

11TH ANNUAL

Natural Supplements: *An Evidence-Based Update*

A Continuing Education Conference for Health Care Professionals

Wednesday, January 29 – Saturday, February 1, 2014

Hilton San Diego Resort, San Diego, California

January 29: Pre-Conference Seminar:
**Bringing Integrative Medicine to Your
Practice and Health Care System**

January 29: Pre-Conference Seminar:
Natural Supplements School
FEATURING KEYNOTE
David Perlmutter, MD, Author of
*Grain Brain: The Surprising Truth
About Wheat, Carbs, and Sugar -
Your Brain's Silent Killers*

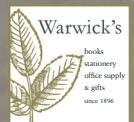


January 29: Pre-Conference Tour:
San Diego Botanic Gardens Tour

January 31: FEATURING A COMMUNITY
SPONSORED EVENT WITH
Michael Moss
#1 New York Times Bestselling
Author of *Salt Sugar Fat: How The
Food Giants Hooked Us*
CO-SPONSORED BY THE FOLLOWING:



UC San Diego
Center for Integrative Medicine



Jeffrey Bland, PhD



Robert Bonakdar, MD



Mimi Guarneri, MD

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Visit www.scripps.org/NaturalSupplements for conference updates!

COURSE INTRODUCTION

Course Overview

Scientific evidence has shown that food choices and certain supplements can improve health and symptoms of disease. As a result, many Americans are self-prescribing and spending in excess of \$20 billion annually on herbal and dietary supplements to address their health concerns. It is important for health care providers to receive timely, evidence-based information in order to address the risks and benefits of supplements with their patients. In this dynamic partnership with patients, providers also need information about regulatory issues, dosing and product potency. To address these needs, world-renowned faculty will present a concise, clinically relevant overview of natural supplements in evidence-based practice, with an emphasis on disease states. As part of this informative and comprehensive CME conference, attendees will have the opportunity to participate in a full day of highly interactive workshops in order to fine tune clinical applications. This medical education event is a must-attend for anyone wanting to acquire a wide-range of knowledge and expertise for addressing and managing dietary supplement use.

Course Highlights

- 3-days of evidenced-based educational courses presented by leading experts
- Full day of interactive workshops to fine tune clinical applications
- Opportunities to interact with faculty and fellow attendees to establish a network of like-minded professionals
- Emphasis on disease states
- A mobile app will provide you with access to conference course materials from the convenience of your mobile device or computer

Educational Objectives

After attending this activity, participants should be able to:

- Recognize the potential role of supplements in preventive medicine and in the management of common medical conditions.
- Judge the regulatory aspects of the supplement industry and their implications for clinical and research practice.
- Discuss current research and literature related to natural supplements.
- Examine, through evidence-based summaries, key supplements used in clinical practice, including their indications, side effects, interactions and contraindications.
- Formulate a patient care treatment program that integrates supplements in preventive medicine and in the management of common medical conditions.
- Access and/or recommend resources for acquiring additional supplement related information for the clinician or patient.
- Increase proper supplement usage by patients by involving the patient as an active partner in care, with an emphasis on patient education, acceptance and compliance.

Target Audience

This course is intended for physicians, naturopathic doctors, nurse practitioners, nurses, nurse midwives, acupuncturists, chiropractors, dietitians, pharmacists, physician assistants, psychologists and any other health care professional who makes nutritional recommendations or manages dietary supplement use.



Accreditation

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Physicians should only claim credit commensurate with the extent of their participation in the activity.

PRE CONFERENCE: BRINGING INTEGRATIVE MEDICINE TO YOUR PRACTICE & HEALTH CARE SYSTEM

Physicians (MD, DO): Scripps Health designates this live activity for a maximum of 4.5 AMA PRA Category 1 Credit(s)™.

PRE CONFERENCE: NATURAL SUPPLEMENTS SCHOOL

Physicians (MD, DO): Scripps Health designates this live activity for a maximum of 4.5 AMA PRA Category 1 Credit(s)™.

