12TH ANNUAL

Natural Supplements: An Evidence-Based Update

A Continuing Education Conference for Health Care Professionals

Friday, January 16 - Sunday, January 18, 2015
Paradise Point Resort • San Diego, California

January 15:
- Pre-Conference Seminar: Bringing Integrative Medicine to Your Practice and Health Care System
- Pre-Conference Seminar: Natural Supplements School
- Pre-Conference Seminar: Nutrigenomics
- Pre-Conference Seminar: Probiotics

FEATURING KEYNOTE

Tieraona Low Dog, MD
Author of Life Is Your Best Medicine

Follow the conversation on Twitter at #ScrippsNatSup

Visit www.scripps.org/NaturalSupplements for conference updates!
Course Overview
Scientific evidence has shown that food choices and certain supplements can improve health and symptoms of disease. As a result, many Americans are self-prescribing and spending in excess of $30 billion annually on herbal and dietary supplements to address their health concerns. It is important for health care providers to receive timely, evidence-based information in order to address the risks and benefits of supplements with their patients. In this dynamic partnership with patients, providers also need information about regulatory issues, dosing and product potency. To address these needs, world-renowned faculty will present a concise, clinically relevant overview of natural supplements in evidence-based practice, with an emphasis on disease states. As part of this informative and comprehensive CME conference, attendees will have the opportunity to participate in a full day of highly interactive workshops in order to fine tune clinical applications. This medical education event is a must-attend for anyone wanting to acquire a wide-range of knowledge and expertise for addressing and managing dietary supplement use.

Educational Objectives
After attending this activity, participants should be able to:
• Recognize the potential role of supplements in preventive medicine and in the management of common medical conditions.
• Judge the regulatory aspects of the supplement industry and their implications for clinical and research practice.
• Discuss current research and literature related to natural supplements.
• Examine, through evidence-based summaries, key supplements used in clinical practice, including their indications, side effects, interactions and contraindications.
• Formulate a patient care treatment program that integrates supplements in preventive medicine and in the management of common medical conditions.
• Access and/or recommend resources for acquiring additional supplement related information for the clinician or patient.
• Increase proper supplement usage by patients by involving the patient as an active partner in care, with an emphasis on patient education, acceptance and compliance.

Target Audience
This course is intended for physicians, naturopathic doctors, nurse practitioners, nurses, nurse midwives, acupuncturists, chiropractors, dietitians, pharmacists, physician assistants, psychologists and any other health care professional who makes nutritional recommendations or manages dietary supplement use.

Accreditation
Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Physicians should only claim credit commensurate with the extent of their participation in the activity.

PRE-CONFERENCE SEMINAR: BRINGING INTEGRATIVE MEDICINE TO YOUR PRACTICE AND HEALTH CARE SYSTEM:
Physicians (MD, DO): Scripps Health designates this live activity for a maximum of 3.5 AMA PRA Category 1 Credit(s)™.

PRE-CONFERENCE SEMINAR: NATURAL SUPPLEMENTS SCHOOL:
Physicians (MD, DO): Scripps Health designates this live activity for a maximum of 3.5 AMA PRA Category 1 Credit(s)™.
Family Physicians (AAFP): An application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
Acupuncturists: This educational program has been approved by the California Acupuncture Board (Provider No. CEP 657) for 3.5 CE hours.
Dietitians: This program has been approved by the Commission on Dietetic Registration for 3.5 CPEUs.
Pharmacists: This conference meets the CE Standards for Pharmacists by the California State Board of Pharmacy.

PRE-CONFERENCE SEMINARS: NUTRIGENOMICS & PROBIOTICS:
Physicians (MD, DO): Scripps Health designates this live activity for a maximum of 4.25 AMA PRA Category 1 Credit(s)™.
Family Physicians (AAFP): An application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
Acupuncturists: This educational program has been approved by the California Acupuncture Board (Provider No. CEP 657) for 4.25 CE hours.
Dietitians: This program has been approved by the Commission on Dietetic Registration for 4.25 CPEUs.
Pharmacists: This conference meets the CE Standards for Pharmacists by the California State Board of Pharmacy.

