

Scripps Mercy Family Medicine Residents – Class of 2022



Allison Estrada, MD, MA

University of California, Los Angeles PRIME-LA

Allison grew up in San Diego and developed a deep love for community, family, and the ocean. She came to medicine after studying and working in migration and health, realizing the power of accompaniment, solidarity and human connection.

Allison is a graduate of UCLA PRIME-LA David Geffen School of Medicine. Her intent was always to come back to San Diego and work with underrepresented communities and foster their health and liberation. In 2018, she earned a Master's in Medical Anthropology at Harvard University, studying under Dr. Paul Farmer and Dr. Arthur Kleinman with a focus on dehumanization of undocumented

Mexican migrants in the US healthcare system. She was elected to the Gold Humanism Honor Society, and is a UCLA Leaders of Tomorrow Scholar and Oliver Goldsmith Scholar.

Allison earned her undergraduate degree at UCSD where she volunteered as an interpreter for the UCSD Student-Run Free Clinic and fell in love with Family Medicine. Now, as a resident in Family Medicine at Scripps Mercy Hospital Chula Vista, she feels honored and privileged to care for patients and their families and advocate for immigrant rights. In her free time, she enjoys spending time with her husband, family and friends.



Alexandra Hamb, MD, MPH

Tulane University School of Medicine

Alexandra Hamb was born and raised in Santa Cruz, CA and completed her bachelors in Integrative Biology at UC Berkeley. She was initially planning on pursuing a career in marine biology. After volunteering at a substance treatment program, she decided to pursue medicine. She continued volunteering with the same program and worked as a scribe in the emergency department while attending UC Berkeley's post baccalaureate program.

Alexandra attended Tulane University in New Orleans for medical school, and also earned a Master's in Public Health in Global Community Health and Behavioral Sciences. Alexandra continued working with people suffering from substance use disorders and quickly

became involved with a student run clinic located at a treatment program, eventually becoming the clinic leader.

She committed to running an elective for first- and second-year medical students called Social Contexts in Medicine that focused on addressing health disparities in the local community and partnered medical students with patients who were identified as high healthcare utilizers.

Alexandra was elected to the Gold Humanism Honor Society and is honored to match at Scripps Mercy Hospital Chula Vista for residency. She loves jigsaw puzzles, baby possums and corn dogs.



Roshni Kakaiya, DO

University Touro University College of Osteopathic Medicine

Roshni was born and raised in San Diego and is grateful to be back in her hometown serving the South Bay.

She attended medical school at University Touro University College of Osteopathic Medicine where her passion for women’s health continued to shine. She was President of her local Medical Students for Choice chapter and volunteered for her school’s Pediatrics clinic and Student Run Free Clinic. She was also selected as Student Doctor of the Year during her last year of medical school.

Roshni earned her bachelor’s degree in Gender & Women’s Studies and Spanish at Scripps College. It was here where she became exposed to the world of intersectional feminism and social justice — ideals she carries close to her practice to this day.

During her undergraduate years, she studied abroad in Buenos Aires, Argentina where she studied and volunteered at an HIV/AIDS foundation. Her undergraduate thesis was an ethnographical study on structural violence within healthcare experienced by farm working women in Coachella Valley. She also attended and helped organize international medical missions to Lima, Peru and Tena, Ecuador through an organization called MEDLIFE. Prior to medical school, she worked as a Health Educator for a local pediatrician, leading mother-daughter seminars on puberty.

In her free time, Roshni enjoys baking chocolate-filled desserts, dancing (while baking), reading profusely, dreaming about her future podcast and exploring all that San Diego has to offer.



Danielle “Dani” Nameth, MD, BAS

Tufts School of Medicine

Danielle grew up in Los Angeles and is grateful for having access to the beach, great food and people from every cultural background. Her love of medicine is connected to her passion for learning about communities through the stories they tell from cooking and sharing meals.

Danielle attended Tufts School of Medicine where she was a member of the Alpha Omega Alpha Society and earned the Dr. Wesselhoeft Family Medicine Award for Clinical Excellence, Compassion and Service.

While pursuing her bachelor’s degree at UC Berkeley, she created a major called Food and Culture — ultimately writing a thesis about the intersection of western medicine and the organic food movement. After college, she started working in clinical and translation research with all phase trials for immunotherapy treatments for lung cancer and sarcoma.