Family Physicians (AAFP): This Live activity, 11th Annual Natural Supplements an Evidence-Based Update, from January 29 - February 1, 2014, has been reviewed and is acceptable for up to 4.50 Elective credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Acupuncturists: This educational program has been approved by the California Acupuncture Board (Provider No. CEP 657) for 4.5 CE hours.

American Osteopathic Association (AOA): CME activities approved for AAFP credit are recognized by the American Osteopathic Association as equivalent to AOA Category 2 credit.

Dietitians: This program has been approved by the Commission on Dietetic Registration for 4.5 CPEUs.

Pharmacists: This conference meets the CE Standards for Pharmacists by the California State Board of Pharmacy.

MAIN CONFERENCE

Physicians (MD, DO): Scripps Health designates this live activity for a maximum of 17.75 AMA PRA Category 1 Credit(s)™.

Credit Breakdown:

Thursday 7.25 Friday 7 Saturday 3.5

Family Physicians (AAFP): This Live activity, 11th Annual Natural Supplements an Evidence-Based Update, from January 29 - February 1, 2014, has been reviewed and is acceptable for up to 17.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Acupuncturists: This educational program has been approved by the California Acupuncture Board (Provider No. CEP 657) for 17.75 CE hours.

American Osteopathic Association (AOA): CME activities approved for AAFP credit are recognized by the American Osteopathic Association as equivalent to AOA Category 2 credit.

Dietitians: This program has been approved by the Commission on Dietetic Registration for 17.75 CPEUs.

Pharmacists: This conference meets the CE Standards for Pharmacists by the California State Board of Pharmacy.

ACCREDITATION EQUIVALENCIES:

Chiropractors: The California State Board of Chiropractic Examiners accepts AMA PRA Category 1 Credit(s)™ from organizations accredited by the ACCME. This activity has been approved for a maximum of 27.25 AMA PRA Category 1 Credit(s)™.

Naturopathic Doctors: The California Bureau of Naturopathic Doctors accepts AMA PRA Category 1 Credit(s)™.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit(s)™ issued by organizations accredited by the ACCME. For the purpose of relicensure, the California Board of Registered Nursing accepts AMA PRA Category 1 Credit(s)™. Most state Boards of Registered Nursing accept AMA PRA Category 1 Credit(s)™ as meeting continuing education requirements for license renewal. Nurses should check with their state board regarding use of CME credit.

Nurse Midwives: The American College of Nurse Midwives accepts Category 1 CME credit.

Physician Assistants: The American Academy of Physician Assistants accepts Category I credit from AMA Category I CME organizations accredited by the ACCME.

Psychologists: As of January 1, 2006 the Board of Psychology accepts AMA PRA Category 1 Credit(s)™ for license renewal.

Disclosures

Commercial Support

This course is supported, in part, by educational grants from industry, in accordance with ACCME accreditation Standards for Commercial Support. At the time of printing, a complete listing of commercial supporters was not available. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

Cultural and Linguistic Competency

This activity is in compliance with California Assembly Bill 1195 which requires that all CME activities comprising a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. Cultural and linguistic competency was incorporated into the planning of this activity.

FACULTY & ABOUT US

Course Directors

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About Us

Scripps Center for Integrative Medicine blends conventional care with evidence-based complementary treatments and therapies. Our health care providers take a holistic approach to health and wellness by prescribing a treatment plan that enables you to achieve a cohesive balance of mind, body and soul. The Center, located in San Diego, California, is the largest and most comprehensive hospital-based integrative medicine center in the United States and has been featured on many local and national media outlets, such as the Today Show and PBS. For more information visit www.scrippsintegrativemedicine.org.

Scripps Conference Services & CME, which offers nationally recognized annual conferences in various of specialty areas, is committed to improving the quality of health care and advancing the practice of medicine by providing exceptional educational courses for physicians and other health care professionals. More information and conference brochure downloads are available at www.scripps.org/conferenceservices.