MAIN CONFERENCE:
Physicians (MD, DO): Scripps Health designates this live activity for a maximum of 17.5 AMA PRA Category 1 Credit(s)™.
Family Physicians (AAFP): An application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
Acupuncturists: This educational program has been approved by the California Acupuncture Board (Provider No. CEP 657) for 17.5 CE hours.
Dietitians: This program has been approved by the Commission on Dietetic Registration for 17.5 CPEUs.
Pharmacists: This conference meets the CE Standards for Pharmacists by the California State Board of Pharmacy.

ACCREDITATION EQUIVALENCIES:
Chiropractors: The California State Board of Chiropractic Examiners accepts AMA PRA Category 1 Credit(s)™ from organizations accredited by the ACCME.
Naturopathic Doctors: The California Bureau of Naturopathic Doctors accepts AMA PRA Category 1 Credit(s)™.
Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME. For the purpose of relicensure, the California Board of Registered Nursing accepts AMA PRA Category 1 Credits™. Most state Boards of Registered Nursing accept AMA PRA Category 1 Credit(s)™ as meeting continuing education requirements for license renewal. Nurses should check with their state board regarding use of CME credit.
Nurse Midwives: The American College of Nurse Midwives accepts Category 1 CME credit.
Physicians Assistants: The American Academy of Physician Assistants accepts Category 1 credit from AMA Category I CME organizations accredited by the ACCME.
Psychologists: The Board of Psychology accepts AMA PRA Category 1 Credit(s)™ for license renewal.

Disclosures
Commercial Support
This course is supported, in part, by educational grants from industry, in accordance with ACCME accreditation Standards for Commercial Support. At the time of printing, a complete listing of commercial supporters was not available. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

Scripps would like to thank the following companies for their generous premiere level support:
Metagenics
Thorne
Nordic Naturals, Inc.
Sigma-Tau Pharmaceuticals, Inc.
Nature Made
### Course Directors

- **Robert Alan Bonakdar, MD, FAAP, ABIMH**  
  Director of Pain Management  
  Scripps Center for Integrative Medicine  
  San Diego, California

- **Mimi Guarneri, MD, FACC, ABIMH**  
  President, AHIHM and ABIMH  
  Founder  
  Scripps Center for Integrative Medicine  
  San Diego, California

- **Rauni Prittinen King, RN, BSN, MIH, HNB-BC, CHTP/I**  
  Co-Founder  
  Scripps Center for Integrative Medicine  
  San Diego, California

### Guest Faculty

- **Marilyn Barrett, PhD**  
  Pharmacognosy Consulting Services  
  Mill Valley, California

- **Robin Berzin, MD**  
  Parsley Health  
  New York, New York

- **Joseph M. Betz, PhD**  
  Director, Dietary Supplement Methods and Reference Materials Program  
  Office of Dietary Supplements  
  National Institutes of Health  
  Bethesda, Maryland

- **Jeffrey S. Bland, PhD, FACN, CNS**  
  Founder & President  
  Personalized Lifestyle Medicine Institute (PLMI)  
  Seattle, Washington

- **Jeffrey Blumberg, PhD, FASN, FACN, CNS**  
  Director, Antioxidants Research Laboratory  
  Jean Mayer USDA Human Nutrition Research Center on Aging  
  Tufts University  
  Boston, Massachusetts

- **Mark Blumenthal**  
  Founder & Executive Director  
  American Botanical Council  
  Editor and Publisher  
  HerbalGram  
  Austin, Texas

- **Donald J. Brown, ND**  
  Managing Director  
  Natural Product Research Consultants  
  Seattle, Washington

- **Sarah Dalhoumi, MD**  
  Scripps Center for Integrative Medicine  
  San Diego, California

- **Daniel Fabricant, PhD**  
  CEO, The Natural Products Association (NPA)  
  Washington DC

- **Moira Fitzpatrick, PhD, ND, FICPP, CHT**  
  Naturopathic Doctor, Clinical Psychologist  
  Pacific Pearl La Jolla  
  La Jolla, California

- **Paula Gardiner, MD, MPH**  
  Assistant Professor  
  Assistant Director of the Program for Integrative Medicine and the Healthcare Disparities  
  Boston University School of Medicine  
  Boston, Massachusetts

- **Philip J. Gregory, PharmD, FACCN**  
  Associate Professor, Pharmacy Practice Center for Drug Information & Evidence-Based Practice  
  School of Pharmacy & Health Professions  
  Creighton University  
  Omaha, Nebraska

