk community neighborhoods.

## **Obesity**

### *1. Dulce Mothers*

Between 2007–2010, one out of three American adults was considered obese. Obese individuals have a 50 percent to 100 percent increased risk of premature death from all causes compared to individuals at a healthy weight. Obesity-related conditions include heart disease, stroke, type 2 diabetes and certain types of cancer, which are some of the leading causes of preventable death. Scripps began a pilot program, Dulce Mothers, with the goal of decreasing the incidence of type 2 diabetes by managing a major risk factor — obesity — in underserved, ethnically diverse populations through testing the effectiveness of a weight management curriculum designed for Latino women with gestational diabetes (GDM). Women with a history of GDM and who meet the criteria for being overweight (BMI above 25) are referred to the Dulce Mothers program.

Challenges:

There was no data captured in FY14, as Dulce Mothers had some challenges in initiating the pilot program. These included securing community clinic partnerships that would generate participants for the program in a timely manner. As a result, Dulce Mothers added a second arm of the study-program, Nuestra Vida, geared toward 40 middle-aged women who are at high risk for cardio-metabolic conditions that are being administered in Chula Vista. The Dulce Mothers component will be administered in North County San Diego (Escondido), and Dulce Mothers will become an active outreach program in FY15.





**Scripps Health  
Community Health Needs Assessment - Implementation Plan  
Fiscal Year 2014**

**Identified Community Need: Cardiovascular Disease**

Program Name	Objectives	Hospital Sites	Action Items	Evaluation Methods and Measurable Targets
Eric Paredes Save A life Foundation (Screenings)	To prevent sudden cardiac arrest and death in middle high school aged children, including underserved areas in San Diego county through awareness, education and action.	Scripps Encinitas	Partner with local San Diego high schools to administer and read electrocardiograms and if warranted an echocardiogram screening by Scripps physicians (cardiologists) before high school students participate in organized sports and activities.	<ul style="list-style-type: none"> <li>Track number of teens screened - 10/20/13 <sup>1</sup>Patrick Henry High School, 815 students screened.</li> <li>Track number of teens with heart abnormalities - N/A</li> <li>Track number of teens found at risk - 8</li> <li>Track number of uninsured- N/A (Did not begin tracking until February)</li> <li><sup>2</sup>Number who do not have a pediatrician - N/A (Did not begin tracking until February)</li> <li>Number who check they use a community clinic - N/A (Did not begin tracking until February)</li> <li>Families that surveyed as extremely low to moderate income - N/A (Did not begin tracking until February)</li> </ul>
		Scripps Green	Partner with local San Diego high schools to administer and read electrocardiograms and if warranted an echocardiogram screening by Scripps physicians (cardiologists) before high school students participate in organized sports and activities.	<ul style="list-style-type: none"> <li>Track number of teens screened - 4/27/14, <sup>3</sup>Scripps Ranch High School, 812 students screened.</li> <li>Track number of teens with heart abnormalities - 29</li> <li>Track number of teens found at risk - 9</li> </ul>

<sup>1</sup> The location of the screenings was at Patrick Henry High School and about 60% are local to the school site and 40% travel across the county for the screening.

<sup>2</sup> Based on FY14 HUD Metropolitan FMR Area. 36% of the schools represented are Title I schools, the majority of students at the school meet poverty guidelines.

<sup>3</sup> The location of the screenings was at Scripps Ranch High School but students attended county wide from other high schools.