Subscribe to our Scripps Conference Services & CME newsletter at
www.scripps.org/CMEemails.

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Cambridge University
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Cambridge, United Kingdom

Connie M. Weaver, PhD

Distinguished Professor and
Head, Department of Foods & Nutrition
Purdue University
West Lafayette, Indiana

Faculty Disclosure In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the educational activity commencement.

AGENDA

Wednesday, January 29, 2014

PRE-CONFERENCE SEMINAR

Bringing Integrative Medicine to Your Practice and Health Care System

additional cost

This innovative course is designed for health care providers and administrators looking to improve or introduce integrative holistic medicine to their practices and systems. Scripps Center for Integrative Medicine co-founders Mimi Guarneri, MD, Rauni Prittinen King, RN and recognized experts will share the knowledge behind their success in an intimate and hands-on learning environment. Health care professionals in both traditional and complementary therapies will find this important seminar a valuable resource!

- 7:30 a.m. Registration & Breakfast at the Hilton San Diego Resort
- 8 a.m. Bus departs for Hilton La Jolla Torrey Pines and Scripps Center for Integrative Medicine
- 8:45 a.m. **Overview: Integrative Medicine in North America**
- 9:45 a.m. **Innovative Integrative Medicine Models of Care**
- 10:45 a.m. **The Business of Integrative Medicine**
Kenneth H. Cohn, MD, MBA, FACS
- 11:45 a.m. **Legal Aspects of Integrative Medicine**
Ellen Stiefler, Esq
- 12:30 p.m. Tour of Scripps Center for Integrative Medicine
- 1:15 p.m. **Q & A & Box Lunch at Hilton La Jolla Torrey Pines**
- 2 p.m. Bus to Pacific Pearl La Jolla, Center for Health and Healing
- 4 p.m. Bus leaves Pacific Pearl La Jolla, Center for Health and Healing to return to Hilton San Diego Resort

PRE-CONFERENCE TOUR

San Diego Botanic Garden Tour

additional cost

Experience the botanical origins of certain modern pharmaceutical agents while understanding how environmental variations can affect the strength and efficacy of natural supplements.

- 7:30 a.m. Registration & Breakfast at the Hilton San Diego Resort
- 8 a.m. Bus departs for the San Diego Botanic Garden
- 8:30 a.m. **Meet Tour Leaders and Botanic Garden Staff**
 - Mark Blumenthal
 - Amanda McQuade Crawford
 - John Finch
 - David Kiefer, MD
 - Robbie Rantala
 - Charlotte Tenney
- 8:45 a.m. Group 1 - **Herb Garden**
Group 2 - **California Gardenscapes**
- 9:45 a.m. Break & Groups Switch Gardens
- 10 a.m. Group 1 - **California Gardenscapes**
Group 2 - **Herb Garden**
- 11 a.m. **Botanic Garden Tour Wrap Up / Q & A**
- 11:45 a.m. Adjournment & Bus departs from the San Diego Botanic Garden (*Lunch not provided*)

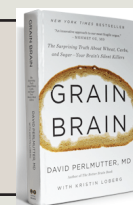
PRE-CONFERENCE SEMINAR

Natural Supplements School

additional cost

Consumers require reliable and timely information on the safety and effectiveness of natural supplements. This interactive education session by experts in the field will provide the guidance you need to optimize natural supplement choices for your health. **Now for CME credit!**

- 2 p.m. Registration
- 2:30 p.m. **Supplements Smarts: What Every Consumer Needs to Know**
Robert Alan Bonakdar, MD, FAAFP, ABIHM
- 3:15 p.m. **Understanding Labels and Claims**
David Kiefer, MD
- 4 p.m. Break
- 4:30 p.m. **Supplements for Pain, Inflammation and Fatigue**
Robert Alan Bonakdar, MD, FAAFP, ABIHM
- 5:15 p.m. **Heart Smart: Nutrition and Supplement Choices**
Mimi Guarneri, MD, FACC, ABIHM
- 6 p.m. **Panel Discussion / Q & A**
- 6:30 p.m. Break
- 7 p.m. **KEYNOTE**
Grain Brain: The Surprising Truth About Wheat, Carbs, and Sugar - Your Brain's Silent Killers
David Perlmutter, MD, FACN, ABIHM
- 8 p.m. Reception & Book Signing