- **Mark Houston, MD, MS, ABAARM, FACP, FAHA, FASH, FACN**  
  Associate Clinical Professor of Medicine  
  Vanderbilt University School of Medicine  
  Director  
  Hypertension Institute and Vascular Biology  
  Saint Thomas Hospital and Health Services  
  Nashville, Tennessee

- **David Kiefer, MD**  
  Clinical Assistant Professor of Medicine  
  Arizona Center for Integrative Medicine  
  University of Arizona

- **David Leopold, MD, ABIHM**  
  Director of Integrative Medical Education  
  Scripps Center for Integrative Medicine  
  Associate Fellow of Integrative Medicine  
  University of Arizona College of Medicine  
  San Diego, California

- **Michael D. Levin**  
  Founder, Health Business Strategies  
  Clackamas, Oregon

- **Michael D. Lewis, MD, MPH, MBA, FACPM**  
  Colonel (Retired), U.S. Army Medical Corps  
  President and Founder  
  Brain Health Education and Research Institute, Inc.  
  Potomac, Maryland

### Faculty Disclosure

In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the educational activity commencement.
### Probiotics

**Moderated by Donald J. Brown, ND**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>8 a.m.</td>
<td>Registration &amp; Breakfast</td>
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<tr>
<td>8:30 a.m</td>
<td>Introduction: An Overview of Pre and Probiotics&lt;br&gt;Greg Leyer, PhD</td>
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<tr>
<td>9:15 a.m</td>
<td>The Role of Diet&lt;br&gt;Elizabeth Lipski, PhD, CCN, CHN, CNS</td>
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<tr>
<td>10 a.m.</td>
<td>Probiotics &amp; Pediatric Health&lt;br&gt;Donald J. Brown, ND</td>
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<tr>
<td>10:45 a.m</td>
<td>Break</td>
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<tr>
<td>11 a.m.</td>
<td>Probiotics in Adult GI Health&lt;br&gt;Victor S. Sierpina, MD</td>
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<tr>
<td>11:45 a.m</td>
<td>Probiotics in Emerging Areas: Metabolic Health &amp; Inflammation&lt;br&gt;David Kiefer, MD</td>
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<tr>
<td>12:30 p.m</td>
<td>Interactive Panel Discussion/Q&amp;A</td>
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<td>1 p.m.</td>
<td>Adjournment (Lunch not provided)</td>
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### Nutrigenomics

**Sponsored by Metagenics**

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<td>Laboratory Evaluation of Nutrigenomic Status&lt;br&gt;P. Michael Stone, MD, MS Nutrition</td>
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<tr>
<td>11 a.m.</td>
<td>Nutrigenomics: Application to Dietary Approaches and Nutritional Supplements&lt;br&gt;Deanna Minich, PhD, MS, CNS, RYT</td>
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<tr>
<td>11:45 a.m</td>
<td>Nutrigenomics &amp; Vascular Health&lt;br&gt;Mark Houston MD, MS, ABAARM, FACP, FAHA, FASH, FACN</td>
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### Natural Supplements School

**Sponsored by Nordic Naturals**

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<tr>
<td>1 p.m.</td>
<td>Registration (Lunch not provided)</td>
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<tr>
<td>1:30 p.m</td>
<td>Supplement Smarts: What Every Consumer Needs to Know&lt;br&gt;Robert Alan Bonakdar, MD, FAAFP, ABIHM</td>
</tr>
<tr>
<td>2:15 p.m</td>
<td>Understanding Labels &amp; Claims&lt;br&gt;David Kiefer, MD</td>
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<tr>
<td>3 p.m.</td>
<td>Break</td>
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<tr>
<td>3:30 p.m</td>
<td>Supplements for Pain, Inflammation &amp; Fatigue&lt;br&gt;Robert Alan Bonakdar, MD, FAAFP, ABIHM</td>
</tr>
<tr>
<td>4:15 p.m</td>
<td>Heart Smart: Nutrition &amp; Supplement Choices&lt;br&gt;Mimi Guarneri, MD, FAC, ABIHM</td>
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<tr>
<td>5 p.m.</td>
<td>Interactive Panel Discussion/Q&amp;A</td>
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<tr>
<td>5:30 p.m</td>
<td>Adjournment</td>
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<tr>
<td>5:45 p.m</td>
<td>Improvement in Cellular Health (Non-CME)&lt;br&gt;Sponsored by Nordic Naturals&lt;br&gt;Complimentary Omega-3 Bloodspot Testing Available!</td>
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### Agenda