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Program Name	Objectives	Hospital Sites	Action Items	Evaluation Methods and Measurable Targets
				<ul style="list-style-type: none"> <li>Track number of uninsured <b>10</b></li> <li><sup>4</sup>Number who do not have a pediatrician - <b>63</b></li> <li>Number who check they use a community clinic - <b>N/A</b></li> <li>Families that surveyed as extremely low to moderate income <b>4/27/14 screening - 23%</b></li> </ul>
		Scripps La Jolla	Partner with local San Diego high schools to administer and read electrocardiograms and if warranted an echocardiogram screening by Scripps physicians (cardiologists) before high school students participate in organized sports and activities.	<ul style="list-style-type: none"> <li>Track number of teens screened - <b>9/28/14 screening - 972, La Jolla High School</b></li> <li>Track number of teens with heart abnormalities - <b>13</b></li> <li>Track number of teens found at risk - <b>4</b></li> <li>Track number of uninsured <b>9</b></li> <li><sup>5</sup>Number who do not have a pediatrician - <b>40</b></li> <li>Number who check they use a community clinic - <b>6</b></li> <li>Families that surveyed as extremely low to moderate income <b>9/28/14 screening - 23%</b></li> </ul>
		Scripps Mercy	Partner with local San Diego high schools to administer and read electrocardiograms and if warranted an echocardiogram screening by Scripps physicians (cardiologists) before high school students participate in organized	<ul style="list-style-type: none"> <li>Track number of teens screened - <b>2/9/14 - 432, Scripps Mercy Hospital San Diego 6/1/14 - 840, Granite Hills High School 7/26/14 - 317, The Rock Academy</b></li> </ul>

<sup>4</sup> Based on FY14 HUD Metropolitan FMR Area 36% of the schools represented are Title I schools, the majority of students at the school meet poverty guidelines.

<sup>5</sup> Based on FY14 HUD Metropolitan FMR Area 36% of the schools represented are Title I schools, the majority of students at the school meet poverty guidelines.



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Program Name	Objectives	Hospital Sites	Action Items	Evaluation Methods and Measurable Targets
			sports and activities.	<p><b>Point Loma</b></p> <ul style="list-style-type: none"> <li>• Track number of teens with heart abnormalities 2/9/14 - 14 6/1/14 - 20 7/26/14 - 9</li> <li>• Track number of teens found at risk 2/9/14 - 5 6/1/14 - 8 7/26/14 - 4</li> <li>• Track number of uninsured 2/9/14 - 15 6/1/14 - 24 7/26/14 - 7</li> <li>• <sup>6</sup>Number who do not have a pediatrician -136 <sup>7</sup>2/9/14 - 69 6/1/14 - 58 7/26/14 - 9</li> <li>• Number who check they use a community clinic 2/9/14 - N/A 6/1/14 - N/A 7/26/14 - 5</li> <li>• Families that surveyed as extremely low to moderate income 2/9/14 - 26% 6/1/14 - 42% 7/26/14 - 47%</li> </ul>

<sup>6</sup> Based on FY14 HUD Metropolitan FMR Area 36% of the schools represented are Title I schools, the majority of students at the school meet poverty guidelines.

<sup>7</sup> In addition, 54 teens were screened from the Monarch School for youth which are touched by homelessness



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**Identified Community Need: Diabetes**

Program Name	Objectives	Hospital Sites	Action Items	Evaluation Methods and Measurable Targets
Diabetes Community Health Education and Outreach	<p>Implement outreach and educational programs that increase knowledge about diabetes and provide access for the community and underserved populations.</p> <p>FY14 Goal: 100 Screenings Provided FY14 Accomplishments: 125 Screenings</p> <p>FY14 Goal: 165 Classes Taught FY14 Accomplishments: 165 Classes Taught</p> <p>FY14 Goal: 12 Retinal Screenings FY14 Accomplishments: 11 Retinal Screenings</p>	Scripps Encinitas	<p><u>Community Health Fairs</u> Implement one educational forum for underserved populations per year to expand public awareness about diabetes.</p> <p><u>Peer-Led Health Education</u> Provide 165 classes of health education.</p> <p><u>Retinal Screenings</u> In addition to North County screenings, provide screenings at three South Bay and Central community locations.</p>	<ul style="list-style-type: none"> <li>Total number of events - 3</li> <li>Total number of people served - 90</li> <li>Total number of people screened annually for diabetes management - 12</li> <li>Total number of positive screenings - 0</li> <li>Total number of PCP referrals - 0</li> <li>Total number of people taught - 421</li> <li>Number of classes taught - 43</li> <li>Number of Retinal Screening events - 10</li> <li>Total number of patients - 266</li> <li>Percentage of patients that screen positive - 36% (97)</li> <li>Percentage of patient referrals to Primary Care Physician - 98% (261)</li> <li>Retinal Specialist Referrals - 12% (35)</li> </ul>
		Scripps Green	<p><u>Community Health Fairs</u> Implement one educational forum for</p>	<ul style="list-style-type: none"> <li>Total number of events - 1</li> <li>Total number of people served - 12</li> </ul>

