



Scripps Implementation Plan Fiscal Year 2020–2022



Scripps Health
10140 Campus Point Drive
San Diego, CA 92121

scripps.org

Scripps Health FY2020-2022 Implementation Plan

Table of Contents

About Scripps Health	3
About Scripps Health Community Benefit.....	4
Scripps Health Community Served	6
Background/Required Components of the CHNA & Implementation Plan.....	8
Scripps Health Implementation Plan Strategy Team	9
Scripps Health Community Health Needs Assessment Findings.....	10
Scripps Health Implementation Plan Summary and Community Health Needs Identified	15

Scripps Health FY2020-2022 Implementation Plan

General Information

Contact Person: Anette Blatt
Director, Community Benefits and
Advocacy, Office of the President
Community Benefit Services, 858-678-7095
www.Scripps.org/communitybenefit

Authorized governing body that adopted
the Implementation Plan: Strategic Planning Committee of the
Scripps Board of Trustees

Date Implementation Plan was approved: September 2019

Tax Year in which CHNA was made
available to the public: Tax Year 2019 (available on www.scripps.org)

Name and state license number of Hospital
Organization Operating Hospital Facility:
Address of Hospital Organization:

Scripps Mercy Hospital 4077
5th Avenue
San Diego CA, 92103
090000074

*Scripps Mercy Hospital has a second campus in Chula Vista and they
share the same license.

Scripps Memorial Hospital La Jolla
9888 Genesee Avenue
La Jolla, CA 92037
080000050

Scripps Green Hospital
10666 Torrey Pines Road
San Diego, CA 92037
080000139

Scripps Memorial Hospital Encinitas
354 Santa Fe Drive
La Jolla, CA 92037
080000148

Scripps Health FY 2020-2022 Implementation Plan

About Scripps Health

Founded in 1924 by philanthropist Ellen Browning Scripps, Scripps Health is a \$3.2 billion not-for-profit integrated health system based in San Diego, California. Scripps treats more than 700,000 patients annually through the dedication of 3,000 affiliated physicians and more than 15,000 employees among its five acute-care hospital campuses, home health care services, and an ambulatory care network of physician offices and 30 outpatient centers and clinic. Scripps also offers payer products and population health services through Scripps Accountable Care Organization, Scripps Health Plan and customized narrow network plans in collaboration with third-party payers

Today, the health system extends from Chula Vista to Oceanside and is dedicated to improving community health while advancing medicine. Recognized as a leader in disease and injury prevention, diagnosis and treatment, Scripps is also at the forefront of clinical research, and wireless health care. With three highly respected graduate medical education programs, Scripps is a longstanding member of the Association of American Medical Colleges. Scripps has been ranked five times as one of the nation's best health care systems by Truven Health Analytics division of IBM Watson Health. Its hospitals are consistently ranked by U.S. News & World Report among the nation's best and Scripps is regularly recognized by Fortune magazine, Working Mother magazine and AARP as one of the best places in the nation to work. More information can be found at www.scripps.org.

Scripps Facilities/Divisions

Scripps Memorial Hospital Encinitas	Scripps Clinical Research Services
Scripps Green Hospital	Scripps Coastal Medical Center
Scripps Memorial Hospital La Jolla	Scripps Home Health Care
Scripps Clinic	Scripps Whittier Diabetes Institute
Scripps Mercy Hospital	
*San Diego & Chula Vista Campuses	

Organizational Foundation

Scripps provides a comprehensive range of inpatient and ambulatory services through our system of hospitals and clinics. In addition, Scripps participates in dozens of partnerships with government and not-for-profit agencies across our region to improve our community's health. And our partnerships do not stop at our local borders. Our participation at the state, national and international levels includes work with government and private disaster preparedness and relief agencies, the State Commission on Emergency Medical Services, national health advocacy organizations and even international partnerships for physician education, training and direct patient care. In all that we do, we are committed to quality patient outcomes, service excellence, operating efficiency, caring for those who need us today and planning for those who may need us in the future.

Approval from Governing Body

As a tax-exempt health care system, Scripps takes pride in its service to the community. The Scripps system is governed by an 18-member, volunteer Board of Trustees. This single point of authority for organizational policy ensures a unified approach to serving patients across the region. The Scripps Health Board of Trustees Strategic Planning Committee approved both the triennial 2019 CHNA report and corresponding Implementation Plan during its 2019 tax year. The 2020 – 2022 Implementation Plan is outlined in the remainder of this document and is updated annually with metrics. The CHNA written report is posted separately on the Scripps Health website, [CHNA Report](#).

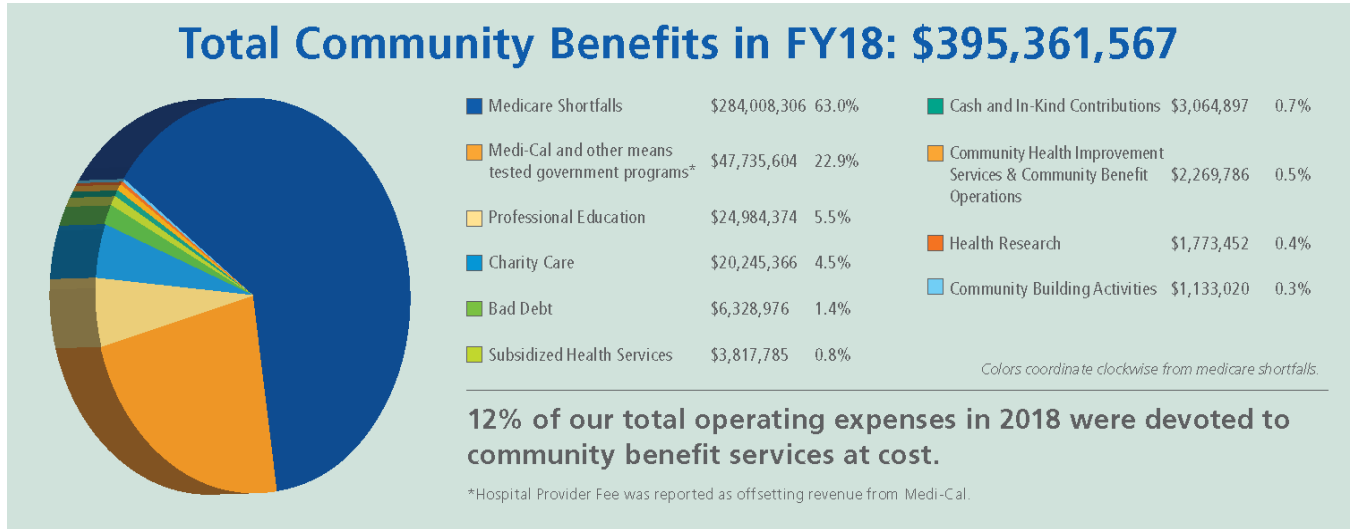
About Scripps Health Community Benefit

In addition to the CHNA and Implementation Plan, Scripps Health continues to meet community needs by providing charity care and uncompensated care, professional educational and an array of community benefit programs. Scripps offers community benefit services through our five acute-care hospital campuses, home-based health services, wellness centers and ambulatory clinics.

Scripps Health documents and tracks its community benefit programs and activities on an annual basis and reports these benefits through an annual report submitted to the State of California under the requirements of SB697. Scripps Health community benefit programs are commitments Scripps makes to improve the health of both patients and the diverse San Diego communities. As a longstanding member of these communities, and as a not-for-profit community resource, Scripps' goal and responsibility is to assist all who come to us for care, and to reach out especially to

those who find themselves vulnerable and without support. Through our continued actions and community partnerships, we strive to raise the quality of life in the community as a whole.

In FY 2018 Scripps documented more than \$395 million in local community benefit programs and services. For more information about the programs and services offered by Scripps Health, visit www.scripps.org/communitybenefit or contact the Scripps Health Office of Community Benefit Services at 858.678.7095.



Scripps Health Community Served

Hospitals and health care systems define the community served as those individuals residing within their service areas. A hospital or health care system service area includes all residents in a defined geographic area surrounding the hospital.

Scripps serves the entire San Diego county region with services concentrated in North Coastal, North Central, Central and Southern regions of San Diego.

Community outreach efforts are focused in those areas with proximity to a Scripps facility. Scripps hosts, sponsor and participates in many community-building events throughout the year. Figure 1 is a map of Scripps Health and service areas.

Scripps Health			
Hospital/Health Care System*	Location		
Scripps Memorial Hospital La Jolla	9888 Genesee Ave.	La Jolla	92037
Scripps Mercy Hospital	4077 5th Ave.	San Diego	92103
Scripps Green Hospital	10666 N. Torrey Pines Road	La Jolla	92037
Scripps Memorial Hospital Encinitas	354 Santa Fe Drive	Encinitas	92024
Scripps Mercy Hospital Chula Vista	435 H St.	Chula Vista	91910

*Locations represent the major hospital or health care/system locations and do not represent all types of hospital or health care locations.

The trended table below shows the primary service area as defined by those zip codes from which 70% of Scripps patients originate for inpatient discharge years 2013-2016 (top 70% of inpatient discharges by zip code).

Table 1 – Scripps Health Inpatient Discharges for Years 2013-2016 from which the Top 70% of Scripps Patients Originate

City	2013	2014	2015	2016
San Diego	37%	37%	36%	36%
Chula Vista	8%	8%	8%	7%
Carlsbad	5%	6%	6%	6%
Oceanside	5%	5%	5%	6%
Encinitas	3%	3%	3%	3%
National City	3%	2%	2%	2%
La Jolla	3%	2%	2%	2%
San Marcos	2%	2%	2%	2%
Vista	2%	2%	2%	3%
El Cajon	2%	2%	2%	2%
Grand Total	70%	70%	70%	70%

Figure 1 – Scripps Health Service Area



Background/Required Components of the Community Health Needs Assessment

In 2010, Congress added several new requirements for hospital organizations to maintain federal income tax exempt status under Section 501 (r) of the Internal Revenue Code (the “Code”) as part of the Affordable Care Act. One of the requirements set forth in Section 501 (r) of the Code is for each hospital organization to conduct a Community Health needs Assessment (CHNA) at least one every three tax years. The requirement to conduct a CHNA applies to Scripps Health, which is a health system that operates five hospital facilities.

Background/Required Components of the Implementation Strategy

Provisions in the Affordable Care Act require a tax-exempt hospital to:

- Adopt an implementation strategy to meet community health needs identified in the CHNA.
- Describe how it is addressing needs identified in the CHNA.
- Describe any needs in the CHNA that are not being addressed and the reasons for not addressing them.

The written implementation strategy describes either:

- How the hospital plans to meet the significant health need.
- Describe actions the hospital facility intends to take to address each significant health need identified in the CHNA, and the anticipated impact of those actions, or identify the health need as one it does not intend to address and explain why.
- The anticipated impact of these actions.
- The programs and resources the hospital plan to commit to address the health need.
- Describe any planned collaboration between hospital facilities and other facilities or organizations in addressing the health need.

Or

- The significant health need of the hospital does not intend to meet, explaining why the hospital does not intend to meet the health need.

