

Scripps Mercy School to Health Career Pathway Programs



Inspiring Future Healthcare Leaders

Scripps Mercy Hospital is proud to support and inspire the next generation of health care professionals through a variety of programs specifically designed for high school students.

Through **internships, mentorship opportunities and hands-on experiences**, students have the unique opportunity to work alongside health care professionals and gain valuable insight into the world of medicine.

More than 75% of participants go on to pursue careers in health care after completing our programs — proof that early exposure makes a lasting impact.

Scripps Mercy Youth Summer Camp

This is a four-week program for rising high school sophomores and juniors with an interest in medicine. Students gain early exposure to health care through lectures, hands-on activities, mentoring and college readiness sessions led by medical professionals.

School to Health Career Mentoring Program

High school students are paired with health care professionals for bi-weekly, 90-minute sessions over a five-week period. Participants explore a variety of health careers and learn about the education and steps needed to reach their goals.

For more information:

Scripps Well Being Center – Scripps Mercy Hospital, Chula Vista

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Chula Vista, CA 91910

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Health Professionals in the Classroom

Health care professionals — including doctors, nurses and dietitians — lead interactive sessions on health careers and important topics like nutrition, mental health and prevention. Students also receive valuable career resources and information on scholarships to support their future goals.

Health Careers, Wellness, Leadership and Job Readiness Webinars

Self-paced webinars introduce students to health care careers, wellness and job readiness, providing a flexible supplement to classroom learning.

Health Profession Overview 101/Hospital Tour

Local high school students tour hospital facilities and explore over 80 health-related professions. Guided by family medicine residents, the tours offer firsthand insights into the field of medicine and a variety of health care careers.

Cristo Rey San Diego High School Work Study Program

A year-long program that introduces high school students to health careers, leadership development and college preparedness, while also providing exposure to various health professions.

Showing Youth Surgery 101

Interested students have the opportunity to observe a recorded elective total knee and hip replacement, gaining insight into the surgical process. During the live surgeon-narrated session, they can interact with the surgeon and ask on-the-spot questions, fostering interactive learning and a deeper understanding of a career in surgery.

Internship and San Diego Border Area Health Education (AHEC) Scholars Program

The Scripps Well Being Center – Scripps Mercy Hospital serves as an internship placement site for undergrad social work, undergrad public health, and both master's in social work and public health programs. Interns also participate in the AHEC Scholar Program, which combines clinical experience with didactic online training. High school students completing a certificate program also participate in the Scholars program.

School-Based Clinics

Together with the Scripps Family Medicine Residency Program, Southwest High School helps medical residents and social work interns gain skills in adolescent medicine and mental health.