



Mercy Outreach Surgical Team



MAKING miraclesHAPPEN with M.O.S.T.

All gifts have a direct impact on the lives of those in need!

\$100 provides an eye exam and eyeglasses for one child

\$500 sponsors one team member

\$3,500 funds surgery for ten children

\$15,000 covers medications for a trip

Your generous gifts have helped:



More than 700 children receive eyeglasses



Change the lives of nearly 14,000 children



M.O.S.T. perform nearly 300 surgeries per trip

Sara's Journey



Sara began her transformative journey with M.O.S.T. in Irapuato, Mexico in 2016.

When physician and M.O.S.T. volunteer Brian Mailey, MD, met Sara, she had a large, football-shaped hairy nevus on the left side of her face. To be specific, a congenital melanocytic hairy nevus. These are known to develop into melanoma, so surgery at an early age is recommended to prevent the chance of cancer.

During the surgery, Dr. Mailey reconstructed the defect by moving tissue from under her chin to fill in the area on her cheek. Since then, Sara has had two additional surgeries, both performed by Larry McCarthy, MD, to reduce the volume of tissue on her cheek. From finding M.O.S.T. through social media, to starting college and now studying to be an event planner, Sara has come a long way on her journey!

To learn more about the many ways to support M.O.S.T. and the impact your gift will make, please visit scripps.org/mercymost

Volunteer Spotlight: Alex Roher, MD



M.O.S.T VOLUNTEER ALEX ROHER, MD,

anesthesiologist and founder of SD Botox, is looking forward to going back to his roots on the next M.O.S.T. mission trip to Morelia, Mexico, 200 miles west of Tehuacán, where Dr. Roher's father was born.



PHOTO BY SALLY BUCKO

Dr. Roher first learned of the Mercy Outreach Surgical Team through Nina Chaya, MD, who is a fellow Anesthesia Service Medical Group (ASMG) member and M.O.S.T. volunteer. ASMG has several, long-time M.O.S.T. volunteers, as each week-long mission trip requires up to seven anesthesiologists, who work 10 hours per day and provide anesthesia for up to 300 patients.

Virtually all of the dollars raised by M.O.S.T. directly fund program services and help children in need, which is why M.O.S.T. is the only charity that SD Botox supports (SD Botox was the title sponsor of the 7th Annual M.O.S.T. Mariachi Festival).

Helping people and making a difference in the lives of those less fortunate is Dr. Roher's favorite aspect of being a M.O.S.T. volunteer. As a new dad, he feels especially compelled to donate his time because he has personally witnessed the impact of M.O.S.T. on the children of Mexico.

"Dr. Roher is a gift to the future of M.O.S.T. His presence and care help our patients and their families feel at ease and he epitomizes the benefit of having collaborative relationships within a multi-generational team."

— Alex Rodarte, MD,
anesthesiologist

before bringing him to the recovery room. It was a happy reunion for the child and his parents, who marveled at the whole-body transformation of their son. As Dr. Roher said, "It's an honor and a privilege to be part of such a compassionate and caring team."

Thank you, Dr. Roher, for generously volunteering your time, talent and expertise to help change the lives of those in need!



M.O.S.T. TRIPS

OCTOBER 2017

In October 2017, a team of 52 M.O.S.T. volunteers including two plastic surgeons, one urologist, and a general surgeon – traveled over 1,500 miles from San Diego to Leon, Mexico. While this trip marked the team's third visit to the state of Irapuato, it was their first mission to the city of Leon.

Among the 164 patients helped was a boy whose mother went into labor and gave birth on the day that his surgery was scheduled. It was so important for the mother to provide this opportunity for her son that she rescheduled the surgery and brought him in herself the day after she had given birth.

APRIL 2018

With so many patients in need, M.O.S.T. returned for their second mission to Queretaro, Mexico in April 2018. The team of 58 volunteers included four plastic surgeons, one general surgeon, one urologist, and one ophthalmologist. Once again providing care at the Hospital General de Queretaro, the M.O.S.T. team was able to provide 271 children with their own miracle.

JUNE 2018

In June 2018, M.O.S.T. traveled to the coastal city of Ensenada, Mexico at the invitation of the local Desarrollo Integral de La Familia (DIF), a program that provides assistance to families living in poverty. The weekend mission was focused on corrective eye surgery and ophthalmology, and included employee volunteers from IEnova, a subsidiary of Sempra Energy, located in Mexico.

Thanks to Sempra's commitment to M.O.S.T., a team of 30 M.O.S.T. volunteers and 18 Sempra volunteers performed 58 life-changing surgeries and 20 eye exams during the 48-hour trip.

UPCOMING TRIPS:

OCTOBER 2018: MORELIA, MICHOACAN

APRIL 2019: TEHUACAN, PUEBLA



Making Miracles Happen in Mexico

Without treatment, many young patients would live as outcasts



For three decades, Mercy Outreach Surgical Team (M.O.S.T.)

has been crossing borders and changing lives. Volunteers travel throughout Mexico, where they provide much needed care to children with conditions such as cleft lips and palates, extra fingers or toes, crossed eyes, hernias and burn scars. These dedicated volunteers not only work wonders for patients' self-esteem, they bring hope — and with it the opportunity for a better life.

How to Help

Mercy Outreach Surgical Team is funded entirely through philanthropy.

None of this could happen without the doctors, nurses, and support staff who volunteer their time, and the generous donors who make these miracles possible.

Donate online at scripps.org/mercymost or call 619-686-3836.

Even a small gift can make a huge impact in the lives of children

Ways to Give:

- ✓ Estate and planned gifts
- ✓ Tribute gifts to honor someone special
- ✓ Monthly or annual donations
- ✓ Gifts made through payroll deduction
- ✓ Gifts made by cash, check, or credit card

Learn more about upcoming trips or how you can volunteer at scripps.org/mercymost.



M.O.S.T. Mariachi Festival 2018



The 7th Annual M.O.S.T. Mariachi Festival took place on Saturday, June 2, 2018 at Humphreys by the Bay.

Through record-breaking attendance of 460 guests, spotlight and live auctions, and individual donations,

M.O.S.T. Mariachi Festival

hit a record this year, netting nearly \$300,000!

The mission of M.O.S.T. is to bring hope, healing, and the opportunity for a brighter future to underserved children throughout Mexico by providing access to corrective medical care for burn scars and birth defects. Because of the generosity of donors, M.O.S.T. has been able to make a difference in the lives of thousands of children and their families.

M.O.S.T. and Scripps Mercy Hospital Foundation look forward to having your support next year at the 8th Annual M.O.S.T. Mariachi Festival on June 1, 2019!



Scripps Mercy Hospital Foundation

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SATURDAY, JUNE 1, 2019 | 6–10 P.M.

Purchase your tickets online today! www.scripps.org/MOSTmariachi

Volunteers in Action

Sara Hernandez, long-time M.O.S.T. volunteer, recalls a 10-year-old boy from the April 2018 M.O.S.T. mission to Queretaro, Mexico. The boy was in fourth grade and was being bullied because of his cleft lip. After surgery, he asked Sara "Are you going to see the doctor that did my surgery?" Sara told him yes and the boy said "Can you please tell him thank you with all my heart? My life has been changed. I can't wait to go to school next week so that my classmates and teacher can see me."