**Thursday, January 15, 2015 - Pre-Conference Seminars**

- **Bringing Integrative Medicine to Your Practice and Health Care System**
  - Mimi Guarneri, MD, FACC, ABIHM
  - Rauni Prittinen King, RN, BSN, MIH, HNB-BC, CHTP/I
  - **8 a.m.** Registration & Breakfast
  - **8:30 a.m.** Overview: Integrative Medicine in North America
  - **9:15 a.m.** Innovative Integrative Medicine Models of Care
  - **10 a.m.** Legal Aspects of Integrative Medicine<br>Ellen W. Stiefler, Esq.
  - **10:45 a.m.** The Business of Integrative Medicine
  - **11:30 a.m.** Marketing, Branding and Public Relations of Integrative Medicine<br>Mark Täger, MD
  - **Noon** Q & A & Lunch
  - **1 p.m.** Bus departs for Scripps Center for Integrative Medicine
  - **1:30 p.m.** Tour of Scripps Center for Integrative Medicine
  - **2:30 p.m.** Bus to Pacific Pearl La Jolla, Center for Health and Healing
  - **2:45 p.m.** Tour of Pacific Pearl La Jolla, Center for Health and Healing
  - **3:45 p.m.** Bus leaves Pacific Pearl La Jolla, Center for Health and Healing to return to Paradise Point Resort

- **Probiotics**
  - **Sponsored by Sigma-Tau Pharmaceuticals, Inc.**
  - Moderated by Donald J. Brown, ND
  - **8 a.m.** Registration & Breakfast
  - **8:30 a.m.** Introduction: An Overview of Pre and Probiotics<br>Greg Leyer, PhD
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  - **12:30 p.m.** Interactive Panel Discussion/Q&A
  - **1 p.m.** Adjournment (Lunch not provided)

- **Nutrigenomics**
  - **Sponsored by Metagenics**
  - **8 a.m.** Registration & Breakfast
  - **8:30 a.m.** Introduction: An Overview of Nutrigenomics<br>Jeffrey S. Bland, PhD, FACN, CNS
  - **9:15 a.m.** Laboratory Evaluation of Nutrigenomic Status<br>P. Michael Stone, MD, MS Nutrition
  - **10 a.m.** Nutrigenomics in Clinical Practice: What Does the Patient Say?<br>P. Michael Stone, MD, MS Nutrition
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  - **11 a.m.** Nutrigenomics: Application to Dietary Approaches and Nutritional Supplements<br>Deanna Minich, PhD, MS, CNS, RYT
  - **11:45 a.m.** Nutrigenomics & Vascular Health<br>Mark Houston MD, MS, ABAARM, FACP, FAHA, FASH, FACN
  - **12:30 p.m.** Interactive Panel Discussion/Q&A
  - **1 p.m.** Adjournment (Lunch not provided)

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**Save the Date!**

**13th Annual Natural Supplements: An Evidence-Based Update**

**January 28-31, 2016**

Paradise Point Resort, San Diego, California
Friday, January 16, 2015

7 a.m.  Registration, Breakfast, View Exhibits & Research Presentations
8 a.m.  Welcome
Robert Alan Bonakdar, MD, FAAFP, ABIHM
&Mimi Guarneri, MD, FACC, ABIHM
8:15 a.m. The Future of Dietary Supplements: A View from Two Perspectives
Daniel Fabricant, PhD
9 a.m. Multivitamins in the Promotion of Optimal Health & Wellness
Jeffrey Blumberg, PhD, FASN, FACN, CNS
9:45 a.m. Break, View Exhibits & Research Presentations
10:15 a.m. Natural Supplement for Optimizing Immune Health
Robert C. Rountree, MD
11 a.m. Identifying & Treating Common Nutritional Deficiencies
P. Michael Stone, MD, MS Nutrition
11:45 a.m. Interactive Panel Discussion/Q&A
2:15 p.m. Obesity Related Pain/Inflammation
Robert Alan Bonakdar, MD, FAAFP, ABIHM
3 p.m. Break, View Exhibits & Research Presentations
3:30 p.m. Important Reactions & Interactions
Philip J. Gregory, PharmD, MS, FACN
4:15 p.m. Trends in the Herbal Industry
Mark Blumenthal
5 p.m. Interactive Panel Discussion/Q&A
5:30 p.m. The Humorous Look at the Year in Health (A Non-CME Overview)
Mark Blumenthal
6:30 p.m. Networking Reception
Sponsored by Thorne Research Inc.