Thursday, January 30, 2014

MAIN CONFERENCE

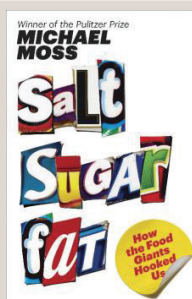
- 7 a.m. Registration, Breakfast, View Exhibits & Research Presentations
- 8 a.m. **Clearing the Confusion: The State of Supplement Science**
Robert Alan Bonakdar, MD, FAAFP, ABIHM
- 8:15 a.m. **How Bad Supplement Science Happens**
Jeffrey S. Bland, PhD, FACN, CNS
- 9 a.m. **Latest Controversies in Supplement Science**
Mark Houston MD, MS, ABAARM, FACP, FAHA, FASH, FACN
- 9:45 a.m. Break, View Exhibits & Research Presentations
- 10:15 a.m. **Calcium Confusion: Clarifying Supplements in Bone Health**
Connie M. Weaver, PhD
- 11 a.m. **Nutrition for a Healthy Brain**
David Perlmutter, MD, FACN, ABIHM
- 11:45 a.m. **Panel Discussion / Q & A**
Moderated by *Jeffrey S. Bland, PhD, FACN, CNS*
- 12:15 p.m. Lunch, View Exhibits & Research Presentations
- 1:30 p.m. **KEYNOTE:**
The Pomi-T Trial - Lessons of Successful Natural Products Research
Robert Thomas, MD
- 2:15 p.m. **Supplements for Fatigue and Mitochondrial Dysfunction**
Jon D. Kaiser, MD
- 3 p.m. Break, View Exhibits & Research Presentations
- 3:30 p.m. **Important Reactions & Interactions**
Philip J. Gregory, PharmD, FACN
- 4:15 p.m. **Trends in the Herbal Industry**
Mark Blumenthal
- 5 p.m. **Panel Discussion / Q & A**
- 5:30 p.m. **The Year in Health - Through Cartoons**
(*A Non-CME Overview*)
Mark Blumenthal
- 6 p.m. Adjourn

AGENDA

Friday, January 31, 2014

- 7:30 a.m. Registration, Breakfast, View Exhibits & Research Presentations
- 8:15 a.m. **WORKSHOPS** (choose one, all provided via mobile app and conference website)
- A. Naturopathy**
Moira Fitzpatrick, PhD, ND, FICPP, CHT
 - B. Point of Care Resources**
Paula Gardiner, MD, MPH
Rebecca B. Costello, PhD
 - C. Third Party Verification of Supplements**
John B. Atwater, PhD
 - D. Coffee, Tea, Chocolate (& Wine): A Taste of the Evidence**
Robert Alan Bonakdar, MD, FAAFP, ABIHM
Cathy Garvey, RD
- 9:45 a.m. Break, View Exhibits & Research Presentations
- 10:30 a.m. **WORKSHOPS** (choose one, all provided via mobile app and conference website)
- A. Evidence Based GI Supplements: Review of Probiotics**
Donald J. Brown, ND
David Kiefer, MD
 - B. Into the Future: NIH Dietary Supplement Research Centers and Beyond**
Joseph M. Betz, PhD
Rebecca B. Costello, PhD
 - C. Vascular Health: Approaches for Hypertension and Dyslipidemia**
Mark Houston, MD, MS, ABAARM, FACP, FAHA, FASH, FACN
 - D. Cancer Care: Effective Therapies and Case Studies**
David Leopold, MD, ABIHM
- Noon Lunch, View Exhibits & Research Presentations
- 1:30 p.m. **WORKSHOPS** (choose one, all provided via mobile app and conference website)
- A. Nutrient Deficiency: Manifestation and Treatment**
P. Michael Stone, MD, MS Nutrition
 - B. Designing Rigorous Studies on Natural Therapies**
Robert Thomas, MD
 - C. Bioidentical Hormones**
Joel Evans, MD
 - D. Arthritis and Joint Health**
Jason Theodosakis, MD, MS, MPH, FACPM
- 3 p.m. Break, View Exhibits & Research Presentations

