

# Scripps Mercy Family Medicine Residents – Class of 2025



#### Nicole Marie Barcega, DO, MS

Western University, College of Osteopathic Medicine of the Pacific

Nicole was born in Chula Vista and lived in San Diego until the Navy relocated her family to Yokosuka, Japan at age 7. She returned to the US to attend UC Berkeley, where she studied Molecular Environmental Biology with a minor in Global Poverty & Practice and Spanish Literature. There, she explored the intersections of environmental and social justice, public health, and community ties. Her interests led her to pursue a range of projects, including whale toxicology, urban food justice, food anthropology, and health policy.

She obtained her medical degree from Western University of Health Sciences-COMP in Pomona, California, where she was involved in local and national health advocacy efforts

as APAMSA community outreach coordinator and Public Health Club president. She also mentored middle school, prehealth, and pre-clinical medical students through Pomona Health Career Ladder, LMSA, APAMSA, and CYFAM.

She is excited and honored to return to Chula Vista to serve and advocate for the communities that supported her family and served as her first home. Her medical interests include addiction medicine, behavioral health, reproductive justice, adolescent health, and health policy. In her free time, she enjoys reading, traveling, gardening, and spending time with family, friends, and plants.



#### Nicolas Calvillo, MD Rush Medical College

Nicolas was born in San Diego and grew up in the predominantly Hispanic border town community of San Ysidro.

During his undergraduate years at the University of California, San Diego, Nicolas served as Clinic Coordinator with the UCSD International Health Collective (IHC) — a nonprofit organization where students and doctors and other healthcare professionals work to provide free healthcare to underserved communities in Tijuana, Mexico.

Nicolas graduated from Rush School of Medicine in Chicago. During medical school, Nicolas served as a board member and Vice President of Mentorship for the Latino Medical Student Association (LMSA). He mentored minority high school and undergraduate students who were interested in pursuing careers in the medical field.

Nicolas' hobbies include surfing, hiking, mountain biking, and cooking. Most importantly, he is happy to be back in San Diego so he can spend time with his family, friends and his two dogs.



#### Laura Cuevas, MD, MBA University of California, Irvine School of Medicine

Laura Cuevas grew up in the San Fernando Valley before moving to Lancaster, California. She's the eldest of four and daughter of Mexican immigrants from Jalisco, Mexico. She graduated from UCLA with a Bachelor of Science in Anthropology. She discovered her passion for medicine and working with vulnerable populations as a member and board member for Chicanos/Latinos for Community Medicine (CCM) at UCLA. Before starting medical school, she worked for a couple of years conducting research, including working with mothers living with HIV.

Laura attended medical school at UC Irvine School of Medicine and was part of the Program in Medical Education for the Latino Community (PRIME-LC), a program focused on training future physicians with commitment serving the Latinx community. Laura is a recipient of the UniHealth Foundation Scholarship for her commitment to the medically underserved community in Los Angeles and Orange County. She graduated with a combined MD and MBA degree from Paul Merage School of Business.

Laura is passionate about women's health, adolescent health, reproductive justice, health equity and mentorship. In her free time, Laura enjoys running, being outdoors and spending time with her daughter, husband and dog.



#### Audrie Minnich, MD University of California, Riverside School of Medicine

Audrie lived in the Inland Empire most of her life, growing up in Temecula and Murrieta, California. Nonetheless, some of her best memories growing up took place in San Diego.

She completed her undergraduate education at California Baptist University, where she served at several student-run free clinics, mentored pre-medical students, and discovered her passion for global medicine and ethics after volunteering for several medical brigades through the Haiti Endowment Fund, an organization whose mission is to provide healthcare support to rural communities in Haiti.

At UC Riverside School of Medicine, Audrie earned her medical degree and completed additional courses focused on furthering her knowledge of specific interests including vulnerable population health/community medicine, medical Spanish, global health, and LGBTQ+ health. Audrie continued to work with underserved populations by volunteering at free clinics in Riverside and Coachella Valley, as well as participating in an immersive, international medical experience within urban and rural communities of Ecuador, through a physician-led program called Interhealth South America.

Overall, her collective experiences drew her to Scripps Mercy Hospital Chula Vista where she is able to pursue projects in border/global health, women's health, community medicine, and LGBTQ+ health, including gender-affirming care.

In her free time, she enjoys reading, yoga, the beach, painting, exploring museums, traveling, outdoor adventures, and spending time with friends, family, and her partner.



#### Madelyn Garcia, MD, MPH State University of New York Upstate Medical University

Madelyn (Maddie) is a New York City native, from The Bronx, and the daughter of strong and hardworking immigrants from the Dominican Republic. She is a Christian, a daughter, a sister, a titi, and a dog mom to Lynx.

Maddie received her medical degree at SUNY Upstate Medical University and was heavily involved as a student. Some of her favorites include: becoming a certified yoga teacher, leading classes amongst her peers; being part of the founding planning committee of the inaugural Health Justice Conference @ SUNY Upstate; and being involved with LMSA at a local, regional, and national level, as well as hosting the regional LMSA conference a first at her medical institution.

As a child in Mott Haven, Maddie questioned access to care, as well as the health and wellness of her community. She experienced health disparities, first-hand, in a very underserved community that continues to fall short on multiple health markers in comparison to the state and national averages. This curiosity grew into a passion for strong familial foundations and their effect on health, advocacy for the most vulnerable populations, mutual decision-making between patients and providers in multidisciplinary teams, integrative approaches to wellness, and leveling the playing field in our society between young, old and everyone in between (FAMILY). Maddie's healthcare interests include adolescent medicine, reproductive health, and addiction medicine.