Scripps Implementation Plan Strategy Team

The Scripps Implementation Strategy Team included the following individuals:

Scripps Executives

- Carl Etter, Corporate Senior VP, Regional Chief Executive
- Tom Gammieri, Corporate Senior VP, Regional Chief Executive
- June Komar, Corporate Executive, Vice President Strategy and Administration

Clinical Care Line Leaders

- Jerry Gold, Administrator, Behavioral Health Clinical Care
- Athena Philis-Tsimikas, Corp VP, Scripps Whittier Institute
- Chris Walker, Senior Director, Scripps Whittier Institute

Community Benefit Representatives and Others

- Anette Blatt, Director, Community Benefits and Advocacy
- Sandy Boller-Bilbrey, Director, Medical/Substance Abuse Services, Op Drug & Alcohol Treatment Program
- Kendra Brandstein, Director, Community Benefits
- Marilen Collins, Director, Patient Care Services, Encinitas
- Kimberly Luu, Research Assistant, Scripps Whittier Institute, Administration
- Addie Fortmann, Manager, Diabetes Care Line Research, Scripps Whittier Institute, Administration
- George Hayes, Manager, Market Outreach
- Karen McCabe, Director, Community Benefits
- Kimberly Roberts, Director, Clinical Services, Community Health & Advocacy, Scripps La Jolla
- Zachary Mayoras, Complex Care Manager, Nursing Administration
- Monica Ruiz, Supervisor, Community Program & Research, Scripps Whittier Institute
- Kristine Osborne, Data Analyst, PET Team
- Mark Zangrando, Senior Director, Mission Integration

Scripps Health Community Health Needs Assessment Findings

Scripps Health has a long history of responding to the health needs of the communities it serves, extending beyond traditional hospital care to provide community benefit programs that address the health care needs of the region's most vulnerable populations. Scripps strives to improve community health through collaboration. Working with other health systems, community groups, government agencies, businesses and grassroots movement, Scripps is better able to build upon existing assets to achieve broad community health goals.

The 2019 CHNA identified ten community health conditions and social determinants of health (SDOH) as the most critical health and social needs within San Diego County (listed in alphabetical order by SDOH and health condition).

1. Access to Health Care
2. Aging Concerns
3. Behavioral Health
4. Cancer
5. Chronic Conditions
6. Community and Social Support
7. Economic Security
8. Education
9. Homelessness and Housing Instability
10. Unintentional Injury and Violence

Figure 2 – 2019 Top 10 Community Health Needs

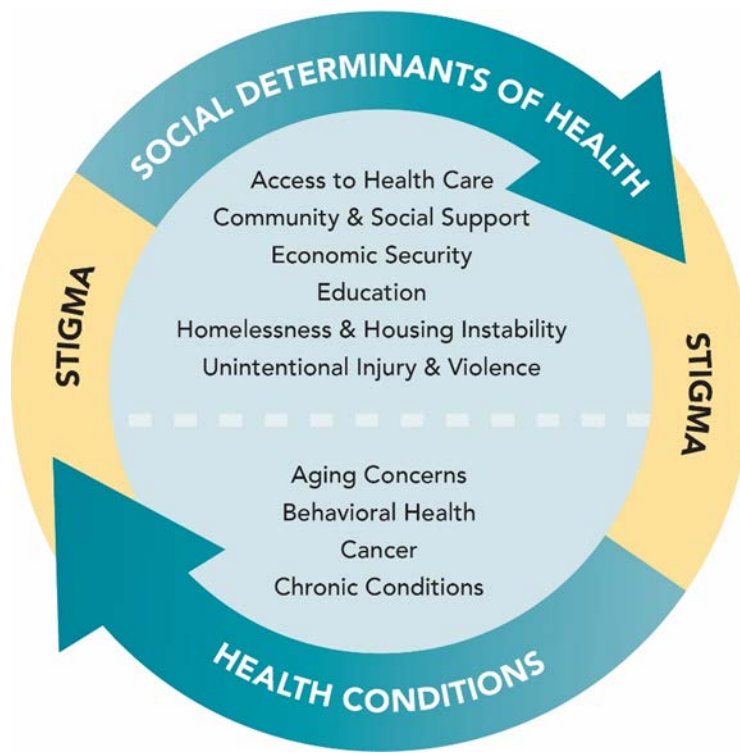


Figure 2 above illustrates the interactive nature of SDOH and health conditions—each impacting the other. In addition, an underlying theme of stigma and the barriers it creates arose across community engagement. In terms of SDOH, stigma impacts the way in which people access needed services, and can impact the community’s ability to maintain and manage their health and health conditions. Due to the complexity of this underlying theme, the CHNA Committee plans to explore and understand ways in which hospitals and health systems could better address stigma in patient care during phase 2 of the CHNA process. For the purpose of this implementation plan the following are definitions used to describe the findings.

Access to health care. Access to health care emerged as a high priority health need in both the secondary data analyses and the community engagement events. Overcoming barriers to health care, such as lack of health insurance and insurance issues, economic insecurity, transportation, the shortage of culturally competent care, fears about immigration status, and the shortage of health care providers emerged as a high priority community need. In addition, specific services were identified as challenging to obtain, including behavioral health care, dental care, primary care, and specialty care.

Aging concerns. Conditions that predominantly affect people who are 65 and older -- such as Alzheimer's disease, Parkinson's, dementia, falls, and limited mobility - were identified as a high priority health need. Conditions that disproportionately affect older adults were identified as a high priority health need through both the community engagement events and the secondary data analyses. Community engagement participants most often described aging concerns in relation to the social determinants of health, including: transportation, access to fresh food, social isolation and inadequate family support, and economic insecurity.

Behavioral health. Greater access to behavioral health was identified as a high priority health need by the CHNA both in secondary data analyses and in the community engagement events. Three types of behavioral health care were identified as challenging to access: urgent care services for crisis situations; inpatient psychiatric beds and substance abuse facilities; and transitional programs and services for post-acute care. In addition, several barriers to behavioral health care were named as priorities to address, including a lack of availability of needed services and appointments, insurance issues, logistical issues, such as transportation and time off work, and the inability to pay co-pays and deductibles.

Cancer. Cancer was identified as a priority health need in the secondary data analyses and in the community engagement process. Health needs related to cancer were described in relation to the effects on well-being beyond physical health. These include financial, practical, and emotional impacts on individuals and families; these effects are exacerbated by barriers to cancer care.

Chronic conditions. Three chronic conditions were identified as priorities: cardiovascular disease, diabetes, and obesity. The CDC defines chronic health conditions as those that last at least one year and require ongoing medical care and/or limit activities of daily living. Research and data show that risk factors for these specific chronic health conditions often co-occur. Key factors that individuals struggle with to prevent chronic diseases include access to fresh, healthy foods and safe places to exercise and play. In addition, economic issues, transportation to medical care, fears about immigration status, and a lack of knowledge about chronic conditions were named as particular challenges related to the management chronic conditions.

Community and social support. A high priority for the well-being of San Diego residents is ensuring that individuals have adequate resources within their neighborhoods and substantial support from individuals within the neighborhood. Valuable neighborhood resources include federally qualified health centers (FQHCs)

and those that are culturally and linguistically competent. Without adequate support, community engagement and community spirit are affected. Community and social support were identified as a priority health need in the community engagement process. For health care, community-clinical linkages that provide social support are critical. Per the CDC, community-clinical linkages are defined as connections between community and clinical sectors to improve population health.

Economic security. Economic security was identified as a priority health need in the secondary data analyses and in the community engagement process. For the purposes of this report, chief areas of economic security include poverty, wages and food insecurity. Economic security was named as vitally important to the well-being of San Diego residents and was described as impacting every aspect of residents' daily lives; the health of those who are economically insecure is negatively affected by food insecurity, chronic stress and anxiety, and the lack of time and money to take care of health needs. In San Diego County, 13.3% of residents have incomes below the federal poverty level and 15% experience food insecurity. Those who are economically insecure are at greater risk of poor mental health days, visits to the emergency department for heart attacks, asthma, obesity, diabetes, stroke, cancer, smoking, and pedestrian injury. Factors identified as contributing to economic insecurity include housing and child care costs as well as low wages.

Economic insecurity is associated with¹:

- Poor mental health days
- Visits to the ED for heart attacks
- Asthma
- Obesity
- Diabetes
- Stroke
- Cancer
- Smoking
- Pedestrian Injury

Economic insecurity may also lead to food insecurity, which is linked to²:

- Fair or poor health, anemia, and asthma in children
- Mental health problems, diabetes, hypertension, hyperlipidemia, and oral health problems in adults

¹ Kaiser Permanente of Southern California Community Health Department, Secondary Data Analysis. Data Source 2018

² Gundersen C, Ziliak JP (2015). Food insecurity and health outcomes. Health Affairs. 2015. 34(11): 1830-1839

- Fair or poor health, depression, and limitations in activities of daily living in seniors

Education. Receiving a high school diploma, having the opportunity to pursue higher or vocational education, being health literate, and having opportunities for non-academic continuing education were identified as important priorities for the health and well-being of San Diego residents. Family stress and a lack of school and community resources were identified as factors underlying low levels of educational attainment. Education was identified as a priority health need in the community engagement process. For the purpose of this implementation plan report, Education covers multiple areas:

1. Health promotion through the provision of culturally competent health education to community members.
2. Provision of educational pipeline programs that support individual and community upward mobility and economic success; in addition to supporting gaps in the health care workforce; particularly in underserved communities.
3. Ongoing education and support for health care professionals to minimize burnout, improve cultural competency, increase retention and continue the provision of needed health care services.

Homelessness and housing instability. Per the American Hospital Association, housing instability is an umbrella term for the continuum between homelessness and a completely stable, secure housing situation. Housing instability takes many forms: physical conditions like poor sanitation, heating and cooling; compromised structural integrity; exposure to allergens or pests; homelessness; and unstable access to housing or severe rent burden.

Homelessness and housing instability are important factors affecting the of San Diego County residents. It was identified in the secondary data analyses and in the community engagement process. They were described as having serious health impacts, such as increasing exposure to infectious disease, creating substantial challenges in the management of chronic diseases and wound care, and increasing stress and anxiety. Poor housing conditions were also cited as impactful of physical and mental health; crowded housing leads to the spread of illness and environmental hazards can exacerbate conditions like asthma. The cost of housing affects health because it is the primary driver of economic insecurity in San Diego.

Unintentional injury and violence. Per the Healthy People 2020, “unintentional injuries and violence-related injuries can be caused by a number of events, such as motor vehicle crashes and physical assault, and can occur virtually anywhere.” Unintentional injuries include motor vehicle accidents, falls, firearms, fire/flame, drowning, poisoning, machinery, suffocation, etc. Unintentional injury and violence were identified as a priority health need in the community engagement process. Exposure to violence and neighborhood safety were cited as priority health needs for San Diegans. Neighborhood safety was discussed as influencing residents’ ability to maintain good health, while exposure to violence was described as traumatic and impactful on mental health.

Scripps Health Implementation Plan Summary & Community Health Needs Identified

Scripps is addressing all the health conditions; aging concerns, behavioral health, cancer and chronic diseases which includes cardiovascular disease, diabetes and obesity in this implementation plan. Scripps addresses many of the social determinants of health within the health conditions identified in this report such as access to care, community and social support, economic security, education, unintentional injury and violence and homelessness and housing instability. In addition, Scripps identifies specific programs in its implementation plan that address community and social support, economic security, education and unintentional injury and violence.