- 3:45 p.m. **WORKSHOPS** (choose one, all provided via mobile app and conference website)
- A. Natural Supplements for Diabetes/ Metabolic Syndrome**
Ryan Bradley, ND, MPH
 - B. Practicalities of Performing Research: From Funding to Methodology**
Joseph M. Betz, PhD
 - C. Men's Health**
David Kiefer, MD
 - D. Integrative Approach to Pediatric GI and Mental Health**
Paula Gardiner, MD, MPH
Scott Shannon, MD, ABIHM
- 5:15 p.m. Workshops Adjourn



- 6:30 p.m. **VIP Reception & Private Book Signing**
(Additional cost - Space is limited)
- 7:30 p.m. **Keynote Michael Moss**
Salt Sugar Fat: How The Food Giants Hooked Us
- 8:30 p.m. **Book Signing with Michael Moss**

Saturday, February 1, 2014

- 7:30 a.m. Registration, Breakfast, View Exhibits & Research Presentations
- 8:15 a.m. **Research Competition Awards Presentation**
- 8:30 a.m. **Obesity Related Pain: Where Inflammation and Metabolism Collide**
Robert Alan Bonakdar, MD, FAAFP, ABIHM
- 9:15 a.m. **Mental Health for the Whole Person**
Scott Shannon, MD, ABIHM
- 10 a.m. Break & View Exhibits
- 10:30 a.m. **Heart Health: Body, Mind & Spirit**
Mimi Guarneri, MD, FACC, ABIHM
- 11:15 a.m. **The Role of Herbal Medicine in Acute Care**
Tieraona Low Dog, MD
- Noon **Panel Discussion / Q & A**
- 12:30 p.m. Final Adjournment

Topics and times subject to change

Call for Abstracts

Research abstracts of original work dealing with natural supplements will be accepted in three categories:

- I. Original Clinical Research
- II. Basic Sciences / Review / Case Studies
- III. Student / Fellow

Selected abstracts will be presented in poster format throughout the conference (Thursday through Saturday). Winning entries will receive cash prizes and publication in the *Journal of Alternative and Complementary Medicine*. All entries accepted for presentation will receive a reduced conference registration.

The deadline for submissions is December 31, 2013.

For additional information and a submission packet, visit www.scripps.org/NaturalSupplements

Exhibit and Support Opportunities

For information on exhibit and support opportunities during this and many other Scripps educational conferences, please contact:

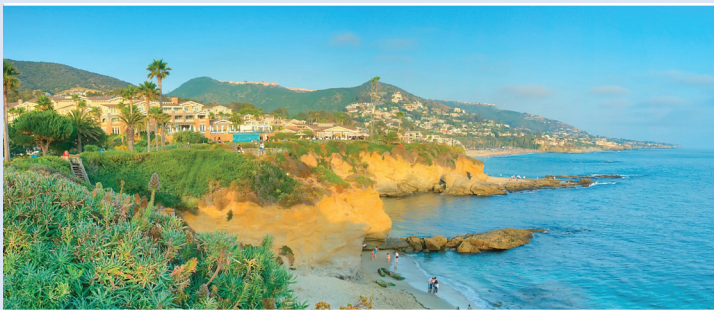
Scripps Conference Services & CME
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med.edu@scrippshealth.org
www.scripps.org/conferenceservices

HOTEL INFORMATION

Hilton San Diego Resort

1775 E. Mission Bay Drive
San Diego, California 92109
Reservations: 800-445-8667
Hotel Direct: 619-276-4010

The Hilton San Diego Resort & Spa is just six miles from the San Diego International Airport, and right on San Diego's famous Mission Bay. This resort and spa is conveniently located one mile from San Diego Sea-World and offers 5-star service. A romantic paradise of palms and perfect sandy bayfronts, this bayside retreat is complete with an all-new \$5 million dollar crown jewel, Spa Brezza, state-of-the-art fitness center and beautifully refreshed guestrooms. From championship tennis courts to waterfront fine dining, wherever your inspiration comes from, the Hilton San Diego Resort and Spa is your destination and your retreat.



