

Scripps Center for Organ and Cell Transplantation

Selection Criteria for Kidney Transplantation

The experts at Scripps Center for Organ and Cell Transplantation are here to guide you through every step of the kidney transplant journey. Below is the selection criteria for kidney transplants.

Indications for a Kidney Transplant

Chronic irreversible renal failure that is nearing need for dialysis or requiring dialysis.

Relative Contraindications to Kidney Transplant

Patients with these contraindications are not necessarily limited from transplantation and will be evaluated by the transplant team.

- Intrarenal infections (infections within the kidney)
- Multiple uncorrectable congenital anomalies (abnormal anatomy since birth)
- Severe hypoxemia due to right-to-left shunting (lack of enough oxygen due to severe lung damage)
- Pulmonary hypertension (very high pressure in the blood vessels between the heart and the lungs; mean PA pressure > 35mmHg)
- Age > 80 years
- Inadequate financial resources
- HIV positive persons
- Body mass index > 35
- Previous transplant
- Recent history of substance abuse
- A history of certain malignancies, other than melanoma in situ
- Inability to satisfy projected post-transplant follow-up
- Frailty that results in poor operative risk
- De-conditioned state
- Phosphorus PTH level requirement
- Inability to comply with medical management

Absolute Contraindications to Kidney/Pancreas Transplant

Patients with these contraindications are limited from transplantation.

- Life expectancy < 5 years post-transplant
- Active/current illicit drug use
- Active/current use of medications not approved by the transplant program
- Active/current smoking/nicotine usage
- Advanced cardiopulmonary disease (severe heart and/or lung disease or vascular disease)
- Sepsis
- Overwhelming Infection
- Inadequate social support mechanisms
- Active non-compliance with medical recommendations (failure to follow the team's recommendations on any aspect of care such as diet, exercise, appointments, medications)
- History of certain malignancies
- Advanced cerebral or peripheral vascular disease

For more information, please contact Scripps Center for Organ and Cell Transplantation at **858-554-4310**.