

18th Annual

Natural Supplements:

An Evidence-Based Update

Friday, January 27–Sunday, January 29, 2023

Hyatt Regency La Jolla at Aventine • San Diego, California

Pre-Conference Seminar—The Microbiome in Health + Disease • Thursday, January 26, 2023

Pre-Conference Seminar—Nutrition, Healthspan + Longevity • Thursday, January 26, 2023

Conference Overview

Scientific evidence has shown that food choices and certain dietary supplements can improve health and symptoms of disease. As a result, many Americans are self-prescribing and spending in excess of \$30 billion annually on herbal and dietary supplements to address their health concerns. It is important for health care providers to receive timely, evidence-based information in order to address the risks and benefits of supplements with their patients. In this dynamic partnership with patients, it is also crucial that providers are also aware of regulatory issues, dosing, and product potency. To address these needs, world-renowned faculty will present a concise, clinically relevant overview of natural supplements in evidence-based practice, with an emphasis on disease states. This conference is a must-attend for anyone wanting to acquire a wide-range of knowledge and expertise for addressing and managing dietary supplement use.

Highlights

- Three days of evidenced-based educational sessions presented by internationally recognized researchers and clinicians
- Full day of interactive workshops to fine-tune clinical applications
- Newly designed pre-conference seminars which will provide an in-depth look at new cutting-edge topics
- Opportunities to network with interdisciplinary faculty and fellow attendees to build relationships with like-minded practitioners

Target Audience

This course is intended for any health care professional who makes nutritional recommendations or manages dietary supplement use.

**Learn more + register at [Scripps.org/NaturalSupplements](https://scripps.org/NaturalSupplements)
[#ScrippsNatSup](https://twitter.com/ScrippsNatSup)**





Scripps Conference Services & CME
 4275 Campus Point Court, CPB205
 San Diego, California 92121
 858-678-6400
 www.scripps.org/conferenceservices
 med.edu@scrippshealth.org

Conference Location + Hotel Information

Hyatt Regency La Jolla at Aventine
 3777 La Jolla Village Dr, San Diego, CA 92122
 Direct: 858-552-1234 • Toll Free: 888-421-1442

Discounted rooms available at the rate of \$229 per night (plus tax).

Scripps Health Conference Guidelines

1. Proof of vaccination will be required for all staff, participants, and vendors who wish to attend the conference in-person.
2. Staff, participants, and vendors who are unvaccinated are required to bring proof of a negative PCR test taken within 48 hours of the start of the conference.
3. All staff, participants, and vendors must be asymptomatic to attend the in-person conference.
4. All staff, participants, and vendors will be required to wear masks and remain physically distanced during the conference.
5. Virtual conference participation will be available for staff, participants, and vendors who have recently been exposed to, or tested positive for COVID-19, and/or are symptomatic.

These guidelines may be modified at any time in advance of or during the Conference.

Main Conference	Standard June 1– Oct 31	Late Nov 1– Jan 20	Onsite After Jan 20
Physician	\$700	\$750	\$775
Other Healthcare Professionals (includes fellows + residents)	\$600	\$650	\$675
Students	\$300	\$350	\$375
Day Rate(s)	\$300	\$350	\$375
Scripps Employee + UCI Employee	\$400	\$450	\$475
Pre-Conference Seminars			
The Microbiome in Health + Disease	\$275	\$300	\$325
Nutrition, Healthspan + Longevity	\$275	\$300	\$325

This is a hybrid event which means there will be both an in-person component and a virtual component. Registration fees and CME/CE credits are the same whether you plan to attend in-person or virtually.