Homelessness and Housing instability are identified as important factors within a few of our programs but are not addressed in detail in the Scripps Implementation Plan, with Scripps focusing our resources on more direct health issues and conditions, in accordance with our expertise and mission. Although Scripps is not a provider of housing, our social work and case management departments partner with social service organizations and housing providers to address this unmet need by connecting patients to more permanent sources of income, housing and other self-reliance measures. Scripps Health remains committed to the care and improvement of health for all San Diegans and will look to continue the explorations of new opportunities and new partnerships to address these needs and future needs identified.

Scripps Health anticipates the implementation strategies may evolve due to the fast pace at which the community and health care industry change. Therefore, a flexible approach is best suited for the development of its response to the Scripps Health Community Health Needs Assessment (CHNA). On an annual basis Scripps Health

evaluates the implementation strategy and its resources and interventions; and makes adjustments as needed to achieve its stated goals and outcome measures as well as to adapt to the changes and resources available. Scripps describes any challenges encountered to achieve the outcomes described and makes modification as needed.

In response to identified unmet health needs in the 2019 Community Needs Assessment, during FY20-FY22 Scripps Health is focusing on the strategies and initiatives, their measures of implementation and the metrics used to evaluate their effectiveness described in the report.

With the 2019 CHNA complete and health priority areas identified, Scripps Health has developed a corresponding Implementation Strategy, a multi-faceted, multi-stakeholder plan that addresses the community health needs identified in the CHNA. The Implementation Plan translates the research and analysis presented in the Assessment in actual, measurable strategies and objectives that can be carried out to improve community health outcomes. The following section identifies the programs Scripps is addressing in its implementation plan.



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Aging Concerns

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
<p>Senior Health & Well-Being Programs</p>	<p>Increase health care access & education, information and preventative services for seniors/older adults in South San Diego.</p> <p>Provide an interchange between the community members and Scripps Medical Residents and other health care professionals to foster healthy lifestyles and health prevention.</p>	<p>Scripps Mercy Chula Vista</p>	<p>Each month a variety of senior programs & presentations will be held in partnership with local senior centers, churches, and senior housing.</p> <ul style="list-style-type: none"> • Presentations will be facilitated by various health care professions and residents. Topics are all chosen by the seniors themselves to meet their local needs. • Presentations will include a variety of health and age-related topics that include nutrition, hearing loss, dementia, Alzheimer's and pain management, nutrition and wellness and maintaining a healthy life style • Family Medicine Residents will rotate through these programs to learn more about geriatric medicine, health and wellness and overall public health and community training. 	<ul style="list-style-type: none"> • Norman Park Center • Congregational Towers Senior Living and St Charles Nutrition Center. • San Diego Border Area Health Education Center • Scripps Family Medicine Residency Program. 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education ✓ Homelessness & Housing ✓ Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of individuals served • Track number of sessions



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Aging Concerns

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps Advanced Care Clinic	Provide care for frail adults with multiple morbidities and inadequate social support.	Scripps Mercy Hospital San Diego	<ul style="list-style-type: none"> • Target older adults with multiple chronic conditions such as CHF, COPD, dementia, poly-pharmacy, social challenges, reported as non-compliant with care plans, and at risk for increasing hospitalizations/emergency visits. • The clinic's interdisciplinary, patient centered team will help optimize patient health through an evidence-based extensivist clinic model that will assist with care coordination & patient advocacy across health care & home settings. 	<ul style="list-style-type: none"> • Primary Care • Palliative Care 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education □ Homelessness & Housing ✓ Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Reduce ED utilization • Reduce hospital readmissions within 30 days. • Enhance quality – will track a patient satisfaction question.



Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Aging Concerns

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Fall Prevention and Home Safety Workshops	Educate seniors & partner with local organizations that address senior health issues on preventing falls through exercise and being proactive through safety measures in the home.	Scripps Memorial Hospital Encinitas	Many older adults experience concerns about falling and restrict their activities. Scripps Injury Prevention Community Outreach Coordinator, Scripps MD, Scripps PT, and community partners will provide a 3-hour program that will include lectures on practical strategies to manage falls, improve safety awareness and utilize available resources to promote independence and overall safety. Scripps PT department and PT school volunteers will provide fall risk assessments. <u>Seniors may attend from all over the SD county region.</u>	<ul style="list-style-type: none"> • Scripps MD's, • Scripps PT department, • County EMS, • SDSU Doctor of Physical Therapy Program 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing ✓ Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of individuals served • Track overall satisfaction with event



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Community Health Needs Assessment - Implementation Plan
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Identified Community Health Need: Aging Concerns

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Fall Prevention and Home Safety Workshops	Educate seniors & partner with local organizations that address senior health issues on preventing falls through exercise and being proactive through safety measures in the home.	Scripps Green Hospital	Many older adults experience concerns about falling and restrict their activities. Scripps Injury Prevention Community Outreach Coordinator, Scripps MD, Scripps PT, and community partners will provide a 3-hour program that will include lectures on practical strategies to manage falls, improve safety awareness and utilize available resources to promote independence and overall safety. Scripps PT department and PT school volunteers will provide fall risk assessments. <u>Seniors may attend from all over the SD county region.</u>	San Diego Fall Prevention Task Force	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing ✓ Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of individuals served • Track overall satisfaction with event



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Identified Community Health Need: Aging Concerns

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Fall Prevention and Home Safety Workshops	Educate seniors & partner with local organizations that address senior health issues on preventing falls through exercise and being proactive through safety measures in the home.	Scripps Memorial Hospital La Jolla	Many older adults experience concerns about falling and restrict their activities. Scripps Injury Prevention Community Outreach Coordinator, Scripps MD, Scripps PT, and community partners will provide a 3-hour program that will include lectures on practical strategies to manage falls, improve safety awareness and utilize available resources to promote independence and overall safety. Scripps PT department and PT school volunteers will provide fall risk assessments. <u>Seniors may attend from all over the SD county region.</u>	<ul style="list-style-type: none"> County Aging and Independent Services San Diego Fall Prevention Task Force 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ☐ Economic Security ✓ Education ☐ Homelessness & Housing ✓ Unintentional Injury & Violence 	<ul style="list-style-type: none"> Track number of individuals served Track overall satisfaction with event



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Identified Community Health Need: Aging Concerns

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Fall Prevention and Home Safety Workshops	Educate seniors & partner with local organizations that address senior health issues on preventing falls through exercise and being proactive through safety measures in the home.	Scripps Mercy Hospital	Many older adults experience concerns about falling and restrict their activities. Scripps Injury Prevention Community Outreach Coordinator, Scripps MD, Scripps PT, and community partners will provide a 3-hour program that will include lectures on practical strategies to manage falls, improve safety awareness and utilize available resources to promote independence and overall safety. Scripps PT department and PT school volunteers will provide fall risk assessments. <u>Seniors may attend from all over the SD county region.</u>	San Diego Fall Prevention Task Force	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing ✓ Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of individuals served • Track overall satisfaction with event



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Aging Concerns

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
A Matter of Balance: Managing Concerns About Falls	Educate seniors & partner with local organizations that address senior health issues on preventing falls through exercise and being proactive through safety measures in the home.	Scripps Memorial Encinitas	<p>Many older adults experience concerns about falling and restrict their activities. Scripps Injury Prevention Community Outreach Coordinator, Social Worker, RN and/or Physical Therapist will provide an 8-week series program and will lecture on practical strategies to manage falls, improve safety awareness and utilize available resources to promote independence and overall safety.</p> <p>Participants will:</p> <ul style="list-style-type: none"> * view falls as controllable * set goals for increasing activity * make changes to reduce fall risks at home * exercise to increase strength and balance 	County Aging and Independent Services	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing ✓ Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of participants enrolled • Track knowledge via a Pre/Post Test <ol style="list-style-type: none"> 1. I can find a way to get up if I fall 2. I can find a way to reduce falls 3. I can protect myself if I fall 4. I can increase my physical strength 5. I can become steadier on my feet



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Identified Community Health Need: Aging Concerns

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
<p>A Matter of Balance: Managing Concerns About Falls</p>	<p>Educate seniors & partner with local organizations that address senior health issues on preventing falls through exercise and being proactive through safety measures in the home.</p>	<p>Scripps Memorial La Jolla</p>	<p>Many older adults experience concerns about falling and restrict their activities. Scripps Injury Prevention Community Outreach Coordinator, Social Worker, RN and/or Physical Therapist will provide an 8-week series program and will lecture on practical strategies to manage falls, improve safety awareness and utilize available resources to promote independence and overall safety.</p> <p>Participants will: * view falls as controllable * set goals for increasing activity * make changes to reduce fall risks at home * exercise to increase strength and balance</p>	<p>County Aging and Independent Services</p>	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing ✓ Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of participants enrolled • Track knowledge via a Pre/Post Test <ol style="list-style-type: none"> 1. I can find a way to get up if I fall 2. I can find a way to reduce falls 3. I can protect myself if I fall 4. I can increase my physical strength 5. I can become steadier on my feet



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Behavioral Health

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Diabetes Behavioral Health Integration Program (BHIP)	Provide an integrated, interdisciplinary approach to managing the emotional and behavioral needs of individuals with Type 1, Type 2, and gestational diabetes.	Scripps Green Hospital	<p>The Diabetes Behavioral Health Integration Program (BHIP) service will be delivered by a Scripps Whittier Diabetes Institute licensed clinical health psychologist and supervised, AIU pre-doctoral clinical psychology trainees at the Scripps Clinic Anderson Medical Pavilion (AMP) facility.</p> <p>The BHIP team will receive referrals and warm hand-offs from physicians, diabetes educators, and other providers in order to support patients who are facing challenges related to health behaviors, adjustment/coping, and/or emotional well-being in the context of diabetes. Patient-facing services include intake assessment, and 1:1 and group treatment sessions.</p>	<ul style="list-style-type: none"> • Scripps Whittier Diabetes Institute (SWDI) • Alliant International University (AIU) 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track Number of referrals received • Track Number of 1:1 and group sessions provided. <p><u>Self-Report</u> Diabetes Distress Scale – (pre/post which includes mean)</p>



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Behavioral Health

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Diabetes Behavioral Health Integration Program (BHIP)	Provide an integrated, interdisciplinary approach to managing the emotional and behavioral needs of individuals with Type 1, Type 2, and gestational diabetes.	Scripps Memorial Hospital La Jolla	<p>The Diabetes Behavioral Health Integration Program (BHIP) service will be delivered by a Scripps Whittier Diabetes Institute licensed clinical health psychologist and supervised, AIU pre-doctoral clinical psychology trainees at the Scripps Clinic Anderson Medical Pavilion (AMP) facility.</p> <p>The BHIP team will receive referrals and warm hand-offs from physicians, diabetes educators, and other providers in order to support patients who are facing challenges related to health behaviors, adjustment/coping, and/or emotional well-being in the context of diabetes. Patient-facing services include intake assessment, and 1:1 and group treatment sessions.</p>	<ul style="list-style-type: none"> • Scripps Whittier Diabetes Institute (SWDI) • Alliant International University (AIU) 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track Number of referrals received • Tack Number of 1:1 and group sessions provided. <p><u>Self-Report</u> Diabetes Distress Scale – (pre/post which includes mean)</p>



