

Internal Medicine Residency Program Scripps Clinic and Scripps Green Hospital

Ambulatory Training - 4+1 Rotation

The ambulatory rotation for the internal medicine residents at Scripps Clinic is arranged into the 4+1 model. This rotation is over 52 individual weeks. The 4+1 schedule involves four-week blocks composed of various inpatient rotations, specialty services and electives. Every fifth week is known as a “+1” week, of which there are 10-11 total each year.

Interns

- Four to five of these “+1” weeks are dedicated to their internal medicine continuity clinic
 - Four days are spent in internal medicine continuity clinic and one day is dedicated to educational modules focused on ambulatory topics and quality improvement.
- Two weeks are dedicated to neurology clinic
- Four weeks are assigned as vacation

Residents

- Nine to ten of the “+1” weeks are dedicated to their internal medicine continuity clinic
 - The continuity clinic weeks involve three days of internal medicine clinic and two days of rotating specialty clinic experiences
- One week is dedicated to geriatrics
- During electives and non-inpatient months, residents will rotate through the continuity clinic for one half-day per week

All clinics take place at a Scripps Clinic site and are supervised by attendings. For additional learning, we use the Yale curriculum, which allows residents to work through question-based didactic modules pertinent to outpatient medicine.