Educational Objectives

After attending this activity, participants should be able to:

- Address cultural beliefs and myths which can act as a barrier to clinical care and patient self-management.
- Educate the patient and family regarding nutrition therapy, lifestyle and behavior change tools, and prevention and treatment of acute and chronic complications.
- Select appropriate pharmacological therapies considering the patient’s individualized glycemic goal, physical status, financial and self care capabilities.

Target Audience

- Physicians
- Registered Nurses/Licensed Vocational Nurses
- Registered Dietitians
- Nurse Practitioners
- Physician Assistants
- Pharmacists
- Medical Assistants
- Health Educators

Class Descriptions

8a.m. to 4:30 p.m.

The Fundamentals of Diabetes Management

Learn the latest pathophysiology, clinical practice recommendations, pharmacologic treatments, medical nutrition therapy and tools for behavior change. Identify safe glucose goals for individual patients and learn how to use your own glucose meter. Interactive and filled with patient case studies, this valuable program provides you with an excellent foundation and up-to-date understanding of diabetes.

Cost $75

- Thursday, March 27, 2014
- Wednesday, May 28, 2014
- Wednesday, August 13, 2014
- Wednesday, October 22, 2014

8a.m. to 4:30 p.m.

Insulin and Incretin Management Across the Continuum of Care – Emerging Trends and Technology

Learn about the latest Standards of Care, insulin, and incretin treatment recommendations for outpatients, inpatients, and patients in long-term care. Learn about the newest analog insulin actions and incretins. Experience advanced carbohydrate counting and special considerations for the hospitalized patient. Calculate, titrate basal and bolus insulin doses, and recognize glucose patterns for type 1 and type 2 diabetes. Increase your understanding of insulin pump therapy and continuous glucose monitoring therapy. Practice with insulin pen devices. Engage in patient-centered case study discussions and the selection of appropriate patient glucose goals. Identify specific causes, risk factors and treatment of hypoglycemia and hyperglycemia across care settings.

Cost $75

- Friday, March 28, 2014
- Thursday, May 29, 2014
- Thursday, August 14, 2014
- Thursday, October 23, 2014

8a.m. to 2 p.m.

Chronic Disease Management in Diverse Populations – Diabetes, Hypertension, and Dyslipidemia

Transcend cultural barriers and embrace a transcultural approach to chronic disease management with training on basic concepts for implementing the chronic care model in a primary care environment with a focus on diverse at-risk communities. Case study reviews will tackle the most common cultural challenges that prevent diabetes, hypertension and lipid management intensification. Training tips and multi-cultural teaching tools will be shared. Engage in discussions about the lessons from the Transcultural Diabetes-specific Nutrition Algorithm (IDNA) and how to conduct peer-led self-management education programs.

Cost $60

- Friday, August 15, 2014
- Friday, October 24, 2014

8a.m. to 4:30 p.m.

Five Day Comprehensive Diabetes Education and Management Program

In addition to pathophysiology and treatment of type 1, type 2, and gestational diabetes, this intensive and highly interactive program explores diabetes care of the complete person including: clinical assessment and foot examination, goal setting and behavior change strategies, and depression screening. Clinical management balanced with psychosocial and cultural beliefs, and patient education tools, makes this 5 day well rounded program perfect for the healthcare provider who seeks to provide excellent diabetes care.

Cost $425

- April 23, 24, 25, 28, and 29, 2014
- September 24, 25, 26 29 and 30, 2014

Attending The Fundamentals of Diabetes Management class is highly recommended prior to attending all other diabetes classes.

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Subscribe to our Scripps Conference Services & CME newsletter at www.scripps.org/CMEemails
**Conference Registration**

Scripps Health is accredited by the Accreditation Council for Continuing Education (ACCME) to provide continuing medical education for physicians.

**Accreditation & Disclosure & About Scripps**

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**Conference Location**

All Professional and Educational Training Programs will be held at the Scripps Whittier Diabetes Institute, 10140 Campus Point Drive, 1st Floor, Scripps Whittier Diabetes Institute, San Diego, California 92121, www.scripps.org/whittier.