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Behavioral Health

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps Mercy & Family Health Centers Behavioral Health Partnership	Strengthen behavioral health services in the community and ensure patients are seen in a timely access to medically necessary care at community clinics and through hospital outpatients' services.	Scripps Mercy Hospital	<p>Scripps Mercy will continue to establish a stronger integration of care with Family Health Centers of San Diego (FHCS D) to prevent hospitalizations and ensure ongoing care upon discharge.</p> <p>Scripps and FHCS D will focus on transitioning behavioral health patients into appropriate outpatient care when discharged from Scripps Mercy. The two organizations have formed a Joint Operating Committee to study, address and improve patient flow (including establishing baseline metrics for reporting outcomes).</p>	Family Health Centers of San Diego (FHCS D)	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education ✓ Homelessness & Housing ✓ Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of mental health referrals to FHCS D (ER and Referral Line) • Track number of referrals made into the Concentrated Mental Health Program (CMHP) • Track number of mental health & CMHP 30-day readmissions (completed appointments and missed appointments)



Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Behavioral Health

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Psychiatric Liaison Team (PLT)	The Psychiatric Liaison Team will help to accurately assess patients and provide them with the best and safest community behavioral health resources in order to enhance the continuity of care for every patient.	Scripps Memorial Hospital Encinitas	<p>The Psychiatric Liaison Team will continue to provide psychosocial evaluations at all Scripps Hospitals Emergency Departments and Urgent Care settings.</p> <p>Reduce rates of readmission to the hospital and help individuals adhere to treatment plans, bring about the relief of symptoms and endure the long-term stabilization of individual's health.</p>	<ul style="list-style-type: none"> County Mental Health Department Family Health Centers of San Diego 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ☐ Economic Security ✓ Education ☐ Homelessness & Housing ☐ Unintentional Injury & Violence 	<p>Track number of encounters (visits) referred to <u>inpatient setting</u></p> <ul style="list-style-type: none"> Discharge/ Transfer from ED to Mercy Behavioral Health Unit Other Inpatient Facilities Crisis Residential Placement <p>Track number of encounters referred to an <u>outpatient setting</u></p> <ul style="list-style-type: none"> Patient given outpatient referrals Family Health Centers Outpatient psychiatrist Detox Shelter



Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Behavioral Health

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Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

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Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Behavioral Health

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Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Behavioral Health

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps Substance Use Disorder Service (SUDS) Nurses	Patients presenting with mental health, drug and alcohol abuse will be identified to the appropriate level of care including community clinics. Providers will have an increased ability to provide treatment to those who are <u>unfunded or underfunded</u> .	Scripps Memorial Hospital Encinitas	<p>Through a contract with the McAllister Institute, Scripps will provide safe detox up to three patients per week with Case Management from the Scripps Drug and Alcohol Resource Nurses to help them into community-based programs.</p> <p>The role of the Resource Nurse is to work directly with the nursing staff at each of the hospitals in search of patients who may be at risk for alcohol/drug withdrawal. The proactive approach involves daily discussions with the Charge Nurse characteristics of an addicted patient as well as specific diagnosis common to those with substance abuse.</p> <p>The McAllister Institute will use intensive wrap-around approaches to provide clients with top-quality clinical services, as well as support the need to <i>the best course of treatment</i> to manage their behavioral health. An enhanced case management approach is used, promoting intensive coordination and communication with Scripps staff.</p>	McAllister Institute	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ☐ Economic Security ✓ Education ✓ Homelessness & Housing ☐ Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of referrals sent to McAllister Institute. • Track number of patients that get into long term treatment.



Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

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Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
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Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

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Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

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Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Cancer

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps MD Anderson Cancer Support Groups	Increase cancer education and support services for individuals with cancer diagnosis.	Scripps Memorial Hospital Encinitas	<p>Provide education and support services for cancer patients in order to address the emotions that come with a cancer diagnosis and help individuals cope more effectively with their treatment regimens by support groups that nurture their physical, emotional and spiritual well-being.</p> <p>Breast Cancer Scripps Memorial Hospital Encinitas 354 Santa Fe Drive Encinitas, CA 92024</p>	<ul style="list-style-type: none"> • Komen Foundation • American Cancer Society 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of people who attend



Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Cancer

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps MD Anderson Cancer Support Groups	Increase cancer education and support services for individuals with cancer diagnosis.	Scripps Green Hospital	<p>Provide education and support services for cancer patients in order to address the emotions that come with a cancer diagnosis and help individuals cope more effectively with their treatment regimens by support groups that nurture their physical, emotional and spiritual well-being.</p> <p>Gynecological Scripps Campus Point – University City area. 4275 Campus Point Court, San Diego, 92121 First and third Thursdays</p> <p>Head and Neck Scripps Radiation Therapy Center 10670 John J. Hopkins Dr., San Diego, 92121. Second Thursday</p>	<ul style="list-style-type: none"> • Komen Foundation • American Cancer Society 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education ☐ Homelessness & Housing ☐ Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of people who attend



Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Cancer

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps MD Anderson Cancer Support Groups	Increase cancer education and support services for individuals with cancer diagnosis.	Scripps Memorial Hospital La Jolla	<p>Provide education and support services for cancer patients in order to address the emotions that come with a cancer diagnosis and help individuals cope more effectively with their treatment regimens by support groups that nurture their physical, emotional and spiritual well-being.</p> <p>Young Women’s Breast Cancer Support Group Scripps Memorial Hospital La Jolla, Polster Breast Care Center 9888 Genesee Ave., La Jolla, 92037 First Tuesdays; Third Tuesdays</p> <p>Lymphedema Education Class Scripps Memorial Hospital La Jolla, Polster Breast Care Center 9888 Genesee Ave., La Jolla, 92037 Second Thursday, 1-800-scripps</p>	<ul style="list-style-type: none"> • Komen Foundation • American Cancer Society 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of people who attend



Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Cancer

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps MD Anderson Cancer Support Groups	Increase cancer education and support services for individuals with cancer diagnosis.	Scripps Mercy Hospital	<p>Provide education and support services for cancer patients in order to address the emotions that come with a cancer diagnosis and help individuals cope more effectively with their treatment regimens by support groups that nurture their physical, emotional and spiritual well-being.</p> <p>Breast Cancer Support Group Scripps Mercy Hospital Chula Vista Well-Being Center 237 Church Ave. Chula Vista, 91910 Frist and third Mondays</p>	<ul style="list-style-type: none"> • Mama's Kitchen • Komen Foundation • CVCC • SYHC and all community clinics • South Bay Community Resources 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of people who attend. • Track resources provided and barriers to care addressed.



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Cancer

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps MD Anderson Navigation Program	Increase cancer education, support services and navigation assistance for individuals with cancer diagnosis.	Scripps Memorial Hospital Encinitas	<p>Nurse navigators who are specially trained in oncology will provide navigations services, support & encouragement to help patients through their cancer journey into survivorship.</p> <p>Cancer navigators will:</p> <ul style="list-style-type: none"> • Help coordinate appointments and facilitate communication between patients & their care team. • Provide compassionate guidance by helping patients deal with treatment side effects and identifying support groups, classes and events, and other community resources. • Offer family members and caregivers support to guide their loved ones to the best possible outcome. 	<ul style="list-style-type: none"> • Komen Foundation • American Cancer Society 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education ☐ Homelessness & Housing ☐ Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track total number of patients • Track total number of patients navigated (face to face intervention) <p>The following tumor sites will be tracked by patients served:</p> <ul style="list-style-type: none"> • Breast • Gastrointestinal (GI) • Genitourinary (GU) • Thoracic • Head and Neck • Gynecological • Hepatocellular Carcinoma (HCC) liver cancer



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

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Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

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Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

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Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Cancer

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps MD Anderson Cancer Survivor Day (A Celebration of Life)	Raise awareness, education and support for community members touched by cancer in San Diego County.	Scripps Memorial Hospital Encinitas	<p>Scripps will provide a forum for those that have battled cancer to come together and enjoy the company of friends, family and the camaraderie of fellow cancer survivors.</p> <p>Scripps will provide an opportunity for discussing the physical, financial and social issues that many cancer survivors face following completion of treatment.</p>	<ul style="list-style-type: none"> • Komen Foundation • American Cancer Society • Local community clinics • Scripps Radiology department 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ☐ Economic Security ✓ Education ☐ Homelessness & Housing ☐ Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of people who register • Measure community satisfaction with event <p>Note: Currently two Survivor Day events are held within the Scripps System. One is held in the North region of the county and a second one in the South.</p>



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Cancer

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps MD Anderson Cancer Survivor Day (A Celebration of Life)	Raise awareness, education and support for community members touched by cancer in San Diego County	Scripps Green Hospital	<p>Scripps will provide a forum for those that have battled cancer to come together and enjoy the company of friends, family and the camaraderie of fellow cancer survivors.</p> <p>Scripps will provide an opportunity for discussing the physical, financial and social issues that many cancer survivors face following completion of treatment.</p>	<ul style="list-style-type: none"> • Komen Foundation • American Cancer Society • Local community clinics • Scripps Radiology department 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of people who register • Measure community satisfaction with event <p>Note: Currently two Survivor Day events are held within the Scripps System. One is held in the North part of the county and a second one in the South.</p>



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Cancer

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps MD Anderson Cancer Survivor Day (A Celebration of Life)	Raise awareness, education and support for community members touched by cancer in San Diego County	Scripps Memorial Hospital La Jolla	<p>Scripps will provide a forum for those that have battled cancer to come together and enjoy the company of friends, family and the camaraderie of fellow cancer survivors.</p> <p>Scripps will provide an opportunity for discussing the physical, financial and social issues that many cancer survivors face following completion of treatment.</p>	<ul style="list-style-type: none"> • Komen Foundation • American Cancer Society • Local community clinics • Scripps Radiology department 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ☐ Economic Security ✓ Education ☐ Homelessness & Housing ☐ Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of people who register • Measure community satisfaction with event <p>Note: Currently two Survivor Day events are held within the Scripps System. One is held in the North part of the county and a second one in the South.</p>



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Cancer

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
<p>Scripps MD Anderson Cancer Survivor Day (A Celebration of Life)</p>	<p>Raise awareness, education and support for community members touched by cancer in San Diego County .</p>	<p>Scripps Mercy Hospital</p>	<p>Scripps will provide a forum for those that have battled cancer to come together and enjoy the company of friends, family and the camaraderie of fellow cancer survivors.</p> <p>Scripps will provide an opportunity for discussing the physical, financial and social issues that many cancer survivors face following completion of treatment.</p>	<ul style="list-style-type: none"> • Komen Foundation • American Cancer Society • CVCC • Local community clinics • Scripps Radiology department 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of people who register • Measure community satisfaction with event <p>Note: Currently two Survivor Day events are held within the Scripps System. One is held in the North part of the county and a second one in the South.</p>



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Cardiovascular Disease & Stroke

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Cardiovascular Screenings Eric Paredes Save A life Foundation (Screenings)	Prevent sudden cardiac arrest and death in middle/high school aged children, including underserved areas in San Diego county through awareness, education and action.	Scripps Memorial Hospital Encinitas	Partner with local San Diego high schools to administer and read electrocardiograms and if warranted an echocardiogram screening by Scripps physicians (cardiologists) before high school students participate in organized sports and activities.	Local High Schools Countywide	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ☐ Economic Security ✓ Education ☐ Homelessness & Housing ✓ Unintentional Injury and Violence 	<ul style="list-style-type: none"> • Track number of teens screened • Track number of teens with heart abnormalities • Track number of teens found at risk • Track number of uninsured (according to survey of onsite parents) • Track number who do not have a pediatrician • Track number who check they use a community clinic <p>³Families that surveyed as extremely low to moderate income (according to survey of onsite parents)</p>
		Scripps Green Hospital	Partner with local San Diego high schools to administer and read electrocardiograms and if warranted an echocardiogram screening by Scripps physicians (cardiologists) before high school students participate in organized sports and activities.	Local High Schools Countywide	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ☐ Economic Security ✓ Education ☐ Homelessness & Housing ✓ Unintentional Injury and Violence 	<ul style="list-style-type: none"> • Track number of teens screened • Track number of teens with heart abnormalities • Track number of teens found at risk • Track number of uninsured (according to survey of onsite parents) • Number who do not have a pediatrician • Number who check they use a community clinic <p>⁴¹Families that surveyed as extremely low to moderate income (according to survey of onsite parents)</p>