Current as of 9/1/2015



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Program Name	Objectives	Hospital Sites	Action Items	Evaluation Methods and Measurable Targets
			<p>underserved populations per year to expand public awareness about diabetes.</p> <p><u>Peer-Led Health Education</u> Provide 165 classes of health education.</p> <p><u>Retinal Screenings</u> In addition to North County screenings, provide screenings at three South Bay and Central community locations.</p>	<ul style="list-style-type: none"> <li>• Total number of people screened annually for diabetes management -1</li> <li>• Total number of positive screenings -0</li> <li>• Total number of PCP referrals - 1</li>   <li>• Total number of people taught - 0</li> <li>• Number of classes taught -0</li>   <li>• Number of Retinal Screening events - 0</li> <li>• Total number of patients - 0</li> <li>• Percentage of patients that screen positive - 0</li> <li>• Percentage of patient referrals to Primary Care Physician - 0</li> <li>• Retinal Specialist Referrals - 0</li> </ul>
		Scripps La Jolla	<p><u>Community Health Fairs</u> Implement one educational forum for underserved populations per year to expand public awareness about diabetes.</p>	<ul style="list-style-type: none"> <li>• Total number of events - 1</li> <li>• Total number of people served - 86</li> <li>• Total number of people screened annually for diabetes management - 16</li> <li>• Total number of positive screenings - 4 (25%)</li> <li>• Total number of PCP referrals - 4</li> </ul>

Current as of 9/1/2015



**Scripps Health**  
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Program Name	Objectives	Hospital Sites	Action Items	Evaluation Methods and Measurable Targets
			<u>Peer-Led Health Education</u> Provide 165 classes of health education.  <u>Retinal Screenings</u> In addition to North County screenings, provide screenings at three South Bay and Central community locations.	<ul style="list-style-type: none"> <li>• Total number of people taught - <b>207</b></li> <li>• Number of classes taught - <b>24</b></li> <li>• Number of Retinal Screening events - <b>0</b></li> <li>• Total number of patients - <b>0</b></li> <li>• Percentage of patients that screen positive - <b>0</b></li> <li>• Percentage of patient referrals to Primary Care Physician - <b>0</b></li> <li>• Retinal Specialist Referrals - <b>0</b></li> </ul>
		Scripps Mercy	<u>Community Health Fairs</u> Implement one educational forum for <u>underserved populations</u> per year to expand public awareness about diabetes.  <u>Peer-Led Health Education</u> Provide 165 classes of health education.	<ul style="list-style-type: none"> <li>• Total number of events - <b>10</b></li> <li>• Total number of people served - <b>670</b></li> <li>• Total number of people screened annually for diabetes management - <b>97</b></li> <li>• Total number of positive screenings - <b>43 (44%)</b></li> <li>• Total number of PCP referrals - <b>41</b></li> <li>• Total number of people taught - <b>483</b></li> <li>• Number of classes taught - <b>84</b></li> </ul>