**Conference Fees**

Included: Course tuition, course materials/syllabus

Not included: Travel costs, lodging, parking

**Programs**

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Accreditation Breakdown</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Fundamentals of Diabetes Management</td>
<td>Scripps Health designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credit(s)™</td>
<td>$425</td>
</tr>
<tr>
<td>Chronic Disease Management in Diverse Populations — Diabetes, Hypertension, and Dyslipidemia</td>
<td>Scripps Health designates this live activity for a maximum of 5 AMA PRA Category 1 Credit(s)™</td>
<td>$60</td>
</tr>
<tr>
<td>Five Day Comprehensive Diabetes Education and Management Program</td>
<td>Scripps Health designates this live activity for a maximum of 34.25 AMA PRA Category 1 Credit(s)™</td>
<td>$750</td>
</tr>
</tbody>
</table>

**Attendance Policies**

**Registration Confirmation**

A confirmation letter will be emailed or mailed to you upon receipt of the conference registration form and payment. If you have not received it within two weeks, please contact the Scripps Conference Services & CME office.

**Attendee Cancellation, Substitution, Refund**

The course tuition is refundable, minus a $25 processing fee if your cancellation is received in writing no later than one week prior to the course. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, their participation in the planning and implementation of this CME activity will be denied. Disclosure will be made to all participants at the conference location, prior to the educational activity commencement.

**Conference Registration**

**Three Easy Ways to Register**

Online: scripps.org/conferenceservices
Fax: 858-652-5565
Mail: Scripps Conference Services & CME

Whitter Prof. & Educational Training Programs 2014
11025 North Torrey Pines Road
Suite 200, Maildrop: SORC 200, La Jolla, CA 92037

**Questions**

Contact: Scripps Conference Services & CME
Phone: 858-652-5400
Email: med.edu@scrippshealth.org

**Please check the course(s) and dates you wish to attend:**

**The Fundamentals of Diabetes Management**

- Select one:
  - Thurs., Mar. 27, 2014
  - Wed., May 28, 2014

**Insulin and Incretin Management Across the Continuum of Care — Emerging Trends and Technology**

- Select one:
  - Fri., March 28, 2014
  - Fri., Aug. 14, 2014
  - Fri., May 29, 2014
  - Fri., Oct. 23, 2014

**Chronic Disease Management in Diverse Populations — Diabetes, Hypertension, and Dyslipidemia**

- Select one:
  - Fri., Aug. 15, 2014
  - Fri., Oct. 24, 2014

**Five Day Comprehensive Diabetes Education and Management Program**

- Select one:
  - April 23, 24, 25, 28, and 29, 2014
  - September 24, 25, 26, 29 and 30, 2014

**Scripps Diabetes Professional Education and Training Programs 2014 Registration Form**

**Conference Fees**

Space is limited, so register early! Included: Course tuition, course materials/syllabus

Not Included: Travel costs, lodging, parking

**Conference Location**

All Professional and Educational Training Programs will be held at the Scripps Whittier Diabetes Institute, 10140 Campus Point Drive, 1st Floor, Scripps Whittier Diabetes Institute, San Diego, California 92121, www.scripps.org/whittier.

Would you like to receive the Scripps Conference Services & CME Email Newsletter? — Yes — No

**By completing this registration form and returning it to Scripps you are acknowledging compliance with all attendance policies. Please print clearly. Should we have any conference communications or update by completing this registration form and returning it to Scripps you are acknowledging compliance with all attendance policies. Please print clearly. Should we have any conference communications or update contact information.**

**Accreditation Breakdown:**

- Scripps Health designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credit(s)™
- Provider approved by the California Board of Registered Nursing, Provider Number CEP15199 for 9 contact hours.
- This program has been approved by the Commission on Dietetic Registration for 7 CPEUs.

**Diabetes Institute**

Community on Dietetic Registration for 7 CPEUs.

- This program has been approved by the Commission on Dietetic Registration for 7 CPEUs.

**CME Information**

- Provider approved by the California Board of Registered Nursing, Provider Number CEP15199 for 6 contact hours.
- This program has been approved by the Commission on Dietetic Registration for 34 CPEUs.

**Conference Registration**

**Three Easy Ways to Register**

Online: scripps.org/conferenceservices
Fax: 858-652-5565
Mail: Scripps Conference Services & CME

Whitter Prof. & Educational Training Programs 2014
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**Attendee Cancellation, Substitution, Refund**

The course tuition is refundable, minus a $25 processing fee if your cancellation is received in writing no later than one week prior to the course. After this date, under any circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to “no shows.”

**Scripps Conference Modification or Cancellation**

Scripps reserves the right to modify the course’s schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.