She has a broad interest in family medicine, but focuses on underserved medicine, addiction medicine, food access and insecurity, women’s health, and medical education. In her free time, she’s an avid eater and reader. Danielle enjoys cooking with her husband Nikki, and hiking and backpacking with their dog, Tony.



Ana Ortiz, MD, MPH

University of California, San Diego School of Medicine

Ana was born in Mexico and moved Central California when she was seven. She grew up observing health disparities in her immigrant community, which inspired her to become a physician.

She attended UC San Diego School of Medicine and was part of the Program in Medical Education Health Equity (PRIME-He), training to become a physician for underserved communities. As a medical student she was the president of the Latino Medical Student Association (LMSA) and enjoyed participating in recruitment, policy advocacy, mentoring opportunities, and free clinics on both sides of the

border.

She received the LMSA Community Service Award and is an American Medical Association Minority Scholar. During medical school, she returned to Harvard — where she earned her undergraduate degree in Engineering Sciences and a secondary concentration in Global Health and Health Policy — to obtain a Master of Public Health.

Before medical school, she worked at healthcare start-ups as an engineer in San Francisco. Her medical interests include immigrant health, women's health, diabetes management, adolescent health and healthcare advocacy. In her free time, she enjoys trying new local family restaurants with her husband, traveling, outdoors and beach activities, and dancing.



Rachel Buehler Van Hollebeke, MD

University of California, San Diego School of Medicine

Before attending medical school, Rachel played soccer for the United States National Team for over eight years. She had the incredible honor of representing the USA at the 2008 and 2012 Olympics and is a two-time gold medalist. She was also a member of the 2011 Women's World Cup Team.

Rachel had always dreamed of becoming a doctor, and in 2015 she retired from soccer and started Medical School at UCSD. She quickly got involved in a variety of programs including UCSD's Student Run Free Clinic where she combined her interests in healthy living and patient empowerment and established the Nutrition Kitchen Project, a series of cooking and nutrition education classes for the Free Clinic patients.

During her time at UCSD she was also involved in Health Frontiers in Tijuana (HFiT) Free Clinic, which is a binational collaboration between UCSD and the Universidad Autonoma de Baja California School of Medicine that provides quality healthcare for Tijuana's most vulnerable populations. She was also a UCSD Academic Community Senior Mentor.

Rachel is a Gold Humanism Honors Society Member, a NCAA Top VIII Award Winner, and an Inductee into the Stanford Athletics Hall of Fame. During her fourth year of medical school, Rachel also became a new mom. She loves spending her free time with her husband and beautiful little girl, as well as the rest of her family she is so lucky to have nearby. Rachel also loves hiking, the outdoors, listening to oldies music and a good road trip.



Aisha Van Pratt Levin, MD

Rutgers Robert Wood Johnson Medical School

Aisha is a proud native of the Tijuana-San Diego border and was born at Scripps Mercy Hospital Chula Vista. She was raised in a multi-generational household in Tijuana, Mexico, where she lived with her parents, grandparents, and siblings.

She attended medical school at Rutgers Robert Wood Johnson Medical School, where she was co-president for the International Health Interest Group and served as both student-doctor and Community Outreach Co-chair in the medical school's student-run free clinic. Aisha's diverse extracurricular activities during medical school allowed her to nurture her passion for global and community health,

women's health, preventive medicine and health advocacy.

In 2008, she moved to New Jersey to finish high school and start college — leaving behind friends and family to embark on this new adventure. Aisha also attended Rutgers University as an undergraduate, where she majored in Cultural Anthropology and met her best friend, husband and co-resident, Benjy.

Aisha loves spending her free time with Benjy, crafting (crochet, sewing, etc.), listening to audiobooks, traveling, and hanging out with friends in the coolest spots our transnational community has to offer on both sides of the border.



Benjamin Van Pratt Levin, MD

Rutgers Robert Wood Johnson Medical School

Benjy was born and raised in South Brunswick, NJ and graduated from South Brunswick High School.

He attended medical school at Rutgers Robert Wood Johnson Medical School, where he pursued his interests in primary care and working with the underserved by volunteering as a student doctor and steering committee member for the student-run, free clinic.

He started college career as a music education major at the Mason Gross School of the Arts. However, by Thanksgiving of his first semester, he realized that he preferred music as a hobby and transferred to the Rutgers School of Arts and Sciences, where he majored in Cultural Anthropology and minored in Chemistry and Spanish while graduating summa cum laude.

He enjoys spending his free time with his wife and co-resident, Aisha, and being active outdoors.