¹ The majority of students in the San Diego Unified School District meet the poverty guidelines. 153 schools in the Sand Diego Unified School District receive Federal Title I funds as set forth in the Elementary and Secondary Act (ESEA). Title I Elementary and Secondary Education Act (ESEA) School is defined as a school enrolling at least 40 percent of children from low-income families



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Cardiovascular Disease & Stroke

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Cardiovascular Screenings Eric Paredes Save A life Foundation (Screenings)	Prevent sudden cardiac arrest and death in middle/high school aged children, including underserved areas in San Diego county through awareness, education and action	Scripps Memorial Hospital La Jolla	Partner with local San Diego high schools to administer and read electrocardiograms and if warranted an echocardiogram screening by Scripps physicians (cardiologists) before high school students participate in organized sports and activities.	Local High Schools Countywide	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ☐ Economic Security ✓ Education ☐ Homelessness & Housing ✓ Unintentional Injury and Violence 	<ul style="list-style-type: none"> • Track number of teens screened • Track number of teens with heart abnormalities • Track number of teens found at risk • Track number of uninsured (according to survey of onsite parents) • Number who do not have a pediatrician • Number who check they use a community clinic ⁵ Families that surveyed as extremely low to moderate income (according to survey of onsite parents)
		Scripps Mercy Hospital	Partner with local San Diego high schools to administer and read electrocardiograms and if warranted an echocardiogram screening by Scripps physicians (cardiologists) before high school students participate in organized sports and activities.	Local High Schools Countywide	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ☐ Economic Security ✓ Education ☐ Homelessness & Housing ✓ Unintentional Injury and Violence 	<ul style="list-style-type: none"> • Track number of teens screened • Track number of teens with heart abnormalities • Track number of teens found at risk • Track number of uninsured (according to survey of onsite parents) • Number who do not have a pediatrician • Number who check they use a community clinic ¹ Families that surveyed as extremely low to moderate income (according to survey of onsite parents)

¹ The majority of students in the San Diego Unified School District meet the poverty guidelines. 153 schools in the Sand Diego Unified School District receive Federal Title I funds as set forth in the Elementary and Secondary Act (ESEA). Title I Elementary and Secondary Education Act (ESEA) School is defined as a school enrolling at least 40 percent of children from low-income families



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Cardiovascular Disease & Stroke

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Stroke Risk Program	Scripps and its partners will work to decrease strokes in San Diego County by educating and engaging individuals and communities in understanding and taking action to address the risk factors that cause heart attacks and strokes.	Scripps Memorial Hospital Encinitas	Scripps Health will educate and engage the San Diego community for stroke by attending at least one community event and screening for stroke via a stroke risk factor score card and educating individuals on the BE – FAST .	Partner with the San Diego County Stroke Consortium and the San Diego Padres.	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of community stroke education presentations • Track number of individuals provided education • Track number of risk-factor self-assessment cards distributed • Track number of referrals made
		Scripps Green Hospital	Scripps Health will educate and engage the San Diego community for stroke by attending at least one community event and screening for stroke via a stroke risk factor score card and educating individuals on the BE – FAST .	Partner with the San Diego County Stroke Consortium and the San Diego Padres.	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of community stroke education presentations • Track number of individuals provided education • Track number of risk-factor self-assessment cards distributed • Track number of referrals made



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Cardiovascular Disease & Stroke

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Stroke Risk Program	Scripps and its partners will work to decrease strokes in San Diego County by educating and engaging individuals and communities in understanding and taking action to address the risk factors that cause heart attacks and strokes.	Scripps Memorial Hospital La Jolla	Scripps Health will educate and engage the San Diego community for stroke by attending at least one community event and screening for stroke via a stroke risk factor score card and educating individuals on the BE – FAST .	Partner with the San Diego County Stroke Consortium and the San Diego Padres.	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of community stroke education presentations • Track number of individuals provided education • Track number of risk-factor self-assessment cards distributed • Track number of referrals made
		Scripps Mercy Hospital	Scripps Health will educate and engage the San Diego community for stroke by attending at least one community event and screening for stroke via a stroke risk factor score card and educating individuals on the BE – FAST .	<ul style="list-style-type: none"> • Coronado Fire Department • Imperial Beach Fire Department • County of San Diego. • Stroke Awareness Event 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of community stroke education presentations • Track number of individuals provided education • Track number of risk-factor self-assessment cards distributed • Track number of referrals made



Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Cardiovascular Disease & Stroke

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
<p>Cardiovascular Screenings</p> <p>Sweetwater Union High School Pre-Participation Sports Cardiac Screening Assessments</p>	Prevent sudden cardiac arrest (SCA) and death in South Bay/Chula Vista high school students by increasing education and awareness related to cardiovascular screenings and healthy lifestyles.	Scripps Mercy Chula Vista	<p>1. Scripps Family Medicine Residents partners with local Sweetwater High School District yearly to implement cardiac screenings and sports physicals before students participate in organized sports.</p> <p>2. Implement an injury clinic during football season to evaluate and treat possible concussions and other injuries.</p>	<ul style="list-style-type: none"> Southwest Sports Foundation Scripps Family Medicine Residency Sweet Water Union High School 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing ✓ Unintentional Injury and Violence 	<p>1. Cardiac Screenings</p> <ul style="list-style-type: none"> Track total number of youths screened Track number of youths with heart abnormalities. Track number of referrals made. Percentage of individuals that are underserved -% <i>(based on enrollment in school lunch program.)</i> Track number of students with pre-hypertension or hypertension <p>2. Injury Clinics</p> <ul style="list-style-type: none"> Track number of injury clinics held during football season. Track number of students seen at the injury clinics.



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Diabetes

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Dulce Digital – Me An adaptive MHealth intervention for underserved Hispanics with diabetes	<p>Improve the self-management of diabetes through digital interventions.</p> <p>Note: The Dulce Digital-Me clinical trial represents the first randomized controlled study to look at the use of text messages to help underserved Hispanics better self-manage their diabetes through glycemic control.</p>	Scripps Memorial Hospital Encinitas	<p>Dulce Digital-Me will provide patients with tools to help them manage their diabetes day to day and improve their health, including text messaging, wireless blood glucose and medication monitoring, diet and exercise assessments, and personalized feedback and goal-setting.</p> <p>Participants will receive health-related text messages intervention every day for six months with the goal to improve their blood sugar levels that equal those resulting from some glucose-lowering medications. One third of the participants will also receive health coaching.</p>	<ul style="list-style-type: none"> Neighborhood Healthcare, San Diego State University The University of California San Diego 	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Access to Care <input checked="" type="checkbox"/> Community/Social Support <input checked="" type="checkbox"/> Economic Security <input type="checkbox"/> Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury and Violence 	<ul style="list-style-type: none"> Track total number of participants enrolled. <p>Note: As this is a five-year NIH supported study will not be able to report outcomes until 2022.</p>



Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Diabetes

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Project Dulce Care Management	Improve access to diabetes educational resources and self-management education for <u>underserved population</u> living with diabetes.	Scripps Memorial Hospital Encinitas	Offer a comprehensive culturally sensitive diabetes self-management program for underserved and uninsured populations. These educators “Promotoras” reflect the diverse population affected by diabetes and will help teach others about changing eating habits, adopting exercise routines and other ways to help manage this chronic disease.	Neighborhood Healthcare: Escondido	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track total number of new patients cared for by clinical team <p>Pre/Post Survey (report the average mean)</p> <ul style="list-style-type: none"> • Knowledge of Diabetes Recommendations • Diabetes Distress • Support for Diabetes Management • Diabetes Self-Care Behaviors
		Scripps Green Hospital	Offer a comprehensive culturally sensitive diabetes self-management program for underserved and uninsured populations. These educators “Promotoras” reflect the diverse population affected by diabetes and will help teach others about changing eating habits, adopting exercise routines and other ways to help manage this chronic disease.	TBD:	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track total number of new patients cared for by clinical team <p>Pre/Post Survey (report the average mean)</p> <ul style="list-style-type: none"> • Knowledge of Diabetes Recommendations • Diabetes Distress • Support for Diabetes Management • Diabetes Self-Care Behaviors



Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Diabetes

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Project Dulce Care Management	Improve access to diabetes educational resources and self-management education for <u>underserved population</u> living with diabetes.	Scripps Memorial Hospital La Jolla	Offer a comprehensive culturally sensitive diabetes self-management program for underserved and uninsured populations. These educators “Promotoras” reflect the diverse population affected by diabetes and will help teach others about changing eating habits, adopting exercise routines and other ways to help manage this chronic disease.	Neighborhood Healthcare: Escondido	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track total number of new patients cared for by clinical team <p>Pre/Post Survey (report the average mean)</p> <ul style="list-style-type: none"> • Knowledge of Diabetes Recommendations • Diabetes Distress • Support for Diabetes Management • Diabetes Self-Care Behaviors
		Scripps Mercy Hospital	Offer a comprehensive culturally sensitive diabetes self-management program for underserved and uninsured populations. These educators “Promotoras” reflect the diverse population affected by diabetes and will help teach others about changing eating habits, adopting exercise routines and other ways to help manage this chronic disease.	TBD: Faith Community	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track total number of new patients cared for by clinical team <p>Pre/Post Survey (report the average mean)</p> <ul style="list-style-type: none"> • Knowledge of Diabetes Recommendations • Diabetes Distress • Support for Diabetes Management • Diabetes Self-Care Behaviors



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Obesity

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
<p>Reducing Childhood Obesity in South Bay</p> <p>5210 (5 fruits or more a day, 2 hours or less of screen time, 1 hour of physical activity a day and 0 surgery juices).</p>	<p>Increase education and awareness related to health lifestyles for elementary aged children, parents and school staff in order to address factors of obesity.</p>	<p>Scripps Mercy Hospital Chula Vista</p>	<p>Scripps partners with local elementary schools to implement and coordinate activities specific to 5210 and health lifestyles. 5210 message is (5 fruits or more a day, 2 hours or less of screen time, 1 hour of physical activity a day and 0 surgery juices).</p> <p>1. Administer the 5210 Health Assessment Survey and Healthy Plan to 4th and 5th grade classes and support physical activities for students to pass the yearly State fitness test.</p> <p>2. Scripps will organize school-wide wellness fairs for parents and students and invites local service organizations to provide additional resources for parents and facilitated activities promoting the 5210 message.</p> <p>3. Implement wellness activities/classes with community partners, Scripps Family Medicine Residents and Resident Leadership Academy.</p>	<ul style="list-style-type: none"> • Scripps Family Medicine Residency • Castle Park Elementary School • South Bay Community Services • Sweetwater Union High School District • SDSU School of Public Health Students 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ☐ Economic Security ✓ Education ☐ Homelessness & Housing ☐ Unintentional Injury & Violence 	<p>Improve behaviors related to nutrition and physical activity</p> <ul style="list-style-type: none"> • Track total number of youth participants • Track improvement rate for <u>knowledge</u> after participating in 5210 sessions Pre / Post • Track improvement rate for <u>behavior</u> after participating in 5210 sessions Pre/ Post