Saturday, January 17, 2015

7:30 a.m. Registration, Breakfast, View Exhibits & Research Presentations
8:15 a.m. WORKSHOPS (choose one, all provided via mobile app and conference website)
A. Irritable Bowel Syndrome (IBS)
Victor S. Sierpina, MD
Elizabeth Lipski, PhD, CCN, CHN
B. Sleep Optimization
Ashwin Mehta, MD, MPH
C. Technology Support in Wellness & Supplementation
Robin Berzin, MD
D. Women’s Health - Supplements Across the Lifespan (Part I - Infertility & PMS)
Sarah Dalhoumi, MD
9:45 a.m. Break, View Exhibits & Research Presentations
To access the site using your cell phone or computer’s web browser:
www.grupio.com/ScrippsCME

Download the ScrippsCME App to Your Smart Phone or Tablet!
Blackberry iPhone Android Storm and torch

All conference information including a detailed agenda, faculty listing, faculty disclosures, industry support, attendee list, and course materials can be found on the free ScrippsCME conference app for iPhone, iPad, Android, and BlackBerry. To download the app on your smart phone or other device visit the appropriate app store and search Scripps CME (must be one word) or scan the appropriate QR code below. The app is free of charge and will be continuously updated during and after the course.

Paradise Point Resort & Spa
1404 Vacation Road, San Diego, CA 92109
www.paradisepoint.com
Phone: (858) 274-4630      Reservations: (800) 344-2626

Rates and Reservations
We have obtained special low rates at the hotel starting at $185 per night (plus tax and parking). This discounted Scripps rate also includes:

- Complimentary Passport to Paradise (valued at $17 per day, which includes complimentary guest room internet, domestic phone calls, access to fitness center and guest recreational activities)
- Complimentary day parking and discounted overnight parking ($17 per night)

Make your reservations early! A block of rooms is being held for us until Monday, December 22, 2014. After this date, reservations will be accepted on a space and rate available basis only. Be sure to mention that you are attending the Scripps conference when making your reservations to receive the reduced rates.

Sunday, January 18, 2015
7:30 a.m. Registration, Breakfast, View Exhibits & Research Presentations
8:15 a.m. Research Competition Awards Presentation
8:30 a.m. Neuroprotection: Nutrients to Protect the Brain from PTSD, Injury & Aging
Michael D. Lewis, MD, MPH, MBA, FACP
9:15 a.m. Natural Approaches to Mental Health
Scott Shannon, MD, ABIHM
10 a.m. Break & View Exhibits
10:30 a.m. Toward a New Era of Cardiovascular Care
Mimi Guarneri, MD, FACC, ABIHM
11:15 a.m. Nutragenomics: Where are we headed?
Jeffrey S. Bland, PhD, FACC, CNS
Noon Interactive Panel Discussion/Q&A
12:30 p.m. Final Adjournment

Topics and times subject to change
Natural Supplements: An Evidence-Based Update  
January 16-January 18, 2015

### 1. PRE-CONFERENCE SEMINARS

<table>
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<tr>
<th></th>
<th>Thru Nov 30</th>
<th>Dec 1–Jan 9</th>
<th>On-site after Jan 9</th>
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<tbody>
<tr>
<td>Bringing Integrative Medicine to Your Practice and Health Care System</td>
<td>$500</td>
<td>$600</td>
<td>$625</td>
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<tr>
<td>Natural Supplements School</td>
<td>$99</td>
<td>$99</td>
<td>$125</td>
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<tr>
<td>Nutrigenomics</td>
<td>$99</td>
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<td>$125</td>
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<tr>
<td>Probiotics</td>
<td>$99</td>
<td>$99</td>
<td>$125</td>
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### 2. MAIN CONFERENCE

Included: Course tuition, access to conference materials (via mobile app and conference web site), Friday evening networking reception, Saturday evening keynote presentation, breakfasts, breaks and lunches. Also includes 3-month access to Natural Medicines w/130+ CME credits, evidence-based ratings (NMBER™) on all commercially available products and Natural MedWatch® to report and study adverse events w/natural medicines.

