Course Overview
Scripps Whittier Diabetes Institute’s 2020 Updates in Diabetes Management program will provide the most recent medication, nutrition and technology recommendations for managing patients with type 1 and type 2 diabetes in 2020.

Education Objectives
After attending this live activity, participants should be able to:
• Describe the latest treatment strategies for treating Type 1 and 2 diabetes.
• Recognize how to integrate new practice recommendations for the treatment of patients with diabetes from a PCP and specialist perspective.
• Practice case-based management strategies with experts using the latest medications and interventions.

Course Directors
Athena Philis-Tsimikas, MD
Endocrinologist, Scripps Clinic
Center for Weight Management
Scripps Whittier Diabetes Institute
La Jolla, California

Samantha Harris, MD
Endocrinologist, Scripps Whittier Diabetes Institute
La Jolla, California

Máire Robacker, RN, MSN, CDE
Diabetes Clinical Specialist
Scripps Whittier Diabetes Institute
La Jolla, California

Faculty Disclosure
In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Owners and/or employees of a commercial interest with business lines or products relating to the content of the CME activity will not be permitted to participate in the planning or execution of any accredited activity.

A complete listing of disclosures associated with this program can be found on the conference website: www.scripps.org/diabetescme and in the mobile conference app: www.grupio.com/mandatehealth.

Agenda
7:15 a.m. Registration, Breakfast & View Exhibits
7:45 a.m. Welcome & Introductions
Athena Philis-Tsimikas, MD
Scripps Whittier Diabetes Institute
La Jolla, California

7:50 a.m. Diabetes Today-Standards of Care 2020
Athena Philis-Tsimikas, MD
Scripps Whittier Diabetes Institute
La Jolla, California

8:15 a.m. Medication Options for Your Patients: How to Use in the Real World
Lauren C. Vincent, MD
Scripps Clinic

9:30 a.m. Break & View Exhibits
10:00 a.m. Emerging Technology for Diabetes Care
David T. Ahn, MD
Hoag Memorial Hospital Presbyterian

10:45 a.m. Current and Emerging Approaches to Weight Management
Samantha Harris, MD
Scripps Whittier Diabetes Institute
La Jolla, California

11:45 a.m. Lunch & View Exhibits
12:30 p.m. Tips & Tricks for PCPs on Improving the Patient Experience
Tricia Santos Cavaola, MD
UC San Diego Health

1 p.m. Managing Complications of Diabetes - Specialist Panel Discussion with Q & A
Kimberly L. Harper, MD
Scripps Clinic (Nephrology)
Bruce Kimura, MD
Scripps Mercy Hospital San Diego (Cardiology)
Alexander K. Nugent, MD
Kaiser Permanente (Ophthalmology)
Tara Quinell, DO
The Neurology Center, Scripps Memorial Hospital Encinitas (Neurology)

2:15 p.m. Break & View Exhibits
2:30 p.m. Behavioral Interventions to Promote Self-Management
Karla Espinosa De Los Monteros, PhD
Scripps Whittier Diabetes Institute

3:30 p.m. Diabetes During Pregnancy: Symptoms, Risks and Treatment
Shahram S. Daneshmand, MD
Scripps Memorial Hospital La Jolla

4:15 p.m. Q & A
4:30 p.m. Adjourn

REGISTER ONLINE: www.scripps.org/diabetescme

Contact Us
Scripps Conference Services & CME
858-678-6400
Med.edu@scrippshealth.org
www.scripps.org/conferenceservices

Registration Fees
Thru Nov. 6 On-site after Nov. 6
Health Care Professional $125 $140
Full-Time Student/ Fellow/ Resident/Scripps Employee $100 $115

Attendee Cancellation, Substitution, Refund Policy
The course tuition is refundable, minus a $25 processing fee, if your cancellation is received in writing no later than Friday, November 6, 2020. Attendee substitutions are allowed, but notification must be made in writing by Friday, November 6, 2020. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to “no shows.”