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Obesity

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Diabetes Prevention Program (DPP)	<p>Decrease the incidence of Type 2 diabetes by managing a major diabetes risk factor, obesity in <u>underserved, ethnically diverse populations</u> by testing the effectiveness of lifestyle curriculum.</p> <p>Aim 1 – Examine the effectiveness of the DPP program in reducing BMI and weight.</p> <p>Aim 2 – To examine the effectiveness of the DPP program in improving behavioral & psychological risk profiles.</p>	Scripps Memorial Hospital Encinitas	Offer an intensive lifestyle intervention program that has been validated by the NIH and CDC. Empower patients with pre-diabetes to take charge of their health and well-being. The individuals meet in groups with a community health promoter/lifestyle coach for 16 weeks, one-hour sessions and six to eight monthly follow up sessions.	<ul style="list-style-type: none"> Community Housing Works Scripps Coastal Medical Center Vista 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<p>Pre/Post Measures:</p> <ul style="list-style-type: none"> Track number of individuals that completed the program Weight Health Behaviors (nutrition, exercise, smoking, alcohol use) Stress



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Obesity

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Diabetes Prevention Program (DPP)	<p>Decrease the incidence of Type 2 diabetes by managing a major diabetes risk factor, obesity in <u>underserved, ethnically diverse populations</u> by testing the effectiveness of lifestyle curriculum.</p> <p>Aim 1 – Examine the effectiveness of the DPP program in reducing BMI and weight.</p> <p>Aim 2 – To examine the effectiveness of the DPP program in improving behavioral & psychological risk profiles.</p>	Scripps Green Hospital	<p>Offer an intensive lifestyle intervention program that has been validated by the NIH and CDC. Empower patients with pre-diabetes to take charge of their health and well-being. The individuals meet in groups with a community health promoter/lifestyle coach for 16 weeks, one-hour sessions and six to eight monthly follow up sessions.</p>	<ul style="list-style-type: none"> • Community Housing Works • Scripps Coastal Medical Center Vista 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<p>Pre/Post Measures:</p> <ul style="list-style-type: none"> • Track number of individuals that completed the program • Weight • Health Behaviors (nutrition, exercise, smoking, alcohol use) • Stress



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Obesity

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Diabetes Prevention Program (DPP)	<p>Decrease the incidence of Type 2 diabetes by managing a major diabetes risk factor, obesity in <u>underserved, ethnically diverse populations</u> by testing the effectiveness of lifestyle curriculum.</p> <p>Aim 1 – Examine the effectiveness of the DPP program in reducing BMI and weight.</p> <p>Aim 2 – To examine the effectiveness of the DPP program in improving behavioral & psychological risk profiles.</p>	Scripps Memorial Hospital La Jolla	Offer an intensive lifestyle intervention program that has been validated by the NIH and CDC. Empower patients with pre-diabetes to take charge of their health and well-being. The individuals meet in groups with a community health promoter/lifestyle coach for 16 weeks, one-hour sessions and six to eight monthly follow up sessions.	<ul style="list-style-type: none"> Community Housing Works Scripps Coastal Medical Center Vista 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<p>Pre/Post Measures:</p> <ul style="list-style-type: none"> Track number of individuals that completed the program Weight Health Behaviors (nutrition, exercise, smoking, alcohol use) Stress



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Obesity

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Diabetes Prevention Program (DPP)	<p>Decrease the incidence of Type 2 diabetes by managing a major diabetes risk factor, obesity in <u>underserved, ethnically diverse populations</u> by testing the effectiveness of lifestyle curriculum.</p> <p>Aim 1 – Examine the effectiveness of the DPP program in reducing BMI and weight.</p> <p>Aim 2 – To examine the effectiveness of the DPP program in improving behavioral & psychological risk profiles.</p>	Scripps Mercy Hospital	<p>Offer an intensive lifestyle intervention program that has been validated by the NIH and CDC. Empower patients with pre-diabetes to take charge of their health and well-being. The individuals meet in groups with a community health promoter/lifestyle coach for 16 weeks, one-hour sessions and six to eight monthly follow up sessions.</p>	<ul style="list-style-type: none"> Community Housing Works Scripps Coastal Medical Center Vista 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<p>Pre/Post Measures:</p> <ul style="list-style-type: none"> Track number of individuals that completed the program Weight Health Behaviors (nutrition, exercise, smoking, alcohol use) Stress



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Obesity

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Healthy Living Program	Encourage participants to adopt three health behaviors; <ul style="list-style-type: none"> • nutritious diet • physical activity • smoking to prevent cancer, Type 2 diabetes, cardiovascular disease and respiratory disease that causes 50% of all deaths in San Diego and in the <u>underserved population</u>. 	Scripps Memorial Hospital Encinitas	<p>Participants will learn how to make healthy food choices using low cost options, make physical activity part of their daily life and learn how to stay motivated and maintain healthy habits.</p> <p>Scripps will implement a series of three free sessions that encourage participants to identify and adopt practical ways to improve their health habits. Sessions will be offered throughout San Diego County in English and Spanish, with special emphasis on the <u>Latino and underserved communities</u>. Sessions include health screenings, healthy cooking tips and mindful eating and practice sessions.</p>	<ul style="list-style-type: none"> • Community Housing Works • Community Clinics • Nurseries • Local Schools • Senior Apartments • Faith based organizations • YMCA 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<p>Pre-Measures Only</p> <ul style="list-style-type: none"> • Diabetes risk survey (patients at high risk for prediabetes are referred to the Diabetes Prevention Project (DPP). <p>Post-Measure only</p> <ul style="list-style-type: none"> • Track number of unique individuals touched by the program. • Participant Post-Satisfaction Surveys (participants' rate satisfaction/acceptability) completed at the end of every year. Measured by the grand mean. <p>Note: Scripps employees will be deleted from survey.</p>



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Obesity

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Healthy Living Program	Encourage participants to adopt three health behaviors; <ul style="list-style-type: none"> • nutritious diet • physical activity • smoking to prevent cancer, Type 2 diabetes, cardiovascular disease and respiratory disease that causes 50% of all deaths in San Diego and in the <u>underserved population</u>. 	Scripps Green Hospital	<p>Participants will learn how to make healthy food choices using low cost options, make physical activity part of their daily life and learn how to stay motivated and maintain healthy habits.</p> <p>Scripps will implement a series of three free sessions that encourage participants to identify and adopt practical ways to improve their health habits. Sessions will be offered throughout San Diego County in English and Spanish, with special emphasis on the <u>Latino and underserved communities</u>. Sessions include health screenings, healthy cooking tips and mindful eating and practice sessions.</p>	<ul style="list-style-type: none"> • Community Housing Works • Community Clinics • Nurseries • Local Schools • Senior Apartments • Faith based organizations • YMCA 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<p>Pre-Measures Only</p> <ul style="list-style-type: none"> • Diabetes risk survey (patients at high risk for prediabetes are referred to the Diabetes Prevention Project (DPP)). <p>Post-Measure only</p> <ul style="list-style-type: none"> • Track number of unique individuals touched by the program. • Participant Post-Satisfaction Surveys (participants' rate satisfaction/acceptability) completed at the end of every year. Measured by the grand mean. <p>Note: Scripps employees will be deleted from survey.</p>



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Obesity

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Healthy Living Program	Encourage participants to adopt three health behaviors; <ul style="list-style-type: none"> • nutritious diet • physical activity • smoking to prevent cancer, Type 2 diabetes, cardiovascular disease and respiratory disease that causes 50% of all deaths in San Diego and in the <u>underserved population</u>. 	Scripps Memorial Hospital La Jolla	<p>Participants will learn how to make healthy food choices using low cost options, make physical activity part of their daily life and learn how to stay motivated and maintain healthy habits.</p> <p>Scripps will implement a series of three free sessions that encourage participants to identify and adopt practical ways to improve their health habits. Sessions will be offered throughout San Diego County in English and Spanish, with special emphasis on the <u>Latino and underserved communities</u>. Sessions include health screenings, healthy cooking tips and mindful eating and practice sessions.</p>	<ul style="list-style-type: none"> • Community Housing Works • Community Clinics • Nurseries • Local Schools • Senior Apartments • Faith based organizations • YMCA 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<p>Pre-Measures Only</p> <ul style="list-style-type: none"> • Diabetes risk survey (patients at high risk for prediabetes are referred to the Diabetes Prevention Project (DPP)). <p>Post-Measure only</p> <ul style="list-style-type: none"> • Track number of unique individuals touched by the program. • Participant Post-Satisfaction Surveys (participants' rate satisfaction/acceptability) completed at the end of every year. Measured by the grand mean. <p>Note: Scripps employees will be deleted from survey.</p>



Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Obesity

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Healthy Living Program	<p>Encourage participants to adopt three health behaviors;</p> <ul style="list-style-type: none"> • nutritious diet • physical activity • smoking to prevent cancer, Type 2 diabetes, cardiovascular disease and respiratory disease that causes 50% of all deaths in San Diego and in the <u>underserved population</u>. 	Scripps Mercy Hospital	<p>Participants will learn how to make healthy food choices using low cost options, make physical activity part of their daily life and learn how to stay motivated and maintain healthy habits.</p> <p>Scripps will implement a series of three free sessions that encourage participants to identify and adopt practical ways to improve their health habits. Sessions will be offered throughout San Diego County in English and Spanish, with special emphasis on the <u>Latino and underserved communities</u>. Sessions include health screenings, healthy cooking tips and mindful eating and practice sessions.</p>	<ul style="list-style-type: none"> • Community Housing Works • Community Clinics • Nurseries • Local Schools • Senior Apartments • Faith based organizations • YMCA 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education ☐ Homelessness & Housing ☐ Unintentional Injury and Violence 	<p>Pre-Measures Only</p> <ul style="list-style-type: none"> • Diabetes risk survey (patients at high risk for prediabetes are referred to the Diabetes Prevention Project (DPP). <p>Post-Measure only</p> <ul style="list-style-type: none"> • Track number of unique individuals touched by the program. • Participant Post-Satisfaction Surveys (participants' rate satisfaction/acceptability) completed at the end of every year. Measured by the grand mean. <p>Note: Scripps employees will be deleted from survey.</p>