**Not included:** Pre-conference seminars, lodging, parking, and dinners.

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<th>On-site after Jan 9</th>
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<tbody>
<tr>
<td>Physician</td>
<td>$645</td>
<td>$695</td>
<td>$720</td>
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<td>Nurse/Nurse Practitioner/Physician Assistant/Allied Health Care Professional</td>
<td>$525</td>
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<td>Non-Medical Community Member</td>
<td>$400</td>
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<td>Full-Time Student</td>
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<td>Poster Presenter</td>
<td>$350</td>
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<td>Day Rate(s)</td>
<td>$350</td>
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**Please circle:** Fri Sat Sun

### 3. FRIDAY EVENING NETWORKING RECEPTION

☐ Yes, I will attend (cost included in my main conference registration fee)  
Additional guest ticket $35

### 4. SATURDAY EVENING KEYNOTE PRESENTATION WITH TIERAONA LOW DOG, MD

☐ Yes, I will attend (cost included in my main conference registration fee)  
Additional guest ticket $35

### 5. MAIN CONFERENCE PRINTED SYLLABUS

Main conference materials will be available via mobile app and conference website. You are able to download, save and/or print these presentations from the mobile app and conference website onto your tablet, laptop, or smart phone. Bring your laptop, tablet, or smart phone to view the conference materials during the conference. If you would like a pre-printed version you must pre-order it here.

Printed Syllabus $100

Would you like to receive the Scripps Conference Services & CME email newsletter?  
___Yes ___No

### Please Print Clearly. Your Badge Will Read as Follows:

By completing this registration form and returning it to Scripps you are acknowledging compliance with all attendance policies.

<table>
<thead>
<tr>
<th>FIRST NAME, MI, LAST NAME</th>
<th>DEGREE (MD, DO, PhD, RN, etc)</th>
<th>AFFILIATION/HOSPITAL/COMPANY</th>
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### PLEASE INDICATE ANY SPECIAL NEEDS (INCLUDING DIETARY RESTRICTIONS)

Special requests will be considered and accommodated in full compliance with the Americans with Disabilities Act (ADA).

### Payment method

- Check  
  Please make checks payable to Scripps [in US dollars only].

- If paying by credit card, please fill out the information below  
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- BILLING ADDRESS IF DIFFERENT FROM ABOVE

  1. PRE-COMPANY SEMINARS
  2. MAIN CONFERENCE
  3. SATURDAY EVENING KEYNOTE PRESENTATION WITH TIERAONA LOW DOG, MD
  4. MAIN CONFERENCE PRINTED SYLLABUS
  5. FRIDAY EVENING NETWORKING RECEPTION
  6. SATURDAY EVENING KEYNOTE PRESENTATION WITH TIERAONA LOW DOG, MD
  7. MAIN CONFERENCE PRINTED SYLLABUS

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### Attendance Policies

**Attendee Cancellation, Substitution, Refund**

The course tuition is refundable, minus a $100 processing fee ($25 processing fee for Nutrigenomics and Probiotics Seminars and the Natural Supplements School), if your cancellation is received in writing no later than January 9, 2015. Attendee substitutions are allowed, but notification must be made in writing by January 9, 2015. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to “no shows.”

**Scripps Conference Modification or Cancellation**

Scripps reserves the right to modify the course’s schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

**Recording and Photography Clause**

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.
12TH ANNUAL
Natural Supplements: An Evidence-Based Update
A Continuing Education Conference for Health Care Professionals

Friday, January 16 – Sunday, January 18, 2015
Paradise Point Resort
San Diego, California

Visit www.scripps.org/NaturalSupplements for conference updates!

January 15: Pre-Conference Seminar: Bringing Integrative Medicine to Your Practice and Health Care System
January 15: Pre-Conference Seminar: Natural Supplements School
January 15: Pre-Conference Seminar: Nutrigenomics
January 15: Pre-Conference Seminar: Probiotics

Who should attend?
- Physicians
- Acupuncturists
- Chiropractors
- Dietitians
- Naturopathic Doctors
- Nurses
- Nurse Practitioners
- Nurse Midwives
- Pharmacists
- Physician Assistants
- Psychologists
- Any other health care professional who makes nutritional recommendations or manages dietary supplement use.

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