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**Scripps Health  
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Program Name	Objectives	Hospital Sites	Action Items	Evaluation Methods and Measurable Targets
			<p><u>Retinal Screenings</u> In addition to North County screenings, provide screenings at three South Bay and Central community locations.</p>	<ul style="list-style-type: none"> <li>• Number of Retinal Screening events - <b>1</b></li> <li>• Total number of patients - <b>16</b></li> <li>• Percentage of patients that screen positive - <b>38% (6)</b></li> <li>• Percentage of patient referrals to Primary Care Physician - <b>94% (15)</b></li> <li>• Retinal Specialist Referrals - <b>19% (3)</b></li> </ul>
Project Dulce - Care Management	Improve Self-Management Education for underserved <u>population</u> living with diabetes.	Scripps Encinitas	Offer a comprehensive, culturally sensitive diabetes self-management program for underserved and uninsured populations at Neighborhood Healthcare.	<ul style="list-style-type: none"> <li>• *Total number of intake forms completed - <b>2,111</b></li> <li>• Total number of patients cared for by clinical team. <b>Does not include retinal screenings - 2,111</b></li> <li>• Total number of new patients entering the program - <b>292</b></li> </ul>
		Scripps Green	Offer a comprehensive, culturally sensitive diabetes self-management program for underserved and uninsured populations at Operation Samahan (North County).	<ul style="list-style-type: none"> <li>• *Total number of intake forms completed - <b>422</b></li> <li>• Total number of patients cared for by clinical team. <b>Does not include retinal screenings - 422</b></li> <li>• Total number of new patients entering the program - <b>80</b></li> </ul>
		Scripps La Jolla	Offer a comprehensive, culturally sensitive diabetes self-management program for underserved and uninsured populations at Operation Samahan (North County).	<ul style="list-style-type: none"> <li>• *Total number of intake forms completed - <b>0</b></li> <li>• Total number of patients cared for by clinical team. <b>Does not include retinal screenings - 0</b></li> <li>• Total number of new patients entering the program - <b>0</b></li> </ul>

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Program Name	Objectives	Hospital Sites	Action Items	Evaluation Methods and Measurable Targets
		Scripps Mercy	Offer a comprehensive, culturally sensitive diabetes self-management program for underserved and uninsured populations at Family Health Centers of San Diego and Operation Samahan (South County).	<ul style="list-style-type: none"> <li>• *Total number of intake forms completed - <b>3,457</b></li> <li>• Total number of patients cared for by clinical team. <b>Does not include retinal screenings - 3,457</b></li> <li>• Total number of new patients entering the program - <b>677</b></li> </ul>

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**Identified Community Health Need: Mental/Behavioral Health**

Program Name	Objectives	Hospital Sites	Action Items	Evaluation Methods and Measurable Targets
1. Depression Screenings	Implement mental health screenings and provide resources to raise awareness of mental health disease and its symptoms as well as provide referrals for those at risk for having mental health problems.	Scripps Encinitas	Conduct depression screenings during mental illness week in October at the hospital lobby as part of National Depression Screening Day.	<ul style="list-style-type: none"> <li>Track number of people served - 27 (6 screened)</li> <li>Track ED hospital referrals (urgent care or referred to La Jolla ED) - 0</li> <li>Track outpatient services referral (psychiatric referral by zip code) - 3</li> <li>Track uninsured - 0</li> <li>Track insured - 12</li> <li>Track declined to say - 15</li> </ul>
		Scripps Green	Conduct depression screenings during mental illness week in October at the hospital lobby as part of National Depression Screening Day.	<ul style="list-style-type: none"> <li>Track number of people served - 23 (5 screened)</li> <li>Track ED hospital referrals (urgent care or referred to La Jolla ED) - 0</li> <li>Track outpatient services referral (psychiatric referral by zip code) - 2</li> <li>Track uninsured - 2</li> <li>Track insured - 20</li> <li>Track declined to say - 0</li> </ul>
		Scripps La Jolla	Conduct depression screenings during mental illness week in October at the hospital lobby as part of National Depression Screening Day.	<ul style="list-style-type: none"> <li>Track number of people served - 15 (1 screened)</li> <li>Track ED hospital referrals (urgent care or referred to La Jolla ED) - 0</li> <li>Track Outpatient services referral (psychiatric referral by zip code) - 1</li> <li>Track uninsured - 3</li> <li>Track insured - 12</li> <li>Track declined to say - 0</li> </ul>