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Community/Social Support

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Method and Measurable Targets
Catholic Charities Case Management Services: Shelter Support for <i>the</i> Medically Fragile	Connect patients to more permanent sources of income, housing and other self-reliance measures. In addition, reduce the incidence to hospital recidivism for homeless patients; and to improve their quality of life through intensive case management & comprehensive services.	Scripps Mercy Hospital	<p>Catholic Charities will provide short term emergency shelter & case management for medically fragile homeless patients upon hospital discharge.</p> <p>Homeless patients discharged from Scripps Mercy Hospital who no longer require hospital care but need a short-term supportive (non-medical) recuperative environment, may be considered for this program if they meet the criteria.</p> <p>Shelter will consist of one to four weeks in a hotel. The patient will also be provided food, clothing and bus trippers. These services will aid the client in effectively working a case plan to achieve goals and objectives. Clients who already have temporary housing may be referred for general Case Management Services. The Case Manager's focus in both situations is to ensure client stability by helping them connect with more permanent sources of housing and to support ongoing efforts toward self-reliance.</p>	<ul style="list-style-type: none"> • Catholic Charities, Diocese of San Diego • Shelters • Motels • Vocational Rehabilitation Office • Interfaith Shelter Network • Access to Independence • VA Outreach • Consumer Center • Disability Help Center 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education ✓ Homelessness & Housing ✓ Unintentional Injury and Violence 	<p>Metrics tracked by Catholic Charities</p> <ul style="list-style-type: none"> • Patients served • Received Temporary Shelter (Vouchered clients only) • Received Permanent or Transitional Housing • Received Food (food boxes/Vons cards) • Placed in Recovery • Relocated to live with family <p>Metrics tracked by Scripps Health</p> <ul style="list-style-type: none"> • Hospital Bed Days Saved • Hospital Cost Savings • Patients using vouchers • Patients referred • No show rate • Vouchered Patients with ED Visits within 30 days <ul style="list-style-type: none"> ○ of hospital discharge ○ of hotel discharge • Vouchered Patients with Readmissions Visits within 30 days <ul style="list-style-type: none"> ○ of hospital discharge ○ of hotel discharge • Median LOS in hotel



Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Consumer and Social Support

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Consumer Center for Health Education and Advocacy (CCHEA), a Project of the Legal aid Society of San Diego, Inc.	<p>Seek to provide health care funding options, education, and/or support to high-risk, uninsured/underinsured patients.</p> <p>Assist patients to access community-based preventive care for routine health care and thus limit their use of avoidable emergency and inpatient services. The goal is also to establish medical homes for these patients.</p>	Scripps Mercy Hospital	<p>The Benefits Advocacy Program will help uninsured/underinsured low-income Scripps patients obtain access to Medi-Cal, County Medical Services (CMS), Covered California, and private insurance. Additionally, behavioral health patients will receive assistance in applying for Supplemental Security Income (551), which once granted, automatically links them to retroactive Medi-Cal.</p>	<p>CCHEA collaborates with organizations which provide support in areas such as volunteers, housing, nutritional support, and social services.</p> <p>These organizations include local law schools, clubhouses, agencies that serve the homeless, and community health centers.</p>	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education ✓ Homelessness & Housing ✓ Unintentional Injury and Violence 	<p>Provide information about health and other benefit programs to 450 patients with serious physical and/or mental health conditions who utilize Scripps services</p> <ul style="list-style-type: none"> • Track number of open cases for advice and counsel, brief service or extended service. • Track number of eligible uninsured patients obtain non-SSI- linked Medi-Cal, PE, CMS, Covered California or approval for medical services. • Track number of patients who obtain SSI and SSI linked Medi-Cal. • Track number of patients who obtain SSDI • Tack number of patients who obtain financial assistance. • Tack number of patients who obtain regular preventive care and provide educational materials



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Community & Social Support

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Patient Support to Prevent Readmissions	Reduce Readmission Rates for Medicare Patients diagnosed with: <ul style="list-style-type: none"> • Acute Myocardial Infarction • Coronary Artery Bypass Grafting • Chronic Obstructive Pulmonary Disease • Heart Failure • Pneumonia • Total Knee Arthroplasty/Total Hip Arthroplasty 	Scripps Mercy Hospital Chula Vista	<ul style="list-style-type: none"> • Weekly Phone Calls for 30 Days • Provide linkage to community resources/services • Provide emotional and social support 	<ul style="list-style-type: none"> • Case managers, social workers and other community partners • South Bay Community Services • Mamas Kitchen • Elder Help • All community clinics in South Bay • CVCC 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education ✓ Homelessness & Housing ✓ Unintentional Injury and Violence 	<ul style="list-style-type: none"> • Track number of patients that do not readmit within 30 Days • Track number of patients contacted • Track number of services provided



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Community & Social Support

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Transitions of Care Partnership with FHCS	Connect patients with an array of outpatient health and social service resources to prevent readmissions and provide community and support to promote the well-being of the residents.	Scripps Mercy Hospital San Diego	Scripps Mercy will fund two social workers that are employed by Family Health Center San Diego but stationed at Scripps Mercy Hospital ED to help patients with mental health and drug and alcohol problems be connected with appropriate resources.	FHCS and various community partners related to ambulatory care and mental health services, NAMI Peer LINKS, homeless service providers.	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support <input type="checkbox"/> Economic Security ✓ Education ✓ Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of monthly referrals tracked through ECIN and FHCS ER Connect. Goal: 100 monthly referrals. • Improve and track average show rate to follow up care services by patients served through the program. Tracked through FHCS ER Connect Software. Goal: improve by 64% • Reduce hospital readmissions by patients served through the program. Tracked through EPIC. Goal: reduce by 42% • Track number of patients who receive Health Utilizations Education. Goal: 100% of patients will receive Utilization Education. Patients will be educated on how to appropriately use health services at various levels – PCP, Urgent Care and ED.



Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Economic Security

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps Health CalFresh Screenings	Provide aid through the Supplemental Nutrition Assistance Program (SNAP) – known as CalFresh in California in order to reduce the rate of food insecurity and assist low-income families with additional funding for purchasing healthy food.	Scripps Memorial Hospital Encinitas	<p>Scripps Health began screening for CalFresh in June 2017 through the support of the Public Resource Specialist (PRS) team. The PRS are experienced staff with strong knowledge of the County programs.</p> <p>PRS will screen <u>all uninsured and underinsured</u> patients for Medi-Cal and CalFresh who have received services at any of the five Scripps hospital facilities.</p>	County of San Diego	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number individuals screened for Medi-Cal. • Track number of individuals screened for CalFresh. <p>Note: PRS screening triggered by income below 200% of FPL – Based on conversation with patient, PRS determines appropriate assistance.</p>



Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Economic Security

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps Health CalFresh Screenings	Provide aid through the Supplemental Nutrition Assistance Program (SNAP) – known as CalFresh in California in order to reduce the rate of food insecurity and assist low-income families with additional funding for purchasing healthy food.	Scripps Green Hospital	<p>Scripps Health began screening for CalFresh in June 2017 through the support of the Public Resource Specialist (PRS) team. The PRS are experienced staff with strong knowledge of the County programs.</p> <p>PRS will screen <u>all uninsured and underinsured</u> patients for Medi-Cal and CalFresh who have received services at any of the five Scripps hospital facilities.</p>	County of San Diego	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number individuals screened for Medi-Cal. • Track number of individuals screened for CalFresh. <p>Note: PRS screening triggered by income below 200% of FPL – Based on conversation with patient, PRS determines appropriate assistance.</p>



Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Economic Security

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps Health CalFresh Screenings	Provide aid through the Supplemental Nutrition Assistance Program (SNAP) – known as CalFresh in California in order to reduce the rate of food insecurity and assist low-income families with additional funding for purchasing healthy food.	Scripps Memorial Hospital La Jolla	<p>Scripps Health began screening for CalFresh in June 2017 through the support of the Public Resource Specialist (PRS) team. The PRS are experienced staff with strong knowledge of the County programs.</p> <p>PRS will screen <u>all uninsured and underinsured</u> patients for Medi-Cal and CalFresh who have received services at any of the five Scripps hospital facilities.</p>	County of San Diego	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number individuals screened for Medi-Cal. • Track number of individuals screened for CalFresh. <p>Note: PRS screening triggered by income below 200% of FPL – Based on conversation with patient, PRS determines appropriate assistance.</p>



Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Community Health Need: Economic Security

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps Health CalFresh Screenings	Provide aid through the Supplemental Nutrition Assistance Program (SNAP) – known as CalFresh in California in order to reduce the rate of food insecurity and assist low-income families with additional funding for purchasing healthy food.	Scripps Mercy Hospital	<p>Scripps Health began screening for CalFresh in June 2017 through the support of the Public Resource Specialist (PRS) team. The PRS are experienced staff with strong knowledge of the County programs.</p> <p>PRS will screen <u>all uninsured and underinsured</u> patients for Medi-Cal and CalFresh who have received services at any of the five Scripps hospital facilities.</p>	County of San Diego	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness 7 Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number individuals screened for Medi-Cal. • Track number of individuals screened for CalFresh. <p>Note: PRS screening triggered by income below 200% of FPL – Based on conversation with patient, PRS determines appropriate assistance.</p>



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Community Health Need: Economic Security

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps Mercy's Supplemental Nutrition Program for Women, Infants and Children (WIC)	Reduce the rate of food insecurity & provide nutrition education and counseling, breastfeeding education support and food vouchers to underserved pregnant and parenting women and children 0-5 years through the WIC program.	Scripps Mercy Hospital San Diego	<p>Scripps Mercy Hospital is one of five regional organizations that administer the state funded WIC program.</p> <p>WIC services will provide nutrition education, counseling services and food vouchers for nearly 6,000 low income women, infants and children monthly. Lactation education and support services will be offered to improve breastfeeding among postpartum and parenting women via one on one and group settings. The Scripps Mercy Supplemental Nutrition Program for Women, Infants and Children (WIC) has distribution sites within City Heights at the Wellness Center as well as Linda Vista Health Center and other storefront facilities in Central and South San Diego County.</p>	<ul style="list-style-type: none"> La Maestra Family Clinic / City Heights Wellness Center Linda Vista Health Center 	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	Track number of people served by WIC



Scripps Health
Community Health Needs Assessment - Implementation Plan
Fiscal Year 2020-2022

Identified Social Determinants of Health: Education and Healthcare Careers

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Family Practice Residency and School to Health Careers Program	Build and support a diverse, culturally competent primary health care workforce in San Diego's medically underserved communities. A primary focus is to implement school-to-health career activities, including mentoring, camps, job shadowing, health education classes, health chats, support groups, health fairs and others.	Scripps Mercy Hospital Chula Vista	The following activities will be offered to young students in order to introduce them to health careers. Health Professionals in the classroom presentations, Health Professions Overview 101/Interactive hospital/clinic tours, College Tours, Our Health, Mentoring Program, Health Professional Panels, 5210 Wellness Message series, Resume Building, Student led public health advocacy projects, and surgery viewings.	San Diego South Bay High Schools including Sweetwater High School, Eastlake High School, Mar Vista High School, San Ysidro High School, Otay Ranch High School	<ul style="list-style-type: none"> ✓ Access to Care ✓ Community/Social Support ✓ Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing ✓ Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of students • Track number of hospital tours • Track number of interactive classroom presentations between Medical Residents* and students • Student confidence based on surveys post program <p><i>*The Residents provide interactive classroom presentations on a variety of public health concerns, medically focused topics as well as hands-on clinical skills workshops mentoring at the local high schools</i></p>



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Social Determinant of Health: Education and Healthcare Careers

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps High School Exploration Program Health & Science Pipeline Initiative (HASPI)	Build the Health Care Workforce pipeline by introducing young students to health careers.	Scripps Memorial Hospital Encinitas	Scripps will offer students the ability to participate in the annual Scripps High School Exploration Program. Students spend five weeks of summer break at Scripps Memorial Hospital Encinitas, Scripps Memorial Hospital La Jolla, Scripps Green Hospital, Scripps Mercy Hospital, San Diego, or Scripps Mercy Hospital, Chula Vista, learning first-hand about medical careers, rotating through departments and working alongside medical professionals. During their five-week rotation, students will be exposed to different departments, exploring career options and learning valuable life lesson about health and healing.	Scripps collaborates with local high schools to help students explore health care roles and gain firsthand experience as they work with Scripps professionals.	<ul style="list-style-type: none"> ✓ Access to Care <input type="checkbox"/> Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of students • Track the rotating departments for shadowing and hours