Rates and Reservations

Please make your own reservations and be sure to request the **Scripps Natural Supplements Conference reduced rate of \$219 per night** (excludes tax). This low rate includes:

- Complimentary day self parking and discounted overnight self parking
- Complimentary use of the fitness center
- Complimentary guestroom internet access
- 10% discount for spa services at Spa Brezza and Marketplace

Please note: Attendees who book their room through an online, third-party service (Hotels.com®, Expedia.com®, Priceline.com®, etc.) are not eligible to receive the amenities listed above.

Make your reservations early! A block of rooms is being held for us until **January 8, 2014**. After this date, reservations will be accepted on a space and rate availability basis only. Be sure to mention the Scripps Natural Supplements Conference reduced rate of \$219. (excluding tax) when making your reservations.



Save the Dates!

5th Annual
Integrative and Holistic Nursing Conference:
Bringing Healing to You and Your Patients

April 25 – 26, 2014

Paradise Point Resort, San Diego, California

The 15th Annual
Science & Clinical Application of Integrative Holistic Medicine

October 25 – 30, 2014

Paradise Point Resort, San Diego, California

12th Annual
Natural Supplements: An Evidence-Based Update

January 15 – 18, 2015

Paradise Point Resort, San Diego, California



CONFERENCE FEES & REGISTRATION

Natural Supplements: An Evidence-Based Update January 29-February 1, 2014

1. PRE-CONFERENCE SEMINARS

Bringing Integrative Medicine to Your Practice and Health Care System

Included: Course tuition, materials, breakfast, breaks and lunch.

San Diego Botanic Garden Tour

Included: Course tuition, materials, and breakfast.

Natural Supplements School

Included: Course tuition, keynote, materials and reception.

Additional ticket for non-registered conference attendee for keynote *Grain Brain: The Surprising Truth About Wheat, Carbs, and Sugar - Your Brain's Silent Killers* _____ \$35

2. MAIN CONFERENCE

Included: Course tuition, access to conference materials (via mobile app or conference website), Friday evening Keynote presentation, breakfasts, breaks and lunches. Also includes 3-month access to *Natural Medicines Comprehensive Database®* w/30+ CME credits, evidence-based ratings (NUMBER™) on all commercially available products and *Natural MedWatch®* to report and study adverse events w/natural medicines.

Not included: Pre-conference seminars, Friday VIP Reception/private book signing, travel costs, lodging, parking, and dinners.

Conference attendees will receive all Course Materials via a mobile app and conference website and a printed syllabus will not be provided. Please make sure to bring your laptop, tablet, or smart phone to view the conference materials during the conference.

| | Thru Dec 31 | Jan 1- Jan 24 | On-site after Jan 24 |
|--|-------------|---------------|----------------------|
| Physician | _____ \$645 | _____ \$695 | _____ \$720 |
| Nurse/Nurse Practitioner/Assistant/ Allied Health Care Professional (includes fellows, residents, etc) | _____ \$525 | _____ \$575 | _____ \$600 |
| Non-Medical Community Member | _____ \$400 | _____ \$450 | _____ \$475 |
| Full-Time Student | _____ \$400 | _____ \$450 | _____ \$475 |
| Poster Presenter | _____ \$350 | _____ \$400 | _____ \$425 |
| Day Rate(s) please circle: Thur Fri Sat | _____ \$350 | _____ \$400 | _____ \$425 |

3. FRIDAY EVENING VIP RECEPTION & PRIVATE BOOK SIGNING WITH MICHAEL MOSS (space is limited)

VIP Reception & private book signing One ticket _____ \$75 Two tickets _____ \$150

4. FRIDAY NIGHT KEYNOTE PRESENTATION WITH MICHAEL MOSS

☐ I would like to attend the Keynote Presentation (cost included in my Main Conference Registration Fee)
Additional ticket for non-registered conference attendee _____ \$35

Would you like to receive the Scripps Conference Services & CME Email Newsletter?

