

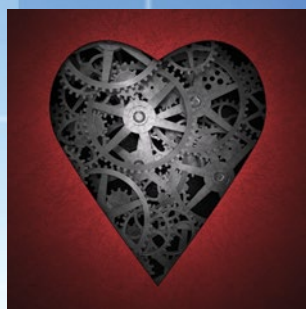
Sudden Cardiac Arrest:

From Awareness to Prevention

Endorsed By



California
CHAPTER



*April 13–14, 2013
Hilton San Diego Resort
San Diego, California*

Course Information

Course Overview

Sudden Cardiac Arrest (SCA) occurs when the heart abruptly and unexpectedly stops functioning. Although SCA is a serious public health crisis, many are not well informed on the dangers of sudden cardiac arrest. Heart rhythm problems that result in SCA are related to the electrical impulses and muscle strength of the heart and can attack anyone of almost any age. Without emergency assistance, SCA can lead to death in a matter of minutes. In fact, it is estimated that sudden cardiac arrest kills one person every two minutes, making it a leading cause of death in the United States. Despite best practice efforts, it is estimated that only 20-30% of those that have indication or are at risk for SCA are receiving treatment to prevent it.

Scripps Clinic's Sudden Cardiac Arrest conference will focus on the causes of SCA as well as current and future risk stratification for predicting SCA in patients. A review of genetic predispositions and therapies available to protect those at risk for SCA will also be discussed. After completing this program, participants will return to practice with information to identify those at risk for sudden cardiac arrest and methods for developing effective treatment or referral plans for patients in need of life saving therapies.

Target Audience

- Cardiologists
- Electrophysiologists
- Primary Care Physicians
- Nurses
- MICNs
- Emergency Medical Technicians
- Paramedics

Educational Objectives

After attending this activity, participants should be able to:

- Discuss the significance and etiologies of Sudden Cardiac Arrest.
- Apply current and future risk stratification strategies.
- Describe the indications for Implantable Defibrillator (ICD) Therapy; including pros and cons.
- Assess the role of antiarrhythmia drug therapy in the prevention and treatment of Sudden Cardiac Arrest.
- Identify the co-existing disease states and the associated risk of Sudden Cardiac Arrest.
- Formulate and/or implement strategies for diagnosing, treating, and/or referring patients with Sudden Cardiac Arrest.



Conference Location & Hotel Information

Hilton San Diego Resort on Mission Bay

1775 E. Mission Bay Drive
San Diego, California 92109
Reservations: 800-445-8667
Hotel Direct: 619-276-4010
www.sandiegohilton.com

Rates and Reservations

We are fortunate to have obtained special low rates at the hotel starting at \$185 per night (plus tax). This low rate also includes:

- No resort fee
- Complimentary high-speed internet access in guest rooms
- Complimentary use of the fitness center
- Complimentary daily and overnight self-parking

Make your reservations early! A block of rooms is being held for us at the special rate of \$185 per night until Friday, March 22, 2013. After this date, reservations will be accepted on a space and rate availability basis only. Be sure to mention that you are attending the Scripps Sudden Cardiac Arrest course when making your reservations to receive the reduced rate.



Accreditation, Disclosure & Faculty

Accreditation

Physicians (MD, DO)

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Scripps Health designates this live activity for a maximum of 11.25 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Board of Registered Nursing

Provider approved by the California Board of Registered Nursing, Provider Number CEP15030 for 13.5 contact hours. Contact hours will be provided by Scripps Health. Credit breakdown by day: Saturday - 8.7 contact hours / Sunday - 4.8 contact hours

Emergency Medical Services

The County of San Diego, Division of EMS, has approved this course for 10 hours, San Diego County EMS Provider #37-0219. Credit breakdown by day: Saturday-6 hours/Sunday-4 hours.

Disclosure

Commercial Support

This course is supported, in part, by educational grants from industry, in accordance with ACCME accreditation Standards for Commercial Support. At the time of printing, a complete listing of commercial supporters was not available. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

Cultural and Linguistic Competency

This activity is in compliance with California Assembly Bill 1195 which requires that all CME activities comprising a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. Cultural and linguistic competency was incorporated into the planning of this activity.

Faculty

Course Director

John D. Rogers, MD, FACC

Director
Cardiac Pacing and Tachyarrhythmia Device Therapy
Scripps Clinic
La Jolla, California

Conference Faculty

Michael J. Ackerman, MD, PhD, FACC

President, Sudden Arrhythmia Death Syndromes (SADS)
Professor of Medicine, Pediatrics and Pharmacology
Director, Long QT Syndrome/Inherited Arrhythmia Clinic
Director, Sudden Death Genomics Laboratory
Mayo Clinic
Rochester, Minnesota

Dan Beebe, EMT-P

Training Center Coordinator
San Diego Project Heart Beat
San Diego, California

Peter H. Belott, MD, FACC

Cardiac Electrophysiologist
Sharp Healthcare
El Cajon, California

Ulrika Birgersdotter-Green, MD, FACC

Professor of Medicine
Division of Cardiology
UCSD School of Medicine
La Jolla, California

David S. Cannom, MD, FACC

Clinical Professor of Medicine
UCLA School of Medicine
Director of Cardiology
Good Samaritan Hospital
Los Angeles, California