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Social Determinant of Health: Education and Healthcare Careers

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps High School Exploration Program Health & Science Pipeline Initiative (HASPI)	Build the Health Care Workforce pipeline by introducing young students to health careers.	Scripps Green Hospital	Scripps will offer students the ability to participate in the annual Scripps High School Exploration Program. Students spend five weeks of summer break at Scripps Memorial Hospital Encinitas, Scripps Memorial Hospital La Jolla, Scripps Green Hospital, Scripps Mercy Hospital, San Diego, or Scripps Mercy Hospital, Chula Vista, learning first-hand about medical careers, rotating through departments and working alongside medical professionals. During their five-week rotation, students will be exposed to different departments, exploring career options and learning valuable life lesson about health and healing.	Scripps collaborates with local high schools to help students explore health care roles and gain firsthand experience as they work with Scripps professionals.	<ul style="list-style-type: none"> ✓ Access to Care <input type="checkbox"/> Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of students • Track the rotating departments for shadowing and hours



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Social Determinant of Health: Education and Healthcare Careers

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps High School Exploration Program Health & Science Pipeline Initiative (HASPI)	Build the Health Care Workforce pipeline by introducing young students to health careers.	Scripps Memorial Hospital La Jolla	Scripps will offer students the ability to participate in the annual Scripps High School Exploration Program. Students spend five weeks of summer break at Scripps Memorial Hospital Encinitas, Scripps Memorial Hospital La Jolla, Scripps Green Hospital, Scripps Mercy Hospital, San Diego, or Scripps Mercy Hospital, Chula Vista, learning first-hand about medical careers, rotating through departments and working alongside medical professionals. During their five-week rotation, students will be exposed to different departments, exploring career options and learning valuable life lesson about health and healing.	Scripps collaborates with local high schools to help students explore health care roles and gain firsthand experience as they work with Scripps professionals.	<ul style="list-style-type: none"> ✓ Access to Care <input type="checkbox"/> Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of students • Track the rotating departments for shadowing and hours



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Social Determinants of Health: Education and Healthcare Careers

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Scripps High School Exploration Program Health & Science Pipeline Initiative (HASPI)	Build the Health Care Workforce pipeline by introducing young students to health careers.	Scripps Mercy Hospital	Scripps will offer students the ability to participate in the annual Scripps High School Exploration Program. Students spend five weeks of summer break at Scripps Memorial Hospital Encinitas, Scripps Memorial Hospital La Jolla, Scripps Green Hospital, Scripps Mercy Hospital, San Diego, or Scripps Mercy Hospital, Chula Vista, learning first-hand about medical careers, rotating through departments and working alongside medical professionals. During their five-week rotation, students will be exposed to different departments, exploring career options and learning valuable life lesson about health and healing.	Scripps collaborates with local high schools to help students explore health care roles and gain firsthand experience as they work with Scripps professionals.	<ul style="list-style-type: none"> ✓ Access to Care <input type="checkbox"/> Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of students • Track the rotating departments for shadowing and hours



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Social Determinant of Health: Education and Healthcare Careers

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
University City High School Collaboration	Build the Health Care Workforce pipeline by introducing young students to health careers.	Scripps Memorial Hospital Encinitas	<p>UC High School and Scripps have a formal partnership to provide a real-life context to the school's Health Care Essential course.</p> <ul style="list-style-type: none"> Students will be selected to rotate through the five Scripps hospital campuses each spring semester in order to increase their awareness of health care careers. Students will shadow healthcare professionals in various departments such as emergency department, ICU, pharmacy, urgent care, internal medicine, pharmacy, cardiac lab, ambulatory services, rehab therapy, patient logistics and trauma. 	Scripps collaborates with local high schools to help students explore health care roles and gain firsthand experience as they work with Scripps professionals.	<ul style="list-style-type: none"> ✓ Access to Care <input type="checkbox"/> Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> Track number of students Track the rotating departments for shadowing and hours



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Social Determinant of Health: Education and Healthcare Careers

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
University City High School Collaboration	Build the Health Care Workforce pipeline by introducing young students to health careers.	Scripps Green Hospital	<p>UC High School and Scripps have a formal partnership to provide a real-life context to the school's Health Care Essential course.</p> <ul style="list-style-type: none"> Students will be selected to rotate through the five Scripps hospital campuses each spring semester in order to increase their awareness of health care careers. Students will shadow healthcare professionals in various departments such as emergency department, ICU, pharmacy, urgent care, internal medicine, pharmacy, cardiac lab, ambulatory services, rehab therapy, patient logistics and trauma. 	Scripps collaborates with local high schools to help students explore health care roles and gain firsthand experience as they work with Scripps professionals.	<ul style="list-style-type: none"> ✓ Access to Care <input type="checkbox"/> Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness 7 Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> Track number of students Track the rotating departments for shadowing and hours



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Social Determinant of Health: Education and Healthcare Careers

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
University City High School Collaboration	Build the Health Care Workforce pipeline by introducing young students to health careers.	Scripps Memorial Hospital La Jolla	<p>UC High School and Scripps have a formal partnership to provide a real-life context to the school's Health Care Essential course.</p> <ul style="list-style-type: none"> Students will be selected to rotate through the five Scripps hospital campuses each spring semester in order to increase their awareness of health care careers. Students will shadow healthcare professionals in various departments such as emergency department, ICU, pharmacy, urgent care, internal medicine, pharmacy, cardiac lab, ambulatory services, rehab therapy, patient logistics and trauma. 	Scripps collaborates with local high schools to help students explore health care roles and gain firsthand experience as they work with Scripps professionals.	<ul style="list-style-type: none"> ✓ Access to Care <input type="checkbox"/> Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> Track number of students Track the rotating departments for shadowing and hours



Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Social Determinant of Health: Education and Healthcare Careers

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
University City High School Collaboration	Build the Health Care Workforce pipeline by introducing young students to health careers.	Scripps Mercy Hospital	<p>UC High School and Scripps have a formal partnership to provide a real-life context to the school's Health Care Essential course.</p> <ul style="list-style-type: none"> • Students will be selected to rotate through the five Scripps hospital campuses each spring semester in order to increase their awareness of health care careers. • Students will shadow healthcare professionals in various departments such as emergency department, ICU, pharmacy, urgent care, internal medicine, pharmacy, cardiac lab, ambulatory services, rehab therapy, patient logistics and trauma. 	Scripps collaborates with local high schools to help students explore health care roles and gain firsthand experience as they work with Scripps professionals.	<ul style="list-style-type: none"> ✓ Access to Care <input type="checkbox"/> Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of students • Track the rotating departments for shadowing and hours




Scripps Health
Community Health Needs Assessment - Implementation Plan
 Fiscal Year 2020-2022

Identified Social Determinant of Health: Education and Healthcare Careers

Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
Young Leaders in Health Care	Build the Health Care Workforce pipeline by introducing young students to health careers.	Scripps Memorial Hospital Encinitas	<p>Offer students in grades 9-12 an opportunity to participate in the Young Leaders in Health Care program, which provides a forum for high school students to learn about the health care system and its career opportunities program.</p> <ul style="list-style-type: none"> • Mentor students in the act of leadership giving them tools to use in their daily life challenges. • Provide a service project to satisfy high school requirements and make a positive impact on the community. • Provide a venue for a student run competition where each school presents a topic in line with the year's goal. 	Scripps collaborates with local high schools to help students explore health care roles and gain firsthand experience as they work with Scripps professionals.	<ul style="list-style-type: none"> ✓ Access to Care <input type="checkbox"/> Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing <input type="checkbox"/> Unintentional Injury & Violence 	<ul style="list-style-type: none"> • Track number of students • Track mentorship hours • List of service projects

Identified Social Determinants of Health: Unintentional Injury & Violence


Program Name	Objectives	Hospital	Action Items	Collaborative Partners	Social Determinants of Health	Evaluation Methods and Measurable Targets
<p>Saving Lives through Stop the Bleed Campaign & Program</p>	<p>Decrease trauma deaths with proper awareness and education on bleeding control training classes.</p> <p>Note: A national awareness campaign to teach the civilian population to provide vital initial response to stop uncontrolled bleeding in emergency situations.</p>	<p>Scripps Memorial Hospital Encinitas</p>	<p>The course is developed for a nonmedical audience to address the needs of the immediate responder to control life-threatening bleeding until help arrives.</p> <p>Provide a 90-minute course including a formal presentation and hands-on practice of direct pressure application, wound packing and use of a tourniquet.</p> <p>Scripps doctors will participate and convey the important messages of the national Stop the Bleed campaign.</p>	<ul style="list-style-type: none"> The American College of Surgeons (ACS) and ACS Committee on Trauma Scripps Trauma Services 	<ul style="list-style-type: none"> ✓ Access to Care ☐ Community/Social Support ☐ Economic Security ✓ Education ☐ Homelessness & Housing ✓ Unintentional Injury & Violence 	<ul style="list-style-type: none"> Track number of classes Track number of participants 

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Saving Lives through Stop the Bleed Campaign & Program	<p>Decrease trauma deaths with proper awareness and education on bleeding control training classes.</p> <p>Note: A national awareness campaign to teach the civilian population to provide vital initial response to stop uncontrolled bleeding in emergency situations.</p>	Scripps Green Hospital	<p>The course is developed for a nonmedical audience to address the needs of the immediate responder to control life-threatening bleeding until help arrives.</p> <p>Provide a 90-minute course including a formal presentation and hands-on practice of direct pressure application, wound packing and use of a tourniquet.</p> <p>Scripps doctors will participate and convey the important messages of the national Stop the Bleed campaign.</p>	<ul style="list-style-type: none"> The American College of Surgeons (ACS) and ACS Committee on Trauma Scripps Trauma Services 	<ul style="list-style-type: none"> ✓ Access to Care <input type="checkbox"/> Community/Social Support <input type="checkbox"/> Economic Security ✓ Education <input type="checkbox"/> Homelessness & Housing ✓ Unintentional Injury & Violence 	<ul style="list-style-type: none"> Track number of classes Track number of participants



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<p>Saving Lives through Stop the Bleed Campaign & Program</p>	<p>Decrease trauma deaths with proper awareness and education on bleeding control training classes.</p> <p>Note: A national awareness campaign to teach the civilian population to provide vital initial response to stop uncontrolled bleeding in emergency situations.</p>	<p>Scripps Mercy Hospital</p>	<p>The course is developed for a nonmedical audience to address the needs of the immediate responder to control life-threatening bleeding until help arrives.</p> <p>Provide a 90-minute course including a formal presentation and hands-on practice of direct pressure application, wound packing and use of a tourniquet.</p> <p>Scripps doctors will participate and convey the important messages of the national Stop the Bleed campaign.</p>	<ul style="list-style-type: none"> The American College of Surgeons (ACS) and ACS Committee on Trauma Scripps Trauma Services 	<ul style="list-style-type: none"> ✓ Access to Care ☐ Community/Social Support ☐ Economic Support ✓ Education ☐ Homelessness & Housing ✓ Unintentional Injury & Violence 	<ul style="list-style-type: none"> Track number of classes Track number of participants 