Prior to medical school she obtained her Master of Public Health at Touro University California where she got a taste of the west coast, but more importantly furthered her understanding of social justice, health policy, as well as equity and liberation. Before medical school, she received her Bachelor of Science in Psychology, with a minor in biology, from Syracuse University. Thereafter, Maddie worked in human resources for a renowned law firm in New York City for almost a decade before deciding to pursue her dream of becoming una doctora.

Madelyn enjoys learning and growing in her faith through bible study and prayer, running, biking, spending time with her dog, Lynx, and trying to learn to play the keyboard. Maddie hopes to learn to surf and level up on her roller-skating game on the beachy boardwalks in sunny San Diego. Fun Fact! Maddie has officiated weddings for a few of her closest friends and loved ones.



#### David Davila, MD Tufts University School of Medicine

David "Davi" Davila was born in Los Angeles but raised in Spring Valley and then Riverside, California. He has a Bachelor of Arts in Neuroscience from Pomona College, a master's degree from the Universitaire Paris Descartes, and went to Tufts University in Boston for his medical education. Before studying medicine he spent six years doing neuroscience research while also pursuing science journalism projects including a Ted-Ed video, various journal articles, and even a short-lived podcast! Outside of work he enjoys cake decorating, tabletop gaming, and mindless reality TV shows. He loves his cat, Nopal, very much.



### Maribell Heredia, MD Rush Medical College

Maribell was born and raised in Bellwood, Illinois. She grew up in a multigenerational household with her three sisters, parents, and grandparents. At a young age her mother and maternal grandparents moved to Illinois from Jalisco, Mexico in search of opportunities for their future generations.

Maribell attended the University of Illinois at Chicago for her undergraduate education and later traveled down the street to Rush Medical College for her medical education. She is passionate about working within underserved communities and as a result was a part of the Health Equity and Social Justice track (HESJ) in medical school. Through

this track she helped create a program for youth at the Chicago Juvenile Temporary Detention Center. She also led a LMSA/SNMA pipeline program for underrepresented youth from Chicago. The aim of the program was exposing students to STEM careers. She is excited to continue to work with high school students via the Scripps summer pipeline program and provide care for adolescents through San Ysidro's high school clinics.

Areas of interests include adolescent medicine, women's health, working within underserved communities, and utilizing medical Spanish with her patients. For wellness, Maribell enjoys exploring new communities, trying new restaurants, spending time with her husband Finney, and hopes to raise a puppy in the near future.



## Tilden Keller, MD, MHA

#### University of Washington School of Medicine

Tilden grew up in Eugene, Oregon. She spent some time in Haiti and the Dominican Republic as a Peace Corps volunteer, before moving to Washington state. Prior to starting medical school, Tilden had a career as a Certified Athletic Trainer (ATC), working with an amazing team from Seattle Children's Hospital to provide medical coverage to athletes across the region. During this time, she also earned her Master of Healthcare Administration and volunteered supporting newly arrived refugee families.

While in medical school at the University of Washington, Tilden cultivated her passion for service and mentorship through working with a variety of organizations and projects.

She founded two organizations with this focus, How to Med School (H2MS) and the Community Health Action Team at UW (CHAT-UW), while also servicing in leadership roles within the Student Health Initiative for Access (SHIFA). She continues to be a board member of a Haitian/US non-profit organization called Say:Do. Tilden was honored with the 2022 Excellence in Public Health Award from the US Public Health Service and the Nola Mae Moore Award from the King County Academy of Family Medicine, among other awards, for her work throughout medical school focusing on improving the health of patients and communities.

In her time outside of medicine, Tilden loves to explore the outdoors through hiking, biking, kayaking, or just walking down the beach. While she misses the green of the Pacific Northwest, she is excited to get to learn all about the beauty of the southern California border region.



#### Sevana Manukian, MD, MPH Albany Medical College

Sevana was born to parents who immigrated from Armenia to Los Angeles in the 1980's. Her hometown, Glendale, California is home to a strong Armenian community where she developed a deep appreciation for her cultural roots. During high school, she started volunteering at her hometown's free clinic, where she fell in love with primary care and serving her diverse community.

She attended UCLA for undergrad where she was drawn toward both the biological sciences and the humanities, and thus pursued a major in Human Biology and Society and a minor in Spanish. She was also heavily involved in the Armenian Students'

Association and a public health education teaching internship. She spent three gap years working in a medical office and completing a Master of Public Health degree at UC Davis. She was involved in a project related to environmental health in migrant farm-worker communities in Knights Landing, California. She then attended medical school at Albany Medical College where she enjoyed the seasons (not ironically!). During these years, she was involved in student council, leadership for a local free clinic and sexual health education in high schools. She was humbled to be nominated for the Gold Humanism Honor Society. She loved many aspects of medicine, particularly women's and children's health and felt family medicine offered the breadth of training, the flexibility in career, and the longitudinal relationships she desired with patients.

She is beyond thrilled to be back in sunny southern California at Scripps Mercy Chula Vista where community engagement and activism are central to the curriculum. In her free time, Sevana enjoys being active outdoors and nerding out about music!