___Yes ___No

Please Print Clearly. Your Badge Will Read as Follows:

By completing this registration form and returning it to Scripps you are acknowledging compliance with all attendance policies.

| | |
|---|-------------------------------|
| FIRST NAME, MI, LAST NAME | DEGREE (MD, DO, PHD, RN, ETC) |
| AFFILIATION/HOSPITAL/COMPANY | SPECIALTY |
| MAILING ADDRESS | |
| CITY / STATE / ZIP CODE | |
| OFFICE TELEPHONE | CELL PHONE |
| EMAIL (This is required and will be your user name when accessing your online account.) | FAX |

Office Use Only: Date Received Amount Check No. / Approval CD Confirmation Sent Initials

PLEASE INDICATE ANY SPECIAL NEEDS (INCLUDING DIETARY RESTRICTIONS)
Special requests will be considered and accommodated in full compliance with the Americans with Disabilities Act (ADA).

Payment method _____ Check Please make checks payable to Scripps (in US dollars only).

If paying by credit card, please fill out the information below. _____ Visa _____ MasterCard _____ Amex _____ Discover

| | | |
|---|----------------------|----------------------------------|
| CREDIT CARD NUMBER | EXPIRATION DATE | SECURITY CODE ON CARD (required) |
| NAME ON CARD | AUTHORIZED SIGNATURE | |
| BILLING ADDRESS IF DIFFERENT FROM ABOVE | | |

Three Ways to Register

Online www.scripps.org/NaturalSupplements

Fax 858-652-5565

Mail Scripps Conference Services & CME
Natural Supplements Conference
11025 North Torrey Pines Road
Suite 200, Maildrop: SCRC 200
La Jolla, California 92037

Questions?

Contact Scripps Conference Services & CME

Phone 858-652-5400

Email med.edu@scrippshealth.org

Attendance Policies

Registration Confirmation

A confirmation letter will be e-mailed to you upon receipt of the conference registration form and payment. If you have not received it within two weeks, please contact the Scripps Conference Services & CME office.

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$100 processing fee (\$25 cancellation fee for San Diego Botanic Gardens Tour & Natural Supplements School), if your cancellation is received in writing no later than **January 24, 2014**. Attendee substitutions are allowed, but notification must be made in writing by **January 24, 2014**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows."

Guest Attendance Policy

All conference activities (including educational sessions, meal functions, exhibit hall, etc.) are exclusively reserved for conference attendees. Non-registered guests (including children, family members, colleagues, etc.) are not allowed in the conference areas. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Recording and Photography Clause

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.



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11TH ANNUAL

Natural Supplements: *An Evidence-Based Update*

A Continuing Education Conference for Health Care Professionals



Wednesday, January 29 – Saturday, February 1, 2014

Hilton San Diego Resort
San Diego, California

Visit www.scripps.org/NaturalSupplements for conference updates!



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January 29: Pre-Conference Seminar:
Bringing Integrative Medicine to Your
Practice and Health Care System

January 29: Pre-Conference Seminar:
Natural Supplements School

January 29: Pre-Conference Tour:
San Diego Botanic Gardens Tour

Who should attend?

- Physicians
- Acupuncturists
- Chiropractors
- Dietitians
- Naturopathic Doctors
- Nurses
- Nurse Practitioners
- Nurse Midwives
- Pharmacists
- Physician Assistants
- Psychologists
- Any other health care professional who makes nutritional recommendations or manages dietary supplement use.



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