Current as of 9/1/2015



**Scripps Health  
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Program Name	Objectives	Hospital Sites	Action Items	Evaluation Methods and Measurable Targets
		Scripps Mercy	Conduct depression screenings during mental illness week in October at the hospital lobby as part of National Depression Screening Day.	<ul style="list-style-type: none"> <li>• Track number of people served - 69 (10 screened)</li> <li>• Track ED hospital referrals (urgent care or referred to La Jolla ED) - 0</li> <li>• Track Outpatient services referral (psychiatric referral by zip code) - 3</li> <li>• Track uninsured - 9</li> <li>• Track insured - 16</li> <li>• Track declined to say - 7</li> </ul>

Current as of 9/1/2015



**Scripps Health**  
**Community Health Needs Assessment - Implementation Plan**  
**Fiscal Year 2014**

**Identified Community Need: Obesity**

Program Name	Objectives	Hospital Sites	Action Items	Evaluation Methods and Measurable Targets
Dulce Mothers	Objective: Decrease the incidence of type 2 diabetes by managing a major diabetes risk factor, obesity in <u>underserved, ethnically diverse populations</u> by testing the effectiveness of a weight management curriculum designed for Latino women diagnosed with Gestational Diabetes (GDM).	Scripps Encinitas	Will not participate in FY14 but will be a source of referral to Dulce Mothers when obstetric patients meet participation criteria.	See Below
		Scripps Green	Will not participate in FY14 but will be a source of referral to Dulce Mothers when obstetric patients meet participation criteria.	See Below
		Scripps La Jolla	Will not participate in FY14 but will be a source of referral to Dulce Mothers when obstetric patients meet participation criteria.	See Below
		Scripps Mercy	Conduct two 12 week weight reduction classes in the San Diego South Bay Region designed to meet the culturally appropriate needs of high-risk Latino women in underserved communities. Women with a history of GDM who meet the criteria for being overweight (BMI above 25) will be referred into Scripps Dulce Mothers class by San Diego South Bay Region Community Clinics and Scripps Obstetricians.  <b>Aim 1</b> - Examine the effectiveness of the enhanced Dulce Mothers program in	<p style="color: red;">No data to report in FY14. See narrative section under Dulce Mothers challenges.</p> <ul style="list-style-type: none"> <li>Number of participants in each of the 12 session classes</li> <li>Recorded BMI at the first class for each participant</li> <li>Recorded BMI at the last class</li> <li>Assessment of behavioral lifestyle measures at baseline and completion of the classes.</li> </ul>

Current as of 9/1/2015



Scripps Health  
Community Health Needs Assessment - Implementation Plan  
Fiscal Year 2014

Program Name	Objectives	Hospital Sites	Action Items	Evaluation Methods and Measurable Targets
			reducing BMI and weight. <b>Aim 2</b> - To examine the effectiveness of the Dulce Mothers program in improving behavioral & psychological risk profiles.	

Current as of 9/1/2015

# Scripps Health Community Benefit Report

In addition to the CHNA and Implementation Plan, Scripps Health will continue to meet community needs by providing charity care and uncompensated care, professional education and community benefit programs. Scripps offers community benefit services through our five acute-care hospital campuses, home health services, wellness centers and clinics.

Scripps Health documents and tracks its community benefit programs and activities on an annual basis and reports these benefits through an annual report submitted to the State of California under the requirements of SB697. Scripps Health community benefit programs are commitments Scripps makes to improve the health of both patients and the diverse San Diego communities. As a longstanding member of these communities, and as a not-for-profit community resource, Scripps' goal and responsibility is to assist all who come to us for care, and to reach out especially to those who find themselves vulnerable and without support. Through our continued actions and community partnerships, we strive to raise the quality of life in the community as a whole.

In FY14, Scripps documented more than \$373 million in local community benefit programs and services.