Douglas N. Gibson, MD

Director, Cardiac Electrophysiology Laboratory
The Heart Rhythm Center at Torrey Pines
Scripps Clinic
La Jolla, California

J. Thomas Heywood, MD, FACC

Director, Heart Failure Recovery and Research Program
Division of Cardiovascular Disease
Scripps Clinic
La Jolla, California

Steven L. Higgins, MD, FACC

Director of Electrophysiology
Co-director, Catheterization Labs
Scripps Memorial Hospital La Jolla
La Jolla, California

Michael R. Smith, MD, FACC, FASE

Director, Non-Invasive Research
Assistant Director, Heart Failure Research and Recovery Program
Scripps Clinic
La Jolla, California

Christopher J. Suhar, MD

Division of Cardiovascular Disease
Scripps Clinic
Medical Director
Scripps Center for Integrative Medicine
La Jolla, California



Faculty Disclosure

In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the educational activity commencement.

Course Agenda

Saturday, April 13, 2013

- 7:15 a.m. Registration, Continental Breakfast & View Exhibits
- 7:50 a.m. Welcome and Educational Overview
John D. Rogers, MD
- 8 a.m. **Epidemiology of Sudden Cardiac Arrest and the Role of AEDs in the Chain of Survival**
John D. Rogers, MD
- 8:45 a.m. **Distinguishing the Vanilla Faint from a Sudden Death Warning Sign**
Michael J. Ackerman, MD, PhD
- 9:30 a.m. **Risk Stratification of Patients with Heart Failure**
J. Thomas Heywood, MD
- 10:15 a.m. **Survivor Story**
- 10:30 a.m. Break & View Exhibits
- 11 a.m. **Racial and Gender Differences in Sudden Cardiac Arrest Prevention**
Ulrika Birgersdotter-Green, MD
- 11:45 a.m. **Hereditary Conditions Predisposing Patients to Sudden Cardiac Arrest**
Michael J. Ackerman, MD, PhD
- 12:30 p.m. Lunch
- 1:15 p.m. **Sudden Cardiac Arrest in the Athlete**
David S. Cannom, MD
- 2 p.m. **ICDs: The Good, the Bad, the Ugly**
Peter H. Belott, MD
- 2:45 p.m. **The Role of Diagnostic Imaging in Assessing Sudden Cardiac Arrest Risk**
Michael R. Smith, MD
- 3:30 p.m. Break & View Exhibits

- 4 p.m. **Obesity, Hypertension and Diabetes as Sudden Cardiac Arrest Risks**
Christopher J. Suhar, MD

- 4:45 p.m. **Survivor Story**

- 5 p.m. Adjourn

Sunday, April 14, 2013

- 7:30 a.m. Continental Breakfast & View Exhibits
- 8 a.m. **Screening Young Adults for Sudden Cardiac Arrest Risk**
John D. Rogers, MD
- 8:45 a.m. **Atrial Fibrillation and Sudden Cardiac Arrest**
Douglas N. Gibson, MD
- 9:30 a.m. **The Role of the Primary Care Physician in Identifying Patients at Risk for Sudden Cardiac Arrest**
Steven L. Higgins, MD
- 10:15 a.m. **Survivor Story**
- 10:30 a.m. Break & View Exhibits
- 11 a.m. **Sudden Cardiac Arrest: The Pre-hospital Setting**
Dan Beebe, EMT
- 11:45 a.m. **Increasing SCA Awareness: What Is Being Done?**
John D. Rogers, MD
- 12:30 p.m. Final Adjournment



Space is limited, so register early!

Included: Tuition, breakfast, breaks, lunch, and course materials

Not Included: Travel costs, lodging, parking, and dinners

Registration Fees:

	Thru Mar 4	Mar 5–Apr 10	After Apr 10
Physicians	____ \$295	____ \$320	____ \$345
Other Health Care Professionals	____ \$225	____ \$250	____ \$275
EMT/EMS/Paramedics	____ \$100	____ \$100	____ \$125

By completing this registration form and returning it to Scripps you are acknowledging compliance with all attendance policies.

Please print clearly. Your badge will read as follows:

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Please indicate any special needs (including dietary restrictions). Special requests will be considered and accommodated in full compliance with the Americans with Disabilities Act (ADA).

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Three Easy Ways to Register

Online: www.scripps.org/conferenceservices

Fax: 858-652-5565

Mail: Scripps Conference Services & CME
Sudden Cardiac Arrest 2013
11025 North Torrey Pines Road
Suite 200, Maildrop: SCRC 200
La Jolla, California 92037

Questions?

Contact: Scripps Conference Services & CME

Phone: 858-652-5400

Email: med.edu@scrippshealth.org

Attendance Policies

Registration Confirmation

A confirmation letter will be e-mailed to you upon receipt of the conference registration form and payment. If you have not received it within two weeks, please contact the Scripps Conference Services & CME office.

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$100 processing fee (MD) or a \$50 processing fee (Others), if your cancellation is received in writing no later than **Friday, April 5, 2013**. Attendee substitutions are allowed, but notification must be made in writing by April 5. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows."

Guest Attendance Policy

All conference activities (including educational sessions, meal functions, exhibit hall, etc.) are exclusively reserved for conference attendees. Non-registered guests (including children, family members, colleagues, etc.) are not allowed in the conference areas. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Recording and Photography Clause

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.



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